

MAR/APR 2018

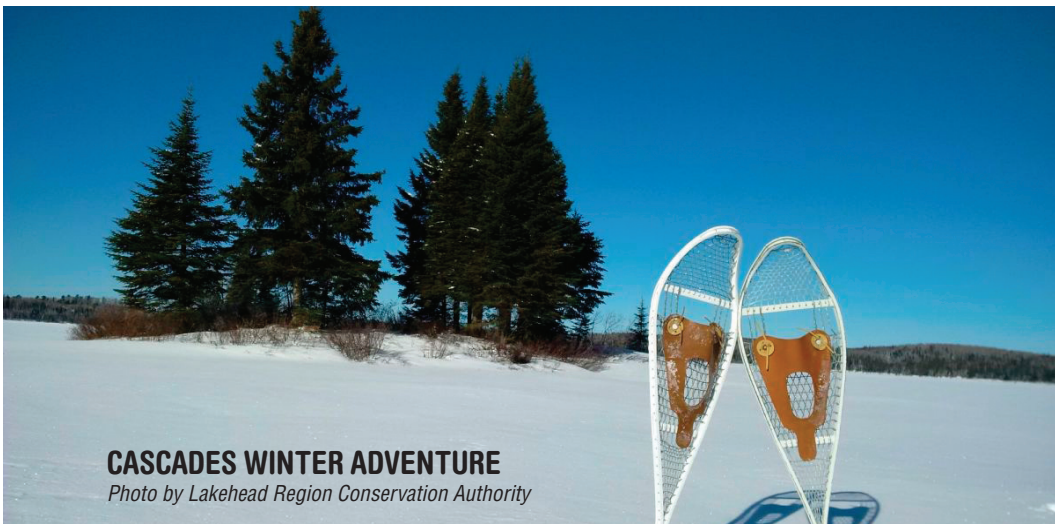
# *Thunder Bay* **Guest**

YOUR GUIDE TO WHAT'S HAPPENING IN AND AROUND THUNDER BAY.



**LAKEHEAD REGION**  
CONSERVATION AUTHORITY

**SEE OUR  
UPCOMING EVENTS!  
PAGES 6-7!**



## CASCADES WINTER ADVENTURE

Photo by Lakehead Region Conservation Authority

# CONTENTS

- Events ..... 3-4
- In the Gallery ..... 5
- Cover Story ..... 6-7
- Stay ..... 8-11
- Taste ..... 12
- Shop ..... 13-14
- Explore..... 14-25
- Map ..... 26-27
- Grand Portage ..... 28
- Information..... 29-30



### Advertising Opportunities:

**ACCOUNT EXECUTIVE: Tracey Cambly**

807.346.2629/fax 807.346.8397

Email: tcambly@dougallmedia.com

**PRODUCTION: Jennifer Chicoine** 807.346.2599

**Pepper O'Connor** 807.346.2598/Fax 807.345.9923

Email: proddept@dougallmedia.com



Thunder Bay Guest is published monthly by T. Bay Post Inc., 87 North Hill Street, Thunder Bay, Ontario, P7A 5V6. The material contained herein is correct to the best of our knowledge. The publisher however, cannot accept responsibility for errors. Reproduction in whole or in part without the permission of the publisher is prohibited. Canadian Publications Mail Product Sales Agreement 549207.

## SPORTS

**March 3**

### SLEEPING GIANT LOPPET

The Sleeping Giant Loppet is a mass participation ski festival that offers fun for the whole family and challenges competitive athletes. The Loppet takes place at Sleeping Giant Provincial Park. It features multiple events with distances for skiers of all levels and abilities. For the ultimate challenge, register for the Loppet's flagship event, the 50km Classic, Skate or Skiathlon distance. The 50km is perfect for elite skiers vying for one of our generous prize packages or citizen racers looking for a PB.

For more info or to register visit :  
[www.sleepinggiantloppet.ca](http://www.sleepinggiantloppet.ca)

## SPORTS

**March 12-15**

### 2ND ANNUAL ANEMKI UNITY WINTER CLASSIC HOCKEY

Fort William First Nation is proud to host for a second year! First Nation and non-first nation children and youth will come together over the march break to help promote inclusion in our community. Single player and teams nation are welcome. Registration includes opening ceremonies, a player package, skill competition and Lakehead University Thunderwolves hockey camp. Contact Helen Pelletier at (807) 622-4763 or online at [anemkiunity.com/winterclassic](http://anemkiunity.com/winterclassic)

## FUNDRAISER

**April 8**

### Community Living Thunder Bay presents HIGH TEA AND FASHION SHOW Victoria Inn

In support of Habitat for Humanity & Community Living Thunder Bay Enjoy high tea, sandwiches and dessert plus a fashion show featuring designs from Perfect Fit Lingerie, Hey Sailor and more.

Tickets will be available at Perfect Fit Lingerie and Hey Sailor

## Visit our COMMUNITY CALENDAR

to view other events happening in and around Thunder Bay at [tbnewswatch.com](http://tbnewswatch.com) or email: [proddept@dougallmedia.com](mailto:proddept@dougallmedia.com) for it to appear herein the *Thunder Bay Guest* FREE!



SEARCH OUT...What's **NEW** in and around Thunder Bay.

## Thunder Bay Guest

For information about advertising in the *Thunder Bay Guest* Magazine, Contact 807-346-2600

**March 4**

### THUNDER BAY AUTO SPORTS CLUB ICE RACING 2018 SEASON

Come out and watch the area's top drivers as they battle on the frozen waters of Mission Bay Lake Superior every Sunday from January 14th to March 11th (weather permitting) in the Rock 94/91.5 CKPR/Energy 103 104/CFNO rubber to ice series and the Napa Auto Parts studded series. Follow the play by play racing action with Track Announcer Rockin Ray Dorval Ice racing starts at noon every Sunday on mission bay at the end of city road Admission is by monetary donation! For more information visit [www.iceracingthunderbay.com](http://www.iceracingthunderbay.com)

**March 17**

### 2018 CASCADES WINTER ADVENTURE

10:00am – 1:00 pm

Have you ever been snowshoeing? This is a great opportunity for beginners to familiarize themselves with the popular outdoor activity! Did you know you can rent snowshoes from the LRCA? Try out some snowshoes free of charge at this event and if you enjoyed yourself, you can swing by the LRCA Administrative Office and rent a pair for a small fee! Admission is FREE

## BUSINESS GALA

**April 14**

### Thunder Bay Chamber of Commerce Annual Business EXCELLENCE GALA AWARDS

Valhalla Inn

5:00pm Symposium

6:00pm Dinner

Formal Attire

## BRING YOUR CAMERA TO AN EVENT!

We'd love to see Thunder Bay through your eyes!

Send photo's to [proddept@dougallmedia.com](mailto:proddept@dougallmedia.com)

2018  
**SLEEPING GIANT** *LOPPET*  
 THUNDER BAY • ONTARIO • CANADA



**Ski** the  
**Giant**

**MARCH 3 2018**  
[SleepingGiantLoppet.ca](http://SleepingGiantLoppet.ca)

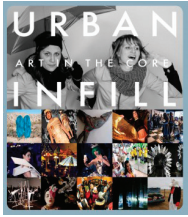
Presented By:





# IN THE GALLERY

Arts & Culture



**URBAN INFILL**  
Art in the Core  
27th Jan - 7th Apr 2018

15 Projects, 400 Artists, 20 Venues, 5,000 attended last year. Celebrating its 12th Anniversary year! Discover your Waterfront District in this downtown-wide Nuit Blanche-like event and experience Thunder Bay transformed by multi-sensory art and unparalleled live performances! One of the largest presentations of visual & media arts!

 **DEFINITELY SUPERIOR ART GALLERY**


## March/April GUIDE

**Highlights:**  
Music, Exhibits, Theatre



Foundry presents  
**JAZZY THURSDAY NIGHTS**

March 1, 2018  
7:00 pm – 10:00 pm



**WILLIAM SHAKESPEARE'S  
HAMLET**

Directed by **EVA BURKOWSKI**

**CAMBRIAN PLAYERS** FEBRUARY 28 - MARCH 3 WEDNESDAYS 8:20  
8 MARCH 7 - 10, 2018 THURS. - SAT. 8:25  
130 Brodie Street North • 7:30pm \* \* \* 130 Brodie Street North • 7:30pm \* \* \* 130 Brodie Street North • 7:30pm \* \* \*

ADVANCE TICKETS AVAILABLE ON [EVENTBRITE.CA](http://EVENTBRITE.CA) (search "Cambrian Players")  
Available starting January 15 at Casko Coffee Shop • Fireweed • Thunder Pub (both locations) • At the door



Theatre for the Love of It! • [www.cambrianplayers.ca](http://www.cambrianplayers.ca) • @fb • @tw



**HEDLEY**  
Cageless Tour  
Friday, March 16, 2018 7:00 pm

Doors will open at 6:00 pm. Special guests are Shawn Hook and Neon Dreams. Tickets are available at the Fort William Gardens box office. Tickets can be purchased in-person or by phone only. Seating is reserved. There are floor and arena seating options. Ticket prices are based on the seating area requested and are \$41.00, \$61.00 & \$81.00. This includes all taxes and fees. A maximum of 8 tickets can be purchased by one person.



**SNOWED IN  
COMEDY TOUR**

EAGLEPASS  
HELIX RECREATION BC

DAN QUINN PETE ZEDLACHER PAUL MYREHAUG DAMONDE TSCHIRTER

10 YEAR ANNIVERSARY

THE COMMUNITY AUDITORIUM THUNDER BAY

ORDER TICKETS ONLINE AT [WWW.TBCA.COM](http://WWW.TBCA.COM)  
PHONE: 807.684.4444 TOLL FREE: 1.800.463.8817  
IN PERSON: PAUL SHAFER DRIVE

**SATURDAY  
MARCH 17  
7:30 PM**



2018 Features...

# Our Year Ahead for Great Events!



WHERE: **CASCADES CONSERVATION AREA**

## CASCADES WINTER ADVENTURE March 17<sup>th</sup>

Have you ever been snowshoeing? This is a great opportunity for beginners to familiarize themselves with the popular outdoor activity! Did you know you can rent snowshoes from the LRCA? Try out some snowshoes free of charge at this event and if you enjoyed yourself, you can swing by the LRCA Administrative Office and rent a pair for a small fee!  
TIME: 10:00 a.m. - 1:00 p.m.  
ADMISSION: FREE!



## TREE SEEDLING PICK UP DAY May 16<sup>th</sup>

Individuals that have purchased tree seedlings as part of the 2018 Private Landowners Tree Seedling Assistance Program are required to pick up their seedlings.  
WHERE: **HILL'S GREENHOUSES, (4348 Oliver Road)**  
TIME: 9:00 a.m. - 7:00 p.m.



The LRCA and LCF present

## WINE TASTING & DINNER AT WHITEWATER May 10<sup>th</sup>

Include a 5-course meal, a tasting of six different wine varieties and a \$50 Charitable Tax Receipt (upon request)! The tasting starts at 6:30 p.m. SHARP and dinner will be served at 7:15 p.m. There will be a cash bar and small silent auction as well! All proceeds are in support of the LRCA's Living Classroom Program.



## LITTLE TROUT DAY BY THE BAY August 18<sup>th</sup>

Join LRCA for a free, fun-filled day.

WHERE: **LITTLE TROUT BAY CONS. AREA**  
TIME: 10:00 a.m. - 3:00 p.m.



## FAL MUSHROOM HIKE September 16<sup>th</sup>

This hike will begin with a talk at the LRCA Administrative Office at 130 Conservation Road. Participants will then make their way to Mills Block Forest for a guided hike and mushroom identification. The presentation and guided hike will be led by our expert guest speaker, Dr. Leonard Hutchinson of Lakehead University.

Registration coming soon!  
TIME: 10:00 a.m. - 1:00 p.m.



## TRAILS AND TAILS DOG ADOPTION FAIR September 23<sup>th</sup>

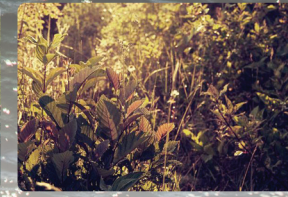
The 2018 Trails and Tails Dog Adoption Fair will once again be held at Cascades Conservation Area! Join the LRCA and local rescues as we showcase adoptable pets and stress responsible pet ownership (including on-leash recreation).

Event details coming soon.  
TIME: 12:00 p.m. - 3:00 p.m.  
PLEASE NOTE THAT THIS IS AN ON-LEASH EVENT. PETS ARE WELCOME BUT MUST REMAIN ON-LEASH, ENFORCED UNDER CITY OF THUNDER BAY BY-LAW #71-1978



## LIVING CLASSROOM PROGRAMS May - October

Hosting a series of outdoor programs over the course of six months. The full lineup of topics is coming soon.



## PHOTOGRAPHY WORKSHOP June 14<sup>th</sup>

WHERE: **Details to come.**  
TIME: 2:00 p.m. - 6:00 p.m.



## HAZELWOOD LAKE FAMILY FUN DAY July 22<sup>th</sup>

WHERE: **Hazelwood Lake**  
TIME: 10:00 a.m. - 3:00 p.m.

FOR MORE INFORMATION ON THESE OR OTHER PROGRAMS PLEASE CONTACT  
THE LAKEHEAD REGION CONSERVATION AUTHORITY AT 344-5857.

Visit us online at [LAKEHEADCA.COM](http://LAKEHEADCA.COM)



stay

### **Best Western Plus Nor'Wester Hotel & Conference Centre**

Offers 89 renovated guestrooms. It is located only five minutes south of the airport on Highway 61 with a breathtaking view of the Nor'Wester Mountain range from our mountain side rooms. Enjoy the indoor pool, sauna, whirlpool, arcade room, full scale fitness centre, private steam and sauna rooms. This prestigious Hotel earned the 2016 Trip Advisor "Certificate of Excellence Award", this accolade is given only to establishments that consistently achieve outstanding traveler reviews on TripAdvisor, the World's Largest Travel Site. The hotel offers a full service restaurant and bar, and can accommodate meetings or conferences of up to 360 guests. Minutes away from prestigious golf clubs. Discounted coupons to Fort William Historical Park and other local attractions. Experience "The Setting .....The Service.....The

Satisfaction"

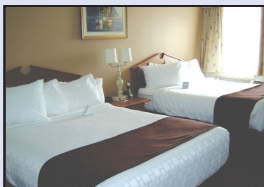
**For reservations call toll-free 1-888-473-2378  
or direct 1-807-473-9123  
email: info@bwnorwester.com**

### **Best Western Thunder Bay Crossroads**

Conveniently located minutes from the airport and specially designed for the business traveller, the Best Western Crossroads is proud to offer free local calls, free high speed wireless internet, and always free faxing and photo-copying service. Complimentary Deluxe Continental Breakfast and airport limousine service is also available. **655 W. Arthur St. Junction Highway 61 and 11/17. Call 1-807-577-4241. Toll Free 1-800-265-3253. Canadian and U.S. Worldwide 1-800-528-1234.**

### **Econo Lodge**

Located in the heart of the shopping district, the Econo Lodge is centrally located to shopping, restaurants, theatres and is only minutes away from the Thunder Bay Regional Health Sciences Centre. All of our guestrooms come with free continental breakfast, Wi-Fi and local calls. Children under 18 years stay free with a paying adult family member. Ask about our Choice Privileges Points Program. Group rates are available. **Call toll free at 1-800-4-CHOICE or locally at (807)344-6688. Located at 686 Memorial Ave. Just minutes away from the Harbour Expressway.**



**Best Western®**

**Thunder Bay Crossroads**

**Hot breakfast  
and  
airport shuttle!**

655 Arthur Street W., Thunder Bay, Ontario • P7E 5R6  
**807-577-4241 or 800-265-3252**

*Wherever Life Takes You, Best Western Is There.®*

Each Best Western branded hotel is independently owned and operated



# Best Western PLUS

BEST WESTERN PLUS  
Nor'Wester Hotel & Conference Centre



The Setting...  
The Service...  
The Satisfaction...



2080 Highway 61, Thunder Bay, ON P7J 1B8  
Direct Line 1-807-473-9123  
Toll Free Reservations 1-888-473-2378

[www.bwplusnorwester.com](http://www.bwplusnorwester.com)



## The Landmark Hotel

Welcome to Thunder Bay's Landmark Hotel! Proudly 100% First Nations owned. Featuring inspirational First Nations Art displayed throughout the hotel. The Landmark Hotel is conveniently located at the corner of Dawson Road (Hwy 102) and the Trans-Canada highway (Hwy 11/17) next to County Fair Plaza. During your stay enjoy our family fun, tropical themed pool area and waterslide, plus you'll only be steps away from shopping and restaurants.

**For reservations call toll free 1- 800-465-3950, or 807-767-1681.**

## Super 8 Hotel

Thunder Bay's first Super 8. Excellent central location. You're only minutes away from restaurants, shopping and theatre. All of our guest rooms have recently been renovated and come with free SuperStart, Continental breakfast, Wi-Fi and local calls. Children under 17 stay free with a paying adult family member. Ask about our Wyndham Rewards program. Group rates are available.

**Superline toll free at 1-800-800-8000 or locally at (807)344-2612. 439 Memorial Ave. Minutes north of the Harbour Expressway.**

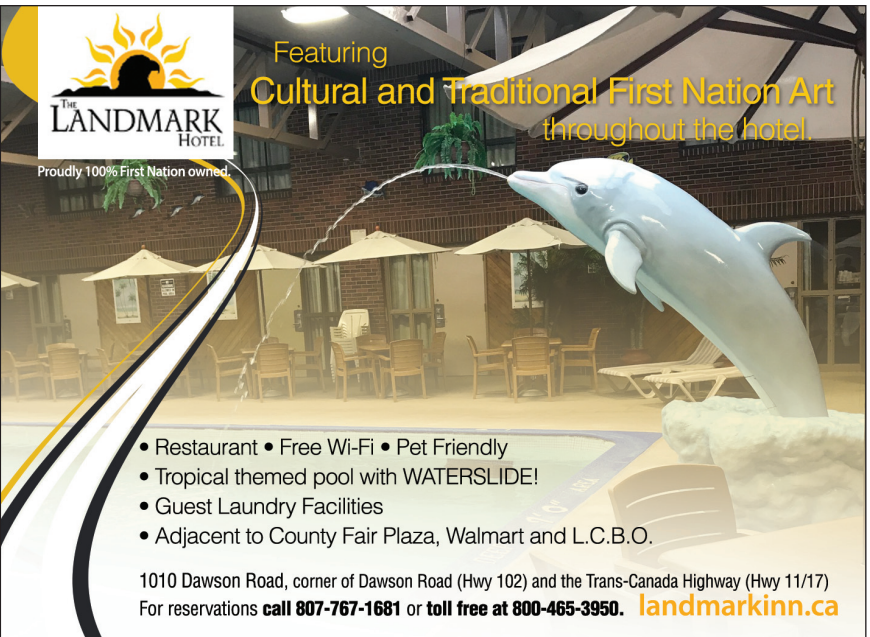


**Thunder Bay Guest**  
YOUR GUIDE TO WHAT'S HAPPENING IN AND AROUND THUNDER BAY.  
Local, independent, community magazine distributing to 36,000 businesses and properties annually.  
Yearly display advertisers receive first standard editorial listing FREE!

**DISTRIBUTION OUTLETS:**  
Hotels & Motels, City Tourist Information Centers, City Airport, Ontario Travel Centers, Area Campgrounds, Provincial Parks, Key Out of Town Highway Stops, Special City Attractions & Events, Select Area Retail Stores, Bars, Grills & Restaurants

Want to be featured on our COVER?

**Thunder Bay Guest Magazine Call 807.346.2600 / or on-line at [Tbnewswatch.com](http://Tbnewswatch.com)**



**The LANDMARK HOTEL**  
Proudly 100% First Nation owned

Featuring Cultural and Traditional First Nation Art throughout the hotel.

- Restaurant • Free Wi-Fi • Pet Friendly
- Tropical themed pool with WATERSLIDE!
- Guest Laundry Facilities
- Adjacent to County Fair Plaza, Walmart and L.C.B.O.

1010 Dawson Road, corner of Dawson Road (Hwy 102) and the Trans-Canada Highway (Hwy 11/17)  
For reservations call 807-767-1681 or toll free at 800-465-3950. [landmarkinn.ca](http://landmarkinn.ca)

# Comfort Inn

**Thunder Bay (80 Units)**- The pet-friendly Comfort Inn® hotel is ideally located near Resolute Forest Products, Bombardier transportation, Ontario government buildings and Thunder Bay Regional Health Sciences Centre. Shopping at Arthur Street Marketplace is within walking distance from this hotel. We are also near boutique shopping, restaurants and local businesses. Our 100% smoke-free hotel is near a variety of colleges, including Lakehead University and the Aviation Centre of Excellence. The local area is an outdoor paradise full of opportunities for skiing, golfing, boating and more. This Thunder Bay hotel offers easy access to all major attractions in the area. Guests of this Comfort Inn Thunder Bay hotel are invited to enjoy many amenities including: Free full hot breakfast, stylish bathrooms with granite vanities, coffee makers, hair dryers, irons and ironing boards, refrigerators and microwaves. Whether traveling for business or pleasure, make the Comfort Inn your

home away from home when visiting Thunder Bay! The Comfort Inn hotel is an ideal option for personal, family and business travel in the Thunder Bay area.

**Thunder Bay south at 660 West Arthur St.  
Call 475-3155 or toll-free for reservations  
1-800-228-5150.**

**Dryden (62 Units)** - Comfort Inn in Dryden hotel is conveniently located on Hwy 17 minutes from the Dryden District Museum, the Dryden Airport and the Dryden Regional Health Centre. Our 100% smoke-free location features drive-up rooms with patio door access, free parking and a full hot breakfast served in our breakfast room. Featured amenities include a 24-hour business center, express check-out and complimentary newspapers in the lobby. With our convenient location, the Comfort Inn hotel is the place to stay while travelling or doing business in the Dryden area!  
**522 Government St (Hwy 17),  
Dryden 1-807-223-3893.**



A New Level of **Comfort!**



## Comfort Inn

### Free HOT Breakfast

- 24-Hour Business Center
- Pillow-Top Beds with Truly Yours Bedding
- 32-inch LCD Flat Screen Televisions and Ergonomic Chairs
- Pet-Friendly Guestrooms
- Free Wireless High Speed Internet
- Ground Floor Rooms with Patio Door Access
- Unlimited Free Long Distance Calling Up to 5 Nights

**Thunder Bay - [www.thunderbaycomfortinn.com](http://www.thunderbaycomfortinn.com)  
(807) 475-3155**

**Dryden - [www.drydencomfortinn.com](http://www.drydencomfortinn.com)  
1-807-223-3893**

**Toll Free: 1-800-228-5150**



# Taste

## Bistro One

Where food and wines are our passion. Modern North American cooking in an upbeat setting. Chef/Owner Jean Robillard and his talented staff prepare seasonal dishes for their daily changing menu. Start your evening with Rare Seared Tuna with Ponzu and Pickled Vegetables or our signature Seared Sea Scallops with a Champagne and Maple Syrup Sauce. Move on to our famed Rack of Lamb with Gorgonzola Butter or the light and full flavoured Arctic Char. Always leave room for one of Maria's

fabulous dessert creations. Whether its her renowned Warm Chocolate Gateau or a simple Crème Brulee, their housemade desserts are always thrilling. "Where to Eat in Canada" top 200 restaurants 10 years in a row. Award winning wine list from "Wine Spectator" Magazine for 12 consecutive years. Where would you rather go? Open Tuesday to Saturday from 5:00 pm. **For a special evening out or just for the occasional treat, join us at 555 Dunlop St, off Memorial Ave. (Intercity area). Call 807-622-2478. Visit our website at [bistroone.ca](http://bistroone.ca)**

## SPAGHETTI DINNERS!

Eat in or Take out

**Italian Cultural Centre**  
 132 S. Algoma St., Thunder Bay, ON  
 Phone: 807-345-5511  
[contactus@italiancc.com](mailto:contactus@italiancc.com)

**Sunday March 4th, 18th**  
 (Thunder Bay Gymnastics Association)  
 (Habitat for Humanity)

**Sunday April 8th, 29th**  
 (Children's Centre Foundation)  
 (Thunder Bay Laker's Basketball Organization)

**Take Out** Time: 2:00pm - 5:30pm

**2017 PRICES**  
 Spaghetti & Meatballs: \$11  
 Meatballs: \$11 / Gnocchi: \$11  
**Sit Down** Time: 6:00pm

**PRICES** Adult: \$13 / Child: \$9  
*Reservations: 807-345-5511*  
 ■ Salad ■ Buns ■ Spaghetti  
 ■ Meatballs ■ Coffee & Tea

**Thunder Bay Knights of Columbus**  
 301 May St. S., Thunder Bay (ON)  
 Tel: 807-623-3252  
[columbuscentre@shaw.ca](mailto:columbuscentre@shaw.ca)

### MARCH 4 / APRIL 8

**Sundays Take Out** Time: 1:00pm-5:30pm  
**SUPPER Sit down** Time: 5:30pm  
**PRICES** Adult: \$11.50 PRICES Adult: \$13.50

**THURSDAYS ONLY Take Out**  
**MARCH 22, APRIL 26**



# Amethyst Gift Centre

400 VICTORIA AVE. EAST THUNDER BAY

OPEN YEAR ROUND  
FREE WORKSHOP TOURS  
HANDCRAFTED ON SITE

807.622.6908

Mon.-Fri. 9:00am-5:00pm

Sat. 9:30am-4:00pm



100% CANADIAN AMETHYST



MINING SINCE 1960



## AMETHYST MINE PANORAMA

[www.amethystmine.com](http://www.amethystmine.com)



SHOP

### Amethyst Mine Panorama

The area's largest deposit, Amethyst Mine Panorama, was discovered in 1955. Thousands annually enjoy the scenic beauty of the area while having an adventure digging for their own amethyst. Pails, digging tools, and running water are supplied for easy digging. Guided and self-guided tours are available along with a well stocked gift shop.

**The mine is open mid-May to mid-October. Open seven days a week 10:00 a.m. to 5:00 p.m. July and August 10:00 a.m.-6:00 p.m. 500 Bass Lake Rd, Shuniah. 56 km East of Thunder Bay.**

### SEARCH OUT...

What's happening in and around Thunder Bay.

## Thunder Bay Guest

For information about advertising in the **Thunder Bay Guest Magazine**, Contact 807-346-2600

*Where to* stay / shop / taste events directions & MORE

# Discover some diverse shops right here in Thunder Bay!

*Gems of Thunder Bay is a collection of local retail businesses celebrating what our city has to offer.*

### Bee Happy Candles & Creations

Quality Candles from Soy Wax and Bees Wax, Gift Ware, and Funky Wall Decor  
411 Markland Street  
807.345.4341

### Bloomers and the Brownhouse Chocolates

Flowers, Handmade Chocolates, Unique Giftware, Scarves, Handbags, and More.  
330 S. Archibald Street • 807.624.9005

### Flair Athletics

Dancewear, shoes, gymnastics leotards  
912 E. Donald Street  
807.285.3303

### Painted Turtle Art Shop/Gallery 33

Art Supplies, Art-work, & More  
4 Balsam Street  
807.344.4636 or  
807.286.4233

### Portobello Home

Unique furnishings, Lighting, and Accessories for the Home  
271 Bay Street,  
807.472.1197

### Sleeping Giant Antiques

Antiques and Collectables  
303 E. Victoria Avenue  
807.623.8808

### The Camellia

Cottage/Chalky Paint, Cotton BEdding, Skincare, & Classes  
30/32 Hacquoil Rd.  
Slate River, ON  
807.475.3551

### The Little Mermaid

womens fashion  
424 Victoria Avenue  
807.622-1671

### The Mystic Garden

Organic Herbs, Spices and Teas, Himalayan Salt Products, Crystals for Crystal Healing, Tarot and Oracle Cards, Smudge and Accessories  
41 S. Algoma Street  
807.983.3165

### Tim's Whole Health

Vitamins and Whole Health Supplements  
4-160 Waterloo Street  
807.623-8467

## Shop Local!

Visit the map on pages 26-27 to find business locations or go to [gemsoftbay.com](http://gemsoftbay.com) for more information.



*Preserving the Past  
While Building the Future*

# EXCITEMENT

for the  
**WHOLE FAMILY!**



## UPCOMING FESTIVALS & EVENTS

**JUNE**  
9-10 ANISHNAWBE KEESHIGUN

**JULY**  
1 CANADA DAY

**AUG**  
18-19 FORT UNDER SIEGE

**OCT**  
TH-SUN HAUNTED FORT NIGHT  
OCTOBER: 4-7, 11-14, 18-21, 25-28

One of Canada's top outdoor attractions, Fort William Historical Park has something everyone will enjoy: award-winning historic programs, festivals and events, an astronomical observatory with one of Central Canada's largest telescopes, a scenic campground, and outdoor adventure opportunities!

*Open year-round*

*Plan your visit today!*

**807-473-2344 • [www.fwhp.ca](http://www.fwhp.ca)**

**Fort William Historical Park**

1350 King Road • Thunder Bay • Ontario • Canada • P7K 1L7



## BRING YOUR CAMERA TO AN EVENT!

We'd love to see Thunder Bay through your eyes!

Send photo's to [proddept@dougallmedia.com](mailto:proddept@dougallmedia.com)

# EXPLORE

## CITY PARKS AND NATURAL ATTRACTIONS

### FORT WILLIAM HISTORICAL PARK

Fun And Adventure are in store for everyone at Fort William Historical Park (FWHP) - winner of the Attractions Canada Award of Excellence and Northwestern Ontario's One-stop Destination! One of North America's Top Living History Attractions. A Multi-Component Facility. There's much more! Experience the wonders of the Universe courtesy of the Star Walk Program at the David Thompson Astronomical Observatory (DTAO). Or camp out under the stars at the RV park, and enjoy kayak and canoe rentals, and hiking on the Wilderness Island. FWHP also hosts weddings, conferences, meetings, and banquets in venues both spacious (McGillivray's Landing) and intimate (Canot du Nord). Amenities include: The Fort William Trading Post, Restaurant, canoe rides, convention and meeting

rooms, wheelchairs, strollers, accessible washrooms and ample free parking. **Located on King Road off Broadway Avenue from Highway 61 South.**

### EAGLE CANYON ADVENTURES

Eagle Canyon Adventures is Lake Superior's Circle Tour #1 Adventure Attraction. We are home to both Canada's longest suspension bridge AND Canada's longest zip line. Our bridge extends an amazing 600 feet across the canyon and hangs at the height of 152 feet above the canyon floor. If one bridge wasn't enough, we also have our smaller bridge which spans 300 feet across and 125 feet from the bottom. Cross the suspension bridges for an unforgettable thrill or simply witness for yourself, from an eagle's perspective, the majestic span of the bridges and absorb the beauty of your unique surroundings. View the depths of the canyon where a beautiful spring-fed lake reflects the breathtaking mountain range in the distance. Your journey doesn't end at the top. Explore our numerous wilderness trails, follow



## CAPALEEN CLOCK WORKS

"THUNDER BAY'S COMPLETE CLOCK STORE"

- OLD CLOCK REPAIRS • PARTS • KITS
- FINE NEW CLOCKS FOR GIFTS
- GRANDFATHER CLOCK SERVICE
- ANTIQUE CLOCKS FOR SALE
- REPAIR CUCKOO, WALL & MANTLE CLOCKS

DENNIS CAPORALE, Clockmaster

OPEN: 1:00 pm. - 5:30 pm.

OPEN: Tuesday to Friday

328 RIVER ST. P7A 3R2  
(Just up from the Port Arthur Clinic)

**BUS. 344-9980**

the stairs cascading into the canyon and hike along the shoreline for a complete grand tour of the grounds. For the ultimate thrill seeker, take a ride on Canada's longest, highest, fastest and safest zip line. At half a mile long, 175 feet high and reaching speeds in excess of 45 mph, you will soar like an eagle down the centre of the canyon for an exhilarating 60 second thrill ride to the canyon floor. Whether you are looking for the ultimate adventure or for relaxation at an outdoor paradise, Eagle Canyon is your all-in-one destination.

**We are just minutes away from all the amenities the town of Dorion has to offer, and only 45 minutes East of Thunder Bay.**

### MT. MCKAY SCENIC LOOKOUT

Visit Mount McKay Scenic Lookout and explore the age old Indian legends and traditions of our area. Towering 1,000 feet over the city, Mount McKay is a must on your list of attractions. At the 500 ft.

level the lookout offers a magnificent panorama with a viewing scope for a closer look and new skyline walkway with a great picnic area snack bar. Thunder Mountain was the original name for Mount McKay. Here, traditional native gatherings were held on this sacred ground. Prior to the development of road access to the lookout only

*Mount McKay was voted 'Best In Town Hike' by Lake Superior Magazine.*

traditional native people were allowed access to the grounds, which is considered a nesting area for the Anemki or Thunderbird. A large white cross has been placed on a mountain ledge to commemorate Indian people who have served our country in time of war.

**For more information contact Fort William First Nation Tourism 807-623-9543 or 807-622-3093. Located on Highway 61B.**



**SPRING THAW**  
Photo by Lake Superior Visits

	<b>THUNDER BAY DISTRICT</b> <b>CRIMESTOPPERS</b> Let's work together to fight crime!	<b>SEE</b>  Something	<b>HEAR</b>  Something	<b>SAY</b>  Something
	<a href="http://www.tbdcsc.ca">www.tbdcsc.ca</a>	<b>1-800-222-TIPS</b>		



## CONSERVATION AREA, CASCADES, AND HAZELWOOD LAKE CONSERVATION AREAS

Conservation areas offer great recreation at all times of the year and most areas are accessible during winter months. Walking the trails is popular, particularly at Cascades Conservation Area. Hazelwood Lake Conservation Area offers a beach, trail and the perfect setting for canoeing. Silver Harbour and Little Trout Bay Conservation Areas have boat launches on Lake Superior. Conservation area visitors are asked to deposit their \$2 per vehicle fee in the collection box at each visit. Also available is the Explorer Card, an annual pass to local conservation areas at a cost of \$25. The Hazelwood Lake Centre is a multi-purpose building at Hazelwood Lake Conservation Area. The Centre is available for rental from

 <p><b>AHNISNABAE ART GALLERY</b></p>	<p><b>NEWER &amp; BIGGER LOCATION</b></p> <p>18 Court Street S., Thunder Bay, ON P7B 2W3</p>
<p><i>"Creating An Appreciation &amp; Awareness of Native Culture Through Art"</i></p> <p>(807) 577-2656 • <a href="http://www.ahnisnabae-art.com">www.ahnisnabae-art.com</a> <a href="mailto:louisethomas@ahnisnabae-art.com">louisethomas@ahnisnabae-art.com</a></p>	

May through MARCH/APRIL and is well suited for events ranging from seminars and meetings to weddings and reunions. Functions for up to 130 guests can be held in our smoke-free and handicap accessible facility. Added benefits are a spectacular view of the lake from the deck and picture windows, plus access to the surrounding forest trails. Rental dates, costs, catering menus and other details can be discussed with our official caterers, Scandia Catering at 767-3565. **If you need more information please contact the office at 344-5857 or visit [www.lakeheadca.com](http://www.lakeheadca.com)**

## INDOOR ACTIVITIES MUSEUMS AND ART GALLERIES

### AHNISNABAE ART GALLERY

"CREATING an APPRECIATION & Awareness of Native Culture Through Art." NEW LOCATION IN THE HEART of the DOWNTOWN of PORT ARTHUR Our gallery is the home of the late renowned Woodland artist Roy Thomas. Proudly representing local and regional First Nation artists from around the region & across Canada. We carry a large variety of authentic works such as, fine art, giclée prints, silkscreen prints, soapstone carvings, moccasins, handmade-jewellery, books, greeting



Bird of Paradise

### The Centennial Botanical Conservatory

#### ***A fascinating place to visit!***

Originally opened in 1967 by the Fort William Parks Board as a Centennial project intended as a legacy to the citizens of Thunder Bay.

[friendstbconservatory.com](http://friendstbconservatory.com)

# Consider yourself a closet Sherlock Holmes?

## Conservation officers need your help!

by Jeff Turl



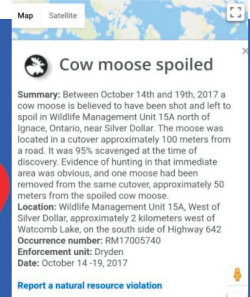
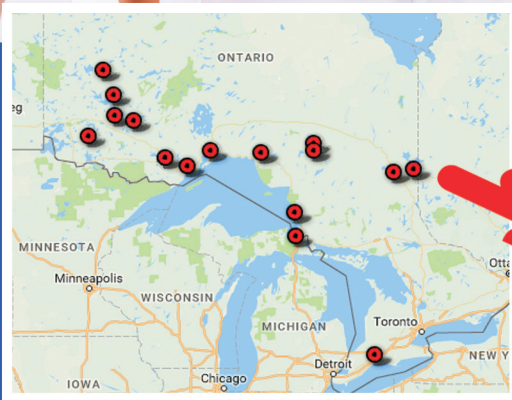
'Conservation officers often work in remote areas, investigating cases.[and] many of our cases, we do not have complainants to talk to...so any help we can get from the public to put the puzzle together is beneficial'

If you've got a little spare time on your hands, the Ministry of Natural Resources and Forestry could use some helpcracking some cold cases.

The MNRF has set up a **NEW INTERACTIVE ONLINE MAP**

Go to

[tbnewswatch.com/around-the-village/](http://tbnewswatch.com/around-the-village/)



## Solve a natural resource case

Help us solve natural resource violation cases.

Call MNRF Tips if you have any information at

# 1-877-847-7667

cards. We have the largest selection of authentic Native Art in the Northwestern region of Northern Ontario. A perfect place for unique gifts!

**HOURS: Tuesday and Friday 11:00a.m.-7:00p.m.**

**Saturday 12:00 noon-5:00 p.m. By Appointment**

**contact: 807- 577-2656 or**

**[louisethomas@ahnisnabae-art.com](mailto:louisethomas@ahnisnabae-art.com)**

**Website at [www.ahnisnabae-art.com](http://www.ahnisnabae-art.com)**

**NEWER & BIGGER LOCATION**

**18 COURT ST SOUTH, THUNDER BAY ON, P7B 2W3**

## **BOTANICAL CONSERVATORY**

The Centennial Botanical Conservatory is a fascinating place to visit. Opened in 1967 by the Fort William Parks Board as

a Centennial project, it is a legacy to the citizens of Thunder Bay. The central and largest room in the Conservatory is the tropical house - a humid arboretum featuring exotic flowers, trees, shrubs and other plants from around the world in a year-round tropical setting. The greenhouses adjacent to the Conservatory are used by staff to raise bedding plants and hanging floral displays for use in Thunder Bay Parks. For a spectacular season floral display, see Hillcrest Park. Amenities & Attractions: Inside: Tropical arboretum filled with flowering plants and exotic trees and shrubs from around the world, Park benches, Waterfall and wishing pond, Washroom facilities, wheelchair accessible, Guided Tours of onservatory available.

**Hours: 8 am to 4 pm, seven days a week. Closed Christmas Eve & Christmas Day, Boxing Day, New Year's Eve & New Year's Day, and Good Friday.**

**Wedding Ceremonies/Photos: call Booking at 625-2941. Location: 1601 Dease Street West, Thunder Bay, Contact:Telephone: (807) 622-7036.**



*Sports Hall of Fame*

## **MAGNUS THEATRE**

Each season, Magnus Theatre offers a mainstage subscription series chosen from the Canadian, classic and contemporary repertoire. Theatre in Education programming includes issue-based Theatre for Young Audiences,

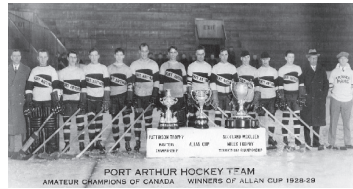
# **Northwestern Ontario Sports Hall of Fame and Museum**



**Celebrating Our Proud Sports Heritage**

**Downtown Thunder Bay South  
Beside City Hall  
Gallery Hours:**

**Tuesday to Saturday 12 - 5 pm**



**219 May Street South [www.nwosportshalloffame.com](http://www.nwosportshalloffame.com) (807) 622-2852**

theatre classes for all ages, and workshops for schools and other organizations. Other activities include the Theatre for Young Audiences Tour, Regional Touring and New Play Development comprised of play reading services, new play workshops and production. **Contact us at 807-345-5552.**

### **NORTHWESTERN ONTARIO SPORTS HALL OF FAME AND MUSEUM**

Attention sports fans and history buffs alike. Don't miss your chance to learn about the areas rich and proud sports heritage at the region's only sports museum and hall of fame. Featuring an exhibit gallery designed to resemble the various venues of sport, a ski chalet and arena contain memorabilia relating to a rich tradition of winter sport activities. An old style stadium takes you to the days of summer and the stories and photographs from years past. The Hall

of Fame area celebrates the athletes and builders who have brought pride and honour through their many accomplishments. Educational programs and tours are offered for schools and groups. A sports library and archives are available for researchers. Current featured exhibits include a salute to our amateur and professional hockey heritage and a celebration of our rich baseball history.

**Located at 219 May Street South, beside City Hall, in Downtown Thunder Bay South, this heritage facility is open to the public Tuesday to Saturday from 12:00 noon to 5:00 pm. For more information call (807) 622-2852 or visit [www.nwosportshalloffame.com](http://www.nwosportshalloffame.com)**

### **THUNDER BAY ART GALLERY**

Featuring three large gallery spaces with exhibitions that change every four to six weeks, the Thunder Bay Art Gallery is the LARGEST public art gallery in Northwestern Ontario. The Gallery's

**Magnus Theatre**

*Bed and Breakfast*  
By Mark Crawford

Brett and Drew want to move out of their tiny downtown condo and into a house, but they just lost their seventh bidding war in Toronto. When Brett's beloved Aunt Maggie dies, he unexpectedly inherits the historic family home in a quiet little tourist town. Unhappy with their careers and frustrated by life in the fast-paced city, the couple decides to make the move and start up a B & B.

But when the guys face friction in their new community, they discover the simple life is more complicated than they thought...

*Bed and Breakfast premiered at Thousand Islands Playhouse in August, 2015.*

**March 22-April 7, 2018**  
Call 807-345-5552 or visit [magnustheatre.com](http://magnustheatre.com)

Sponsor **91.5 CKPR**

three-fold mandate is: 1) to exhibit the work of contemporary First Nations artists; 2) to present exhibitions by artists from Thunder Bay and the surrounding region; 3) to host travelling shows from other cultural centres. The Thunder Bay Art Gallery's outstanding Permanent Collection of more than 1500 works by First Nations artists is internationally recognized for its scope and depth. The Gallery Gift Shop offers original art and jewellery, crafts and clothing accessories. In addition, the Thunder Bay Art Gallery offers a wide array of educational and community outreach services such as guided tours, visiting artist lectures and workshops, and art classes for all ages.

**For more information call 807-577-6427 or visit the Gallery's web-site at [www.theag.ca](http://www.theag.ca). Located on Confederation College Campus.**

*ANNUAL LAKEHEAD UNIVERSITY  
VISUAL ARTS DEPARTMENT*

Student Juried Exhibition March 2 – 25  
Student Major Studio Exhibition March 16 – April 15



2017 Juried Exhibition

Exhibition Sponsors:



Season Sponsor:



THUNDER BAY  
ART GALLERY



**CN Train  
Station  
Today**

**BACK IN HISTORY**

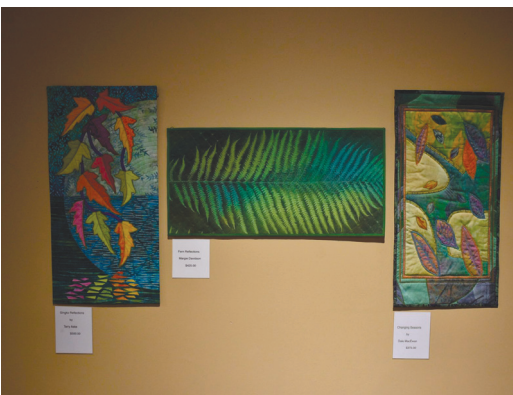
The end of passenger rail service in the city of Thunder Bay has not diminished the importance of one of the oldest train stations still standing in the Lakehead region. The CN Station was commissioned by the Canadian Northern Railroad, a company that greatly influenced the early history of this region and work on the building commenced in 1905.

One year later the station opened its doors to new arrivals to the Lakehead. The building itself is constructed from brick and limestone, the brick imported from Milwaukee and the limestone from Manitoba. One cannot help but experience a moment of awe at the strength and durability that the building projects. This experience is not coincidental it's exactly the feeling that the CN was trying to project to the everyday public. A feeling that this company would be here to stay. The CN Station also features many architectural characteristics that are considered medieval in style. These include the small turrets located at each corner of the building and the narrow windows or the steeply slanted roof. The station also features fine detailing in many of the stone sculptures. Within these sculptures one can see sheaves of wheat along with the CN logo intertwined with the year the construction first began on the building. The CN Station is certainly an impressive building and is a monument to the importance that the railroad played in the construction and shaping of the region and the City of Thunder Bay.

## THUNDER BAY MUSEUM

You won't want to miss this gem in Thunder Bay South's Heritage District. Located at 425 Donald St. E. (near May Street) in an historic building that was once a courthouse, police station, and jail, the Thunder Bay Museum is open 7 days a week from 11am to 5pm until Labour Day and open Tuesday through Sunday from 1pm to 5pm after Labour Day. Admission is \$3 for adults and seniors, \$1.50 for children aged 6-17, and free for children under 6.

**For more information call (807) 623-0801 or visit [www.thunderbaymuseum.com](http://www.thunderbaymuseum.com)**



## Botanical Reflections January 16 – March 31, 2018

Botanical Reflections is a Fibre Art Network exhibit of mixed media fibre art. Each piece is a personal interpretation of a botanical theme based on each artist's vision.

The Fibre Art Network (FAN) is a co-operative of Western Canadian artists committed to promoting fibre as an art form and each other as artists. FAN membership includes emerging fibre artists, teachers, authors and judges. Many members have been recognized both nationally and internationally for their work.

# EXPLORE THUNDER BAY

With Thunder Bay  
Hiking Association Today!

**JOIN  
TODAY!**

**DATE & MEETING TIME**

## March

**Raven Lake Snowshoe**  
March 3, 10am-5pm

**Flett Tunnel Hike or Snowshoe**  
March 4, 11:00am-5pm

**NorWesters Loch Lomond Ski Hill & Feaver Mt.**  
March 8, 10:00am-4pm

**Middlebrun Bay Hike or Snowshoe (Sleeping Giant Provincial Park)**  
March 10, 10:00am-5pm

**Ruby Lake East Snowshoe**  
March 17, 9:00am-5:30pm

**Evening City Trail Walk**  
March 21, 6:00pm-8:30pm

**Mink Mountain Hike/ Snowshoe**  
March 25, 10:00am-5:00pm

*For more information call  
Hot Line at 624-4271*

Thunder Bay  
HIKING ASSOCIATION

Visit [www.tbha.ca](http://www.tbha.ca)  
for schedule and more information

## Thunder Bay Guest

YOUR GUIDE TO WHAT'S HAPPENING IN AND AROUND THUNDER BAY.

Local, independent, community magazine distributing  
to 36,000 businesses and properties annually.

For information about advertising in the  
**Thunder Bay Guest Magazine Call 807.346.2600**

# Rock 94



**NO MAN BUNS ALLOWED**

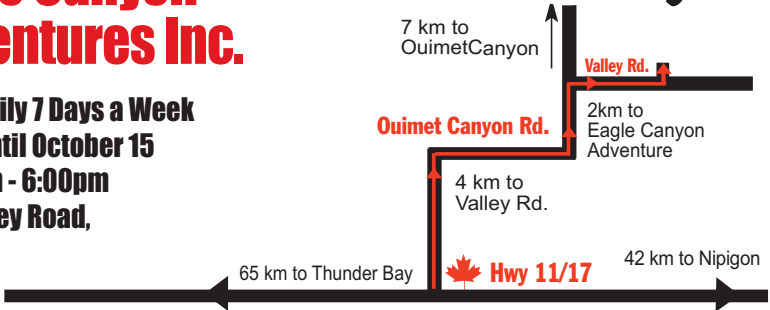
TRAVELLING EAST TO  
**Eagle Canyon Adventures Inc.**

travelling  
**EAST**

All Ages Welcome!

**Eagle Canyon  
Adventures Inc.**

Open Daily 7 Days a Week  
May 1 until October 15  
10:00am - 6:00pm  
275 Valley Road,  
Dorion



**www.eaglecanyonadventures.ca**

Phone: (807) 355-3064 Email: eaglecanyonadventures@msn.com

**HIGHWAY 11/17**

**EAGLE CANYON ADVENTURES**

Eagle Canyon Adventures is Lake Superior's Circle Tour #1 Adventure Attraction. We are home to both Canada's longest suspension bridge AND Canada's longest zip line. Our bridge extends an amazing 600 feet across the canyon and hangs at the height of 152 feet above the canyon floor. If one bridge wasn't enough, we also have our smaller bridge which spans 300 feet across and 125 feet from the bottom.

**CANADA'S LONGEST  
ZIP LINE SUSPENSION  
FOOT BRIDGE**

Cross the suspension bridges for an unforgettable thrill or simply witness for yourself, from an eagle's perspective, the majestic span of the bridges and absorb the beauty of your unique surroundings. View the depths of the canyon where a beautiful spring-fed lake reflects the breathtaking mountain range in the distance.

Your journey doesn't end at the top. Explore our numerous wilderness trails, follow the stairs cascading into the canyon and hike along the shoreline for a complete grand tour of the grounds.

For the ultimate thrill seeker, take a ride on Canada's longest, highest, fastest and safest zip line. At half a mile long, 175 feet high and reaching speeds in excess of 45 mph, you will soar like an eagle down the centre of the canyon for an exhilarating 60 second thrill ride to the canyon floor.

Whether you are looking for the ultimate adventure or for relaxation at an outdoor paradise, Eagle Canyon is your all-in-one destination.

We are just minutes away from all the amenities the town of Dorion has to offer, and only 45 minutes East of Thunder Bay.



Welcome to **Thunder Bay!** Let us help you plan your route.



- 1 Arthur & James Street District
- 2 Arthur Street Marketplace
- 3 Bay & Algoma Business District
- 4 CLE & Sportsdome
- 5 County Fair Mall
- 6 Current River Boulevard Park
- 7 Grandview Mall
- 8 InterCity Shopping Centre
- 9 Lakehead University
- 10 McIntyre Centre
- 11 Northwood Park & Confederation College
- 12 Thunder Centre
- 13 Victoriaville Centre, (Centennial Square) May & Victoria
- 14 Walmart (3 locations)
- 15 Waterfront B.I.A.
- 16 Westfort Business District

Markers on the map are intended to lead you to the approximate area of the location you are seeking. A detailed map of the City of Thunder Bay is available at certain locations throughout the city or by stopping by 87 N. Hill Street during regular business hours.

**OUR STREETS CHANGE NAMES**

- SIMPSON STREET-FORT WILLIAM ROAD - WATER STREET - CUMBERLAND STREET - HODDER AVE.
- MAY ST - MEMORIAL AVE. - ALGOMA STREET

# Experience the North Shore at Grand Portage



## EXCEPTIONAL ENTERTAINMENT, SPECTACULAR EVENTS, EXHILARATING PROMOTIONS, *A Perfect Destination!*

Just minutes from the Canadian border on legendary Highway 61, visit the welcoming community of Grand Portage nestled on the shore of gorgeous Lake Superior. Experience incredible views, visit historic attractions, explore north woods trails, dine well, rest comfortably, and play all day long at Grand Portage Lodge and Casino (GPLC) open year-round.

Players will find an exceptional gaming experience at GPLC's state-of-the-art casino floor. With over 450 slot machines and live blackjack action on weekends, it's 24-hour fun. The Lodge features a dramatic interior honouring the indigenous culture of Grand Portage including a stunning witch tree installation anchoring the towering three-story fireplace gathering area.

Overnight guests will find elegantly renewed hotel rooms and suites, a fitness area, and a generous new pool complex with views of Lake Superior and direct outdoor access to Portage Bay. The popular Island View Dining Room serves breakfast, lunch, and dinner and features lip-smacking specials like slow roasted prime rib and crispy fried walleye, or enjoy the game and a beverage in cozy Antler's Lounge.

Explore Grand Portage and discover over 500 years of vibrant aboriginal history at Grand Portage National Monument. Take the ferry to Isle Royale National Park, an International Biosphere Reserve. Book in to Grand Portage Marina and RV Park, or escape to Hollow Rock Resort featuring five well-appointed cabins tucked into 12 gorgeous acres of Lake Superior peninsula.

Don't leave without checking out Grand Portage Trading Post's smoke-free casino, money exchange, cross-border parcel pick-up, and great specials. 1-800-543-1384

### THUNDER BAY TO DULUTH MINNESOTA

APPROXIMATE DISTANCES FROM THUNDER BAY TO:

	Miles	Km.		Miles	Km.
Grand Portage	48	77	Two Harbors	169	272
Grand Marais	85	137	Duluth	190	306
Lutsen	104	167	Minneapolis	350	563

**GRAND PORTAGE**  
LODGE & CASINO

[www.grandportage.com](http://www.grandportage.com)

# INFORMATION

## AIRLINES

---

Thunder Bay Airport is situated in the western suburbs of the city at the junction of Highway 61 and Neebing Avenue. For schedules and related information call the airline concerned.

Air Canada **1-888-247-2262**

Bearskin Airlines **475-0006**

Porter Airlines **1-888-619-8622**

Thunder Airlines Ltd. **475-4211**

Wasaya Airways Ltd. **1-807-473-1200**

Westjet **1-800-538-5696**

## BUSES

---

Greyhound Lines

815 Fort William Rd. **345-2194**

Caribou Coach **807-285-3456**

## CITY TRANSIT

---

For information regarding route schedules, fares, charters, lost articles, etc., call the Thunder Bay Transit Office at **684-3744**

## BUSINESS INFORMATION

---

Development Thunder Bay **625-3960**

Thunder Bay Chamber of Commerce

200 S. Syndicate Ave. Suite 102 **624-2626**

## CITY OFFICES

---

City Hall 500 Donald Street E **625-2110**

Community & Emergency Services

Victoriaville Civic Centre 111 S. Syndicate

Avenue **625-2351**

## COLLEGE AND UNIVERSITY

---

The Confederation College of Applied Arts

and Technology Nakina Drive **475-6110**

Lakehead University 955 Oliver Rd **343-8110**

## COMMUNITY INFORMATION CENTRE

---

Helping to link people to the community services or information they need.

125 Syndicate Ave. S. (Victoria Mall)

**626-9626**

## CONSUMER INFORMATION PROFESSIONAL CALL CENTRE SERVICES

---

For more information call North West Information Systems Inc. **346-4377**

## VISITORS INFORMATION CENTRES

---

The Terry Fox Lookout Visitor Centre

Terry Fox Highway, Hwy. 11/17 **983-2041**

Ontario Travel Information

(Seasonal May-October)

7671 Hwy 61, Neebing Ontario **964-2094**

## CITY OF THUNDER BAY MAPS

---

Pick up your copy at numerous local hotels, restaurants, businesses and Tourist Bureaus.

## WEATHER INFORMATION

---

For the convenience of visitors to Thunder Bay a long range weather forecast can be obtained by calling **345-9111**.

## BEER & LIQUOR

---

Anyone over 19 may buy liquor, imported or domestic wines and imported beer.

## EMERGENCY NUMBERS

---

Fire, Police, Ambulance, Poison Control **911**

Thunder Bay Police Non Emergency

**684-1200**

Ontario Provincial Police **1-888-310-1122**

R.C.M.P. **623-2791**

Free Information about community, social, and health related government services and more at **211**.

**Crimestoppers 1-800-222-TIPS**

## FISHING & HUNTING

---

For information on current season dates, regulations and license fees, contact the Ministry of Natural Resources. 435 James Street S. **475-1472**.

Natural Resources (Bears) **1-866-514-2327**

## MEDICAL SERVICES

---

Visitors are strongly urged to obtain health insurance before leaving their home country. (It is possible that your health insurance does not extend coverage outside your country of residence). If you are taking medicine prescribed by your doctor, bring an adequate supply. Prescriptions filled in Ontario must be written by an Ontario doctor.

## HOSPITALS

---

Thunder Bay Regional Health Science Centre  
980 Oliver Road **684-6000**

St. Joseph's Hospital

35 N. Algoma Street **343-2431**

## OTHER MEDICAL

George Jeffrey Children's Treatment Centre  
200 Brock E. Street **623-4381**

Lakehead Psychiatric Hospital  
580 N. Algoma Street **343-4300**  
Crisis Emergency-Toll-Free **#1-800-461-6648**  
in Northwestern Ontario (West of White River)

## WALK-IN CLINICS

Fort William Family Health Network  
1260 Golf Links Rd. **626-1234**

**Thunder Bay**-IDA Pharmacy-1040 Oliver Rd. **345-8880**

**Kakabeka Falls**-4781 Hwy 11/17 **577-2435**

**Northwest Walk-In Clinic**  
1265 Arthur St. E., Ste. **623-7101**

Port Arthur-194 N. Court Street **346-1000**

**Regional Walk-In**  
1077 Golf Links Rd. St. **768-1333**

Ridgeway-1001 Ridgeway Street **622-0601**

Spence-1265 E. Arthur Street **626-1111**

White Cedar-125 Vickers St. S. **475-4357**  
(Mon.-Thurs. 9:30am-4:30pm)

## Oak Medical Arts

Academy Clinic -554 Beverly St. **344-4540**  
Elevate Clinic-106 N.Cumberland St. **767-7002**  
River Terrace Clinic-1260 Golf Links **343-0010**

## ANIMAL SERVICES

City Animal Control - 882 Alloy Pl. **684-2156**

## VETERINARY HOSPITALS

Emergencies Only Call Nurses Registry for  
Animals **623-7451**

Highview Clinic- 860 Red River Rd. **767-1615**  
Meadows Clinic -644 Arthur St. W **577-6491**

Northwestern Veterinary Hospital  
-1160 Oliver Rd. **345-3353**

Thunder Bay Veterinary Hospital  
-920 Carrick St. **623-3531**

## CUSTOMS REGULATIONS

If you're an American citizen returning to the U.S., and if you've been in Canada more than 48 hours and have declared nothing in the last 30 days, you can take back \$800 (U.S.) worth of merchandise per person, duty free. This may include up to 32 oz. of alcohol per adult, 200 cigarettes and 100 cigars which are not of Cuban origin.

## INTERPRETER SERVICES

Thunder Bay Multicultural Association  
Interpreter Access Centre (24 hour) **345-0551**  
**RADIO & BROADCASTING**

## DOUGALL MEDIA RADIO STATIONS

CJSD-FM (ROCK '94) **94.3**

CKPR-FM **91.5**

CITB FM (Tourist) **97.1**

CFQK (ENERGY) **104.5**

CKED (ENERGY) **103.5**

CFNO **93.1, 100.7, 107.1**

BDU or Source	Broadcast in	CKPR Thunder Bay	Global Thunder Bay
Off Air	HD	2	4
Shaw Cable	SD	5	6
Shaw Digital	HD	210	211
TBayTel Digital	HD	205	215
ShawDirect	SD	304	314
Classic Lineup	HD	37	38
ShawDirect	SD	51	52
Advanced Lineup	HD	537	538
Bell TV	SD	223	222
Advanced Lineup	HD	1066	1065

## TRAVEL - AUTOMOBILE

**DRIVER'S LICENCE** - A valid licence from any country is valid in Ontario for 3 months.

**SEAT BELTS** - The law in Ontario requires the driver and passengers to wear seat belts if the vehicle is equipped with them.

**SPEED LIMITS** - On highways and expressways, 90 km/h (55 mph) or as posted; in urban and built up areas it's usually 50 km/h (30 mph).

**METRIC CONVERSION** - All mileage and speed limit signs in Ontario are in metric (kilometres). The kilometre is equal to five eighths (5/8) of a mile. To convert miles to kilometres simply multiply the miles by 1.6, eg. 100 miles equals 100x1.6=160 km. Conversely, to convert kilometres to miles, multiply the number of kilometres by .6, eg. 100 km equals 100x.6=60 miles.

**AUTO CLUBS** - The Ontario Motor League is affiliated with the AAA. The membership card from your local AAA branch entitles you to all the benefits of the OML.

**ACCIDENTS** - If you are involved in an accident resulting in a personal injury or property damage over \$1,000 you must notify the police and remain at the scene of the accident until cleared by investigating officers.

# MORE WINNING MOMENTS!



**Sig, Ontario**  
Won \$5,921 US  
Keno



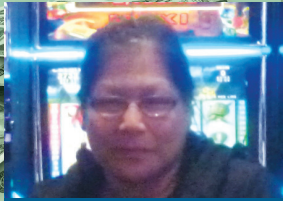
**Charles, Ontario**  
Won \$7,904 US  
Keno



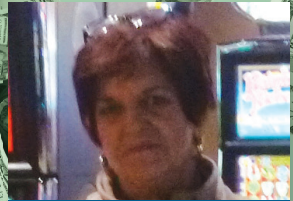
**Michelle, Ontario**  
Won \$5,666 US  
The Walking Dead



**Roger, Ontario**  
Won \$2,328 US  
Bier Haus



**Angela, Ontario**  
Won \$2,150 US  
Pirate's Loot



**Donna, Ontario**  
Won \$7,000 US  
Keno

**Experience Fun and Excitement!**

1-800-543-1384 | [www.grandportage.com](http://www.grandportage.com)

Owned and operated by the Grand Portage Band of Lake Superior Chippewa

**GRAND  
PORTAGE**



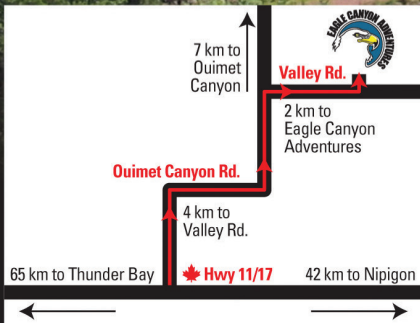
LODGE ♦ CASINO



# CANADA'S LONGEST ZIP LINE & SUSPENSION FOOTBRIDGE

## YOUR THRILL IS OUR PLEASURE!

- 600' & 300' suspension footbridges
- 1/2 mile long zip line reaching speeds of over 45mph
- Amethyst gift shop & souvenirs
- Large parking area - big rigs welcome
- Shuttle service available for seniors & disabled
- Only 45 minutes East of Thunder Bay



## EAGLE CANYON ADVENTURES INC.

Open 10am-6pm  
May 1 until October 15  
7 days a week  
275 Valley Road, Dorion  
Phone: (807) 355-3064  
[www.eaglecanyonadventures.ca](http://www.eaglecanyonadventures.ca)