

Tbaytel Fibre – The fastest Internet in Thunder Bay

Service available where access and technology permit

“Phenomenal”



Thunder Bay

source



WWW.TBNEWSWATCH.COM

THURSDAY, MARCH 2, 2017

YOUR COMMUNITY NEWSPAPER

Canadian Publications Agreement No. 0662445 Vol.14 No. 8

INSIDE

UNEXCUSED ABSENCE



NAN takes council to task for skipping inquiry /3

HUMANS BONDING



Magnus offers up classic novel on stage /12

TRIPLE SHOT



Falcons take NorWOSSA championship /16

Skiing success

Local skiers finish strong at Canadian Under 16 Alpine Skiing Championships/15



RUNNER-UP: Thunder Bay's Aaron Puskas finished second overall in the slalom race last Friday at the Under 16 Alpine championships.

HEAT and AIR
ARMSTRONG AIR

It "MITE" be time...
Duct Cleaning...give us a call
Receive a **FREE** Dryer vent cleaning with purchase of a duct cleaning

CLOW DARLING LIMITED
623-7485
24 hour Emergency Service
www.clowdarling.com

tbnewswatch.com

Real Estate | Listings
Looking for a new home?
Visit us online!
tbnewswatch.com/realestate

DONATIONS CHANGE LIVES
Now accepting
Clothing, Furniture, Household Items,
Electronics and Vehicles.
GIVE BIG - DONATE

SuperThrift
Adult & Teen Challenge
CALL 345-22-77
We'll pick it up. For free!

Family Dentistry and Orthodontics

FREE teeth bleaching & \$1,000 off

Orthodontic or Invisalign treatment offers, certain conditions apply.

Call now to take advantage of these amazing offers!

1 DAY CROWN

I.V. SEDATION



ABA DENTAL CLINIC • abadental.ca • 995 Memorial Ave. 626-8001 • 901 Red River Road 768-8001 • Mon.-Fri. 9am to 7pm, Sat. by appt.



DR. SHARON LAU & DR. JAMES MAO

LOCAL NEWS

Marshalls to land at mall

BUSINESS
By Leith Dunick - TB Source

A major American retail giant is headed to Thunder Bay.

Marshalls, a self-described off-price store, will be setting up shop at Intercity Shopping Centre, taking over the space being vacated by HomeSense's looming departure from the mall.

HomeSense won't be leaving the city, but instead will join forces with sister company Winners Apparel in a combined store location at the Thunder Centre.

All three companies are owned by TJX Canada.

Company spokesperson Emily Lamb last Thursday said the new Marshalls store is expected to open in the fall of 2018.

Marshalls' first arrived in Canada in 2011, with 41 open in Canada at the start of 2017 and 16 more expected to open by year's end. The company operates more than 1,000 locations in the United States.

Bench stands against bullies

MURILLO
By Leith Dunick - TB Source

Members of the Thunder Bay Police Service made a colourful donation to Crestview Public School on Wednesday.

Sporting bright pink dress shirts to stand up to bullying, officers dropped off a friendship bench for students to use to signal they need someone to talk to about any number of problems they might be facing in their every-day lives.

The bench, inspired by Florida teen Acacia Woodley, who was bullied as a child for her diminutive size, is a welcome addition to the rural school, said 12-year-old Katherine Deschenes, a Grade 7 student at Crestview.

"We're going to put it out in the hallway to show all the kids and parents and everyone that we don't support bullying and we want to stop it," Katherine said. "We support the people that are being bullied and we want to make it so they are happy and it just stops."

Unfortunately, despite the small size of her school, bullying still happens in the hallways and on the playground.

A friend of Katherine's was targeted more than

once.

"She's one of my best friends. There's a few kids here who have been bullied that I know of," she said. "Just because it's a small area doesn't mean bad things don't happen."

Having a friendship bench is a step toward a solution, Katherine added.

"Definitely," she said.

Police Chief J.P. Levesque said it was the Thunder Bay Police Association whose members came up with the idea for the bench donation.

"If you're having a tough day, and maybe somebody is picking on you a little bit, come have a seat and hopefully a friend will join you. Maybe you make a new friend, but you've got somebody to support you," Levesque said.

"It's like a peer-support system. We thought it was a great idea."

Levesque said it's something they hope to bring to other schools as money becomes available.

Crestview principal Joanne Giertuga said raising awareness about bullying is one of the best ways to prevent it from happening.

The bench has other uses too, she said.



THINK PINK: Members of the Thunder Bay Police Service visit Crestview Public School students last week.

Seems too good to be true
Contacted out of the blue
Asked for personal details
Money is requested

SLAM SCAMS!
KEEP FRAUDS OUT!

Hang up the phone
Close the door
Press delete on computer

Never give out any personal information by phone, door, email or messaging

It's not always easy to spot a scam and new ones are invented everyday. If you want to report a fraud or you need more information - contact

Canadian Anti-Fraud Centre
CAFC
Centre antifraude du Canada

THUNDER BAY HYDRO
www.tbhydro.com
343-1111

1-888-495-8501

www.thunderbaypolice.ca
684-1200

Classified
www.tbnewswatch.com
Read us online:

nofrills
lower food prices

ARMSTRONG CHEESE BARS 4.97
400-500G Selected varieties

PORK TENDERLOIN 2.97
6.55/KG cryovac: Package of 2

REAL CANADIAN SPRING WATER 1.97
24 x 500ML Taxes and deposits where applicable

ST. HUBERT PIES 5.97
715/800G Selected variety, frozen. SAVE 4.00

RED or GREEN SEEDLESS GRAPES 1.97
LB 4.34/KG Product of South Africa or Chile

FRESH CHICKEN FILLETS 4.97
10.96/KG Big Pack! SAVE 1.82 LB

Prices effective from Friday, March 3 to Thursday, March 9, 2017

Shawn's Nofrills ~ 766-0003
1020 Dawson Rd. Thunder Bay

Darcy's Nofrills ~ 626-0003
425 N. Edward St. Thunder Bay

LOCAL NEWS



JOHN THOMPSON

GETTING BETTER: Nishnawbe Aski Nation Deputy Grand Chief Anna Betty Achneepinescum (centre) has seen progress this year in the city's approach to improving safety for children coming from remote First Nations communities to attend school in Thunder Bay.

Council scolded for its inquiry absence

CITY HALL
By Jon Thompson – TB Source

The city's legal department advised city councillors not to attend the 2016 coroner's inquest into the deaths of seven First Nations youth who were living in Thunder Bay pursuing their education.

Considering those councillors were tasked with approving the municipality's response to the inquest's recommendations on Monday, their absence during the proceedings was a detail that didn't escape Nishnawbe Aski Nation Deputy Grand Chief Anna Betty Achneepinescum.

Noticably not there

"During the inquest, I'm not sure if any of you came to sit in that courtroom to listen to the testimony of the parents who lost their children and to the police officers and to others who were part of the inquest," Achneepinescum said.

"(Nishnawbe Aski Nation Grand Chief Alvin Fiddler) and I, the staff and our education partners made an effort to be part of that inquest. I don't remember seeing any of you there ... I believe you as a city council, you

have the responsibility to ensure we don't keep losing our students."

Coun. Rebecca Johnson was the only member of council who claimed to have watched a live stream of the inquest, but no elected official claimed to have attended in person. McKellar Coun. Paul Pugh and Northwood Coun. Shelby Ch'ng formally apologized for their absence.

"I'm afraid. I'm ashamed of myself for being afraid and not going," Ch'ng said through tears.

"I watched from the sidelines. I just read the articles and the reports but I wasn't there and it was because I was afraid. My shop is within 10 metres of the courthouse and I didn't go once. And I'm sorry."

Council unanimously passed the plan, which includes developing \$1.35 million in youth programming over five years as well as improving recreation and mentorship opportunities.

Thunder Bay's ambition in the inquest's aftermath is planted in improving communication and relationships with the Indigenous community. Dennis Franklin Cromarty High School and the Matawa Learning Centre representatives both

expressed progress has been made over the last year.

Achneepinescum sees the city's response is moving faster and more effectively than either the provincial or federal governments.

"It is true there have been significant changes," she said.

"The city is willing to work with our students and our educational facilities here as well as the Thunder Bay Police Service is very receptive to working with our students in coming there and building those relationships. That's very important."

New job

The Thunder Bay Police Services Board is creating a position designed to be permanently held by an Indigenous person but the new seat won't come with a vote. Both NAN and the board have committed to lobbying the province for that role to become a voting member, as Ontario is currently overhauling its Police Services Act.

"I did tell the police services board, having a resource person was not what we were looking for," Achneepinescum said.

"We accept that will be a temporary solution at this time but it's not one we'll accept as a long-term fixture."

"I'm ashamed of myself for being afraid and not going."
SHELBY CH'NG

Weather Forecast

THURSDAY	FRIDAY	SATURDAY
 Mainly sunny Probability of Precipitation: 20% HIGH -5 LOW -21	 Mainly sunny Probability of Precipitation: 10% HIGH -7 LOW -13	 A mix of sun and clouds Probability of Precipitation: 30% HIGH 1 LOW -4
SUNDAY	MONDAY	TUESDAY
 A mix of sun and clouds Probability of Precipitation: 30% HIGH 3 LOW -7	 A mix of sun and clouds Probability of Precipitation: 70% HIGH -2 LOW -13	 Mainly cloudy Probability of Precipitation: 30% HIGH -7 LOW -13



 **invisalign**®

THERE'S NEVER BEEN A BETTER TIME TO CHOOSE *you.*

Give yourself the confidence of a great smile with Invisalign® clear aligners.

Invisalign treatment takes a modern approach to straightening teeth, using a series of custom-made aligners created for you and only you. Invisalign treatment won't interfere with your daily life and you'll start to see results in as little as a few months. You've waited long enough. It's your turn to smile.

Phone or email today!

Dr. Bruce McFarlane
Board Certified Orthodontist

www.drbcufarlane.com

137 McKellar St. N.

Thunder Bay, ON P7C 3Y9

807-286-1133

invisalign@tbaysmiles.com



Complimentary consultation

Classified

LOCAL NEWS

Read us online:

www.tbnewswatch.com

Let's Keep It Simple...

If you've been considering hearing aids, listen to someone you can trust.

Expert Hearing
SOLUTIONS
Making It Easy.

HERE IS HOW IT WORKS:

- Call your local Expert Hearing office to schedule an appointment.
- Receive a pair of Hearing Aids to use in the comfort of your home. No deposit required
- Have your hearing tested.
- Return the hearing aids after 2 weeks OR purchase them at great Savings!

10th Anniversary Specials!
2 for 1 Batteries March Only!

Join the Revolution

The Introduction of the Oticon Opn is arguably the biggest advancement in hearing aid technology.

With three levels of performance and power options, Oticon Opn is now available to even more users.

Hear the difference for yourself. Call now to arrange a complimentary, no obligation demonstration.

The best technology. The best prices. The best guarantee.

Thunder Bay – North
282 Memorial Ave (Former Royal Bank Bldg)
T 807 345 4327

Thunder Bay – South
101-1265 Arthur St E (West Arthur Place)
T 807 623 7877

SIEMENS oticon PHONAK bernafon® ReSound

Registered with the College of Speech and Hearing Professionals of BC



LOVE IT LOUD: Thunder Bay already has more than its fair share of music fans.

Making a music city can be done

THUNDER BAY
By Leith Dunick – TB Source

Graham Henderson says too many communities overlook music as a potential economic driver. The CEO of Music Canada, he estimates the economic impact of the music industry in Ontario alone to be \$1.2 billion a year. Paul Pepe, Thunder Bay's tourism manager, agrees. "In 2014, 31,000 visitors to our region spent over \$7.3 million on live entertainment, live music in Northwestern Ontario," Pepe said on Wednesday, kicking off an afternoon conference aimed at helping Thunder Bay transition itself into Becoming a Music City. "It's a big economic driver on so many levels. Not only does entertainment support local musicians and entertains local residents, it has an economic impact and a social impact that goes far beyond that as well." Henderson was flush with examples of cities that have embraced music in a variety of different ways, pointing to Austin, Texas, Melbourne, Australia and Hamilton, Ont. as places that have become music friendly communities. The city of Austin, the home of Willie Nelson and Austin City Limits, includes music in every pitch trying to lure businesses, events and young people into their community. There's not a reason a city like Thunder Bay couldn't unlock its Music City superpower, smash glass ceilings and create a better environment economically and cultur-

ally – and not necessarily just for music, Henderson said. It involves everyone from the Chamber of Commerce, which put on the event, to city tourism and culture officials, to musicians, entrepreneurs and the music-listening public. "You need to get all of these individuals from the community together in one room to start talking about the importance of music, understanding music maybe in a different way and the type of economic potential it can unlock," Henderson said. It goes far beyond live music, he added. While events like the Thunder Bay Blues Festival, Summer in the Parks, Rock the Fort and concerts at the Thunder Bay Community Auditorium and local bars get the front-line attention, there's nothing stopping a behind-the-scenes industry from cropping up too, Henderson said. "We've got a competitive advantage with music here, and what we really need to start to do is marketing that to the world," Henderson said. "Our experience is this scales. It doesn't matter whether you're in Collingwood, London, Ont. or Thunder Bay. You will have opportunities. I wouldn't write it off just because of a geographic location. Well-known local musician Jean-Paul De Roover, who spoke on Wednesday, said it's all about bridging the business side of the industry with the talent. "It's getting the first step of a conversation going in order to identify what it is the community wants, what it is we really need, and what we're going to be doing as we move into the future."

LOCAL NEWS

Parks suffer death by a thousand cuts

CITY HALL
By John Thompson - TB Source

Managing city spending is no walk in the park, but one city councillor is growing worried over what local residents are beginning to see when they walk through their parks.

Current River Coun. Andrew Foulds voted against cuts to parks every time they arose over the 2017 municipal budget process, which on Tuesday ended with a 3.59 per cent levy increase.

"It's almost like a death by a thousand cuts," Foulds said. "Just a little bit here and a little bit there and all of a sudden, our parks system isn't what we want it to be for our citizens."

Council voted down Foulds' attempt to continue funding for the sleigh-ride program at Centennial Park in his ward. Ceasing to offer the program will save the city only \$13,300 a year.

"I see this as a real loss to the kids of the community. I see it as a real loss of life experience," Foulds said. "I remember going to the sleigh rides at Centennial Park. It's one of those experiences that lasts a lifetime and I think it's a real loss to this community that we'll no longer have that."

Foulds was successful in saving the Muskeg Express from budget cuts.

The miniature train at Centennial Park will continue to have a \$15,300 annual impact on the city's budget.

Those decisions were made on the same night as council voted down a motion that would have saved the Chippewa Wildlife Exhibit from permanent closure. The zoo's closure will save the city a net \$83,000 annually. The move to reduce Chippewa Park's rides and Centennial Park's Logging Camp and Museum from seven days a week to five will save the city a total of \$25,100.



ANDREW FOULDS

The budget came a month after city administration issued a report showing 55 per cent of city parks to be "in very poor condition," when the waterfront park is excluded from the calculation.

The city will spend \$8.2 million on parks operations in 2017, 1.8 per cent more than it did in 2016 but nearly half that increase was reinstated through the budget process.

Foulds pointed out that investment won't close what has become a maintenance gap in the parks department. He hopes to make parks an election issue in 2018.

"Until council realizes the value of maintaining parks like a building, like a road or like any other asset, you need to make the ongoing investment, the ongoing maintenance so you're not hit with catastrophic costs

or closures."

City administration projects capital investment in parks will continue to fall over its three-year plan, however. The city will spend a net \$2 million of its \$406-million budget on parks renewal this year and that expenditure is expected to be cut in half in its 2018 budget. Net recreation trail expenses will fall from \$475,000 this year to \$200,000 next year, then be reduced again to \$150,000 in 2019.

The \$185,000 spent on sports fields this year in preparation for the 2017 Under 18 Baseball World Cup will fall to \$145,000 in each of the subsequent two years, including a 70 per cent reduction.

The urban forest program is the only program whose budget is estimated to rise. Its envelope will grow from \$780,000 in 2017 to \$855,000 in 2018 and \$930,000 in 2019, largely due to the cost of confronting the invasive emerald ash borer.

City director of engineering Kayla Dixon said the 2017 parks budget reflects a bump in the three-year forecast, thanks to additional federal funding.

"At this point, there has not been a specific focus on investment in parks. We are still determining what our infrastructure gap is there," Dixon said.

"That would involve some direction by council to increase that and then a decision: do we increase that by itself or increase that and have a reduction someplace else?"

FABRICLAND

Sensational Savings!

save up to **50% off** our reg. prices on selected merchandise



Springtime Rayon Prints & Solids 130-140cm Our Reg. \$16-\$19 m Now \$10 m

Cotton FLANNELETTE PRINTS 110cm Our Reg. \$9 m Now \$4 m

Polyester/Cotton BROADCLOTH 150cm Our Reg. \$9 m Now \$4.50 m

CREATIVE CRAFT PRINTS *Huge Selection!* 115cm Our Reg. \$18 m Now \$8 m

Selected Cotton BABY PRINTS 115cm Our Reg. to \$18 m Now \$4 m

Don't Miss Our Members' 50% Off Sale! One Day Only - Saturday, March 4th Members Save 50% Off our reg. prices on almost EVERYTHING in the store!

Sale in effect March 1-31/17, on selected in-stock merchandise. See online flyer for details!

Follow us on Facebook and Twitter! www.fabricland.ca

Thunder Bay: McIntyre Centre-1186 Memorial Av. 622-4111

MON-FRI 9:30-9; SAT 9:30-5:30, SUNDAYS Noon-5

MAKE A DIFFERENCE



RECYCLE

CUSTOM FRAMING FOR LESS!

All framing is produced locally on site. WE'RE NOT THE BIGGEST BUT WE OFFER THE BEST PRICES!
We can frame virtually anything including medals, posters, jerseys and more!

REDEEM THIS COUPON TO RECEIVE

50% OFF



269 Red River Road
345-9989

PICTURE FRAMING ANY SIZE, ANY QUANTITY THE PICTURE STORE AND FRAMING CENTRE

Editorial

EDITORIAL

Absence deafening

City council made a mistake. Last year, while the inquiry into the deaths of seven Aboriginal youths was making national headlines, our elected municipal representatives stayed away.

They acted on the advice of the city's legal team, who told them not to attend the courtroom hearings.

The question that remains is why.

Clearly the city was going to play a huge role in helping to enact any of the recommendations that emerged.

Councillors weren't going to be called to the stand, nor were they going to be held personally responsible for the awful, tragic ends met by the seven who died while attending school in the city.

They had nothing to lose and everything to gain by showing up and showing their support, trying to grasp an understanding of the troubles and dangers faced by teenagers forced to attend school hundreds of miles from home.

There's no question council and the mayor are sympathetic to the plight of those who died and their families.

But actions, so they say, speak louder than words.

Showing up, even just occasionally, would have sent the message that there was a true desire to help enact the change so badly needed.

More importantly, it would have given council better insight into the problem and shown the family of the victims just how serious they are about finding solutions that actually work.

CONTACT US:

87 North Hill Street,
Thunder Bay, Ontario P7A 5V6
Ph: 807-346-2600 • Fax: 807-345-9923

Editor: Leith Dunick 346-2650
ldunick@dougallmedia.com

Reporter: Doug Diaczuk 346-2622
ddiaczuk@dougallmedia.com

Sales Manager:
Kathy Harris 346-2510
kharris@dougallmedia.com

Advertising Policy: Ad adjustment for error is limited to the cost of that portion of the ad where the error occurred.
Member of: Canadian Community Newspaper Association & Ontario Community Newspaper Association. Thunder Bay Source is published every Thursday by T.Bay Post Inc. © Copyright No. 343384.

ONE YEAR SUBSCRIPTION BY MAIL:
Canada: \$95.00, U.S. \$170.00 (HST included)

Thunder Bay Source is a member of the National Newsmedia Council, which is an independent organization established to deal with acceptable journalistic practises and ethical behaviour.

If you have concerns about editorial content, please contact ldunick@dougallmedia.com. If you are not satisfied with the response and wish to file a formal complaint, visit the website mediacouncil.ca or, for additional information, call toll-free at 1-844-877-1163.



Liberals killed hydro

To the editor:

Provincial Liberals sabotaged Ontario hydro. Look at our own power generating station. We should have converted it to natural gas which is twice as cheap as the pellets from Norway.

These pellets also don't count towards emissions because they take into consideration the amount of oxygen a tree creates during its life span.

In reality these things could be even worse than coal when burning.

Then we are also getting our Hydro One sold right from underneath us. I find that no different than me selling my neighbour's car and keeping the money to pay off my gambling bills.

It should be all the taxpayers of Ontario that should start a huge class-action law suit because we own that. I'd rather see us with the money than the crooked Wynne government even if it was just \$5 apiece.

To top it all off we watch a greedy crooked bastard go from \$750,000 a year to \$4 million a year?

No wonder our hydro bills are the most expensive in North America.

We are paying ridiculous wages to greedy people and very bad mismanagement.

Darrell Brassard,
Thunder Bay
Via Facebook

Fixing Thunder Bay

To the editor:

I'm a Thunder Bay fan and always will be. It is one of the most beautiful settings for a city in Canada; from the calm shores of Lake Superior to the rolling mountains surrounding the city. It's what's in-between that needs the conversation.

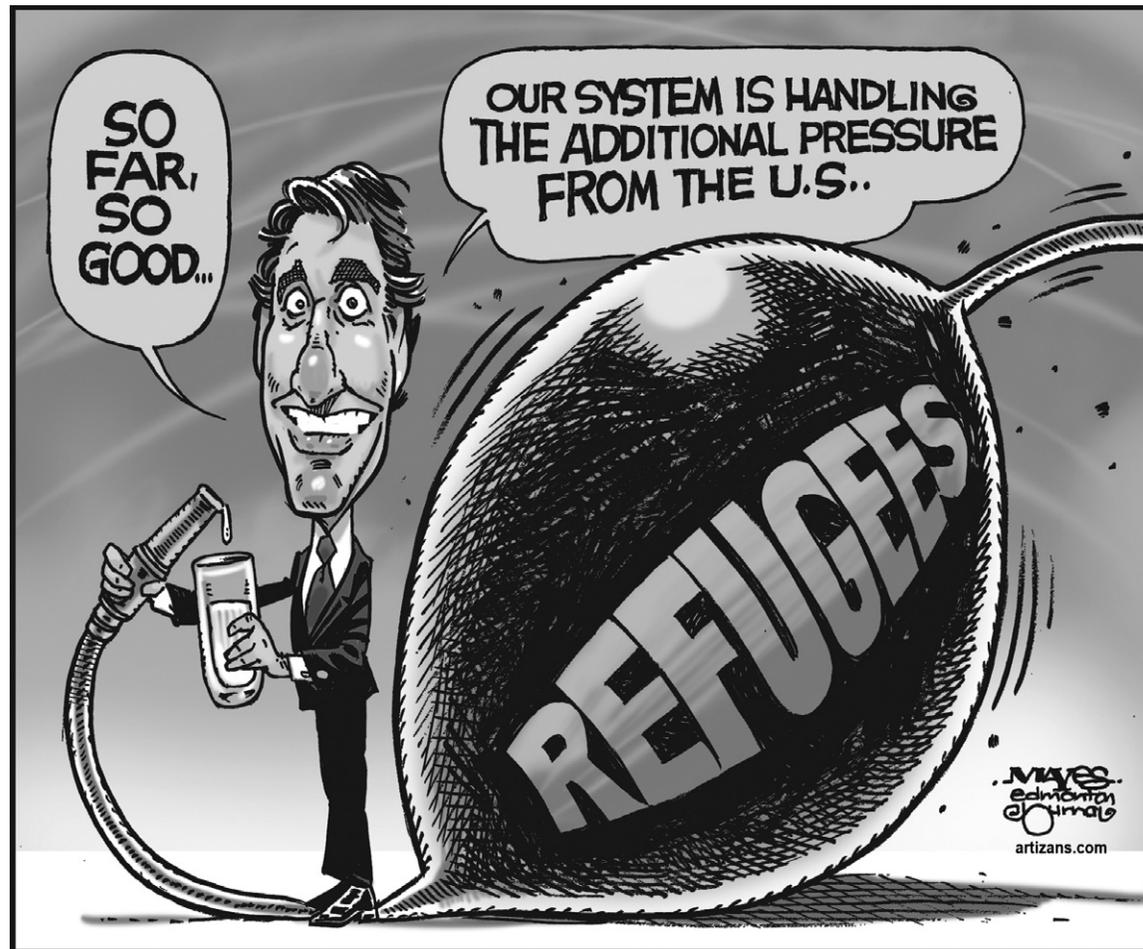
I was always the one in the middle, clouded with defending my city to the "haters" (aka a large percentage of locals).

Constantly highlighting the good and not acknowledging the bad. Attending news conferences on grand openings and funding announcements, while closing my eyes as I passed the rotting buildings and vacant urban land.

The number one issue with Thunder Bay is not the lack of civic pride, racism, substance abuse, etc. The number one issue facing Thunder Bay is the understanding that its population is not going to grow.

There's been a carrot dangling in front of decision-makers and citizens, which changes year after year of what's going to create or attract the population; from health innovation to geology research to immigration to education. Some of these have occurred, some have not. The truth is

LETTERS TO THE EDITOR



the data does not support any growth, but actual decline.

What does this mean? Is all lost for Thunder Bay? Absolutely not.

What do you do if you lose your job and you're on 50 per cent of your original income?

You spend 50 per cent less. The average cost per taxpayer for city services for someone who lives downtown in a city is \$1,416. The average cost per taxpayer for city services for someone who lives rurally is \$3,462.

By urbanizing Thunder Bay, it can effectively cut city service costs by 50 per cent for those residents.

What does urbanizing include? Defining the services that your citizens receive, where those services operate and limiting sprawl of those services and development.

Thunder Bay needs to be a lot smaller. The first step in becoming a small city is understanding you're a small city. Say it out loud everyone, "Thunder Bay is a small city, and it's OK." It hurts, I know.

The population density is too low causing the cost of service to skyrocket.

Neebing Ward: A tax revenue versus the cost of service study needs to occur to understand the cost of this ward. If the cost per taxpayer for services exceeds what taxpayers are willing to pay, Neebing Ward needs to

become a township or merge with Oliver-Paipoonge.

Chippewa Park: You don't need a study to understand that this park operates at a loss. Building refurbishments and maintenance costs alone does not justify the quality-of-life impact on local residents. Here is a great opportunity to approach Fort William First Nation and discuss handing the land back to the original owners.

Fort William First Nation: Any community that uses services from another community, pays for those services.

This is such a touchy topic due to the fear of sounding prejudiced, but all Thunder Bay services used, need to be paid for; ambulance, fire, transit, etc. I challenge you to find another community that leaves its city limits to provide free service to neighbouring communities.

Council: There's a document in Thunder Bay called the Official Plan. It's a document updated frequently based on data and research to provide a land use plan for city development.

This document is constantly being vetoed by council to approve development projects outside areas where they should be.

Council needs to wrap its head around the fact that development doesn't always mean increased tax revenue. As discussed earlier, the cost of service for

these rural (outside the planned development zones) residents are dramatically higher.

Administration: A review of services offered by the Corporation of the City of Thunder Bay needs to occur. It hurts me to say this as a vocal socialist, but there are certain services better left to private industry that Thunder Bay is currently offering. This review is not only for the services offered, but for where they are offered as well.

The intensification of services will assist in the intensification of citizen dwellings/commercial activity.

Not to compare Thunder Bay to Detroit, but they are learning a real lesson right now about sprawl and cost of service.

Not having the funds to continue service to the suburbs that sprawled during the time of 'wild-west-planning' and cheap cars and fuel, the city now offers incentives for citizens to move to the urban area.

Once intensification occurs in Thunder Bay, city budgets can be then focused on quality services to serve its citizens and affordably address the plethora of other issues facing the community.

There's real opportunity to disrupt the constant; the uncomfortable conversation just needs to start.

Jonathan Hendel,
Waterloo, Ont.

Perspective

Laughter is human

The ability to laugh emerges at two or three months

OPINION

By J.R. Shermack
Special to TB Source

Sometimes I feel like I could really use a few good laughs – how about you?

During a recent Googlequest I noticed a large number of on-line videos devoted to laughing babies.

My curiosity got the better of me and I clicked into a parade of chuckling, chortling, babbling babies and toddlers.

Some were laughing uncontrollably and it wasn't long before I was too – the sight and sound of childish laughter is irresistibly uplifting.

I continued my search and soon discovered a CTV documentary, *Laughology*, which questions why babies are laughing and why we laugh along with them.

This film is narrated by a man who lost the ability to laugh and follows him on his quest to retrieve the humor.

The story describes how he fell off the laugh track, how he climbed back on and what he discovered about human laughter along the way.

Parents are always amazed and amused when they first hear their infants laughing – most babies begin to laugh cheerfully between two and three months of age.

Long before they learn to speak, they can communicate with smiles and laughter.

But it isn't something they learn from their parents or something they imitate after seeing and hearing other

people laugh.

Blind children also begin laughing at two or three months – so do children who can neither see nor hear.

This shows us that human laughter is a very primal response, one that can be traced back millions of years to prehistoric times.

The earliest humans needed to communicate in order to survive and laughter, as opposed to aggression, was a useful social lubricant.

It created harmony and promoted the teamwork and co-operation needed to cope with a very challenging environment.

Laughing is an involuntary, instinctive response triggered deep within our subconscious minds.

That's why it is so hard to suppress a sudden laugh, even when you know it will be inappropriate or embarrassing.

It's out of our control, we can't choose when to laugh.

Nothing is more painful to witness than the squeals, squeaks, gasps and snorts of someone trying to hold in a good belly laugh.

By the same token, you can't summon laughter on demand – the result will always be insincere, awkward and nobody else will be laughing.

However, when we do laugh authentically and enthusiastically our minds and bodies react in interesting ways.

Having a good laugh boosts the

immune system and triggers the release of neuropeptides which combat stress and disease.

Laughter releases a surge of dopamine, the “feel good” hormone, which reduces tension and triggers other positive responses.

Intense laughter involves both body and mind in what can be an intense physical engagement.

We are all familiar with expressions such as rolling in the aisle or busting a gut from laughing so hard.

When we are convulsed or doubled over with laughter our internal organs are stimulated.

The physical demands of laughter require us to inhale more oxygen, giving heart and lungs a boost and a workout.

Just as important are the social benefits of a few good laughs.

Modern humans depend on laughter as a social lubricant to promote a sense of community, just like our early ancestors.

It is an effective tool for making and maintaining important social bonds because laughter is infectious.

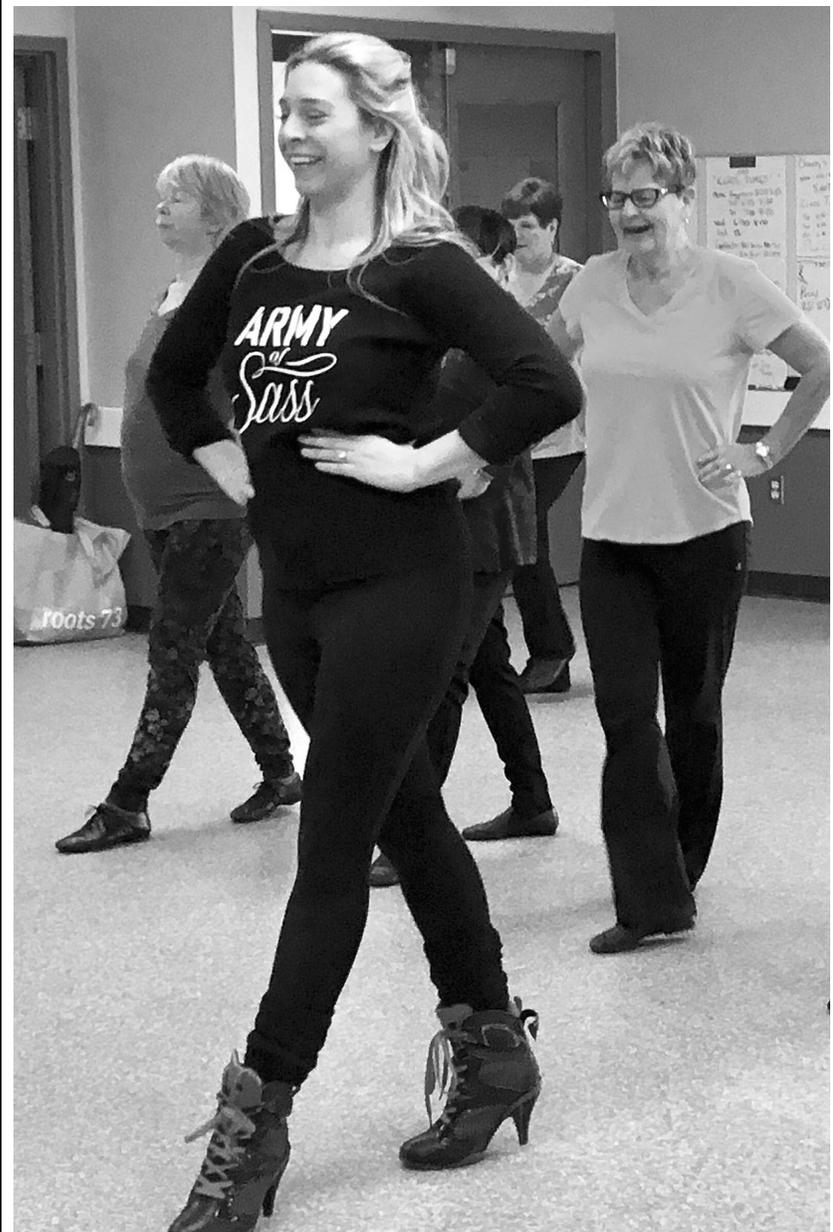
It spreads like wildfire and once started it is very difficult to extinguish.

Laughing is very good for you on many different levels and if you don't believe me, check out the laughing babies and try not to laugh with them.

Right now, everybody could use a few good laughs, am I right?

Modern humans depend on laughter as a social lubricant...

ALL SASS



NEW OFFERING: Army of Sass' latest production, *Snow White*, will be staged on Monday, March 6 at the Thunder Bay Community Auditorium.

AMANDA BAY

This week in history:

Winston Hall

Winston Hall on Montreal Street was built for female aircraft workers at Can Car during the Second World War. The hall operated much like a school residence with festivities to keep up morale. It even contained a dance hall, a bowling alley and a grocery store. After Winston Hall closed in 1995, squatters took it over and fire consumed what remained of the building in 1998.



THUNDER BAY
MUSEUM

HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

Address them to:
Thunder Bay Source
87 North Hill Street,
Thunder Bay, ON P7A 5V6
Fax: 345-9923

Email: ldunick@dougallmedia.com

Visit our website: www.tbnewswatch.com

THIS WEEK'S POLL QUESTION:

your VOICE

Do you believe intelligent life exists elsewhere in the universe?

VOICE YOUR OPINION ABOUT THINGS THAT MATTER MOST.

Visit www.tbnewswatch.com TO SHARE YOUR IDEAS AND VIEWS ABOUT OUR WEEKLY POLL QUESTION.

TOTAL VOTES: 484

YES
78.93%

NO
21.07%

LOCAL NEWS

Rafferty likes look of leadership race

Charlie Angus, Guy Caron have joined the hunt for top NDP job

POLITICS
By Lelth Dunick - TB Source

Former NDP MP John Rafferty says he'd be fine with any of the three announced candidates in the party's federal leadership race.

The battle grew by two on Monday, with Timmins-James Bay MP Charlie

Angus and Quebec MP Guy Caron (Rimouski-Neigette-Témiscouata-Les Basques) throwing their names into the ring, joining B.C.'s Peter Julian (Burnaby-New Westminster) in the mix.

Rafferty said all three candidates have areas of expertise and would make good leaders going up against the Liberal government of Prime Minister Justin Trudeau.

"I think the next leader of the party

has to make a straight line toward the goals that Canadians want," Rafferty said, taking a poke at Trudeau by calling him the pipeline prime minister.

He wants a leader who is willing to properly address climate change in an effective way and also deal with income disparity and the growth and advancement of the middle class.

"And I think the third key is to ensure the promises

made are promises kept toward

Indigenous people in Canada."

The former Thunder Bay-Rainy River MP, who served from 2008 to 2015, said there's a lot to like about all three announced candidates, starting with Caron.

"He has very economically sound judgment when it comes to finances," Rafferty said.

Angus, the NDP critic of Indigenous and Northern Affairs, is as knowledgeable as it gets on the needs of Canada's Aboriginal people, Rafferty said.

"As far as Indigenous people and their issues, I don't think there is a

better candidate," Rafferty said, adding it would also be nice to see a Northern Ontarian at the helm of the party, currently led by Thomas Mulcair, who was ousted last year during the party's annual convention.

Julian would have the best handle on the proper approach to climate change. "All three of them bring particular skills to the job," Rafferty said.

The 63-year-old former politician has not publicly stated who he plans to support.

"Not at the moment," he said, adding he knows all three very well.



JOHN RAFFERTY

ADVERTISING FEATURE

When you want the best view of what's on the market, turn to the realtor with the most comprehensive collection of local real estate listings. Contact one of our knowledgeable agents today and find out which properties are right for you.

Click With the Right Agent

Successful home purchases and renovations start with a budget

Spring is the time for house sales and renovation projects. Besides deciding what neighbourhood is best for your family or what tile pattern matches the kitchen, there are lots of costs to consider and often many unexpected expenses.

Creating and sticking to a budget is key to keeping your finances on the right track. A budget will show you where your money is going and whether you have enough to cover your expenses. It will also help you allocate funds for unexpected expenses.

The Financial Consumer Agency of Canada has a tool to help. Their Budget Calculator is a free tool designed to give you a snapshot of where your money is going based on how much you spend in a



selected time period.

"A budget is the best way to deal with the number one stressor: money," says Jane Rooney, Canada's Financial Literacy Leader. "A budget is like a GPS and shows you the best way to get to where you are going."

A budget is key, no matter how you spend your money. But if you don't have a budget yet, you're not alone. Only 46 per cent of Canadians have a budget. Of those who do have one, 93 per cent stay within it most of the time and are in control of their finances.

Find more tips and information online at tpaystoknow.gc.ca.

www.newscanada.com

CHURCH DIRECTORY

PRESBYTERIAN	UNITED
Lakeview Presbyterian Church 278 Camelot Street The Rev. Harold Hunt, Minister Sunday Worship at 10:00 a.m. Sunday School & Nursery Provided Phone: 345-8823	Current River United Church 333 Morse Street Sunday Worship at 10:30 am We Celebrate Community All welcome!
VINEYARD	Knox Shuniah United Church 1 Shuniah Street • 345-5065 knoxshun@tbaytel.net http://knoxshuniahunited.webs.com Sunday Worship: March 5th @ 10:30 a.m. followed by Hospitality. Minister: Rev. Marlene Britton-Walfall Director of Music: Betty E. White Sunday School lovingly provided.
LIGHTHOUSE OF HOPE 257 Park Ave. Pastors Tony & Uschi Sunday Service 10:30am 767-1705	<p align="center">Call 346-2600 To Advertise In The Church Directory</p>

KITCHEN & BATH CABINETRY - DESIGN & REMODELING

Cottages, Camps, Homes we do it all.
Book your Complimentary In Home Consultation Today!

807.252.5539 • 807.622.0300
www.arcuointeriors.com
info@arcuointeriors.com

tbnewswatch.com

Real Estate Listings

Looking for a new home?

- Browse the top listings from the top real estate agents in Thunder Bay. With the click of a button - literally - link directly to those agents and their websites to see even more listings
- Check out what homes are scheduled for open houses at a glance with the Open House ticker.
- Browse listings at work, home or on the run; Real Estate Listings support desktop, tablet and mobile phone viewing.

Visit us online!
tbnewswatch.com/realestate

THUNDER BAY'S

Rock 94

RUSH

TUNE TO 94.3

Kaile & Dee

WEEKDAY MORNINGS

TB Life

people | health | home | food | leisure



LEITH DUNICK

READY TO FUNDRAISE: William Roberts plays at Intercity Shipping Centre to kick off the Walk for Alzheimer's campaign launch.

Walk for Alzheimer's returning on May 27

THUNDER BAY
By Leith Dunick - TB Source

Taking last year's Walk for Alzheimer's outdoors proved to be such a big success organizers decided to do it again in 2017.

Randy Moore, president of the Alzheimer's Society of Thunder Bay, on Thursday said their first venture to Prince Arthur's Landing brought in a record \$60,000, so this time around they're shooting for \$70,000.

"It's basically the biggest fundraiser we have every year," Moore said. "The walk brings together families and individuals who have been affected by dementia

and Alzheimer's, and people who are just supportive of the organization.

"We raise funds and do a walk around the waterfront."

The money is a key component to the local chapter's ability to provide services to clients in the city, where there are about 2,300 people living with dementia or Alzheimer's disease.

"Them, and their care partners, both need a lot of support and we help provide a lot of knowledge and a lot of the information that helps them along that path," Moore said.

"This fundraiser is imperative. We couldn't function without it. This walk alone raises almost 10 per cent

of our annual budget and every dollar that's raised stays in Thunder Bay. The funds are used to provide counseling, group support, public education - any one of the numerous programs we offer at the Alzheimer's Society of Thunder Bay."

The walk is scheduled to take place on May 27 at Prince Arthur's Landing.

Moore said they launched the fundraising component three months in advance to give participants an opportunity to collect pledges.

For more information, visit www.walkforalzheimers.ca or phone 345-9556.

Friday Golf \$99 Membership

That's right, golf every Friday this season for only \$99 plus tax. Hurry, this special ends March 5th. Purchase your Friday Membership at Dragon's Den Sports Bar located in the Landmark Inn.



Dragon Hills
GOLF COURSE & DRIVING RANGE



975 Onion Lake Road. 768-8633 or 626-4490
www.dragonhillgolfcourse.com



MONTREAL CANADIENS ALUMNI TOUR

Presented by



March 15th 2017 • 7:00 pm
Fort William First Nation Arena

\$25.00 General Admission
\$75.00 VIP Admission

- Tickets available at:
- THP Gas Bar
 - FWFN Arena
 - Buzzy Jerzee City
 - K&A Variety
 - Mountain Bingo



DON'T MISS THE MONTREAL CANADIENS ALUMNI GAME IN YOUR AREA!

Here are the players that could be part of the lineup*:

Guy Carbonneau, Steve Shutt, Patrice Brisebois, Shayne Corson, Chris Nilan, Dave Morissette, Steve Bégin, Sergio Momesso, Mathieu Darche, Gilbert Delorme, Jocelyn Lemieux, Richard Sévigny, Sébastien Bordeleau, Pierre Dagenais, Jesse Bélanger, Normand Dupont, Stéphane Richer, Yvon Lambert, Donald Audette, Yves Racine, Steve Penney, Enrico Ciccone, John Chabot, Mathieu Dandenault, Karl Dykhuis, Alain Côté, Gilles Thibault, Rick Green, Guillaume Latendresse, Guy Lafleur.

*9 PLAYERS WILL TAKE PART IN THE GAME.

CANADIENS.COM/CANADIENSALUMNI

TB Life

Limb risking

Sheer ice. No grip. How the heck was I to get the water hose to the horse water tub? That was the puzzler with which I had to deal Saturday.

The Big Melt had reduced significantly snow banks and created a fast-flowing river in front of the paddock. "Great," I thought, "soon we will have solid, bare ground upon which to walk." It wasn't to be.

Mid-way during the wonderful warm and melting ice and snow, the temperature dropped.

Not to worry, I thought, as the next morning I tentatively stepped on the newly-formed ice. My boot went through, breaking the surface, and melt water slowly swirled around it. What I didn't consider was that the temperature was to drop even further the next night and with it would come a stiff wind.

The following morning I sat in my comfy chair in our living room, fire crackling in the fireplace, mug of coffee firmly gripped in my paw, cat nestled in my lap as I attempted to read my latest book.

Outside, still dark. I had an hour before I had to awaken wife and children and get them off to school and work.

My attention was drawn to the sound of a dull roar that came and went. I could feel the house being gripped by a strong wind. "Well," I thought, "so nice to be in a warm and cozy 'hoosie'" as I snuggled a bit further into the chair, the cat complaining about the movement and being ever-so-slightly disturbed.

What had occurred outside came to light after family had departed for their respective appointments (school, college, work) and I opened the door to head across the yard with pooches to bring in equines and give them their morning grain.

The blast of wind rapidly sought any opening in my apparel. I actually had to encourage Baxter, the short-haired one, to come outside. We trooped across the yard to the barn and instead of hanging about outside, the dogs eagerly barged past me when I opened the entrance door.

Feed in stalls, I made the perilous journey to the gate to the Winter Paddock where the horses had spent the night chowing down on the round, hay bale.

The wind was quite ferocious, whipping around the corner of the barn. The approach to the paddock gate is a down-hill slope, not steep but when I stepped on it I almost went skating. Sheer ice. What had been but a thin crust the previous day had solidified such that my weight and, as I learned a few minutes later, that of the horses, didn't break through.

So walking wasn't just tricky, it was hazardous. I slipped a couple of times but managed to remain upright. What worried me was the horses and how they would manage to negotiate this rink in their attempt to get to the barn.

The horses were all waiting at the gate for me to let them loose. The horses quickly assessed the "sit-chee-ay-shun" (as my father used to say) and, instead of making a straight line for the barn, headed for a patch of snow that was to the side. In single file they formed a new path that permitted them to cross the stretch between the gate and the top of the rise avoiding the ice. Phew! No broken limbs.

All fine and dandy for them; what about me who had to get a water hose to their tub? The problem is that I don't have any loose sand or gravel that I could spread on icy surfaces.

While the horses were inside out of the wind and eating their grain, I hauled out the hose reel and unwound the hose, walking it to the tub. There is only a ten-foot expanse where I had to risk limbs, tentatively placing each foot until I could step on rock-hard snow (thanks to the howling wind) and proceed to the water tub. Then I had to retrace my steps to turn on the water and again, head back to the tub to make sure water was, in fact, flowing into the tub, then, satisfied, head back to free the horses from their stalls. Somehow, I managed not to fall.

The horses drifted out of the barn and found alternate routes through snow that permitted good footing until they made it through the gate and then up to the round hay bale.

So now I just have to wait for Jack Frost et Co. to depart and allow the warmer temperatures to finish what they began lo' those several weeks ago. At my age, I'm not a keen limb-risker.



FRED JONES

RURAL ROOTS

Want to Buy or Sell?

CLICK ON US.

The **tbSOURCE** Classifieds are online, so it's easier than ever to sell those unwanted items.

www.tbnewswatch.com

You're invited!

Copperfin members are invited to meet your Board

Of Directors, appoint the auditor, and discuss our

finances and future at our Annual General Meeting

on April 20 at 7 pm at Nook (271 Bay St).

Audited financial statements and reports from the Audit & Operational Risk Committee and external auditor will be put before the members at our AGM and available in branch and online on March 31.

Learn more at
copperfin.ca/agm



IN THE bay

arts | entertainment | culture

Thunder Bay
source
 Your Community Newspaper
ON-LINE
www.tbnewswatch.com

Get the Full Monty experience

Cambrian Players to present the full musical version of The Full Monty

THEATRE

By Linda Maehans - TB Source

Chances are, if you visit a favourite great-aunt for afternoon tea and mention “full monty” she will know what you’re talking about. This eyebrow-raising, blush-causing Brit-expression is actually quite accurate. It means “everything which is necessary, appropriate, or possible.” Put bluntly, it means “the works”. Gee, that could apply to lots of things in life, wouldn’t you agree?

When Cambrian Players present *The Full Monty* to Thunder Bay audiences next week, they’ll be goin’ all the way with the American Broadway musical version.

It’s hard to read the expression in Pam Lukowski’s lovely blue eyes. I’ve just asked about her 12-year old son Nathan, and now her husband, her ex, has just invisibly slipped into our conversation. Actor Mari Lukkarainen’s body tenses. “I’d like us to be friends, but that’s up to him. I really need some child support.” She hesitates. “I’m in another relationship these days, with a very, very nice man. But Jerry still has to keep his end of the bargain.

My social life?” Pam smiles. “Well, the girls and I love to go to Tony Giardino’s club. Recently the Chippendales were there! Before, the only thing I got to see on a night out



THE WORKS: Mari Lukkarainen and Neil Paterson on the set of *The Full Monty*.

were the Buffalo Bills. That’s a basketball team.” She’s back to a frown.

Now it’s my turn to hesitate, as I try imagining a Chippendale show. “Oh it’s so much fun,” gushes Pam. “Just watchin’ that guy, up there dancing, and we got to put money into his pants! It was quite the show!” I notice Pam is

smiling again.

Jerry Lukowski is a responsible hard-working guy. One look into serious eyes, tawny with flecks of light, and immediately I also think to myself this guy is adventurous. Actor Neil Paterson makes his Cambrian debut as Jerry the ex-steel worker, unemployed for 6

months now. He’s also an ex-husband. Quietly he states “I’m broke.” That can’t feel good. “But I’ve got some ideas, so the boys and I have a few decisions to make.” He grins, leans back in a stackable wood-metal chair and tells me when it comes right down to it he’s no shy nervous-nelly type. “And I’m pretty good at recruiting others to follow my lead.” I notice again that tawny light in Jerry’s eyes.

Wearing her first director’s hat with Cambrian this time is Candy Badanai.

She notes Cambrian’s production is about much more than what its title conjures in most people’s minds. “There’s actually a very good story here. To do with body image, yes, but it’s also a great musical. We’re having lots of fun pulling this show together for our audience.”

As said, the storyline does contain some human and very current themes: unemployment; blue-collar roles; depression; parents’ rights; homosexuality; impotence; suicide. Yet such serious topics are balanced off nicely by anticipation and the expectation of, well, you-know-what. Candy smiles. “In the end, this is *The Full Monty*. Through life’s up’s and down’s for sure, but in the end we’re takin’ you all the way!”

At the Finlandia: show runs from March 1-4, and again from March 8-11. 8 p.m. Tickets at Fireweed, Steepers, and at the door.

HOCKEY PAIN

DRUG FREE, SURGERY FREE!

Dr. Alan Cranton is excited to offer the latest advance in safe, comfortable and highly effective pain relief and tissue repair. **LASER TREATMENTS** are safe, effective and painless and decrease the healing time by 30%.



No Referrals Necessary
 Complimentary Consultations.

Cranton Wellness Centre
 Call 343-7932 for a FREE consultation
www.crantonwellness.com

tbnewswatch.com

Real Estate Listings

Looking for a new home?

- Browse the top listings from the top real estate agents in Thunder Bay. With the click of a button – literally – link directly to those agents and their websites to see even more listings

- Check out what homes are scheduled for open houses at a glance with the Open House ticker.

- Browse listings at work, home or on the run; Real Estate Listings support desktop, tablet and mobile phone viewing.



Visit us online!
tbnewswatch.com/realestate

Shop • Indulge • Learn • Find Deals • Sample Treats
 and so much more at the ...

2017
 Women's
EXPO



Saturday, March 4th
 CLE Coliseum Building
 8:30am - 3:00pm
tbbwn.com/expo

2017 Workshops

11:00am 7 Steps to Release Chronic Pain and Rediscover Your Radiance (Dr. Steve Fonso)
 12noon Your Most Beautiful Self (Dr. Carla Santin)
 1:00pm 20 Minute Cooking Class (Erin Kahkonen)

Admission \$2 or FREE with this coupon!

IN THE bay

Magnus presents Of Human Bondage

THEATRE

By Linda Maehans - TB Source

It seems a timeless tale. When W. Somerset Maugham (1874-1965) penned his classic tragedy about human need for love and beauty, for creative passion, and the resulting damage when passion becomes obsession, he knew a thing or two about the society into which he was born. What could Maugham or anyone else have done to alter Victorian times?

Of Human Bondage, adapted for the stage by contemporary playwright Vern Thiessen, is resurrected in perfect style and scope and nuance at Magnus Theatre next week.

The Source met with three actors who effortlessly transported me back over a century to England and a time when pomp and fuss, ambition and class, ideals, and the escape from poverty outweighed most anything people were

struggling to achieve.

Raven-haired Gabriella Colavecchio is a natural beauty. No wonder her character Mildred attracts her share of attention in the busy London tea-house where she works. When asked about her dreams in life, it is clear Mildred has made up her mind. "If I had my way, I'd marry this German businessman I've met. He's doing very well for himself; earns seven pounds a week."

There are stars in her eyes.

"We'd live in Birmingham, maybe even Germany. He'd take me to lavish parties; I'd have beautiful gowns, and pearls. And I'd go dancing every night. How I'd love to go dancing every night!

Phillip? Oh, I suppose he's nice enough. He's reliable. A bit boring, but reliable." She doesn't have much more to say about Phillip.

Ken James Stewart's gaze is unwaveringly sincere. As Phillip, he seems rather shy; there's a slight hesitation in his



A TIMELESS TALE: Ken James Stewart as Phillip Carey and Gabriella Colavecchio as Mildred Rogers rehearse for the upcoming Magnus production *Of Human Bondage*.

every word. He seems a man of dashed hopes. "Well, yes, being a painter was my dream. I went to Paris, studied, and painted. But," he looks straight at me and I can see the anguish in his eyes, "I realized I was nothing but mediocre. Being a man who cannot live with medi-

ocrity, I did the smart thing, returned to London and now am studying medicine.

"Mildred?" Phillip is reluctant to reveal his true heart to me. "She's, well, she's unlike anyone I've ever met. She's not what one would call classically beautiful. And, she isn't kind. But she is..." Phillip

sighs and stops. "I'm sorry, I cannot speak adequately about her." He's flushed. And now he can't seem to meet my gaze.

Phillip's friend, Cronshaw, is also an artist; but actor Kevin Hare couldn't be more unlike his reticent associate. His boisterous self-confidence and swaggering manner takes a bit of getting used to. "How is life for me?" He leans closer. "Well, I've three different sexually transmitted diseases; I prefer to get my daily caloric intake from alcohol rather than food; and sometimes I don't have a place to live."

Now Cronshaw looks straight at me.

"But I'm very, very happy." I can see he's serious. "Phillip? He is lovely. A shining light. I have great hope for him; I wish him ever and only the best." Again I see he is absolutely serious, and sincere.

Of Human Bondage opens at Magnus on Monday, March 6. Don't miss this remarkable production.

Board of Directors

Thunder Bay Regional Health Sciences Centre

The Board invites interested Northwestern Ontario residents to consider serving as members of the Thunder Bay Regional Health Sciences Centre Board of Directors or its Board Committees. Successful candidates are expected to participate actively in governance activities for a three year term.

As a skilled based Board, we are seeking to fill vacancies with interested volunteers:

- who are committed to advocate for strong regional specialized academic acute care;
- who believe in the importance of teamwork and commitment;
- whose values and behaviour are consistent with those of the Hospital;
- who have a strong track record of community leadership;
- who will commit the time necessary to be a productive Board or Board Committee member, and
- who have strategic and visionary skills.

Interested Candidates should forward a resume and a letter of interest by Friday, March 10th, 2017 to:



Thunder Bay Regional
Health Sciences
Centre

www.tbrhsc.net

Chair, Nominating Committee
c/o President's Office
Thunder Bay Regional
Health Sciences Centre
980 Oliver Road,
Thunder Bay, ON P7B 6V4

healthy together En santé ensemble



THINK RECYCLE

MARCH MADNESS!!

**YORK
ALUMINUM
DOORS
20% OFF**
Supplied and
installed ONLY

SRS
Windows & Doors
1921 Bailey Avenue
807-627-0055

**CLOPAY
GARAGE DOORS
20% OFF**
Supplied and
installed ONLY

**ORDER YOUR DUAL PANE WINDOWS
BY MARCH 31, 2017 and upgrade
to TRIPLE PANE for FREE!**

(Lifetime Warranty on VWD Products only.)

**ALL IN-STOCK CLEARANCE ITEMS
UP TO 75% OFF**



Offer applies to installed products only and cannot be combined with any other offers or promotions. 50% deposit required at time of order. Some restrictions apply.

IN THE **bay**



WIKIPEDIA.ORG

EDUCATION OR GLORIFICATION?: The shooting in an Orlando nightclub sparked vigils across the United States.

Reliving the real horror in Orlando



Consequently, we have clearer – and yet more unclear – information about the events in our world. They’re blurry, full of panic and horror, offering more shock and awe than actual facts. But they get ratings.

And true crime partial re-enactments have been a popular television tool for decades. So is it any surprise that these producers went one step further with added blood and special effects? After all, realism is necessary to get the complete picture.

The question is: Do we need this picture?

Shortly after a woman was killed on Highway 61 this past January, dashcam footage of the three-car accident was aired during the TBT News Hour. Was this appropriate? Or necessary?

With the growing concern over the safety of that stretch of road, there was a strong argument that the video would have educational value to the public. The images were slightly blurry and at a distance so no one’s privacy was invaded. No one’s personal loss exploited. However, it did clarify what happened better than the post-accident photos.

Can Univision say the same? Given the preponderance of violence in entertainment, most adults can imagine what it was like with a gunman shooting inside the crowded Pulse nightclub.

And what is the educational value? Is this a how-to video for the next generation of crazed killers?

Every day, television news must decide what kind of visuals to add to their stories. It can be a fine line between information and intrusion. Education and glorification.

Real news focuses on the former. Fake news takes advantage of the latter.

Obviously, the survivors and the victims’ families didn’t have to watch Blood Bath’s violent re-enactment. Most probably didn’t. But now it’s out there. And it should have been enough for everyone the first time.

Do you have an opinion to share?
E-mail the editor at ldunick@dougallmedia.com

Magnus THEATRE
The Professional Theatre of Northwestern Ontario

OF HUMAN BONDAGE

WRITTEN BY VERN THIESSEN
BASED ON THE NOVEL BY
W. SOMERSET MAUGHAM

FEATURING: SIOBHÁN BOLTON, GABRIELLA COLAVECCHIO, KEVIN HARE, KATE MADDEN, IAIN STEWART, KEN JAMES STEWART, PAUL VAN DYCK, JOSH WILES
DIRECTOR: THOM CURRIE SET DESIGNER: NANCY ANNE PERRIN, LIGHTING DESIGNER: REBECCA MILLER, COSTUME DESIGNER: MERVY AGOMBAR, STAGE MANAGER: GILLIAN JONES

March 6 - 18, 2017 For tickets, call 807-345-5552 or visit magnus.on.ca

Season Sponsors:

healthy change
Chronic Conditions Self-Management

Do you or a family member have a chronic condition like diabetes, pain, stroke, cancer, fibromyalgia or any other long-term health condition?

Register today for our FREE Workshops!

Learn lifestyle coping strategies to help you lead a healthy life.

For more information or to register
Visit us today at www.healthychange.ca
Or call 1-800-626-5406
for details about a workshop near you.

North West

BREAK FREE FROM DEBT TODAY
We listen, we care and we can help.



Joe Zanni, BA, CPA, CA, CIRP
Licensed insolvency trustee



1095 Barton Street
807-625-4444



OPEN YEAR ROUND

Parts & Accessories Available

Specializing in Rubber Roof & Filon Lamination, Floor & Wall Rebuilds
• Complete Undercarriage Work • Repairs to RV Furnaces, Fridges, HWH & Convertors. • TSSA Licensed for LP Servicing.

Quality, Personal, Affordable
RV Service You Can Trust!

Factory Trained, Fully Licensed,
Master Certified, Serving
Northwestern Ontario over 38 years

983-3449

3075 Alice Ave.
off Government Rd.

Good Reasons to Recycle

Recycling saves energy **Recycling uses less space in landfills** Recycling saves trees **Recycling helps climate change** Recycling reduces pollution **Recycling saves money** Recycling creates jobs.

PAPER METAL PLASTIC E-WASTE GLASS ORGANIC



CROSSWORD PUZZLE

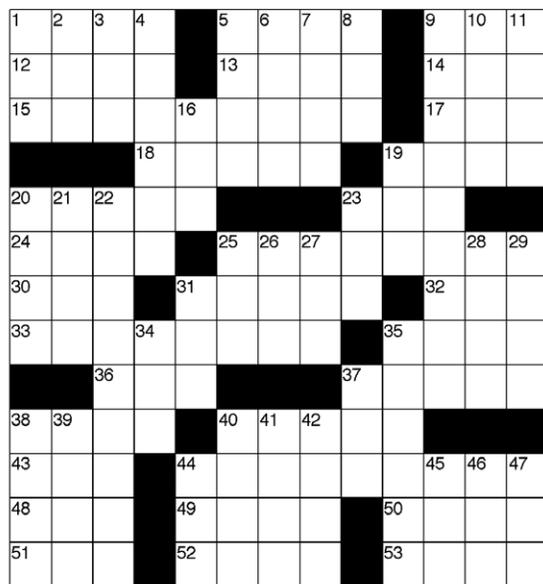
ACROSS

- 1 Poor-quality goods
- 5 Wild party
- 9 Besides
- 12 Leather (Fr.)
- 13 But
- 14 You (Ger.)
- 15 Ventral
- 17 Recombinant letters
- 18 Rice in the husk
- 19 Celt
- 20 Seaweed
- 23 Mulberry of India
- 24 Elbe tributary
- 25 Dire
- 30 Indian dance drama
- 31 Lisbon's river
- 32 Cereal grain or grass
- 33 Noose
- 35 Bond movie (2 words)
- 36 Pair
- 37 Song of praise
- 38 Range
- 40 Scup
- 43 Dive
- 44 Presa (2 words)
- 48 Aid to Dependent Children (abbr.)
- 49 Army of the Republic of Vietnam (abbr.)
- 50 Woden
- 51 One of the Three Stooges
- 52 Gr. wine container
- 53 Haw. goose

DOWN

- 1 Circuit Court of Appeals (abbr.)
- 2 Chafe
- 3 Assistance
- 4 Due
- 5 Moil
- 6 Tolstoy heroine
- 7 Murder
- 8 Wood (pref.)
- 9 Eagre (2 words)
- 10 Without (Ger.)
- 11 Spoken
- 16 Son of, in Gaelic names
- 19 Lively (Fr.)
- 20 Towards (Fr.)
- 21 Bedouin headband cord
- 22 House
- 23 Art (Lat.)
- 25 Buff
- 26 Self
- 27 Groove
- 28 Wool (Lat.)
- 29 Jacket
- 31 Technical knockout (abbr.)
- 34 Hemp shrub
- 35 Fruit
- 37 Lumberman's boot
- 38 "Cantique de Noel" composer
- 39 Change the decor
- 40 Knot in wood
- 41 Answer requested (abbr.)
- 42 One (Ger.)
- 44 Chin. chairman
- 45 Cyprinoid fish
- 46 Card game
- 47 Compass direction

ANSWER TO PREVIOUS PUZZLE



©2017 Satori Publishing

A181

WORD SEARCH

F U D Y K G Q Z M Y S T I F Y
E X T E N D P G C Y N D U T O
W X M C T X R N O L O C U N E
D S N O S I O P K L I S Q E L
R O L N T S S P E U S T M T O
A I W G K L P V S F I R H R O
E E C R S H E U N S V O D E P
H K O E Y E C Y R S E H E V L
O C N S S A T A S E R S T D R
U U I S R O Z I I C E L N A I
R C D W B E T D N C E E A N H
S E M O D L P E U U P W F I W
X E S M Z N U P R S E E N H Z
Y G R E N E A B U I R J I C O
W U A N Y K D S S S C L D V L

Anted	Dozed	Levees	Rices
Bulbs	Energy	Lithe	Runes
China	Esoteric	Motleys	Sandwich
Cokes	Extend	Mystify	Shorts
Colon	Heard	Physics	Sited
Congresswomen	Hours	Poisons	Successfully
Corks	Inadvertent	Prospect	Suspend
Crepe	Infant	Puree	Unites
Domes	Infers	Razed	Upper
Dowry	Jewels	Revisions	Whirlpool

ENIGMA™ ENIGMA cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "M" = "E"

"T'H UOIJMU OIIMPSI IA HA
FAPMIJTCE EUMOI OCH XOTN IJOC IA
OIIMPSI IA HA CAIJTCE OCH

FDRRMMH." — UAQMUI J. FRJDNNU
PREVIOUS SOLUTION: "Don't go around saying the world owes you a living; the world owes you nothing; it was here first." — Mark Twain

©2017 Satori Publishing

E181

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

				8		5		
			2		3			9
6	4	1		9				2
		4		5	2			
3								
			4					
4								
5		2	1		9	4	6	
	9			2				3 8

©2017 Satori Publishing

DIFFICULTY: ★☆☆☆☆

2017 SLEEPING GIANT LOPPET

THUNDER BAY • ONTARIO • CANADA

FRIENDS DON'T LET FRIENDS MISS THE 40TH YEAR OF SKIING THE GIANT MARCH 4 2017
SleepingGiantLoppet.ca

Ski the Giant

Presented By:

Don Lawrence (left) & Ron Loppet (right) have skied every year since the event first began in 1978.

Sports

local sports news | information | coverage

McCarville takes fourth at Scotties

Krista McCarville came up short in her bid for Scotties bronze.

The Thunder Bay skip on Sunday dropped a 7-4 decision to Team Canada's Chelsea Carey, a rink they'd beaten twice already during the round robin and in the 3-4 Page Playoff game.

McCarville surrendered a three-point end in the sixth to trail 4-2, followed by a steal of two by Carey to put the match away.

The Northern Ontario team was the silver medalist in 2016.



ANDREW KLAVER

MADE PLAYOFFS: Northern Ontario skip Kриста McCarville in action at the Scotties.



LEITH DUNICK

QUICK RUN: Sophie-Anne Robinson of Thunder Bay finished fourth in the women's slalom races last Friday at Loch Lomond.

Local skiers shine

SKIING
By Leith Dunick - TB Source

Aron Puskas has a big decision looming.

An up-and-coming star football player with the St. Ignatius Falcons, the Thunder Bay teen has also proven he knows his way around a ski hill, if his results at this week's Canadian Under-16 Alpine Ski Championships at Loch Lomond Ski Area are any indication.

Puskas finished third in Tuesday's super giant slalom competition and was one better in the slalom race, finishing in second.

"The first day, the Super G, was amazing. Finishing third was everything I could have hoped for," Puskas said.

"After the second day I was pretty upset after falling, but you know what, having another day like today where I came down in second, I feel amazing. It's really great."

A force on the gridiron who last fall helped the Falcons win a fifth straight junior title, Puskas said skiing has been a family passion for

as long as he can remember.

Choosing between the two isn't easy, but skiing has one thing football doesn't.

"I love speed. Speed is amazing. I love going quick," he said. "The feeling of arcing a ski, that feeling of shredding it is awesome."

The results this week have given the teenager confidence he might have a future in the sport.

"This is what I've been training day and night for. It's always been on my mind. Hopefully skiing can take me (to) a job, maybe racing with the Canadian ski team at some point. Hopefully on the World Cup circuit," Puskas said.

"That's what I'm going for." Puskas wasn't the only local skier who showed the skills needed to compete with the best athletes the country has to offer.

Sophie-Anne Robinson, a Grade 10 student at Ecole secondaire Catholique de la Verendrye, was fourth in Friday's women's slalom race, having finished 25th in the combined race and 29th in the Super G.

The 15-year-old thinks she could

have done better earlier in the week, but isn't dwelling on it much.

"The first two days weren't my best, but today I felt like this will be my best day," she said.

"I was hoping to get a top 10 finish in the giant slalom, but I fell yesterday. It was pretty rough. But the day before that the conditions were really soft and everyone had a really hard time in the slalom."

Event chair Dave Bradley said despite the weather challenges, the races have run smoothly all week.

"The opinion of most of the people across the country is that this crew that has run this race for the last four days has done an amazing job dealing with the conditions we've been presented with," he said, noting the warm weather and rain that descended on the city earlier in the competition.

Thunder Bay put itself on the alpine skiing map, he added.

"We're really showing the country just what potential our community has for hosting these type of events, and also training," Bradley said.

Go Snowmobiling Snowarama for Easter Seals Kids

A big thanks to all our Snowarama participants and supporters.



Thank you to our title and Grand Prizes sponsor, Grand Portage Lodge & Casino.

Over the past 14 years the Grand Portage Lodge and Casino Snowarama for Easter Seals Kids has raised over **\$400,000!**

Save the date for February 10, 2018 for the 15th Annual Grand Portage Lodge and Casino Snowarama for Easter Seals Kids!

GRAND PORTAGE

Easter Seals 95 1922-2017

LODGE • CASINO

For more information, call 345-7622 or visit snowarama.org.

Thank you to our sponsors:



Falcons sweep, claim provincial berth

BASKETBALL

By Leith Dunick - TB Source

The St. Ignatius Falcons barely broke a sweat on Saturday in winning a third straight NorWOSSA varsity boys basketball championship.

Jared Kreiner posted 23 points to lead the Falcons to an 81-33 triumph over the visiting Fort Frances Muskies, clinching a sweep in their best-of-three regional final. The win earns St. Ignatius a trip to the Ontario Federation of School Athletic Association's provincial championship starting March 6 in Sault Ste. Marie.

"It feels great, it's the second year in a row for me and the third year of the program," said Kreiner, whose father Jon coaches the Lakehead Thunderwolves women's team.

"We got off to a good start yesterday and got the W and we kept strolling through."

The outcome was never really in doubt, the Falcons jumping out to a 30-10 lead after the opening eight minutes and took a 50-20 advantage into the half.

They kept the pedal to the metal to open the third, a 15-2 run ensuring the Muskies would not pull off a miraculous second-half comeback to force a third and deciding game later in the day.

"It's great, just to get another win under our belts is amazing," said Jayme Koski, who hit double digits with 10 points, tied for second on the Falcons with centre Austin Burchat.

"It was just a good team win, with a lot of open shots with passing and breaking down the press. They just couldn't stop us."

It's just step two in a three-step process, Koski said, acknowledging the road to step three, a provincial championship, will be much tougher next week in Sault Ste. Marie.

He's hopeful Saturday's win will be

a springboard to success at provincials.

"We've just got to get better at the little things," the 6-foot-6 17-year-old Grade 12 student said.

"Boxing out, pushing up the floor – teams are going to be a lot faster down there."

St. Ignatius coach Matt Erdman said it gives his team another opportunity to make a name for itself at the provincial level.

"It's been our goal all year to get back to OFSAA and hopefully win a couple of games and see where that takes us," Erdman said.

"I think if we take care of the ball and limit our turnovers from that standpoint, and make some shots, I think there's a good opportunity for us to do something really well."

Aaron Bujold led the Muskies with nine points, while Andrew Hanson finished with seven.

The OFSAA championship begins on March 6.



LEITH DUNICK

BALL BATTLE: Falcons forward Carter Harris (right) is pushed by the Muskies Aaron Bujold.

I HAVE THE POWER TO BUILD FOR TOMORROW

Your donations provide for current and future **building** and **infrastructure** needs.

You have the power to make a positive difference.
What will you do with it?



Classified
www.tbnewswatch.com
Read us online:
www.tbnewswatch.com



ST. JOSEPH'S FOUNDATION
OF THUNDER BAY

Discover your Power at power.sjftb.net

Your donation to St. Joseph's Foundation helps to purchase equipment for the needs of clients of St. Joseph's Care Group.



ST. JOSEPH'S CARE GROUP

TBMFA
THUNDER BAY MINOR FOOTBALL ASSOCIATION



THUNDER BAY FOOTBALL

FOOTBALL FUNDAMENTALS

With an emphasis on safety and fun!!

2017 Skills & Drills Camp

Dryland training and football essentials
No equipment needed. Great for new players!!
Ages 7-10 & 11-13

April 3, 5, 9, 12, 19, 23 at L.U. Hanger

Registration \$100
March 7 from 5:30-7 pm
Chapples Clubhouse – 535 Chapples Park Drive

Register March 7 for football fundamentals, summer football and fall season and receive a \$25 discount

April 3 from 5:30 to 6:30 at the LU Hanger

For more information please call 627-1727,
visit our website www.tbmf.com or find us on Facebook
<https://www.facebook.com/tbmfa.knights>

sports NEWS



LEITH DUNICK

HUGE HIT: Olivia Bowman makes a shot in her final game with Lakehead.

LU volleyball drops finale

VOLLEYBALL
By Leith Dunick - TB Source

It was a season full of frustration and missed opportunities. The Lakehead Thunderwolves women's volleyball team on Saturday night had a chance to take a two-set lead on the visiting Ryerson Rams, a team that sits just outside the national top 10 rankings.

Instead they ran out of gas and watched their opponent close out the regular season by capturing three straight sets, landing the Wolves in last place for the second time in three seasons.

The Rams dropped the first set 25-20, edged LU 25-23 in the second, the closed out the victory with a 25-10 win in the third and a 25-20 triumph in the decisive fourth.

It's the story of the season, said departing outside hitter Kailan Robinson, who leaves the team after four seasons.

"It was rough. We started out so well and there was just some times when we had no focus, no motivation to just push through," Robinson said.

"It's rough when we have those breakdowns, but Ryerson is a good team, so it was a hard game."

It was Robinson who used the word frustration to describe the now-completed campaign.

"There are lots of times, ifs, ands or buts when we could have done so many things. We have so much potential and it's said that our record doesn't show that," she said.

The Thunderwolves finish the year at 4-15, their fewest victories since 2012-13, when they went a woeful 1-17.

Cobourg, Ont.'s Olivia Bowman also played her final game for Lakehead on Saturday night and said she'll try to remember the good times on and off the court, rather than where they wound up in the standings the past couple of years.

"It's one big family. We didn't get the W, but we ended it on a positive note and we had a lot of fun. We played our hearts out and I enjoyed every second of it. It was awesome," Bowman said.

"It was missed opportunities on some wins we could have had, especially with some times like tonight, when we played so well. It just shows how we could have done. It's disappointing, but we had a really good year, a lot of growth and a lot of learning this year."

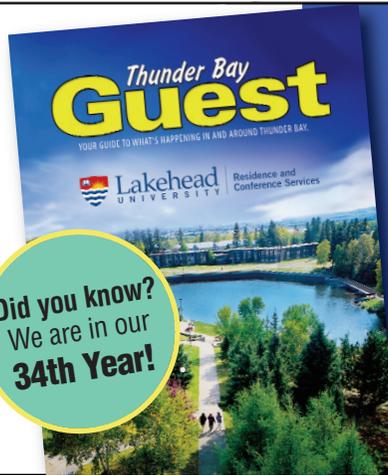
For coach Green, the end of the season means looking forward to next fall, knowing he has to replace two starters and three other key contributors - Sara Potter, Rachel Moore and Christie Lowe - who won't be back.

"We drop some experience, but we gain size. We've got a really good crop of young big kids coming in. So we're going to pick up size, we're going to pick up some new energy and we're going to pick up kids with experience," Green said.

"Now we've got to train them to replace those four or five who are graduating."

Where to
stay
shop
taste
events
directions
& MORE

Did you know?
We are in our
34th Year!



SEARCH OUT...What's NEW
in and around Thunder Bay.

Thunder Bay Guest

For information about advertising in the
Thunder Bay Guest Magazine,
contact Tracey Cambly 807-346-2629

February 27th, 2017 • Valhalla Inn, Thunder Bay, ON

engage! 2017

digital media summit

Marketing in a Global, Digital & Connected World.

THANK YOU

TO OUR

Sponsors



Speakers



Steve Dotto
Host, Executive Producer
& Social Caster
Dotto Tech



Shelley Jacobson
Word Warrior & CEO
Right Track Digital
Communications Inc.



Darrell Keezer
CEO & Founder
Candybox Marketing Inc.



Michael Barber
Founder
Barber&Hewitt



Doug Gorrie
Digital Executive
S6 Marketing



Scott Wilson
CEO
rankhigher.ca

Hosted By:



1987-2017
NISHNAWBE ASKI
DEVELOPMENT FUND
Supporting Aboriginal Success
www.nadf.org

www.engagesummit.ca

tbClassifieds

PHONE **346-2600** FAX **345-9923**
 EMAIL classifieds@dougallmedia.com

AD RATES
 Up to 20 words
\$999
ADDITIONAL 1/2 PRICE*
 Additional words 25¢.
 *Must be run in consecutive weeks. No additions to ads. Does not apply to Bargain Corner ads.

BARGAIN CORNER
 15 words max. for items under \$500. Must contain price.
ONLY \$480
 Plus HST

ALL CLASSIFIED ADS

 and on the internet at www.tbnewswatch.com

DEADLINE
 Classified Word Ads: MONDAY @ 4:00p.m.
 Display & Photo Ads: MONDAY @ Noon
Visit our office @
 87 N. Hill Street,
 Thunder Bay, ON P7A 5V6
 or online at <https://shop.dougallmedia.com>
Office Hours:
 Mon. - Fri. 8:30a.m. - 5:00p.m.

23. MISC. FOR SALE
 DRY FIREWOOD \$340/per 5 ton load. FREE DELIVERY. 627-5893
 Stair climber for sale. Back up battery fully charged. All offers considered. Please call Brenda at 621-3483.

30. MISC. WANTED
WANTED
\$ TOP DOLLAR PAID \$
 For Scrap Vehicles
DAN'S EMERGENCY ROAD SERVICE
767-3818

\$CASH\$
 On the spot for your scrap cars, trucks, vans and SUV's. Same day pick-up with CASH.
Call Marcel
624-7242 or 626-0161

30. MISC. WANTED
 CASH PAID for World War I and II military items, and WW2 P.O.W. art (ships, ships in bottle etc.). Call 977-2977.

Cash Paid for your unwanted hunting rifles or related items. Call Fred at 767-7225 at Noon or After 5pm.

51. NOTICES
 ST. DOMINIC'S CWL VALENTINE TEA Sunday, February 19th UNCLAIMED TICKETS Penny Auction: Yellow Tickets: 0492909, 1016461, 0492892, 0492914, 1016453, 1016486, 0492917, 0492952. Blue Tickets: 0452793, 0452727. Door Prize: Children's White Ticket: 016

53. GENERAL SERVICES
 #1-A Snow blowing services, driveways, sidewalks, Dump runs! Garbage, and junk. clean-out rentals, apartments, sold homes. yard, roof, drain clean ups. Odd Jobs. Frank 628-5919 or 767-0995
 Christina's Home and Garden, Reno's, Handyman, Roofing, Siding, Drywall, Flooring, Painting, Plumbing, Landscaping, Fall clean-up, Flowerbeds, and Dump runs. 621-1505

Fences, decks, sheds, skid-steer work, or any outside project built for you by Octagon Contracting. Call 633-4488 for quick services.

PENSIONED PAINTERS looking to stay active. Very reasonable rates. Neat, fast working, former housing authority professional painters. Also drywall repairs & small renovations. Call or Text 626-6926

48. CLASSES
LIFE-CHANGING DEBT SOLUTIONS
 GET OUT OF DEBT ONCE AND FOR ALL
 "We have the answers today for a debt-free tomorrow."

 #DefeatDebt **MNP LTD**
 FREE CONFIDENTIAL CONSULTATION
807.623.2141
 Licensed Insolvency Trustees **MNPdebt.ca**
 TANYA REYNOLDS, LIT
 THUNDER BAY,
 210-1205 Amber Drive

53. GENERAL SERVICES
 Norm's Northern Auto Body and Paint, 903 Northern Avenue. NEW HOURS 11AM-6PM MON-FRI! Reasonable pricing! Excellent colour matching! All work done on hoists For better coverage on all lower areas! Quality materials, and pressure free friendly service. Antique restoration. For those who find it necessary I can work weekends by appointment only. Fleet work welcome! 939-2873.

PHIL'S YARD CLEAN doggy clean-up, garbage, and scrap hauled! 683-0486.

SPRING CLEAN-UP! Large trailer for rubbish, WE RECYCLE! No items too big or small! Yard & exterior house clean-up and power-washing. Eavestrough, soffit/fascia cleaning, repair, and installation. Parging & cement repairs. Tree and shrub removal! General Handyman Services. We are Seniors Helping Seniors! 472-6371, gapace@lakeheadu.ca

54. HOME IMPROVEMENTS
 DAN'S HOME SERVICES Renovations - Drywall, plaster, tape, painting, decks, fences, small jobs, FREE ESTIMATES! Professional Service 344-8092 or 627-5713

Demolition, carpentry, doors, trim, pressure washing, painting, concrete driveways. 344-9548

Flooring: laminate, ceramic, hardwood, competitively priced and installed by Octagon Contracting. Call 633-4488 for your free quote.

PENSIONED PAINTERS looking to stay active. Very reasonable rates. Neat, fast working, former housing authority professional painters. Also drywall repairs & small renovations. Call or Text 626-6926

Renovations: Working Carpenters/Partners with extensive renovation experience. We're reasonable and reliable. PC Construction. 252-9114

Renovations: bathroom, kitchen, basement or any part of your home or cottage, drywall and tile installation. Call Octagon Contracting at 633-4488 for your free quote.

48. CLASSES
 Lucrative Ground Floor Opportunity! High Fashion Jewellery Sales! Unconditional Guarantee! Earn 30-50% Commission paid weekly! Plus Over-ride Commissions and Bonuses! Earn Free Jewellery, Free Trips and Designer Outfits! Do you have Leadership Experience/Achievements in Direct Sales Party Plan? If so, you can qualify to START at a HIGHER Earnings Pay Rank! Start Now for as little as \$39! We offer 60+ years of stability & success as the world's largest direct seller of Jewellery! Contact: Lorie Tokola, VP Sales/Franchise Owner Park Lane True North featuring Park Lane Jewellery! lorie@parklanetrueorth.ca (c)/text: 9 0 5 - 5 1 5 - 1 7 9 7 www.parklanetrueorth.ca

55. BUS. OPPORTUNITIES
 AUTHENTIC INDIAN COOK WANTED! At Monsoon Tandoor Fresh, 588 W Arthur St in Thunder Bay, ON. Full-time Permanent \$18/h. Send in Resume by E-mail sharan@scholarscanada.com, Fax 807-3456833, Phone 807-472-2796 or 807-286-6315

57. HELP WANTED
 Read us online @ www.tbnewswatch.com

78. BIRTHS
Free Wellness Programs for Pregnant Women
 Mommy Matters programs are free groups designed to offer pregnant women a time and place to meet and engage in enjoyable activities with other expectant mothers. The programs are part of a project run by researchers at Lakehead University.
Lakehead UNIVERSITY
 For more information, please contact us today at mommymatters@lakeheadu.ca [or call 807-632-7264] or visit our website mommymattersproject.com

50. PERSONAL
MARCH 2017 SPECIALS
EXXXXTACY SUPERSTORE
HERE ARE SOME CRAZY DEALS
WE ARE HAVING FOR MARCH MADNESS
 XXX DVD'S STARTING AT \$5.00
 UP TO 50% OFF
 All XXX DVD CATALOG TITLES
 ALL ADULT TOYS ARE BUY 1,GET 2nd AND 3rd FOR 1/2 PRICE
 50 SHADES OF GREY AND 50 SHADES DARKER COLLECTION IS NOW AVAILABLE
 OUR WATER PIPE EMPORIUM HAS THE BEST SELECTION, PRICES AND VARIETY ANYWHERE IN THUNDER BAY. \$40.00 HAND PIPES ARE NOW JUST \$2.00 WITH PURCHASE OVER \$40.00
 FOR MORE GREAT DEALS, COME VISIT US TO SEE WHAT THE BUZZ IS ALL ABOUT!!!
79 MACHAR AVE. - 345-5558
 OPEN 7 DAYS A WEEK - 11 A.M. 'TIL MIDNIGHT
 NOBODY DOES IT LIKE EXXXXTACY, NOBODY !!!

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to determine page locations.
 Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the advertisement and box rental.
 Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.
 All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.
 Thunder Bay's Source reserves the right to increase prices with 30 days written notice.

Want to Sell?

CLICK ON US.
 The tbSOURCE Classifieds are online, so it's easier than ever to find exactly what your looking for.
www.tbnewswatch.com

58. CAREERS

58. CAREERS

58. CAREERS

73. INFORMATION

73. INFORMATION

73. INFORMATION



Saint Elizabeth is a national health care provider that has been opening the door to new possibilities and experiences for more than a century. Recognized as Canada's largest social enterprise, we employ 8,000 people and visit 18,000 clients every day. Through the Saint Elizabeth Research Centre, Health Career Colleges, the Saint Elizabeth Foundation and our leadership in person and family centered care, we are helping to make the future of health care brighter and stronger. Saint Elizabeth Health Care was awarded the Canada Order of Excellence in 2015.

Are You Looking for a Career Change? Train and work as a Home Support Worker in the Thunder Bay area

Candidates, who successfully complete our paid four (4) week training program starting March 20, 2017, at no cost to them, may be offered work as a Home Support Worker within our health care team. Under the supervision and support of a regulated health care professional, you will be assigned to selected patients in their homes. Tasks may include assisting with personal care, respite care, light housekeeping, and other activities of daily living. As a Saint Elizabeth employee, you will have opportunities for knowledge exchange and ongoing education, training and professional development.

Able to work independently, and as part of a team in a changing environment, you have excellent interpersonal, organizational, and problem solving skills. CPR and First Aid are required. You must be willing to attain required Saint Elizabeth certifications. Availability to work days, evenings, nights and weekends, and valid driver's licence and vehicle are required. Basic computer skills are an asset.

Already a qualified PSW or Nurse? Visit our career page for part-time and casual opportunities at: www.saintelizabeth.com/careers

www.saintelizabeth.com

READ US ONLINE: www.tbnewswatch.com

ANSWERS TO THIS WEEK'S PUZZLES

C	R	A	P	B	A	S	H	T	O	O		
C	U	I	R	O	N	L	I	H	R			
A	B	D	O	M	I	N	A	L	D	N	A	
				P	A	L	A	Y	G	A	E	L
V	A	R	E	C	A	A	L					
E	G	E	R	T	E	R	R	I	B	L	E	
R	A	S	T	A	G	U	S	O	A	T		
S	L	I	P	K	N	O	T	D	R	N	O	
				D	U	O		P	A	E	A	N
A	R	E	A	B	R	E	A	M				
D	E	N	M	U	S	I	C	S	I	G	N	
A	D	C	A	R	V	N	O	D	I	N		
M	O	E	O	L	P	E	N	E				

2	3	9	6	8	1	5	7	4
8	5	7	2	4	3	6	9	1
6	4	1	7	9	5	3	8	2
9	7	4	3	5	2	8	1	6
3	2	8	9	1	6	7	4	5
1	6	5	4	7	8	9	2	3
4	1	3	8	6	7	2	5	9
5	8	2	1	3	9	4	6	7
7	9	6	5	2	4	1	3	8

F	U	D	Y	K	G	Q	Z	M	Y	S	T	I	F	Y	
E	X	T	E	N	D	P	G	C	Y	N	D	U	T	I	O
W	X	M	O	T	X	R	N	O	L	O	C	U	N	E	
D	S	N	O	S	I	O	P	K	I	S	Q	E	L	T	
R	O	L	I	N	T	S	P	E	U	S	I	M	T	R	O
A	I	N	G	K	L	E	V	S	F	I	F	H	R	O	P
E	E	O	G	S	I	O	P	K	I	S	Q	E	L	T	O
H	K	O	G	S	I	O	P	K	I	S	Q	E	L	T	O
O	C	S	S	A	T	A	S	E	R	S	T	D	R		
U	L	I													
S	E	M	O												
X	E	S	M	Z	N	D	P	P	S	E	E	N	H	Z	
Y	G	R	E	N	E	A	B	O	T	R	I	J	C	O	
W	U	A	N	Y	R	D	S	S	S	O	L	D	V	L	

PREVIOUS SOLUTION: "I'd rather attempt to do something great and fail than to attempt to do nothing and succeed." — Robert H. Schuller

The 2nd Annual
NOHE Northern Ontario Housing Expo
EDUCATE • PROMOTE • EMPOWER

THUNDER BAY
MAR 11 2017
VICTORIA INN
NOHE.CA

This Opening Doors event is an opportunity for prospective renters, homeowners, property management companies, small landlords, real estate agents, urban developers, social housing groups and other housing related professionals to come together and learn what the Thunder Bay housing market has to offer, all under one roof.

NORTHERN ONTARIO HOUSING EXPO: One Day Event Thunder Bay Chapter

DATE: Saturday, March 11, 2017
TIME: 8am - 6 pm EST
LOCATION: Victoria Inn, Thunder Bay

ADMISSION IS FREE! Visit www.nohe.ca to get your tickets now!

WHO SHOULD ATTEND?

- Looking for an apartment to rent?
- Buying a home?
- Renovating your home?
- Questions about assisted living?
- Need Financial Advice?

SHOW WILL INCLUDE:

- Door Prizes & Free Gifts
- Product Sampling
- Free Advice
- Attend Paid Seminars

.....THEN THIS SHOW IS FOR YOU!

SPONSORED BY:

PAPER METAL PLASTIC E-WASTE GLASS ORGANIC

THINK RECYCLE

CASH IN ON YOUR YARD SALE

Advertise in the
Thunder Bay
source
Your Community Newspaper

Call 346-2600

BUSINESS DIRECTORY

BUSINESS DIRECTORY

BUSINESS DIRECTORY

BUSINESS DIRECTORY

HERE'S MY CARD

Putting you in touch with the right business.

Christina's Home and Garden
Serving Thunder Bay and Area

- Renovations
- Handyman Services
- Plumbing
- Siding • Building
- Drywall • Framing
- Waterproofing • Painting
- Flooring
- Landscaping • Grass Cutting
- Flower Beds

639 North Ford St. • 807-621-1505



2017 TRUCK TREND PICKUP TRUCK ★ ★ ★ ★ ★ OF THE ★ ★ ★ ★ ★ YEAR

THE TITAN OF TRUCKS. THE TITAN OF WARRANTIES.

2017 NISSAN TITAN

GET UP TO

\$10,000

STANDARD RATE FINANCE INCENTIVES~

ON 2017 TITAN CREW CAB PLATINUM RESERVE WHEN
FINANCING AT STANDARD RATES WITH NCF

- CANADA'S BEST 5-YEAR/160,000 KM COMPREHENSIVE WARRANTY*
- THE 2017 NISSAN TITAN HAS BETTER ACCELERATION, HANDLING, AND BRAKING THAN THE 2016 F-150*
- THE 2017 NISSAN TITAN HAS A 28% IMPROVEMENT IN FUEL ECONOMY*



**TITAN
OF TRUCKS**



**Half-Way
Motors**

940 Memorial Avenue
345-2327
1-800-665-7207
www.halfwaymotors.com

~Standard rate finance cash of \$10,000 applicable on approved credit, when financing ad new 2017 Titan Crew Cab Platinum (AA00/AA50) through Nissan Canada Finance Inc. (NCF) at standard rates. Incentives will be deducted from negotiated selling price before taxes. Incentives cannot be combined with lease rates, subvented lease/finance rates or with any other offers. *AMCI Testing Certified, comparably equipped V8s: 2017 Nissan Titan SV 4WD vs. 2016 Ford F-150 4X4 SuperCrew with 145" wheelbase, Trailer Tow Package and Trailer Brake Controller. Braking performance unladen and with 8,900-lb. towing load. **Based on a comparison between the 2015 Nissan Titan and the 2017 Nissan Titan. †Claim based on years/kilometre coverage for Maritz 2016 Full Size Pickup Segmentation and Compact Pickup Segmentation v. 2017 TITAN and TITAN XD. Nissan's New Vehicle Limited Warranty basic coverage excludes tires, corrosion coverage and emission performance and defect coverage (applicable coverage is provided under other separate warranties). Other terms and conditions also apply. See dealer for complete warranty details. ▲Models shown \$63,976 selling price for a new 2017 Titan Crew Cab SL. Offers include Freight and PDE charges (\$1,795) air-conditioning levy (\$100), applicable fees (all which may vary by region), manufacturer's rebate and dealer participation. License, registration, insurance and applicable taxes are extra. Offers may change without notice and cannot be combined with any other offers. Vehicles and accessories are for illustration purposes only. See your participating Nissan retailer for complete details. Certain conditions apply. ©2017 Nissan Canada Inc.