

www.experthearingsolutions.com



Curious about hearing aids?

Contact us for a FREE NO OBLIGATION TRIAL. No Deposit Required.

Thunder Bay

THUNDER BAY NORTH 345-4327 THUNDER BAY SOUTH 623-7877





W W W . T B N E W S W A T C H . C O M

INSIDE

OIPRD happy with police response to report /4

Country singer Paul Brandt coming to TBCA / 14 ZAC ATTACKED

AND ONLY ONE

THURSDAY, FEBRUARY 7, 2019

Canadian Publications Agreement No. 0662445 Vol.16 No. 6

YOUR COMMUNITY NEWSPAPER

Scotties star

Krista McCarville captures her seventh provincial women's curling crown /16



PERFECTION: Skip Krista McCarville ran the table last week in Nipigon to win her third Northern Ontario Scotties Tournament of Hearts.

You Make **The Memories We Make** Them Last.

1263 Amber Dr. • 807.345.7041



#1 Second Hand Store

355 N. Cumberland (Near Baywash Car Wash)

WE BUY - SELL AND HAVE A GREAT SELECTION OF RETRO GAMES & ACCESSORIES, DVD,S, ALBUMS, POWER TOOLS

Boat or RV to Teen Challenge and help change a life. Get free pick up and a Fair Market Value tax receipt for your vehicle. WE ACCEPT GEMS TO JUNKERS.



PLEASE CALL 345-CARS (2277)



Connecting you from coast to coast



™ Rogers and the Mobius Design are trademarks of or used under license from Rogers Communication Inc. or an affiliate.



Harbour clean-up still years away

CITY HALL By Matt Vis - TB Source

Efforts to remediate nearly 400,000 cubic metres of mercury contaminated sediment in Lake Superior from a former mill continue to progress, though it will likely take a number of years before any work takes place.

Representatives from the Thunder Bay north harbour working group appeared before city council on Monday night, providing a historic overview and an update of the project.

The contaminated sediment, which is enough to fill 150 Olympic-sized swimming pools, is located offshore several hundred metres from the mouth of the Current River.

"We can't commit to an actual date. What we can commit to is to work through the process to pick a preferred option," said Roger Santiago, the head of Environment and Climate Change Canada's sediment remediation unit.

"I think once that's done, the next step is to come up with a funding envelope on how that gets implemented. Engineering design work takes about two years. Once you pick an option, you can assume engineering design work taking two years and two years after that work can physically start."

For the majority of its history, the mill was operated by Abitibi. It was also operated by Cascades for nearly a decade.

The mill was permanently closed in 2007.

"Primarily at these sites we'll implement the polluter pay principle," Santiago said.

"A site like we have here, the primary polluter Abitibi is in bankruptcy and you don't have that entity there. In those types of situations, it's more of a stakeholder type of approach where the federal government, the province of Ontario and the local stakeholders will work together

to put together a funding structure."

Santiago added that Cascades has offered to pay 10 per cent of a reasonable cost to implement a preferred option, reflecting its time operating the mill.

The representatives, which also included officials from Transport Canada, outlined three potential options. Those

include dredging the sediment from the north harbour and dumping it at the Mission Bay confined disposal facility, dredging the material and disposing of it on-site using one of three options, or building a berm as an in-place barrier around the sediment and filling it with clean material.

Coun. Andrew Foulds, who represents the Current River ward where

the site is located, questioned the timelines.

"This has been on our radar for a long time," Foulds said, adding he had heard the cost could range between \$30 million to \$80 million depending on which option is selected. "There have been community groups – particularly the remedial action plan – involved for a long time. I

think it's fair to say the community wants action."

A major limiting factor that Santiago said has slowed progress is ownership and the responsibility to monitor and maintain containment infrastructure if the sediment is disposed of on site.

A number of councillors asked about the potential for the contamination to spread.

Santiago said testing outside of the contaminated areas indicates the material is being contained.

"With the current structures we have in place — with the break wall there and with the current and water levels as of now — everything is remaining within that dotted line," Santiago said, referring to a map showing the area of contamination. "We're going to work with that and the faster we get that plan implemented, the better we can guarantee that we won't have movement."

A public meeting will be held Tuesday evening beginning at 7 p.m. at the faculty lounge on Lakehead University campus.











ROGER SANTIAGO

NOW HIRING

Canada Wide AZ Flat Deck Drivers

Earning Potential up to \$75,000 per year! Benefits! Pension! Profit Sharing!

Gardewine is recruiting qualified candidates to join our existing fleet of professional flat deck drivers, willing to train suitable candidates.

COMPANY DRIVER BENEFITS:

- Assigned late model equipment
- On site repair facilities at major terminals
- Paid training and orientation
- Mileage bonuses
- Hourly pay for tarping/loading/securing of loads
- Flexible home time

QUALIFICATIONS:

- 1 year OTR experience
- Good CVOR
- Positive attitude
- Strong customer service skills

Apply today at driving@gardewine.com or Jimmy at 807.766.1300/888.476.6784







LOCALNEWS

Council reshapes its budget, lowers hike

Tax-levy increase drops to 2.29%, down from 3.69%

CITY HALL By Matt Vis - TB Source

The 2019 city budget has undergone a major overhaul that has brought the municipal tax levy increase in the neighbourhood of two per cent.

The new term of Thunder Bay city council approved its inaugural budget early Thursday morning after an exhaustive eight-hour review that went into the wee hours of the night, whittling the municipal tax levy increase down to 2.29 per cent after it had jumped to 3.69 per cent earlier in the meeting.

After factoring growth, the levy hike amounts to 1.99 per cent for existing taxpayers.

The municipal tax levy is the total amount of money that the city collects from its tax base and does not reflect the rate of property tax

For the median household, the approved budget would result in a \$71 increase to their tax bills, based on the 2018 tax ratios. Had the budget been approved with a 3.69 per cent levy hike, it would have been a \$107 hit.

Mayor Bill Mauro thanked administration and council for their work throughout the budget process but warned there could be more big decisions coming in future years.

"A lot of it we changed (Wednesday) or what we brought forward (Wednesday) to achieve the 1.99 sends a good signal to the

community," Mauro said. "We have to acknowledge that structurally we did not really change a whole lot."

Council began the evening by approving the additional \$1.08 million budget increase from the Thunder Bay Police Service to address recommendations from last year's Office of the Independent Police Review Director report.

Coun. Mark Bentz, council's budget chair, partially offset some of that increase later on by successfully proposing to allocate \$249,500 from the stabilization reserve fund to cover one-time costs contained within the police request.

"It makes some sense to me that we



LESS TAXES: Mayor Bill Mauro says dropping the budget hike is a good sign.

use the stabilization fund to fund some of these one-time costs," Bentz

During the meeting council received good news that they would be receiving \$500,000 through a special dividend from Tbaytel.

Coun. Rebecca Johnson had pushed for the entirety of that dividend to offset the levy.

"We don't get this extra dividend very often and it's an opportunity for us to lower the tax rate," Johnson said. "I'd like to see that continue to go to 1.87 with growth. The community, those that support and pay into Tbaytel, should get that money back

"I'm having a

really difficult

time why I'm

even seeing

this stuff on

the list..."

SHELBY CH'NG

on their taxes. To me, this is an opportunity to provide that."

City administration earlier this month had prepared a lengthy list of potential cuts and reductions to the tax levy, separated into three categories with varying degrees of impact, which totalled \$4.8 million.

With a few exceptions, council agreed to axe nearly the entire first category, which resulted in a reduction of \$1.67 million. Those cuts included the elimination of \$150,000 for the public safety command centre, with that money earmarked to support consultation to further that project which would involve a surveillance system around the city's waterways.

"I'm going to vote against this because honestly, it's a waste of money," Coun. Aldo Ruberto said, instead arguing that the city should be trying to partner with businesses to have them install cameras. "If we're going to do something, let's do it right where we're going to get

Coun. Shelby Ch'ng took issue with that project being on the chopping block.

"I'm having a really difficult time why I'm even seeing this on the list considering all of the stuff we've been through as a community," Ch'ng said.

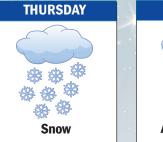
During the course of the meeting, council approved the elimination of four full-time equivalent positions, which slashed \$313,000 from the

Many of the potential cuts that would have affected residents, such as ending weekend residential road and sidewalk snowplowing, did not receive any consideration and were not taken out of the budget.

Johnson cast the only dissenting vote against the budget.

Council approved reinstating the post-budget consultation meeting to receive feedback from members of the public, which was scheduled for Feb. 4. Ratification of the budget has now been scheduled for Feb. 11.

Weather Forecas



Probability of Precipitation: 80% HIGH-15 LOW -20

SUNDAY

FRIDAY A few flurries

Probability of Precipitation: 40% HIGH -16 LOW -27



Mainly sunny

Probability of Precipitation: 20% HIGH -15 LOW -23

TUESDAY

MONDAY



Probability of Precipitation: 10% HIGH-13 LOW -19



A mix of sun and clouds Probability of Precipitation: 20%

HIGH -10 LOW -17



A mix of sun and clouds

Probability of Precipitation: 30% HIGH -9 LOW -16

Ledgers.



It's Tax Time Again!

Don't trust just anyone to prepare your tax return, trust a **National Team of Accounting & Tax Professionals!**

Call us today and Get the Refund You are Entitled to! Why Ledgers?

- We are Trained Tax Professionals
- We are part of a National Organization
- We are 100% Canadian owned and operated
- We will e-file your return, Fast Refunds!
- We guarantee our work
- We are here for you, 12 months a year

Bring this Coupon and SAVE

\$25.00

Ledgers (Thunder Bay)

5-905 Tungsten St. Thunder Bay, ON P7B 5Z3

Please Call for an Appointment

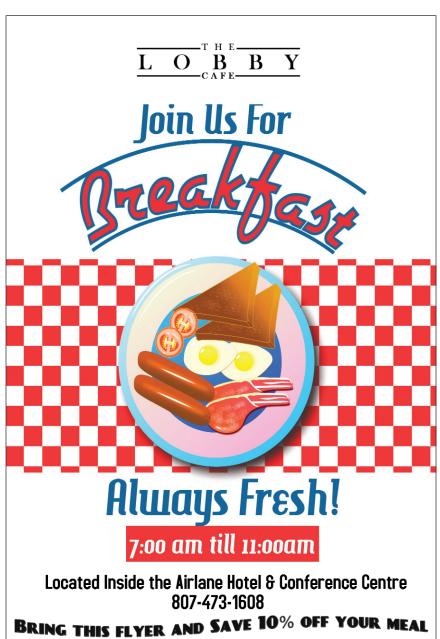
Thursday, February 7, 2019

768-4411



All proceeds support St. Joseph's Foundation 63 Carrie St. Thunder Bay, ON

www.sjftb.net/BigSplit Lottery Licence #M807054



LOCALNEWS



MOVING FORWARD: Gerry McNellly, Independent Police Review Director, released his report into policies of TBPS policing of Indigenous people in Thunder Bay last January.

McNeilly pleased with TBPS work on recommendations

"City council

owns some of

these issues

that I

addressed in

my report."

GERRY

McNeilly

THUNDER BAY
By Doug Diaczuk - TB Source

Independent Police Review Director, Gerry McNeilly, is pleased to see the Thunder Bay Police Service moving forward on recommendations to address issues of systemic racism, but he said these issues go beyond the police service and all levels of government need to step up to keep moving forward in a positive way.

"From what I've seen so far, since Jan. 12, is that things are being taken seriously," McNeilly said. "Acknowledgements and apologies have been made. And I think it behooves also the Indigenous leadership and other community groups and organizations to

work with the chief and the board chair to bring about these changes."

McNeilly was in Thunder Bay last week to participate in a panel discussion with Thunder Bay Police Service chief, Sylvie Hauth and Police Services Board chair, Celina Reitberger during the Access to Justice Forum hosted by Nokiiwin Tribal Council

During the discussion, McNeilly said he indicated to Hauth that he was pleased she was moving forward on implementing some of the recommendations outlined in his report.

"I have a good working relationship with the chief and we talk," he said. "I had an opportunity to speak with the new chair of the board and everything I've gotten from both of these people is that this is positive and these changes need to be made and we are going to move toward doing so."

Hauth identified eight key areas in the 44 recommendations that need to be addressed as soon as possible, including the creation of a multi-discipline investigative team for the reinvestigation of cases, instituting Indigenous cultural competency and anti-racism training, the creation of a Major Case Unit, expanding the Aboriginal Liaison Unit, and the implementation of in car and body worn cameras.

In order to move forward on these implementations, Hauth asked city council for an additional \$1,082,500

on top of the \$41.8 million Police Service 2019 operating budget. Last week, council voted to grant the additional money.

McNeilly said he was glad to see the city taking ownership of these issues and working with the Police Service.

"In my view, city council owns some of these issues that I addressed in my report," McNeilly added. "I think they owe and continue to owe it to the Indigenous community of Thunder Bay to provide financial assistance to the police to try and fix what is going on in Thunder Bay. The city has to be a partner here because it is part of the city's issue."

According to McNeilly, when he was drafting the recommendations in his report, he did take into consid-

eration that there was going to be a cost attached to making improvements and fixing problems.

"I didn't cost it out because it is not my role," he said. "But at the same time, I try to make recommendations so that some of them wouldn't really have a cost attached."

Thunder Bay Mayor, Bill Mauro, expressed concerns about the city carrying the financial burden of implementing McNeilly's recommendations and brought forward a motion to the Police Services Board to reach out to the provincial and federal government for assistance

McNeilly said he agrees that both levels of government owe Thunder Bay some obligations to try to fix the problems in the city.

"Toronto Police just got something like \$5 million to deal with issues around guns and gangs and Thunder Bay is having the same problem from an overflow from Toronto, so I think they should be given the same consideration as Toronto," he said.

Hauth will be providing McNeilly with an update on the progress of implementing the recommendations in June. McNeilly said if he is not satisfied with the progress being made, he can conduct audits or issue directions to the chief and the board on how to proceed.

But he said he is confident the Police Service will continue to move forward on making positive changes.

LOCALNEWS

Charges laid in historical sexual assault

CRIME By TB Source staff

The Thunder Bay Police Service has announced charges against a city man in connection with alleged sexual assaults that occurred over a period of two years.

Police say they began an investigation after an individual came forward and claimed to have been assaulted on multiple occasions by an adult male between 2015 and 2017.

The complainant is said to have been between the ages of 15 and 18 at the time incidents occurred, while the perpetrator was in a position of trust and authority.

After receiving the allegations on Jan. 30, 2019, police three days later informed the accused man that charges were being filed against him.

He subsequently turned himself in.
Philip Jason Trottier, 49, has been charged with sexual assault and sexual exploitation.

He appeared in court and was released after being remanded to a future court date

Police said they urge anyone who may have been the victim of a sexual assault to contact them at 684-1200.

Municipal Class Environmental Assessment NOTICE OF STUDY COMPLETION

Carrick-Vickers Multi-Use Bridge Over the McIntyre Floodway

TBT Engineering Limited (TBTE), on behalf of the City of Thunder Bay (COTB), is proposing the design of a multi-use pedestrian bridge over the McIntyre Floodway to establish a north-south cycling corridor as part of the City of Thunder Bay Active Transportation Plan. This project will connect Vickers Street on the south side of the river, to Carrick Street on the north side of the river.

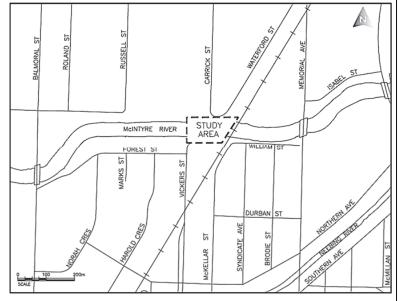
This project is being planned under **Schedule B** of the **Municipal Class Environmental Assessment**. Subject to any comments received as a result of this Notice, and the receipt of necessary approvals, The City of Thunder Bay intends to proceed with the design, tendering, and construction of this project during the 2019 construction season.

Project notices are available at the TBT Engineering Website (www.tbte.ca/carrick-vickers-bridge/) and the Project File is available at the following location:

TBT Engineering Limited, Building Engineering Services

1918 Yonge Street Thunder Bay, ON, P7E 6T9 Mon-Fri 8:30am to 5:00pm

Interested parties should provide written comment to TBT Engineering Limited regarding the proposed project within 30 calendar days of this notice. Comments should be directed to Ms. Dani Rhodes, P. Eng., Project Engineer, TBT Engineering Limited, 1918 Yonge Street, Thunder Bay, Ontario, P7E 6T9. Telephone: (807) 624-5160 or at <a href="mailto:driver-driver



If concerns arise regarding this project which cannot be resolved in discussion with TBT Engineering Limited, a person or party may request that the Minister of the Environment, Conservation and Parks make an order for this project to comply with Part II of the Environmental Assessment Act (referred to as a Part II Order), which addresses individual Environmental Assessments. Requests must be received by the Minister at the address below within 30 calendar days of this Notice. A copy of the request must also be sent to TBT Engineering Limited, Project Engineer Dani Rhodes. If there are no requests received by March 11, 2019, the City of Thunder Bay intends to proceed with the design and construction of this project.

Minister

Ministry of the Environment, Conservation and Parks Environmental Assessment and Approval Branch 77 Wellesley St. W., Floor 11 Toronto, ON, M7A 2T5 Director, Environmental Assessment and Permissions Branch Ministry of the Environment, Conservation and Parks 135 St. Clair Avenue West, 1st Floor Toronto, ON, M4V 1P5

Information will be collected in accordance with the Freedom of information and Protection of Privacy Act. With the exception of personal information, all comments will become part of the public record.

This Notice was issued on February 7, 2019.

Dani Rhodes, P. Eng. Project Engineer TBT Engineering Limited



RE-ROUTED: New ownership means Victory Cruise Lines won't be sailing into the Port of Thunder Bay in 2019 while they reassess their routes.

Cruise ships not coming

TOURISMBy Doug Diaczuk – TB Source

No cruise ships will be sailing into Thunder Bay's harbour this year and while the city will lose a significant economic benefit, the future may still be bright for this niche tourism market.

"Long term the prognosis is really good for growth in the industry," said Thunder Bay manager of tourism, Paul Pepe. "Right now we just have to take this as a bit of a speed bump."

Victory Cruise Lines was scheduled to have a turnaround stop in Thunder Bay during the 2019 season, making it the first cruise ship to come to the city since 2012. However, a recent change in ownership has left those plans in dry dock.

According to Pepe, American Queen Steamboat Company acquired the company just two weeks ago following a deal that has been negotiated for more than a year.

"The new owners have made a decision just to dial things back a little bit on their Lake Superior itineraries, go back to the drawing board, and reconfigure them," Pepe said.

The 202-passenger vessel, Victory II, was originally scheduled to stop in Thunder Bay in the summer of 2018 but delays in retrofitting the ship pushed that date back to 2019.

With this latest delay, Pepe said the city is still in talks with the new owners and he anticipates they will once again have Thunder Bay on their itineraries in 2020 because they appear to be committed to Lake Superior.

Pepe added that the city is also speaking with other cruise line companies about bringing ships to Thunder Bay to explore what he calls an exotic gem right in our own back yard.

"There are a number of new builds that started entering service in 2018, 2019, we have new ships that are being built right into 2021," Pepe said. "There is interest in the Great Lakes and there is interest in Superior, it just takes time to build it out and we just have to be patient."

Because Victory's stop in Thunder Bay was scheduled to be a turnaround, meaning it would have been where one voyage ended and another began, Pepe estimates that it would have brought between \$120,000 and \$150,000 into the city.

"It had a different kind of economic impact, a much bigger economic impact on the city," Pepe said. "So we are disappointed to lose that."

"That is a bit of a chunk of money for us. But at the end of the day cruising is still a very small part of our overall tourism economy. We believe in the Great Lakes product, but it's also a niche. It's going to take time to build."

The city did not make any capital investments this year specifically for the cruise ship coming to Pool 6.

"It just gives us some breathing room to develop future opportunities," Pepe said.





Editorial

EDITORIAL

New clinics great idea

very year on Jan. 30, the nation Eputs mental health in the forefront, tweeting and re-tweeting messages using the #BellLetsTalk hashtag.

Since 2011, when the campaign first launched, it's led to more than one billion interactions on social media.

At five cents a pop, that's a lot of money raised to help fight mental health issues across the country.

There's now a tangible result here in Thunder Bay.

The Bell Let's Talk Fund, which has provided more than \$9 million to worthy causes over nine years, made a \$25,000 donation to Our Kids Count and the Catholic Family Development

The seed money will be used to offer up twice-weekly counselling sessions to help those facing mental-health issues.

Clinics like this can have an immediate impact. Operated on a first-come first-served basis, they provide a place for people in distress to talk to someone who can help them work their way through their problems. Free of charge, clients can also be referred to other agencies.

For someone feeling lost in the system, this could be a game-changer. Even one life saved by the clinics

makes it a worthwhile venture. For the mentally ill, knowing someone is there for them, in their neighbourhood, is undeniably important.

CONTACT US:

87 North Hill Street, Thunder Bay, Ontario P7A 5V6 Ph: 807-346-2600

Editor: Leith Dunick 346-2650 ldunick@dougallmedia.com

Reporter: Doug Diaczuk 346-2622 ddiaczuk@dougallmedia.com

> Sales Manager: Kathy Harris 346-2510 kharris@dougallmedia.com

Advertising Policy: Ad adjustment for error is limited to the cost of that portion of the ad where the error occurred Member of: Canadian Community Newspaper Association & Ontario Community Newspaper Association. Thunder Bay Source is published every Thursday by T.Bay Post Inc. @ Copyright No. 343384

ONE YEAR SUBSCRIPTION BY MAIL: Canada: \$95.00, U.S. \$170.00 (HST included)

Thunder Bay Source is a member of the National Newsmedia Council, which is an independent organization established to deal with acceptable journalistic practises and ethical

If you have concerns about editorial content, please contact ldunick@dougallmedia.com. If you are not satisfied with the response and wish to file a formal complaint, visit the website mediacouncil.ca or, for additional information, call toll-free at 1-844-877-1163.





Aocha 🚓

Organ donation website

To the editor:

am writing to try and inform people who keep referring to "having signed or promote signing organ donor cards".

In June 2011 the government of Ontario created the online registration site "beadonor.ca".

With the creation of this online registration site it become very simple for people to register their wishes to be an organ and tissue donor.

The "donor card" which had been in existence for countless years became obsolete with the creation of this program.

The organ donor card that in past years came with a driver's license is now replaced with a sheet of paper that can be filled in and forwarded to complete the person's wishes.

But the most efficient method is to register online.

This card was never a good method to ensure that a person was in fact an organ and tissue donor.

The first step before you go on the beadonor.ca site to register your intention to donate is to inform your next of kin or the person designated to attend to your matters at the time of death that your decision is in fact to be an organ or tissue donor and that decision is registered at beadonor.ca.

The other way is to complete the form that came with your driver's license renewal and mail it to the address on the form.

Either way please inform the person that has been mentioned in the previous sentence. There is no organ donor card that you carry.

Putting this decision in your will is of no benefit, as time is very critical to retrieving organs and tissue and by the time the will is read the organs/tissue will be of no use.

The registration will require you to have your OHIP card with you at the

For more information about being a "registered" organ/tissue donor please visit either the Trillium Gift of Life Network or the beadonor.ca web sites.

> Gary Cooper, Thunder Bay

Is CWD in Thunder Bay?

To the editor:

urther to the TB Newswatch article, "Chronic wasting disease spreads (CWD)," I wonder if other hunters have seen moose or deer in the bush around Thunder Bay that display symptoms?

Signs of the disease include excessive salivation, loss of appetite, progressive weight loss, excessive thirst and urination, listlessness, teeth grinding, holding the head in a lowered position and drooping ears

LETTERS TO THE EDITOR



The danger of the disease is it can jump to humans. In Minnesota, Dr. Michael Osterholm, director of the center for infectious disease research and policy at the University of Minnesota has sounded the alarm. In a recent article in "Northern Wilds" he believes "it's just a matter of time until there is a deer-to-human trans-

The article goes on to note that when it jumps to humans and the patient is operated on, "the hospital removes all the equipment associated with the procedure.... Meat producers can't effectively decontaminate their facility.... Osterholm said prions (modified protein) can persist in the environment for hundreds and even thousands of years."

The article indicates that the MNRF is monitoring the spread of the disease? Allowing clear cutting so close to our communities, encourages deer to quickly replace moose. The CWD rapidly jumps from infected deer to moose.

I believe the MNRF should actively inform the public how it is monitoring the spread of CWD. Further, clear cutting encourages spread of the disease therefore should it be limited as a forestry practice?

> Paul Filteau, Thunder Bay

Half-marathon scheduled

To the editor:

The Kakabeka Falls Legion Half Marathon and 8K scheduled for Sunday August 18, 2019 opened for registration on Groundhog Day.

This will be the third edition of the Half Marathon and second running of the 8K - both races start and finish at the Kakabeka Falls Legion - with all proceeds going to the Royal Canadian

This year we will be honouring the 75th anniversary of the Invasion of Normandy from World War II -- more specifically the Canadian Landings at Juno Beach. Our local military garrison will be in attendance with some interesting displays. We include information about Canada's involvement at Juno Beach for our participants on our social media, in their race kits and along the race course itself.

We remember the 1.1 million Canadians who served in WWII, of whom 42,042 were killed and 54,414 wounded.

On D-Day - June 6, 1944 - some 14.000 Canadians landed in France of which 450 jumped by parachute or landed by glider.

This assault proved to be the turning point in the War.

At Juno Beach on that day 340 Canadians were killed, 574 were wounded and a further 47 were taken prisoner.

The Royal Canadian Navy provided 109 vessels, and 10,000 sailors as its contribution to the massive armada of 7,000 Allied war ships that participated on D-Day.

For more information and to register please check out our Facebook page 'Kakabeka Falls Legion Half Marathon" or our web site at www.runkbfalls.com.

> Jim Gilbert, Kakabeka Falls

Perspective

Very cold and dry

OPINIONBy J.R. Shermack
Special to TB Source

The weather was bitterly cold last month and for many Canadians it was also unusually dry.

But the growing trend known as "Dry January" has nothing to do with the changing climate or global warming.

It is a social self-awareness campaign that encourages drinkers (occasional, social and binge) to abstain from alcohol for one month.

The idea began in 2013 as Britain attempted to reduce excessive drinking - 4000 willingly took part that year.

In 2018 over five million Brits took the challenge while here in Canada, also a country of robust drinkers, some drinkers are watching.

In January it's no big deal, especially after the holiday season when most reasonable people have had their fill.

Some may see it as short-term pain while for others, the prospect of no booze for a month is unthinkable and unnecessary.

But regardless of how much or how little the participants normally drink, the one-month sabbatical makes many drinkers pause and reflect.

And as it turns out, even that short time away from alcohol has a measurable effect on health and well-being.

This often surprises the participants and in some cases the

positive changes inspire them to extend their dry spell.

The real objective behind Dry January is to ask honest questions about how alcohol is affecting different areas of our lives.

It is all part of a broader movement that has come to be known as "sober curious", a personal choice to put alcohol in perspective.

As more people benefit from good nutrition and healthy lifestyles, larger numbers are on the outs with booze.

In the name of personal wellness

"Even that

short time

away from

alcohol has a

measurable

effect on

health and

we try to eliminate toxins from our diets and recent studies show that alcohol harms overall health.

It reminds me of how the light finally turned on when we realized that cigarettes were bad news for smokers and non-smokers alike.

Now if you want a smoke in the middle of

January you have to shiver in a cold, snowy cubby hole somewhere outside, to hide.

It's hard to imagine drinkers enduring that same fate and becoming a hounded minority, although some smokers might disagree.

There was a time when it was righteously believed that a glass or two of red wine was as good for us as an apple a day.

But that myth has been effectively debunked as more harmful health effects of alcohol are discov-

ered and confirmed.

It has been linked to over 200 chronic diseases and according to the World health Organization, seven types of cancer.

On the other hand, when drinkers go dry even for one month, they experience real benefits.

First of all, the abstainers saved money but more importantly they reported sleeping better, having more energy and 58% lost weight.

One study in the U.K. found that all participants had better blood pressure, better blood sugar and a lower Body Mass Index.

And what's more, Dry January allowed them to consider these effects (good and bad) with a clear head and a new perspective.

What they do with that information is a personal decision but many end up drinking less – who knows if they're enjoying it as much.

well-being."

"Sober Curious" is also the title of a new book by er in a Ruby Warrington who asks, some"Would life be better without alcohol?"

The cover displays a luring list of sober side-effects - blissful sleep, greater focus, limitless presence and deep connections.

In Canada men drink more, more often and more often to excess than women.

But wait - alarmingly, the rate of alcohol related disease in women is rising rapidly.

Aren't you just a little sober curious?

CELEBRATING BLACK HISTORY



YOUTH PERSPECTIVE Julianna Hoekstra, program facilitator with Our Black Youth, worked with youth to create a Black History Month display at the Waverley Resource Library.

HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

Address them to: Thunder Bay Source 87 North Hill Street, Thunder Bay, ON P7A 5V6

Email: ldunick@dougallmedia.com Visit our website: www.tbnewswatch.com

THIS WEEK'S POLL QUESTION:

YOUT VOICE

Is Tom Brady the best quarterback in NFL history?

VOICE YOUR OPINION ABOUT THINGS THAT MATTER MOST.

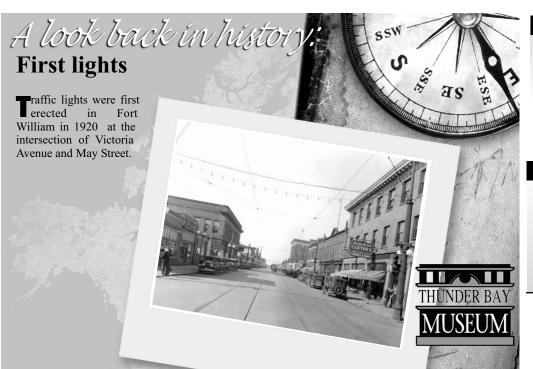
VISIT <u>www.tbnewswatch.com</u>

TO SHARE YOUR IDEAS AND VIEWS ABOUT OUR WEEKLY POLL QUESTION.

TOTAL VOTES: 567

YES 54.67%

○**NO** 45.33%



Thursday, February 7, 2019

REVIEW

Review of Draft Forest Management Plan: Information Centre English River Forest 2019-2029 Forest Management Plan

The Ontario Ministry of Natural Resources and Forestry (MNRF), Resolute FP Canada Inc. and the Ignace Local Citizens' Advisory Committee (LCAC) invite you to review and comment on the 2019-2029 Draft Forest Management Plan (FMP) for the English River Forest.

The Planning Process

The FMP takes approximately three years to complete. During this time, five formal opportunities for public consultation and First Nation and Métis community involvement and consultation are provided. The third opportunity (Stage Three) for this FMP occurred from: July 11, 2018 – September 11, 2018 when the public was invited to review and comment on proposed operations for the 10-year period of the FMP. This 'Stage Four' notice is to:

 review and comment on the draft FMP and MNRF's preliminary list of required alterations.

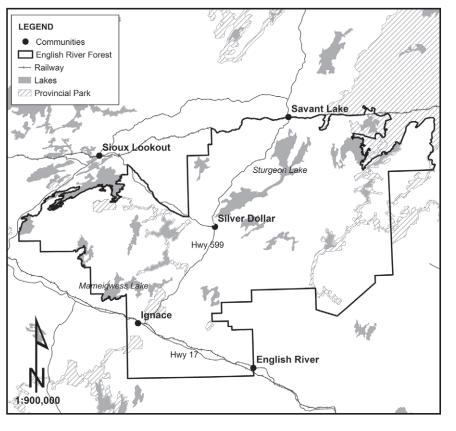
Comments from the public will be considered in revisions to the draft FMP.

How to Get Involved

The Draft FMP and the Draft FMP Summary will be available on the Ontario government website at www.ontario.ca/forestplans and at the Resolute FP Canada Inc. office at the location noted below, by appointment during normal office hours for a period of 60 days: March 6, 2019 – May 6, 2019. Comments on the Draft FMP for the English River Forest must be received by John Coady of the planning team at the MNRF Ignace Field Office by May 6, 2019.

To assist you in the review and to provide the opportunity to ask questions, an information centre will be held at the following location from 3:00 p.m. to 7:00 p.m. (CST) on the following day:

Wednesday, March 6, 2019 Ignace Silver Tops 300 Pine Street, Ignace, ON



In addition to the most current versions of the information and maps which were previously available, the following information will also be available:

- Draft FMP, including supplementary documentation;
- Draft FMP summary (copies may be obtained at the information centre);
- MNRF's preliminary list of required alterations.

Meetings with representatives of the planning team and the LCC can be requested at any time during the planning process. Reasonable opportunities to meet planning team members during non-business hours will be provided upon request. If you require more information or wish to discuss your interests with a planning team member, please contact one of the individuals listed below:

John Coady, R.P.F.

Ministry of Natural Resources and Forestry Hwy. 599, P.O. Box 448 Ignace, ON POT 1T0 tel: 807-934-2255 e-mail: john.coady@ontario.ca

Matthew Hupf, R.P.F.

Resolute FP Čanada Inc. 2001 Neebing Ave. Thunder Bay, ON P7E 6S3 tel: 807-475-2458

e-mail: matthew.hupf@resolutefp.com

Murray McMahon

Ignace Local Citizens' Advisory Committee Representative c/o John Coady tel: 807-934-2255

During the planning process there is an opportunity to make a written request to seek resolution of issues with the MNRF District Manager or the Regional Director using a process described in the 2017 Forest Management Planning Manual (Part A, Section 2.4.1).

The last possible date to seek issue resolution with the MNRF Regional Director is June 4, 2019.

Stay Involved

A final opportunity to inspect the MNRF-approved FMP before it is implemented will take place during **Stage Five** - Inspection of the MNRF-approved FMP, which is tentatively scheduled for June 2019.

The approval date of the FMP is scheduled for **August 1, 2019**. An approved FMP Extension extends the approved 2009-2019 Forest Management Plan for the English River Forest for a six-month period ending September 30, 2019.

The MNRF is collecting your personal information and comments under the authority of the *Crown Forest Sustainability Act*. Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the *Freedom of Information and Protection of Privacy Act*; however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by the MNRF to send you further information related to this forest management planning exercise. If you have questions about the use of your personal information, please contact Trevor Davis, MNRF Dryden District Office at 807-223-7522.

Renseignements en français : Derek Johnson, R.P.F. au 807 223-7556.



LOCALNEWS

Province chooses provider

BUSINESS By Matt VIs – TB Source

NextBridge has been given the go-ahead to build its North Shore transmission line, despite an 11th-hour push by Hydro One to take control of the project.

The province on Thursday announced an order in council had been issued to select NextBridge to construct the East-West Tie, a 450-kilometre line between the Thunder Bay and Wawa transfer stations.

"NextBridge is ready to get to work," said NextBridge project director Jennifer Tidmarsh in a statement. "We have worked in collaboration with Indigenous and local communities and right-of-way landowners for the past five years to develop this important project that will deliver economic benefits for generations to come."

Provincial energy minister Greg Rickford said moving forward with the line will support economic growth in Northwestern Ontario.

"Maintaining reliability and cost efficiency is a top priority for our government. The East-West Tie Line has long been identified as a priority project to provide a consistent supply of electricity that supports economic growth, job creation, and resource development in northwestern Ontario," Rickford said in a statement

"NextBridge is the right choice to quickly and efficiently complete the East-West Tie Line. NextBridge has finished the preliminary work necessary to complete the project, it has the support of local communities and First Nation and Métis partners, and the project sets in motion opportunities to create local employment for over 200 Indigenous people."

Despite NextBridge being selected as the proponent in 2013, the process was re-opened after the estimated price tag for the project ballooned to more than \$700 million.

The Ontario Energy Board held hearings last fall to consider the competing bids. The board had given the two companies a deadline of last Thursday to submit their not-to-exceed prices.

NextBridge had developed a partnership with the North Shore Indigenous communities, with six holding an equity stake. The communities have also formed an economic development entity to pursue training and contracting opportunities related to the line's development.

"This is more than an electricity transmission project," Fort William First Nation chief Peter Collins said. "It's an economic partnership between industry and our First Nation communities that builds capacity and provides employment opportunities for over 300 Indigenous people."

Police say woman, 82, dies in crash

Provincial police have released the identity of the person killed in Tuesday's fatal two-vehicle crash on Highway 102.

The OPP on Wednesday said 82-yearold Violet Krause of Ware Township was pronounced dead on the scene after her passenger vehicle collided with a transport on the highway at Hill Road.

Krause was the lone occupant of the vehicle, which police said had been turning left off Hill Road to travel east on the highway. The transport had been eastbound at the time of the crash.

The highway had been closed for six hours on Tuesday while the crash was investigated by the OPP's technical collision officers.

Drug charges laid

City police have one man in custody on drug-related offences following the execution of a search warrant at a

Thunder Bay Police responded to a call for service at a residence in the 200 block of Finlayson Street on Tuesday just before 11:30 a.m.

According to a release, responding officers were allowed into the residence to check on the welfare of people inside.

As a result, a male at the residence was arrested for possession for the purpose of trafficking.

Officers found the male was in possession of a quantity of suspected crack cocaine and cash.

The Thunder Bay Police Service's drug unit, with assistance from OPP. NAPS and APS later executed a search warrant at the home. As a result of the search, officers located about \$70,000 in

Police also seized a quantity of suspected crack cocaine believed to have an estimated street value of about \$53,000 and a quantity of suspected

cocaine with an estimated street value of about \$26,000.

Police continue to investigate the suspect's possible affiliation with Toronto-area gangs.

Police charged Michael Prahay, 28, of Toronto with two counts of possession of a schedule 1 substance for the purpose of trafficking and possession of property obtained by crime under \$5,000.

He appeared in court Wednesday morning and was remanded into custody with a future court date.

Fire destroys garage

No injuries were reported when a fire broke out Friday morning in the garage of a Porcupine Boulevard home.

A Thunder Bay Fire Rescue spokesman said the incident began at about 8:20 a.m. and when they arrived on the scene, smoke and flames were seen pouring from the garage, which

was mostly destroyed by the fire.

There was no vehicle inside the garage at the time the fire broke out and firefighters say there was some smoke damage to the home.

Eight arrested

Eight people have been arrested in a drug bust on Tuesday night at a Limbrick Street residence.

In a release issued on Wednesday, police say they were responding to an abandoned 911 call at about 7:30 p.m. on Tuesday and entered the residence in question, where they allegedly found two males near a toilet where a large amount of a white powdery substance could be seen on the bathroom floor and around the toilet bowl.

Armed with a search warrant, police seized a quantity of prescription pills, cocaine and suspected fentanyl.

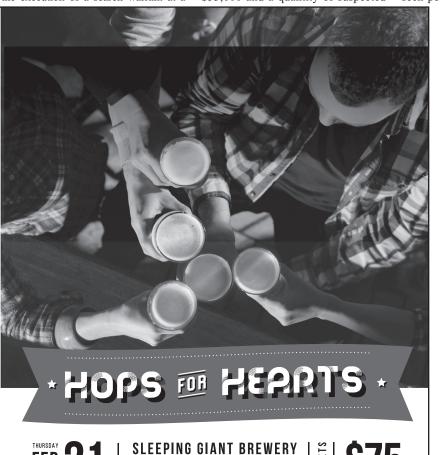
Police also found a grocery bag and

duffel bags of currency inside the residence. Police on Friday said the cash amounted to \$135,000.

While the search was being conducted a male arrived and was arrested and charged with possession for the purpose of trafficking.

Charged with three counts of possession of a Schedule 1 substance for the purpose of trafficking and possession of property obtained by crime over \$5,000

- Sandra Lynn Borg, 44, Thunder Bay
- Javon Shantone Bryce, 24, Sudbury
- Lenworth Decosta Francis, 23 Toronto
- Bernard Goliboski, 47, Thunder Bay
- Renee Jennie Graves, 27, Thunder
- Marlon Mahabier Maragh, 39, Orleans, Ont.
- Michael Miller, 41, Toronto
- Doris Jean Slipperjack, 29, Thunder



712 MACDONELL ST.

CARLO



FOR TICKETS VISIT WWW.HEALTHSCIENCESFOUNDATION.CA OR (807) 345-4673







A NIGHT OF SAMPLING HAND-CRAFTED FINE ALES

PAIRED WITH SWEET AND SAVOURY LOCAL CHISINE

IN SUPPORT OF THE NORTHERN CARDIAC FUND.





























Advertorial

Have a Heart **Healthy February**



miles of veins and arteries. Keeping them healthy is key to cardiovascular health. I recommend Medi-C Plus® with high doses of vitamin C and lysine. Vitamin C is required to manufacture healthy collagen, the glue that holds coronary

making heart health a priority. Your body has 60,000

cells together, just like mortar is needed for bricks. Lysine, like steel rods in cement, makes collagen stronger. A lack of vitamin C and lysine results in poor collagen and weak arteries, setting the stage for heart attack or rupturing of a weakened artery, resulting in a stroke.

Collagen keeps gums and cartilage healthy too - reducing tooth loss and painful joints. If that's not enough, all the beauty experts will also tell you collagen helps keep skin looking youthful.

I've been taking high doses of vitamin C and Ivsine for 21 years following my heart attack. I still enjoy travelling, writing my columns, and I also rappelled down Toronto City Hall to help raise funds for Make-A-Wish® Canada. I am in my 96th year - not bad! For more health information and the benefits of vitamin C, go to docgiff.com.

Ask for Medi-C Plus at your local Health Food Retailer

Your Valentine will thank you!

FOR A STORE NEAR YOU:

medi-c.ca

Thursday, February 7, 2019

For your daily news visit www.tbnewswatch.com











TWO GREAT LOCATIONS!

HOURS: Monday to Friday 9 - 8 Saturday 9 - 6

For printable coupons - visit our website kellysfamilyhaircare.com

TBLife

people | health | home | food | leisure



NEW HOPE: Krista Froome (middle) could not contain her excitement during the ribbon cutting to officially open Hope House at Adult and Teen Challenge

New home and new hope

Adult and Teen Challenge's Hope House opens for women recovering from addictions

THUNDER BAY
By Doug Diaczuk - TB Source

When Krista Froome, who is originally from Dryden, Ont., decided to seek treatment for her addictions, she was forced to travel seven hours away to Brandon, Man. While she successfully completed the program, being so far away from family made her recovery all the more challenging.

"It's hard when you finally get your life back and you are just so excited to rebuild relationships, you want to be able to see your family and tell them all the good things that are happening, but you have to wait two or three months to do that," she said.

Women will no longer have to travel so far to receive treatment with the opening of Adult and Teen Challenge's Hope House, the only long-term recovery program for women in Northwestern Ontario.

As a graduate of the program, Froome will be one of several staff at Hope House helping women who are facing life-controlling addictions.

"It's an amazing feeling to know that we are going to help," she said. "I feel that Thunder Bay needs this so much."

Hope House has been in development for more than seven years and it is now prepared to start accepting women into the program.

Located on Johnson Avenue above the Adult and Teen Challenge Thrift Store, the 10-bed facility will provide women struggling with life-controlling addictions a safe space to recover and gain new skills to live better and more productive lives.

"It's been a long walk," said Jennifer Ahuja, program director for women's ministries at Adult and Teen Challenge Hope House. "We are pretty experienced with running the program because we have a men's program that has been running for more than 10 years."

On Sunday, a ceremony was held to officially open Hope House, but in the weeks leading up to the opening, women were already coming to ask for help.

Hope House offers a 12-month residential program where women live in the facility for up to a year in a very structured environment.

Women also participate in a work therapy program in the Adult and Teen Challenge Thrift Store where they gain skills to use following recovery.

Ahuja said the work therapy program plays a significant role in helping people battling addictions regain their dignity during recovery.

"A lot of people struggling through addiction lose their work ethic, they lose their will to even just get up in the morning," she said. "So being able to have something to do that they know is contributing and teaching them skills and have the dignity of being able to be part of their own recovery is a huge motivator for them."

The program is funded through community support and through a partnership with New Life Ministries, which operated a women's home in the city until it burned down in 2017.

"It's been such a huge honour just to see the support from the city coming behind us to get this all completed," Ahuja said. "It's really exciting to have this space that can be a safe haven for women struggling with addiction in this area."

Clinics tackle mental health

Grant from Bell Let's Talk Fund provides twice weekly counselling

THUNDER BAY
By Leith Dunick - TB Source

Bell Let's Talk is paying dividends in Thunder Bay.

On Thursday, representatives of the Catholic Family Development Centre and Our Kids Count introduced Our Kids Count Let's Talk, a walk-in counselling clinic open to adults, youth and children in need of someone to talk about issues they might be facing.

Amy Silvaggio, a development manager with Our Kids Count, said it's an important step, made possible through a \$25,000 grant from the Bell Let's Talk fund, which since 2011 has raised more than \$94 million in support of mental health initiatives across Canada.

"There has been an identified need by our participants that counselling services need to be more accessible, particularly in this area," Silvaggio said. "So we are now able to try to provide that at two sites in the city, two nights a week."

Clinics will be held on Tuesdays from 4 p.m. to 7 p.m. at Our Kids Count's McKenzie Street headquarters, and on Thursdays from 3:30 p.m. to 6:30 p.m. at 288 Windsor Street, unit 16.

Silvaggio said counselling services are already offered through both organizations, but the new service will provide two counsellors and intake staff.

Counsellors will see clients on a first-come, first-served basis.



MUCH NEEDED: Our Kids Count and the Catholic Family Development Centre have joined forces to offer counselling clinics in Thunder Bay.

Silvaggio said she expects demand to ramp up once people realize it's in place.

"It might be a slow start, but there will be an immediate impact," she said. "Because as soon as the first person comes through the doors, they're accessing a service that is going to help them out of a critical state.

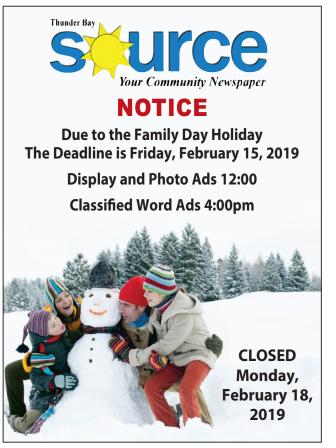
"From there they can have up to six sessions, and then they can get referred to other services if they need it. I think it

will be immediate, but we hope this will be sustainable for a long period time."

Bell Canada's Terry Lagimodiere, said the company is glad to have this kind of an impact on the communities in which they serve.

"It is Bell Let's Talk Day, so it's very important to give back to the communities for these types of initiatives," Lagiomodiere said.

No appointment is necessary.





sharing her travel experiences and knowledge with others.

1000 Fort William Rd - in Intercity Shopping Centre

Phone: 807-623-8353 • Toll-Free: 800-311-5432 Email: 181@maritimetravel.ca

Call or drop by our office for all your Travel needs.

BREAK FREE FROM DEBT TODAY We listen, we care and we can help.



Jayson Stoppel, CPA,CA Licensed insolvency trustee

BDO

1095 Barton Street 807-625-4424 WEBSITE: debtsolutions-thunderbay.ca

CHURCH DIRECTORY

PRESBYTERIAN

Lakeview Presbyterian Church

278 Camelot Street

The Rev. Harold Hunt, Minister Sunday Worship at 10:00 a.m. Sunday School & Nursery Provided

Phone: **345-8823** 失

VINEYARD

LIGHTHOUSE OF HOPE 257 Park Ave.

Pastors Tony & Uschi

Sunday Service 10:30am **767-1705**

UNITED

Current River United Church

333 Morse Street Sunday Worship Join us at Knox

this Week! 10:30 am We Celebrate Community All welcome!

Knox Shuniah United Church

1 Shuniah Street, Thunder Bay, ON 345-5065 • knoxshun@tbaytel.net Worship Service Leader:

Rev. Joyce Fergus-Moore

Web site: knoxshuniahunited.webs.com

Sunday, February 10th Service

@ 10:30 a.m. followed by Hospitality

L. Sunday School lovingly provided.

Call 346-2600
To Advertise In The Church Directory



Thursday, February 7, 2019
For your daily news visit www.tbnewswatch.com



Do you have an opinion to share? E-mail the editor at ldunick@dougallmedia.com



тв**Life**



HITTING THE TRAIL: This year's Sled for Eternity Ride saw 109 sleds and 22 passengers participate in support of Adult and Teen Challenge.

Great ride for an important cause

THUNDER BAY
By Doug Diaczuk - TB Source

Rescue firefighter Robert Gashinski took to the trails on his snowmobile to take in the beautiful Northwestern Ontario scenery and raise money to help those battling life-controlling addictions.

After his passing last July, his family are now riding in his memory and continuing to help others just like he did for so many years.

"We are doing it in memory of our uncle who passed away last year," said Robert's niece, Selena Hayes. "We were not able to finish it last year because my mom and I got into an accident. My goal is to finish the ride in memory of him, carrying the torch for him."

Hayes was just one of more than 130 riders participating in the 6th Annual Sled for Eternity ride on Saturday in support of Adult and Teen Challenge.

Riders travelled more than 200 kilometres along Ontario Federation of Snowmobile Club trails to Shabaqua and Shebandowan.

Robby Ahuja, director for Northwestern Ontario Adult and Teen Challenge, said the annual ride is an important fundraiser for the organization.

"Last year we raised more than \$60,000 and we've raised more than \$300,000 in last six years," he said.

This year was one of the most successful rides for Thunder Bay, with more than \$96,000 raised through registrations and sponsorships. Riders were also treated to a free lunch and dinner and two snowmobiles were up for grabs as a top fundraising prize and a draw prize.

"We try to give back whenever we can to

support the riders who are supporting us to help us put hope within reach of people struggling with addictions," Ahuja said.

Hayes and her family raised more than \$4,100 this year and Selena said she knows her Uncle Robert would be very happy with everything they've done to help others in need.

"He would just be happy, laughing lots, smiling," she said. "He was always happy. He never had a frown on his face."

"It feels really good to support people overcoming addictions because I'm pretty sure it is hard to do it yourself," Hayes added. "And it looks like there are quite a few people out here supporting the cause, so that's really good."

Galen Cushway, who has participated in the Sled for Eternity ride for the last four years, said the ride mixes two great things.

"We love ski-dooing and it is raising money for a good cause," he said. "It really helps out when you see people who are in need and they are willing to take the help. It's great."

"We did it before and it was -33 C the day of the ride," he continued. "But luckily the cold broke and it will make for a good ride."

Everyone out on the trail had a special reason to be there, whether it was riding in memory of someone lost, or having overcome addiction. And that is what makes the ride special, Ahuja said.

"Teen challenge is a service for all of us," he added. "All of us know someone who is struggling or have known someone who has struggled with a life-controlling addiction. That's what we are here to help. As a community we all band together so we can help these people overcome their life controlling obstacles."

Feeding the furred and feathered

The Bambis have been busy. We feed the birds but the deer have learned that there is a free feast at our picnic table. This all began last winter.

Last winter we decided to feed the birds by putting sunflower seeds in two bowls on our wood pile. Soon we noticed deer showing up and chowing down. There were not a few days when they would appear four times during the day. I have photos of four and even six deer competing for the seeds. We'd replace the feed hoping that the deer would go raid someone else's bird feeder so that the birds might actually get some food.

The birds and the deer weren't the only beings that availed themselves of the free fodder. Red squirrels were also scampering over the wood



pile and scooping the seeds. Not only that, but we realized that the squirrels were nesting in the wood pile protected by the tarp that covered the wood.

We'd watch from the kitchen window or the front door. But if we opened the front door, the deer would scatter. Either I or my wife, Laura, would head out and down the front stairs to refill the bowls.

This winter we decided to move the picnic table opposite Casa Jones

across the driveway and deposit the seeds there. Why not on the woodpile like last winter? Two reasons: when I went to fetch pieces of wood where the bird feed had been placed, I discovered the empty shells the squirrels had spread all over the wood. Pain in the neck cleaning off prior to throwing the wood into the basement boiler room. Another surprise came when I went to have an oil change done at our car dealership. I wanted them to check it over because the heater wasn't working well and the fan was sluggish. While I'm waiting, the gent walks in holding something. "This is the filter that is located behind your glove compartment," he announced. I looked and saw it completely covered in now-bleached, shelled, sunflower seeds, and two,

dead, desiccated mice. Now I had an explanation why the fan wasn't working properly. And as we worked our way in the wood pile as the early spring set in, we saw two squirrel nests set in the wood – stuffing, hay, you name it – used for nesting.

Perhaps if we moved the bird feed

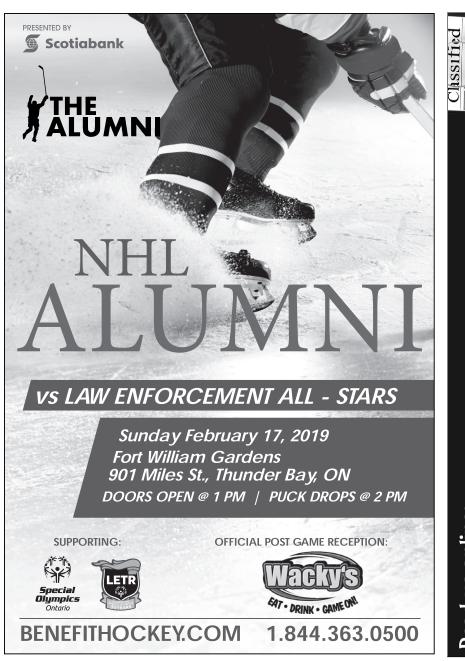
to the picnic table well away from the car and wood pile, the mice might be discouraged at the distance they'd have to cover to get to the car. Perhaps the squirrels might find another spot in which to reside.

This winter is quite different from last: far fewer birds are coming to the feeder. Back in mid-January suddenly we had Pine Grosbeaks appear. They usually showed up in the morning. We like those birds so we made sure that there was seed available. But we have seen those

gorgeous birds for a couple of weeks. We also used to see Red Poles and finches but this winter all we generally see are chickadees and blue jays and not many of them either.

What has happened? Can't be the Polar Vortex since, in years past when the thermometer dipped to the "square tire/concrete seat" temperatures, the birds still came to their breakfast, lunch, and supper.

So, the Bambis have discovered a good thing and will not starve. When I go outside first thing in the morning en route to go inside the barn and feed the horses, I take a coffee can full of seed to the picnic table. Brave and bold chickadees flock to the table even as I am spreading the feed, totally unafraid. Good. I like that. Don't think the Bambis will be that brave.





YOUR COMMUNITY.
YOUR VOICE. YOUR

KEEPING YOU INFORMED



IN THE Day arts entertainment culture

Brandt on a brand new journey

Paul Brandt will be performing at the Thunder Bay Community Auditorium on Feb. 12

MUSIC

By Doug Diaczuk - TB Source

Canadian country singer and humanitarian, Paul Brandt, has a long list of awards to his name, and while he is humbled by the recognition, he prefers to keep them out of sight while working.

"I don't have any awards up in my office or my studio where I do most of my work," Brandt said. "It drives me nuts. It's like they are staring down from the wall at me saying: now what are you going to do?"

"I don't want those recognitions to be the motivation for why I do what I do."

There are many reasons why Brandt continues to be a leading voice in Canadian country music and while his latest release, a two volume EP entitled The Journey, is a reflection of what brought him to where he is today, he continues to look forward to bigger and better things.

His latest venture is a 22-date cross-Canada Tour that will be making a stop in Thunder Bay on Tuesday, Feb. 12 at the Community Auditorium.

"This is the largest tour I have ever put together from a production standpoint," Brandt said. "I'm really excited about it."

Brandt stormed onto the Canadian country music scene in the mid-90s with hits like *My Heart has a History* and *Take it From Me*.

Throughout his more than 20-year career, Brandt has continued to make his mark both in Nashville and Canada, releasing seven studio albums, several compilation albums, three extended plays, and embarking on countless tours.

His newest release, *The Journey YYC*, *Vol.1* and *The Journey BNA*, *Vol. 2*, which represent the Calgary and Nashville airport codes respectively, serves as a reflection of his career while at the same time focusing on why he continues to make music.

"I think the show itself will have some reflections on the way that journey has been," he said. "Ultimately for me, I don't want it to just be a look back. The best things for me have always been the ones of the future. It's fun to reminisce a little bit, but you want to keep things moving forward as well."

Moving forward is not always easy and Brandt said there have been a lot of dark moments. After spending more than 10 years in

Nashville, Brandt left Reprise Records to form his own label.

"I remember asking myself at that point, because it looked very likely that things might be over, would I do this, would I sing



For your daily news visit www.tbnewswatch.com

A NEW JOURNEY: Paul Brandt will be making a stop as part of The Journey Tour in Thunder Bay at the Community Auditorium on Tuesday, Feb. 12.

and perform for people even if I had to do it for free," he said. "Then I took it one step forward and asked myself if I would even if I had to pay to do it. And the answer was yes."

That motivation to keep going for the love of music has earned him numerous awards, including 13 Canadian Country Music Awards and 13 Juno Awards.

But Brandt's motivations go well beyond music and in 2008 he received the Allan Waters Humanitarian Award at the Junos.

"I find that unless my art is outward focused and looking toward other people, it

becomes really old, really quick," Brandt said.

Over the years, Brandt has supported a variety of causes through his charitable foundation, Buckspring, which he runs with his wife, Elizabeth.

The most recent campaign, Not in My City, is fighting back against human trafficking. Brandt said he first became aware of how widespread human trafficking is during a trip to Cambodia and he soon learned that it is one of the fastest

growing crimes in Canada.

"This is the

largest tour I

have ever put

together from

a production

standpoint."

PAUL BRANDT

"You hear about these kinds of things happening in countries around the world. The things we saw there, it changed our lives forever," Brandt said.

Not in My City has already raised more than \$800,000 and Brandt said these campaigns could not be successful without the support of his fans.

"When I really look back and think about the way we have been able to make the impact, it's because the fans have supported it," he said. "They have streamed the music, bought the music, and come to the shows and that enables us to be able to do some great things."

But just because he is raising awareness about and fighting back against some very serious issues, Brandt said it is still a lot of fun making music and performing on stage, which the fans will definitely experience during his return to Thunder Bay. And knowing everyone is helping to create change in the world makes it all the better.

"I want to make sure everybody who comes to the show has a blast, leaves having a lot of fun and feeling like they were able to escape for a while," he said. "This world can have some heavy things, but it doesn't mean we can't enjoy each other's company and have some fun, too. I hope people show up ready to party."

Paul Brandt will be taking to the Community Auditorium stage on Tuesday Feb. 12 with special guests Jess Moskaluke and the Hunter Brothers. The show starts at 7 p.m.

We have a romance with serial killers

Once again, Ted Bundy is making news – which is ironic since he's been dead for 30 years. A trailer for the movie, Extremely Wicked, Shockingly Evil and Vile, premiered at the Sundance Film Festival causing an uproar on Twitter. Some questioned the casting of a pretty-boy actor like Zac Efron as the famed serial killer. Many were offended that producers were sensationalizing and "sexualizing" the man and his crimes.

Well, of course they were. It was the '70s, this was the first televised court case, and Bundy, with his movie-star good looks, was tailor-made for it. He pandered to the camera. Teenage girls swarmed the courtroom cheering for him. And thus, a true-crime celebrity

After all, television loves a killer. It lives in the shadows, challenging our sense of right and wrong.

So the media, even in its infantile



stages of the late '70s, covered the Bundy case with vigour. Was it sensationalism? Yes. In its early stages. Over the last four decades, the media

has focused on killers in hundreds of documentaries, movies, channels and now web streaming options. Some shows like the CSI franchise or Criminal Minds have created the "killer of the week" for viewers with great success. Jack the Ripper has been retold and inspired stories so



KILLER ROLE: Casting Zac Efron as serial killer Ted Bundy led to controversy.

often that he's become more fiction than fact. And Dexter killed for eight seasons as a hero because he only murdered people who deserved it.

So while the stories have certainly become more graphic over the decades, the killer interest is hardly a recent phenomenon. In 1986, A Deliberate Stranger was a made-for-TV movie about Bundy starring a hunky Mark Harmon, fresh from his sex symbol stint on St. Elsewhere. Even in squeaky clean 80's television, the story was horrifying and haunting - partly because of the murder scenes but more so because of its gorgeous star who made headlines by taking the role - just like Zac Efron.

The fact is, you cannot do the story of Ted Bundy justice without a physically exquisite specimen in the leading

He has to be charming, gorgeous, and appealing to everyone. "That's what Bundy wanted them to see," said one survivor, Kathy Kleiner Rubin. That's who he was. That's how he lured his victims. That's how he

fooled everyone, even after he was arrested.

And you can't tell the story of how the media and, more importantly, the public reacted to Bundy without romanticizing it. Because that's what they did.

This is one of the most important serial killer stories because of its sensationalism. Bundy proved that killers don't always hide in the shadows.

They aren't a scary-looking monster in the closet. And I believe that once Bruce McArthur's story is told, the truth about that sweet, harmless looking fellow will follow frighteningly similar lines.

The most dangerous predators are the ones who blend in and mislead, using their charm as weapons against their victims. At its core, Bundy is a cautionary tale for everyone, regardless of its star.

PUZZI

BORA

OPEN YEAR ROUND Parts & Accessories Available Specializing in Rubber Roof & Filon Lamination, Floor & Wall Rebuilds

Complete Undercarriage Work • Repairs to RV Furnaces, Fridges, HWH & Convertors. • TSSA Licensed for LP Servicing.

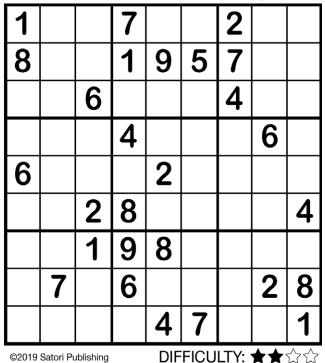
> Quality, Personal, Affordable RV Service You Can Trust!

Factory Trained, Fully Licensed, Master Certified, Serving Northwestern Ontario over 39 years

3075 Alice Ave.

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



WORD SEARCH

RESNIBUGGYKC PERSENATECH 0 В RGRLQ 0 G E A C W N B LRTG A S Ε R N S С TALUPOP Ζ Ε D S T S B G Q U N Batch Eveballs Messes Sacred Blitz Fends Newborn Senate Buggy Fishy Owners Senior Casks Fixina Piped Sewina Choir Goals Plying Smock Crispy Grips Populates Suspect Crowbar Thrown Impure Powerful Cuffs Insert Psychic Vipers Dares Lethal Relaxations Wring

ENIGMA" CRYPTOGRAM

Easier

TM Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "K" = "H

Zodiac

Reused

"T KNWVI ZEBEZIZ TUTEXVS ESVIJD MTXXNS VSTXZ."

Martin

- TCFTKTG JEXMNJX

PREVIOUS SOLUTION: "One minute of patience, ten years of peace." - Greek proverb

©2019 Satori Publishing

ACROSS 39 Art movement ANSWER TO PREVIOUS PUZZLE 40 Almost E L B A P A I D Explosive 42 Zone

letters

Mayan year Captain (abbr.)

12 Cheer 13 Geological

epoch 14 Two-toed sloth

15 Sayings (suf.) 16 Bait fish

17 Fahrenheit (abbr.)

18 Musical

composition 20 Friends (Fr.) 22 Chances

25 Nest-building fish

28 Table scraps 31 Hindu gueen 33 John brown's

dog 34 Vehicle

35 Rom. poet 36 Public vehicle

37 Railroad timber 38 Air (pref.)

Relative pronoun

46 Gum resin 50 Bright-colored fish

52 Down with (Fr., 2 words)

CROSSWORD

44 Hilltop

55 Amer. Automobile Assn. (abbr.)

56 Musette 57 Israelite tribe

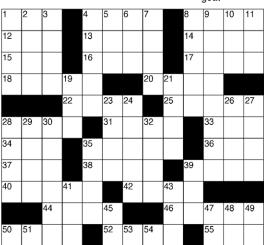
58 Argentina (abbr.) 59 Star (pref.)

60 Hem 61 Yarn measure

DOWN

Trolley Billionth (pref.)

10 Exclamation



©2019 Satori Publishing

PACO MEROM TROUTGLOS HERDCLASSIFY UNAGIANTONAE GOLCONDATILL ALEENATAL DERMA KALI

CIMBALOMBINA

ETIOLATE POEM AMOS DOSE Alas (Ger.)

Pointed (pref.) Polish rum cake Angular Arabic

Dropsy 11 Caucasian wild

bishop's title 28 Eight (pref.) 29 Teem 30 Burl (2 words) 32 Common Indian otter 35 Byron poem 39 Burmese knife 41 Ire 43 Borden cow

19 Loop trains

24 Vertebral bones

assembly

21 Principal

23 Not false

27 Eastern

26 S Afr. Boer

45 Wan 47 Semitic deity

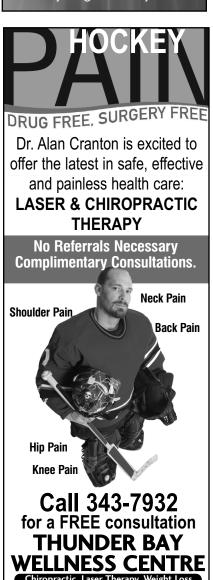
48 Rhine tributáry 49 Indo-Chin. language 50 Poly. beefwood

51 Absolute (abbr.)

53 Garden plot 54 Average (abbr.)

Thursday, February 7, 2019





3-701 Memorial Ave.

www.thunderbaywellness.com

Sports news information | coverage

McCarville, Jacobs advance

Krista McCarville heads to seventh Scotties, Brad Jacobs to his 10th Brier

CURLING

By Leith Dunick - TB Source

Krista McCarville is headed back to the Scotties Tournament of Hearts.

But Thunder Bay's Jenna Enge made her work for it.

A McCarville miss allowed Enge to score three in the seventh end to take a 6-4 lead in the Northern Ontario Scotties Tournament of Hearts final, but she couldn't hang on.

McCarville scored a pair in the 10th end to capture the championship in the 10th, to edge Enge, who curls out of the Port Arthur Curling Club, 8-7.

"It feels amazing," McCarville said, letting out a small sigh of relief.

"Especially after a battle like we had today. All week we've been playing so well and to come out the first five ends and struggle like that – but to rebound and actually play better the second half of the game and to win, there's so many millions of things going through your brain at the moment, but to come out with a win like that, it feels really good."

It's the seventh provincial title for the Thunder Bay skip, who will be joined at the Scotties Tournament of Hearts in Sydney, N.S. by lead Sarah Potts, second Jen Gates and third Kendra Lilly.

Keeps winning

McCarville, who called it one of her most memorable matches, has now won four Ontario championships and three Northern Ontario title.

"It was ups and downs. You're winning, you're losing, you're in control, you're out of control," McCarville said.

"It was definitely a roller-coaster game. We haven't had too many of those this year, so it was definitely a battle for us."

McCarville, who started with hammer, jumped in front 1-0 in the second, but Enge scored a

deuce in the third and stole another point in the fourth to take a 3-1 advantage. McCarville got one back in the fifth and stole two of her own in the six to go back in front 4-3.

But a takeout of two of her own stones in the rings in the seventh led to a three-ender for Enge, setting the stage for McCarville's late-end heroics, scoring two in both the eighth and 10th ends to

pull out the victory.

"It was

definitely a

roller-coaster

game."

KRISTA McCarville

On the men's side, Sault Ste. Marie's Brad Jacobs captured his fifth straight Northern Ontario crown, edging Sudbury's Tanner Horgan 7-5, after besting Mike McCarville 7-6



SCOTTIES-BOUND: Thunder Bay's Krista McCarville calls a shot during last week's Northern Ontario Scottles Tournament of Hearts at the Nipigon Arena. McCarville's team ran the table, beating Jenna Enge in Sunday's final.

earlier on Sunday in the semifinal.

Jacobs, who heads to the Brier for the 10th time, scored deuces in the second, fourth and sixth ends to defeat Horgan, who went 7-0 in the round robin, in a rematch of last year's provincial final.

Great feeling

"It feels fantastic. It's relieving," Jacobs told Thunder Bay Television.

"This is our 10th one. We knew this was a record-tying purple heart, if we were to win it, tying us with Rick Lang. It's a really special one for us, double-digit purple hearts. It's our 10th Brier. I'm just really proud of the guys, the way that they played.

"If you look at the scoreboard, it's a nearperfect scoreboard and the Horgans gave us all we could handle. It went right down to the last end. I'm just happy to get the win."



RECORD-TYING: Brad Jacobs won his 10th title.

Thunderwolves keep playoff hopes alive

UNIVERSITY HOCKEY By Leith Dunick - TB Source

evin Green was determined to play Devin Green was accessing at least one more game at Fort William Gardens.

One of five graduating seniors honoured before Saturday's home-ice, regular-season finale, Green's heroic 35save performance between the pipes may have saved their season.

At the very least, it gives them a chance to salvage it and climb into the OUA West men's hockey playoffs with a win or two next weekend on the road against long-time rival Western.

It's a tall order for a team that's floundered for most of the post-Christmas portion of their schedule, but at least it's still a possibility.

That's all Green and his fellow gradu-

ates - Matt Alexander, Brennen Dubchak, Austin McDonald and Sam Schutt – could ask for, following Friday night's disappointing 5-4 loss to the Guelph Gryphons with a 4-1 win in Saturday's rematch.

"When all the seniors were lined up there on the goal line, before they announced the starting lineup, I skated by and I just told the guys this wasn't the last time we were going to play in this building," Green said.

"Obviously with (my) parents in town and their parents in town, I think the guys in the room got behind us and came out and performed."

Dubchak, departing after five years, earned an assist on Daniel Del Paggio's opening goal, a power-play marker that came with 4:42 left in the first.

The Kenora native, whose extended

family - including his brother, former in upset fashion. Laurier edged third-Thunderwolves forward Carson Dubchak – was at the game, said Green

held up his part of the bargain.

"He played a hell of a game and he definitely did it for us. And we all pulled through too, we had goals from everybody," Dubchak said.

Unfortunately the rest of the OUA's Saturday schedule didn't work out in their

"We didn't get a lot of help," first-year coach

Andrew Wilkins said, his team starting the night in the conference basement and ending it in a tie for ninth.

All three teams the Wolves were chasing wound up winning, at least two place Western 7-4, Toronto stopped first-place Ryerson 5-4 in a shootout and

Windsor jumped into fifth place with a 4-3 overtime win over second-place Brock.

The results leave Lakehead (11-14-1) a point behind eighth-place Toronto (10-12-4), two points short of seventh-place Laurier and three points back of Guelph (11-11-4) and Windsor (13-13-0) – with just two games to

"Whatever you want to call it, panic button, backs against the wall, whatever it is, we're happy to get the win," Wilkins said.

Del Paggio, who was later tossed for flipping the puck out of play after the whistle, had the lone goal of the opening period.

The Gryphons tied things up three minutes into the second, rookie Andres Kopstals outwaiting Green and sliding the puck into the open net.

The Wolves retook the lead exactly 10 minutes later, Caleb Boman taking a drop pass from Josh Laframboise and rifling a wrist shot past Guelph goalie Andrew Masters.

"I just cut through the middle, I saw an opening, I called for it and ended up getting (the puck). I picked my head up, saw the top corner and just popped it in," said Boman.

Dexter Kuczek doubled the lead, going five-hole on Masters at 14:46 after Laframboise stole the puck from Gryphons forward Marc Stevens. Scott Gall provided an insurance marker.

EVER WONDER WHERE YOUR RECYCLING GOES?

In our effort to promote the reduction, reuse, and recycling of waste in Ontario, The Township of Conmee, Township of Gillies, Township of O'Connor, Municipality of Oliver Paipoonge, Municipality of Neebing and the Municipality of Shuniah offers recycling services to their residents. For more information on our recycling program, please contact your local municipality.



are melted and made into various aluminum products. One of the companies we ship to recycled 22.3 billion used beverage cans in 2001 saving enough energy to light and heat over 320,000 homes

for one year

Milk cartons and tetra packs

are used for paper towels and tissue production

Cardboard

is made into new cardboard or lining for corrugated cardboard

#1 and #2 **Plastics**

become fleece jackets, pylons, doormats, carpeting or new plastic items

Tin cans

are melted down and made into various metal items

<u>Paper</u>

is used to make newsprint, home insulation, kitty litter and takeout trays

Brighter Futures FOR OUR COMMUNITIES MARCH 11-14, 20 Fort William First Nation Arenas **Special Olympics Boys Bantam** Tyke, Novice, Atom **Girls Bantam Basketball** & PeeWee Divisions & Girls Midget & Boys Midget & Floor Hockey Online Registration is now open at: anemkiunity.com/winterclassic Contact: Helen Pelletier at (807) 622-4763 or HelenPelletier@fwfn.com Global

Space provided through a partnership between industry and Ontario municipalities to support waste diversion programs.

REAL ESTATE

- 02. Rural Homes 03 Mobile Homes
- 04. Lots / Acreage 05. Condos For Sale
- 06. Cottages
- 07. Commercial for Sale
- 08. Investment Property
- 09. Out of Town 10. Real Estate Wanted

FOR RENT

- 11. Houses
- 12. Apartments 13 Rooms
- 14. Room & Board
- 15. Shared Accommodations
- 16. Cottages
- 17 Commercial
- 18. Storage/Space
- 19. Wanted
- 20. Condos
- 21. Miscellaneous

MERCHANDISE

- 22. Bargain corner 23. Misc. For Sale
- 24. Antiques
- 25. Music
- 26. Office Equip.
- 27. Machinery 28. Pets & Livestock
- 29. Food 30. Misc. Wanted
- **VEHICLES FOR SALE**

- 32. Trucks
- 33. Vans
- 34 Motorcycles/ATV's 35. Campers/Trailers
- 36. Motor Homes
- 37. Marine Equip
- 38. Snowmobiles
- 39. Parts & Repairs

YARD SALES

- 40. Current River
- 41. Northward
- 42. Southward
- 43. Westfort
- 44. Rural

MISCELLANEOUS. NOTICES, TENDERS 45. Auctions 46. Health

- 47. Travel
- 48. Financial
- 49. Lost & Found
- 50. Personal
- 51 Notices 52. Tenders

BUSINESS & SERVICES 53. General Services 54. Home Improvements

- 55. Bus. Opportunities
- 56. Training Courses

EMPLOYMENT

- 57. Help Wanted
- 58. Careers
- 59. Child Care 60. Health Care
- 61. Employment Wanted
- 62. Students For Hire

ANNOUNCEMENTS

- 63. Coming Events64. Craft & Flea Markets
- 65. Happy Ads
- 66. Cards of Thanks 67. In Memoriam
- 68. Death/Funerals

determine page locations.

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the ertisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written

bclassified S PHONE 346-2600 EMAIL classifieds@dougallmedia.com

BARGAIN CORNER

Must contain price.

ONLY

CLASSIFIED



and on the internet at www.tbnewswatch.com

DEADLINE

Classified Word Ads: MONDAY @ 4:00p.m. Display & Photo Ads: MONDAY @ Noon

Visit our office @

87 N. Hill Street, Thunder Bay, ON P7A 5V6 or online at https:shop.dougallmedia.com

Office Hours:

Mon. - Fri. 8:30a.m. - 5:00p.m.

12. APARTMENTS FOR RENT

ADDITIONAL 1/2
INSERTIONS

DAWSON

RATES

Up to 20 words

Additional words 25¢.

*Must be run in consecutive weeks. No additions to ads.

Does not apply to Bargain Corner ads.

PROPERTIES

Inquires Mon-Fri 9am - 5pm

call **346-9222** or visit www.dawsonprop.com

WANTED TO RENT: Small/Medium hardtop tent-trailer, or small lightweight travel trailer. For the month of June/19 for 2 Seniors. Please call 285-2008

23. MISC. FOR SALE

FOR SALE! 2 wood stoves! (1 new, 1 old neither EPA approved perfect For ice fishing?) Also, mirrors from an old bar, old sewing machine, Vintage kids toys and dolls, kids doll carriage. Call 577-8309

\$ TOP DOLLAR PAID \$ For Scrap Vehicles

DAN'S EMERGENCY ROAD SERVICE

On the spot for your scrap cars, trucks, vans and SUV's. Same day pick-up with CASH.

Call Marcel 624-7242 or 626-0161

Buying Silver. Canadian coins pre 1968, USA Pre 1965, Also buying bars and rounds. Call or text Alex 627-4533. Aszczomak Auction since 1995.

LUCIE'S MOBILE FOOTCARE! Certified Basic, Advanced and Diabetic Foot Care Nurse Specialist. Clean and assess feet, Trim and file toenails. Reduce thickened nails, callus, corn/wart removal, and Ingrown nails. Phone: 807-622-8219 Text: 807-630-5511, luciesmobilefootcare@gmail.com http://luciesmobilefootcare.com 9am-7pm daily

Read us online @ www.tbnewswatch.com

49. PERSONAL NOTICES

NOTICE TO CREDITORS AND OTHERS

In the Estate of Rose Matson

Persons having claims against the Estate of Rose Matson, late of Thunder Bay, ON, deceased, who died on or about January 17, 2019, are hereby notified to send particulars of the same to the undersigned on or before February 29, 2019, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice.

Dated at Thunder Bay, Ontario on the 1st day of February, 2019.

ERICKSONS LLP ATTN KENNETH E. ERICKSON **Barristers and Solicitors**

291 South Court Street Thunder Bay, ON P7B 2Y1



50. PERSONAL

Senior Gay Woman, seeking same (66+) for friendship. Reply to: Box 28104 Shoppers Drug Mart, 900 E Arthur St, Thunder Bay, ON. P7E 1H0

DEASE POOL FAMILY DAY CELEBRATION Monday February 18 1pm-2pm Corner of Vickers and Dease St. Free Snacks and Beverage, Oldest outdoor Pool in Canada 106 years! 10 Prizes for Best Posters (Save Dease Pool!). Including 2 new bikes sponsored by Canadian Tire FW

SEARS HAIR STUDIO Hairstvlist MARY is working at Master cuts intercity Mall for appointments call 623-5233

WEST END BRUINS Minor Hockey RAF-FLE WINNERS! Draw date January 30th 2019. 1st #1089 Carol Coffey, 2nd #1599 Myles Woodman, 3rd #0930 Angela Wintermute. License #M807118

53. GENERAL SERVICES

#1 INCOME TAX SERVICES. \$40 per simple return. F-filed for faster returns. 7 days a week 9am-9pm! Call LORRAINE 767-5161 or 628-9590

53. GENERAL SERVICES

#1-A Snow Clearing driveways, sidewalks, dump runs, clean-out for apartments/sheds, rubbish Removal. General Services, Odd Jobs. Frank 628-5919

CHRISTINA'S HOME AND GARDEN Reno's, Handyman, Painting, Drywall Flooring, and much More! 621-1505

Restoration work, repair, paint decks fences, interior and exterior painting, carpentry work, framing, drywalling, insulating, minor plumbing, bathroom renovations, dump run and yard work/shoveling. Call 344-6246.

WINTER CLEAN-UP! Large trailer for rubbish, WE RECYCLE! No items too big or small! Upon demand rooftop snow \$ ice removal, soffit & attic ventilation to eliminate build-up. Eavetrough repair/new installation. General Handyman Services We are Seniors Helping Seniors! 472 6371, gapace@lakeheadu.ca

<u>54. Home improvements</u>

AFFORDABLE and QUALITY RENOVA-TIONS! Kitchens, bathrooms, painting decks, windows, doors, and drywall! Insurance compensation. FREE ESTI MATES! 35yrs exp. Call Ron 632-6671

DAN'S HOME SERVICES Renovations Drywall, plaster, tape, painting, decks fences, small jobs, FREE ESTIMATES Professional Service 344-8092 or 627

PENSIONED PAINTERS looking to stay active. Very reasonable rates. Neat, fast working, former housing authority professional painters. Also drywall repairs & small renovations. Call or Text

Renovations: Working Carpenters/Partners with extensive renovation experience. We're reasonable and reliable. PC Construction. 252-9114

P/T Office Manager Require with basic book keeping knowledge, self motivated, and good dealing with tenants. Please Call/email

denisewp10@gmail.com

A Gift In Remembrance www.sjftb.net/memorial

768-4411



50. PERSONAL

50. PERSONAL



CBD OIL **AVAILABLE**

CBD EDIBLES

COTTON CANDY

LOLLIPOPS

New arrivals of electronic vaporizers now available for e-juice, dry herbs and concentrates

OPEN 7 DAYS A WEEK

MACHAR AVE. 345-5558

MUST BE 18 YEARS OF AGE OR OLDER TO ENTER. PHOTO I.D. MAY BE REQUIRED. MUST BE 19 YEARS OF AGE OR OLDER TO USE CANNABIS.

73. INFORMATION



NOTICE

Due to the Family Day Holiday The Deadline is Friday, February 15, 2019

Display and Photo Ads 12:00

Classified Word Ads 4:00pm



73. INFORMATION

HAPPY ADS

73. INFORMATION

Let us deliver your special announcement to over 40,000 people!

ONLY \$1999 plus tax

Includes photo and up to 40 words. (additional words 25¢)



Engagements, Anniversaries, Birthdays, etc...

More exposure at less cost!



Call 346-2600

ANSWERS TO THIS WEEK'S PUZZLES

Т	Ν	Т		Н	Α	Α	В		С	Α	Ρ	Т
R	Α	Н		Ε	С	С	Α		U	Ν	Α	U
Α	Ν	Α		С	Н	U	В		F	Α	Н	R
Μ	0	Т	Ε	Т			Α	М	1	S		
			┙	0	Т	S		Α	\circ	Α	R	Α
0	R	Т	S		R	Α	N	Τ		R	Α	В
С	Α	R		L	U	С	Α	Ν		C	Α	В
Т	1	Ε		Α	Ε	R	1		D	Α	D	Α
Α	Ν	Ε	Α	R		Α	R	Ε	Α			
		Κ	N	Α	Ρ			L	0	В	Α	Ν
Т	Α	Ν	G		Α	В	Α	S		Α	Α	Α
O	В	Ō	E		L	E	٧	Ι		Ā	R	G
Α	S	T	R		Ē	D	G	Ε		L	Ē	A

1	3	5	7	6	4	2	8	9
8	2	4	1	9	5	7	3	6
7	9	6	2	3	8	4	1	5
9	5	7	4	1	3	8	6	2
6	4	8	5	2	9	1	7	3
3	1	2	8	7	6	5	9	4
5	6	1	9	8	2	3	4	7
4	7	3	6	5	1	9	2	8
2	8	9	3	4	7	6	5	1

Е	S	(T	R	Е	S	N	1	(B	V	(G)	G	Y)	(K)	(C)	ì
S	Κ	$\overline{\mathbb{V}}$	Т	P	Ε	R	S	Ē	Ń,	办	不)		c	Н	ı
Ν	S	F	Н	0	W	0	0	77,	K,	74	/ \$)	V	ol	О	ı
0	Α	М	G	W	1	Β	R,	Ø	ß	1 (2)	γá	Ø	M	1	ı
1	C	\odot	R	Е	Ν	W	Ø	9	K,	K	9	A,	3	R	ı
Т	R	3	·F	ĸ	G	E/	W	K,	PC)	b	ľŖ,	И	D	Õ	П
Α	Е	M	M	(F)	W	W	1 8,	K	₽	ľτ,	M	D	N	Т	ı
Х	b	С	Е	Й	W	€	A	S		Æ	R	0	Е	Ν	ı
Α	S	Е	S	W	ß	♌	R	(N	Ś	U	Т	Z	E	Ε	П
L	Υ	Р	$^{\circ}$	Œ	1	Α	L	U	Р	0	P	Α	Ν	S	И
Е	В	(\mathbb{S})	Е	R	Α	\bigcirc	7	Е	\odot	Κ	S	Н	D	٧	
(R)	Е	U	S	Е	D	⇑	Œ	Ş	\oplus	С	Т	Α	B	S	
D	W	S	<u>G</u>	Ŋ	1	K	7	(P)	Ş	Υ	С	Н	Τ	<u></u>	1
Н	Х		9	Ŀ	<u>/\$</u>	Р	F	<u>b</u>	\Box	¥	Р	U	R	E)	,
J	Т	S	(B)	(G	Ν	Ι	Χ		B	(P)	W	D	Q	U	

PREVIOUS SOLUTION: "A house divided against itself cannot stand."

— Abraham Lincoln

BUSINESS DIRECTORY

RUSINESS DIRECTORY

RUSINESS DIRECTORY

BUSINESS DIRECTORY

BUSINESS DIRECTORY

READ US ONLINE:

www.tbnewswatch.com

BUSINESS DIRECTORY



Rotary Club of Thunder Bay have

Arthur Rotary Club of Thunder Bay have joined forces in a fundraising effort to make our community a better place to live. This year is no different and on Monday, February 18th 91.5 CKPR donates all its commercial time to raise money enabling the Rotarians to continue to make significant contributions to many worthwhile projects right here in our own community.



SALE
\$20/gallon off
The Diamond - the most
durable paint!"

784 Memorial Ave. (Next to McDonalds) 344-0784

Worth Doing? Worth Dulux Paint - Wallpaper - Blinds - Flooring
New Arrivals - Giftware/Home Décor.
Locally owned & operated to better serve you

Putting you in touch

with the right business.





INTELLIGENT

ALL-WHEEL DRIVE

SALES EVENT

GET \$1,000 AWD CASH*



ROGUE®

LEASE^ A 2019 S FWD FROM \$284 MONTHLY WITH \$2,695 DOWN. THAT'S LIKE PAYING ONLY

\$65

FROM

1.9% APR

VEEKLY

FOR 39 MONTHS

OR \$1,000 AWD CASH*
ON 2019 ALL-WHEEL DRIVE MODELS



QASHQAI

SL AWD model shown*

LEASE^A A 2019 S FWD FROM \$261 MONTHLY WITH \$2,695 DOWN.

\$59

WEEKLY

FROM

2.9% APR

FOR 39 MONTHS

OR \$500 AWD CASH*
GET SOON 2019 ALL-WHEEL DRIVE MODELS



Platinum model shown⁴

MURANO®

FINANCE* A 2018 S FWD AT

%APR

FOR

60

MONTHS ALL-IN SELLING PRICE IS \$33,420

OR GET UP TO

\$5,500

STANDARD RATE FINANCE CASH ON OTHER SELECT MODELS

OR \$1,000 AWD CASH*
ON 2019 ALL-WHEEL DRIVE MODELS

940 Memorial Avenue • 345-2327 • 1-800-665-7207 halfwaymotorsnissan.com

Offers available from February 1 – 28, 2019. *AWD cash of \$500/\$1,000/\$1,000/\$1,000 (is deducted before taxes) is available on 2019 Nissan Qashqal (Excluding FWD)/Murano (Excluding FWD)/Pathfinder (Excluding FWD)/Rogue (Excluding FWD) models. *Payments cannot be made on a weekly basis, for advertising purposes only, Representative monthly lease offer based on a new 2019 Rogue S FWD/2019 Qashqai S FWD at 1,9%/2,9% lease APR for 39 months equals monthly payments of \$284/\$261 with \$2,695/\$2,695 down payment, and \$0 security deposit. Lease based on a maximum of 20,000 km/year with excess charged at \$0.10/km. Total lease obligation is \$13,760/\$12,687. Special Lease Cash of \$500/\$500 is included in the advertising offer. +Standard Rate Finance Cash discount of \$5,500 is applicable only to customers financing a 2018 Murano Platinum AWD models through NCF at standard rates. Representative finance offer based on a new 2018 Murano S FWD. Selling price is \$32,420 financed at 0% APR equals 60 monthly payments of \$540 monthly for a 60 month term. \$0 down payment required. Cost of borrowing is \$0 for a total obligation of \$32,420. Special Finance Cash of \$1,000 is included in the advertised offer. Amodels shown \$39,320/\$33,275/\$46,520 selling price for a new 2019 Rogue SL Platinum (AA00)/2019 Qashqai SL AWD (AA10)/2018 Murano Platinum. All Pricing includes Freight and PDE charges (\$1,795/\$1,950/\$1,795) air-conditioning levy (\$100), applicable fees, tire tax manufacturer's rebate and dealer participation where applicable. License, registration, insurance and applicable taxes are extra

