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YOUR COMMUNITY NEWSPAPER

THURSDAY, APRIL 12, 2018

# Chilling out

Dozens take part in the Polar Bear Plunge to raise money for Special Olympics and Roots to Harvest /14



PRETTY COOL: Members of team Ice Forward from Copperfin Credit Union, were one of the first teams into the water during the Thunder Bay Polar Bear Plunge on Saturday.

## **INSIDE**



**Local hockey community** shattered by crash /3



Halifax band still going strong after 30 years /17



**Driver dies in Hghway 11/17** head-on crash **/8** 

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ADVERTISING FEATURE



## Behind the Business

Here is your opportunity to tell Thunder Bay all about your business.

## Menchie's makes people smile

BUSINESS
By Leith Dunick - TB Source

The first time Al Brown walked into a Menchie's Frozen Yogurt, he was immediately transformed back in time with fond childhood memories of exciting visits to his Grandmother's house, birthday parties and good times with friends.

He immediately realized it was the business model his wife Rachel had been seeking, long wanting to own and operate her own business.

What better than a place that kept all her customers smiling from start to finish?

Almost four years after opening in the Northwood Park Plaza, the couple are still smiling themselves, in love with the family-friendly atmosphere they've created at Menchie's, where all four of their children have worked at one time or another.

What's not to love?

The frozen yogurt, which comes in 120 different varieties, with a dozen or so on tap each week, literally melts in your mouth.

The yogurt flavours are made on site, where they strive to use real ingredients such as fruit, spices, cake and nuts. Not surprisingly, the most popular flavours are Pure Chocolate, Classic Vanilla and Cake Batter, but it also comes in Bubble Gum, Black Cherry Greek, Skor, Canadian Maple, Chocolate Strawberry, Cotton Candy, Red Velvet Cupcake and Tangy Lemon, to name just a few.

"We have 12 available at any given time and usually rotate two or three new ones a week," Rachel said. "And we always get requests from people who come in."

With 70 or more different toppings available – from fresh fruit and berries for the health-conscious to Nanaimo bars, nuts and chocolate and candy for the kid in everyone – there's more than 1.1 sextillion possibilities to choose from in toppings alone.

There's a little something for everyone and for every diet, including sorbet that suits a vegan diet. There are even gluten- and nut-free options for those with allergies.

"We have people who are very health conscious who are coming here, because our yogurt is fat free. We do offer sugar-free and other low-calorie toppings, so it doesn't have to be just a decadent treat. It can also be something healthy," Rachel said.

Since opening in 2014, they've also expanded

their menu, adding popular shakes, like Reese Peanut Butter Cup and Oreo, along with mango, pineapple and strawberry smoothies.

There are also juicy hot dogs and frozen yogurt cakes to celebrate any festive occasion.

"We also do birthday parties, catering and fundraising," Rachel said, mentioning last year they donated 15,000 spoons to the local Breakfast Club program.

"It's all about being part of and giving back to the community. That's important to our entire family."

Menchie's is also starting to hit the road for special events with their summer events booth, and has been a hit at the Teddy Bear's Picnic, Ribfest and Canada Day.

Summer's also a favourite time at the colourfully decorated store itself, when they open the garage door windows and set up a patio outside the shop, where customers can enjoy their treat in the afternoon or evening sun.

Menchie's is open from noon until 10 p.m., seven days a week, though Rachel said during the summer they'll often stay open a little longer. It's located at 425 N. Edward Street in the Northwood Park Plaza, Phone 475-9115 for more information.



FROZEN FUN: Al and Rachel Brown invite everyone to visit Menchie's.



\$16

YOGURT CUP coupon valid at Menchie's Thunder Bay location only. Cannot be combined with any other offers, promos or discounts. Coupon must be present at time of purchase. No cash value. Coupon expires May 1, 2018.



SHAKE coupon valid at Menchie's Thunder Bay location only. Cannot be combined with any other offers, promos or discounts. Coupon must be present at time of purchase. No cash value. Coupon expires May 1, 2018.

## **Humboldt hits hard**

Lakehead's Josh Laframboise lost a good friend in deadly crash

**THUNDER BAY** By Leith Dunick - TB Source

As news began to circulate on Friday night that the Humboldt Broncos hockey team had been involved in a deadly bus crash, Josh Laframboise panicked.

The rookie Lakehead Thunderwolves forward was good friends with one of the Broncos, captain Logan Schatz.

The two had played ball hockey together with Team Canada and the former linemates remained close as their hockey careers took them in different directions, Laframboise back to his hometown to play the university game, while Schatz blossomed into the Broncos leading scorer and beloved leader on and off

Tragically Schatz's life was cut short on Friday night, along with 14 other members of the Saskatchewan Junior Hockey League team's family, the team bus ripped apart in a violent collision with a tractor trailer while en route to a playoff game against the Nipawin Hawks.

#### **Shocked**

Laframboise, who briefly played in the SJHL in 2013-14, was devastated to learn his friend had died.

"I played ball hockey in the summer with him, played ice hockey with and against him. I was fortunate enough to know him very well. We were close friends. I've got a couple of other buddies on the team who are in the hospital right now and we really don't know what's going on with them," a subdued Laframboise said on Saturday.

"You see the pictures on Twitter with the guys holding hands, it's really moving stuff. I know one of the guys in the picture and I'm glad he's good. My other buddy, my

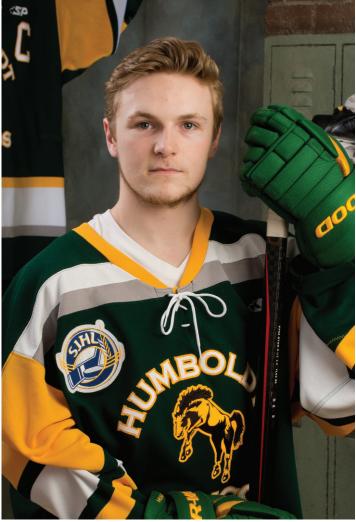
mom just texted me and told me he's awake and knows where he is."

It was a rough first 24

"I had no idea what was going on," said Laframboise, who didn't find out about the crash until about 1 a.m. on Saturday, alerted by a friend in Regina.

"We were waiting to hear what was going on and we got the phone call at about

4 in the morning that it was true that Logan passed. I just thought it was a dream. I couldn't sleep. I was bawling my eyes out just thinking



TRAGEDY: Logan Shatz was one of 15 killed in a Northern Saskatchewan bus crash.

about all the times that we hung out. I talked to him a couple of weeks ago, just to see how hockey was going."

Thunderwolves teammate Justin McDonald grew up in Saskatchewan and spent two seasons in the SJHL before landing at Lakehead.

He was in shock after learning of the horrific crash.

"I was

bawling my

eyes out just

thinking

about all the

times that we

hung out."

Josh

LAFRAMBOISE

"You don't even have to be from hockey to understand. You're just expecting to go there and play hockey that night, come home to your bed and unfortunately multiple people never made it back," McDonald said.

"That trip's made hundreds of times a year ... It's not a good feeling."

The Thunder Bay North Stars and Thief River Falls Norskies, fellow members

of the Canadian Junior Hockey League, wore Broncos stickers on their helmets and lined the red line

together for a moment of silence

prior to their Superior International Junior Hockey League playoff game at Fort William Gardens on Saturday night.

#### Way of life

North Stars forward Ryan Mignault, who started the season in the SJHL, said just about every hockey player can relate to life on the road.

"It's just a terrible tragedy. Obviously it hit home with us," Mignault said.

Thunder Bay coach Rob DeGagne said the hockey world stands together as one in support of the Broncos.

"It's just a sad situation. Our hearts go out to everybody involved. It's a nightmare. It really is. Hopefully, God-willing, everything will work out for them. Our thoughts and prayers are with their families right

A GoFundMe account has been set up and raised more than \$7 million for the players and their families.

## Weather Forecast

#### **THURSDAY**



**Cloudy with** sunny breaks

**Probability of Precipitation: 30%** HIGH 5 LOW -7

**SUNDAY** 

### **FRIDAY**



A mix of sun and clouds

**Probability of Precipitation: 30%** HIGH 0 LOW -9

A mix of sun and clouds

**Probability of Precipitation: 30%** HIGH -1 LOW -8

#### **MONDAY**



**Mainly sunny** 

Probability of Precipitation: 20% HIGH-1 LOW -7



**Flurries** 

**Probability of Precipitation: 40%** HIGH O LOW -6

#### **TUESDAY**



**Mainly sunny** 

Probability of Precipitation: 10% HIGH 3 LOW -3

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#### LOCALNEWS

# Necan sentence delivered in May

Was convicted in the 2016 violent death of George Gerard, 60

**COURT**By Doug Diaczuk - TB Source

A man convicted of second-degree murder for the violent 2016 assault at a Simpson Street apartment that left 60-year-old George Gerard dead will learn next month how long he will remain behind bars.

Nicholas Necan was convicted by a jury of second-degree murder on Feb. 16 following a six day trial, during which several witnesses testified.

The incident took place on Jan. 28, 2016 at the Casablanca Apartment complex on North Simpson Street. Responding police officers testified during the trial that Necan was found in Gerard's apartment striking him with a piece of wood. Gerard was transported to hospital where he was pronounced dead.

In a Thunder Bay Courtroom on Monday, defense attorney, Neil McCartney and Crown prosecutor, Gordon Fillmore, presented their sentencing submissions to Justice John Fregeau.

During his submission, McCartney said he understood that murder is a serious charge and carries with it a mandatory life sentence without the possibility of parole for a minimum of 10 years.

McCartney asked Justice Fregeau not to increase the 10 year parole ineligibility for Necan.

"Mr. Necan's moral culpability when placed alongside other second-degree murder, is not high," McCartney said.

During the course of the trial, McCartney argued Necan was too intoxicated at the time of the incident to willfully commit murder. He asked the jury instead to find Necan guilty of manslaughter.

"He never denied the responsibility of a serious crime in causing the death of Mr. Gerard," McCartney said.

McCartney conceded that the beating of Gerard was brutal and sustained, but cited another second-degree murder case involving firearms that only resulted in 12 years of parole ineligibility for the offender.

"It could be argued that this was a more brutal murder because it had to be sustained as opposed to a gunshot," Justice Fregeau interjected during McCartney's submission.

A pre-sentencing and Gladue report were also presented to the court and McCartney cited several past circumstances of Necan's life, including being exposed to alcohol, substance, abuse, and violence at an early age in the home.

The Crown is asking Justice Fregeau to



BEHIND BARS: Nicholas necan will find out his fate at a sentencing hearing next month.

impose a sentence of 15 years parole ineligibility. Fillmore said the nature of the assault against Gerard, as well as forensic evidence that indicated it took place for an extended period of time, demonstrates the brutal nature of the attack.

"It was, as my friend conceded, a brutal and sustained beating," he said. "Those minutes of Mr. Gerard's life must have been awful."

Prior to sentencing submissions, the court

"I love my

dad. He

didn't

deserve

this."

**APRIL GENNO** 

heard several victim impact statements from family members of Gerard

His stepdaughter, April Genno, who read her statement in person to the court, said the loss of her father has had a prolonged and profound impact on her and her family.

"It always felt like I had a lump in my throat and I was about to burst into tears at any time," she told the court. "I love my dad. He didn't

deserve this. We don't deserve this. You created a dark space for me and my family to live with."

"I hope wherever you go, you think for the rest of your life what you did," Genno said to

After sentencing submissions, Necan was provided an opportunity to address the court. He spoke softly while facing Justice Fregeau.

"I am truly, deeply sorry for what I have done," he said. "I dream about him every day. He will always be a part of me."

Justice Fregeau said he would like to take some time to review the sentencing submissions before determining what sentence should be carried out against Necan. The matter has been adjourned until May 9.

Do you have an opinion to share? E-mail the editor at ldunick@dougallmedia.com

#### LOCALNEWS

## **Promising prosperity**

Brandon Postuma wins Progressive Conservative nod

By Leith Dunick - TB Source

**B**randon Postuma says it's time Northern Ontario has a voice at Queen's Park, at least one that can make a

Despite having two cabinet ministers, the Liberal government has closed ears when it comes to the region, said Brandon Postuma, who on Thursday was acclaimed to run for the Progressive Conservatives in Thunder Bay-Atikokan in the June 7 provincial election.

Postuma said the Conservatives, under new leader Doug Ford, are taking a different approach and see the North as integral to the province's future.

"I made the decision to run because I'm worried about the future for my kids. I spent a lot of time in Ottawa when I was going to university and I saw the economic growth going on there," he said on Thursday night before accepting the nomination, the acclamation coming after rival candidate Moe Comuzzi decided earlier this month to step aside.

"I've always wanted to be up in the North. The North is home and we don't see that growth here. When I work with the PC party, what I see is potential. When I walk around Northwestern Ontario, I see potential. There's just a disconnect right now between what people want in the North and the message that's being sent to Queen's Park. Watching the Ring of Fire project stall is frustrating, but Postuma said the Conservatives, if elected in nine weeks, will work together as one to ensure all regions of Ontario hop on the prosperity train

That means having the ear of the premier.

"For a long time people feel we've been left in the dark without strong leadership and also without an open ear at Queen's Park," Postuma said. "Right now we have this form of dictatorship that tells us what we want in the North, and we're not really having our needs met or heard.

"We're part of a team with Doug Ford. His ears are open, his eyes are open and what we see with him is he's really curious and really interested in actually making Northwestern Ontario the economic engine for all of Ontario. And that's something completely new."



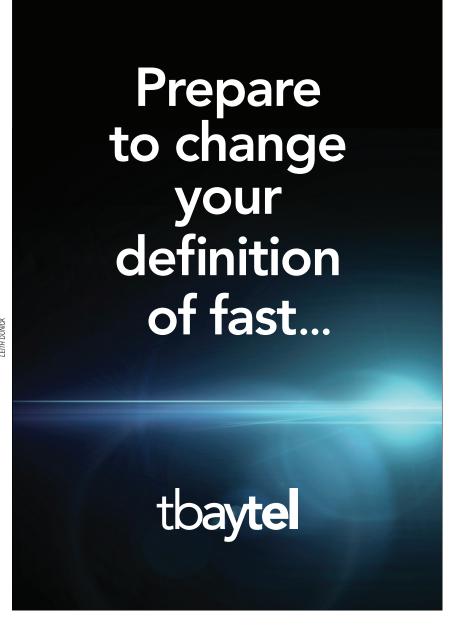
IN THE RACE: Brandon Postuma is a first-time candidate.

Postuma, who has served as riding president for several years, is taking his first leap into political candidacy, taking on longtime Liberal MP and cabinet minister Bill Mauro and NDP first-time hopeful Judith Monteith-

Acknowledging it's been decades since the Conservatives have elected a candidate in the riding, Postuma promised to make jobs and the economy his focus should he be victorious.

"I'm in my 30s, so I've never experienced it, but at one time Northwestern Ontario, they called it the Chicago of the North. We were going to be the economic engine for Ontario, and at that time Ontario was the economic engine for Canada," he said. "There was potential and there still is potential. We just need to move on it.

"We just need to bring people together, we need new people, we need a new message and we need a fresh face to bring it to Queen's Park and deliver fresh ideas."





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### **Editorial**

**EDITORIAL** 

### Humboldt resonates

ast Friday's tragic bus crash that killed 15 members of the Humboldt Broncos organization hit way too close to home for Canadians.

Not surprisingly, there was a local connection to the crash - probably several given the city's hockey ties.

Lakehead forward Josh Laframboise was good friends with Broncos captain Logan Schatz, and several other survivors on the junior A team.

It wasn't hard for his Thunderwolves teammates to relate. The same goes for the Thunder Bay North Stars, Border Cats, Chill and countless minor teams in just about any sport one can imagine.

For players on many of these teams, life on the road is part of the game, especially in Northwestern Ontario, where isolation means hours between communities.

On any given day dozens of players from Thunder Bay are on the road, headed to Kenora or Dryden or Thief River Falls, Minn. to play the sports they

Most probably don't think twice.

But the reality is our highways are just as dangerous as Saskatchwan. A recent report distributed by the OPP shows traffic fatalties on Northwestern Ontario highways more than doubled from 2016 to 2017, from 13 to 27. In the past week alone two people have died in collisions in the Thunder Bay area.

In time, Humboldt will recover, but they'll never forget the 15 young men whose lives were lost. Rest in peace.

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Aocha Cha





#### **Supporting strikers**

To the editor:

support the folks on strike at the Port Arthur Health Centre to make the concerns known and to pressure the PAC to offer them fair wages and job security.

These people who are often the right hand to the docs and nurses are valued members of the team.

For that reason, in my opinion, them merely not being on the job is already causing lots of difficulty inside the clinic as managers have to negotiate the system to do the jobs these workers do.

The strikers should allow the patients to pass by with minimal hold ups, encourage them to ask lots of questions to those maning the front lines, ask why if their appointment is late, insist on referrals being done just like the regular workers would do for you and express concern about the strike to those inside.

Then on the way out talk to those on the lines and tell them what is happening inside and what you told

The picketers would have the support of the public, patients would get to appointments on time and the pressure on those inside would hopefully encourage a quick resolution.

> Beth Chase, Thunder Bay, Via Facebook

#### **Parking problem**

To the editor:

It's too bad people still park on private property every single game or event at the Gardens. No parking means no parking, not park here for an hour and go.

Respect people's property and park somewhere else and walk.

And to all the parents dragging their child across the street in front of moving vehicles instead of using the crosswalk, shame on you, you're gonna get you or your child killed.

There is no reason not to use the crosswalk that's literally 10 feet from the building (not to mention it's against the law not to use it).

> Steve Connors, Thunder Bay Via Facebook

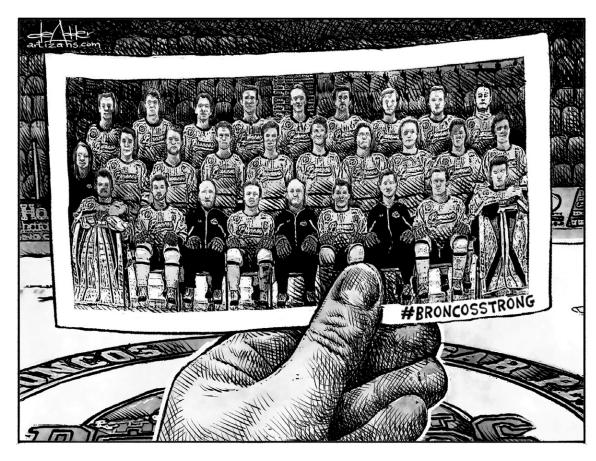
#### We need doctors

To the editor:

There are approximately 30,000 people in Thunder Bay who do not have a family doctor. That's a lot of vulnerable people. What is our city or our political leaders doing to help aleviate this situation?

> Kathy Gillis, Thunder Bay Via Facebook

#### LETTERS TO THE EDITOR



## **Power comes to North**



t is hard to imagine that Thomas Edison invented the light bulb in 1879, and by 1901, the first powerline between the United States and Canada at Niagara Falls was built. In 1910, towns and cities in Ontario were being hooked up to electricity, yet more than 100 years later we are still talking about connecting First Nation communities to the electrical grid. While it's been far too long, the great news is that it's becoming very clear how committed our government is to finally getting the job done and creating benefits for all of us throughout the Kenora riding.

Just this last month, along with the Honourable Jane Philpott, Minister of Indigenous Services Canada, I was pleased to announce one of the largest investments the North has ever seen: \$1.6 billion for Wataynikaneyap Power to connect 16 First Nations located in our riding to the provincial power grid. This historic announcement demonstrates the importance of building partnerships with the private sector, as well as with the province of Ontario.

Wataynikaneyap Power, a licenced transmission company majority owned by 22 First Nations, has entered into a partnership with Fortis Inc. with the goal of an eventual 100 per cent ownership by First Nations. The Wataynikaneyap Power project is the largest and most far-reaching Indigenous-led transmission project in the history of the province.

The groundwork for this project began in August 2017 with a \$60 million investment to build a 117-kilometre grid line from Red Lake to Pikangikum First Nation, which is scheduled for completion later this year. Following the grid connection to Pikangikum, the Wataynikaneyap Power Project will be built in two phases:

Phase 1: upgrading of the electrical system with a new line to Pickle Lake, which is expected to begin in early 2019 and be completed in late 2020.

Phase 2: construction for the connection of remote First Nation communities north of Red Lake and Pickle Lake will begin in 2019, with community connections starting in 2021. In addition, all communities are expected to be connected by the end of 2023.

Connecting these communities to Ontario's electrical grid not only lessens their reliance on expensive, environmentally unfriendly diesel, it also lights the way for further developments. Electrification is just the first step. Building roads, improving infrastructure like clean water/waste water facilities, linking communities to highspeed internet, constructing safe and affordable housing, is what we need to do if we want to tap into the enormous economic development opportunities waiting to be developed throughout the

This progress will also work towards eliminating isolation for remote communities by making it easier to bring in social programming for families and children, while also improving healthcare services, especially much needed mental health

Not only will First Nation communities directly benefit, surrounding communities and the entire region will as well. With increased construction and economic development, comes increased employment and business opportunities.

Ensuring that our First Nation communities have equal opportunities to succeed is just one step in the reconciliation process; in order for the North to thrive, we all must thrive - I believe we are on our way.

This truly is a major step forward to opening up the North.

## **Perspective**

## Our lost legacies

#### Millions fighting to have their documentation erased

By J.R. Shermack **Special to TB Source** 

Sooner or later in most people's lives they start thinking about their personal legacy.

When it comes down to it everybody likes to know that they made a difference somehow and the world knew that they were here.

At family get-togethers we often take comfort in fondly remembered legacies from years gone by.

We recall who made the best cabbage rolls, who grew the best vegetables and way back when we were kids, who was our favorite

These memories are a tribute to lives well lived and personal legacies well deserved - our loved ones would be proud.

They would be pleased to know that their wisdom, knowledge, skill and accomplishment were being kept alive by another generation.

It is comforting to know that we often have a positive, long-lasting influence - it adds meaning to life and hope for the future.

That's how it used to be but now, building a legacy isn't what it once

I think most people would prefer to be fondly remembered, respected and revered for all time.

But suddenly, millions are fighting for the right to be forgotten altogether and to have all documentation erased.

**Thunder Bay** 

Thunder

Lumber

1953 picture.

The legacy they would like to preserve is a blank page with no record of anything they've ever said or done.

This is the very real legacy of the virtual world - your personal reputation will be determined online by social media.

It may include some of your more impressive achievements but it will likely also include a number of things that you would prefer to

Your legacy will be created for you, mostly without your knowledge or approval, and you may not like what you see.

Your story begins the instant you first click on the Internet and it may haunt you continuously until the day you die.

But that's not the end of it – just like flawed diamonds, the Internet is forever and your legacy is subject to review and editing, also forever.

That's why "The Right to Be Forgotten" is being demanded by millions of social media users in international courts.

They object to the online, inyour-face portrayal of their past indiscretions.

Being forgotten means that individuals have a basic right to delete inaccurate, misleading, incomplete or outdated information.

At the same time they will try to alter their history by eliminating those aforementioned "discre-

After the first case in 2014 a

European court ordered Google and other search engines to comply with such requests.

Since that time Google has received over 650,000 requests to remove more than 2.4 million internet links.

They have complied with about 43 per cent of de-indexing demands and are actively defending themselves in English and French courts.

They consider themselves to be "journalists" and believe that any harm done is just collateral

Google's counter argument is that the dual benefits of access to information and freedom of expression make it totally worth it.

However, it seems to me that those two so-called benefits are causing a lot of problems.

They are also changing what it means to leave a legacy behind will your social media "estate" be a credit to your memory?

As for me, I don't rely on tampered legacies from internet profiles - I am more interested in hearing stories as they unfold around the kitchen table.

Which scenario would you prefer when your legacy is discussed and what are you doing right now to make sure the stories are good?

The last word goes to William Shakespeare who succinctly wrote, "No legacy is so rich as honesty."

And honestly, we would all benefit from a legacy as rich as

#### KILLED IN CRASH



UNFORTUNATE: An 86-year-old man was killed in a collison that began on Memorial Avenue and came to a tragic end after the victim's vehicle crashed into a structure at Thunder Bay Transit.

#### **HOW TO WRITE US:**

etters to the editor are most welcome. Those kept to 350 words or less

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

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## Do you agree with city council's decision to spend \$50,000 to save Centennial

#### Lumber Co. sold everything from lumber, paint and roofing to hardware, flooring and plywood. The store's origins date back to 1911, when it was established at 140 Cumberland St., but the building was later moved to 193 South Court where it's seen in this

A look back in history

## Driver dies in fatal crash on Highway 11/17

**POLICE By TB Source staff** 

Thunder Bay OPP have identified Jason Calder of Thunder Bay, 48, as the victim of Monday's fatal traffic accident on Highway 11/17.

Police say Calder was driving an eastbound pickup truck that came into collision with a westbound transport truck about two kilometres east of Finmark Road.

He was pronounced dead at the

The driver and a passenger in the transport truck were both taken to hospital with non-life-threatening

According to OPP Provincial

Const. Diana Cole, the collision occurred just before 12:30 p.m. on Monday afternoon on Highway 11/17 approximately two kilometres east of Finmark Road.

"After the eastbound pickup truck and the westbound tractor trailer collided, the tractor trailer ended up going well into the ditch and into the tree line," Cole said shortly afterward.

OPP closed the highway for about five hours.

Police continue to investigate the cause of the collision.

"Road conditions are dry and bare," Cole said.

"We are still in the preliminary stages of the investigation."



TRAGIC DAY: OPP investigators survey the crash scene on Highway 11/17 on Monday after a head-on collision killed Jason Calder, 48.

Save the date April 18, 2018

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#### **An Event Bringing Government and Employers** Together!

Save the date! On April 18, 2018, you are invited to an event that will provide you with information on programs and services that are available to employers and business owners.

There will be booths, presentations, and live demonstrations by federal, provincial and municipal government departments/agencies. This is an event you don't want to miss!

Date: Wednesday, April 18, 2018

Time: 9:00 a.m. to 3:00 p.m. **Place: Italian Cultural Centre** 

**132 Algoma Street** 

**Thunder Bay** 

For more information please contact us at: guy.turpin@servicecanada.gc.ca or (705) 507-3429.

We look forward to seeing you!

Anna Marie Nowitski Director, Northern Ontario Citizen Services Branch Service Canada annamarie.nowitski@servicecanada.gc.ca Tel: (807) 768-6202

Piero Pucci

Supervisor

Economic Development

City of Thunder Bay

Tel: (807) 625-3960

ppucci@thunderbay.ca

#### Date à retenir le 18 avril 2018

#### EMPLOYEUR NORD

#### Événement rassemblant les employeurs et le gouvernement!

Inscrivez la date à votre calendrier! Le 18 avril 2018, vous êtes invité à prendre part à un événement dans le cadre duquel vous seront communiqués des renseignements sur les programmes et les services offerts aux employeurs et aux propriétaires d'entreprise.

Outre les kiosques d'information, des exposés seront présentés et des démonstrations seront faites en direct par des représentants de ministères et d'organismes fédéraux, provinciaux et territoriaux et d'administrations municipales. C'est un événement à ne pas manquer!

> Date: Le mercredi 18 avril 2018

Heure: de 9 h à 15 h

**Endroit: Centre culturel italien** 

132, rue Algoma

**Thunder Bay** 

Pour obtenir de plus amples renseignements, veuillez communiquer avec nous par courriel à l'adresse guy.turpin@servicecanada.gc.ca ou par téléphone au (705) 507-3429.

Au plaisir de vous y voir!

Anna Marie Nowitski Directrice, Nord de l'Ontario Direction générale de services aux citovens Service Canada annamarie.nowitski@servicecanada.gc.ca Téléphone: (807) 768-6202

<u>Service</u> Canada Piero Pucci Superviseur Développement économique Ville de Thunder Bay ppucci@thunderbay.ca Téléphone : (807) 625-3960



Veuillez inscrire tous les participants: www.eventbrite.ca/e/employer-north-tickets-44480336885

## City spends \$50K to keep park train

By Matt Vis - TB Source

The Muskeg Express looks like it will be running full steam ahead this summer.

Thunder Bay city council on Monday night approved a request from Coun. Andrew Foulds to take \$50,000 from the stabilization reserve fund for necessary repairs and upgrades for the Centennial Park train ride to meet safety standards.

Foulds, who represents the Current River ward that encompasses the park, said the amusement ride has been enjoyed by city residents for more than 50 years.

"The Muskeg Express celebrates part of Centennial Park," Foulds said. "It's one of those legacy projects. It's one of those things kids remember, parents remember, grandparents remember."

The ride was not operational last year but the ride generated \$3,400 in 2016, which Foulds said would mean a minimum of 1,200 people took a trip based on if they paid the adult admission of \$2.75 each, which doesn't factor in kids going on either for free or at the reduced rate.

"We know there were lots of kids on that train. We know there were lots of families on that train. We know this thing is getting used," Foulds said. "It's one of those value added experiences in a park and to be perfectly



HISTORIC: The Muskeg Express has been used for tours of Centennial Park since 1967.

frank, we don't need any more trails in Centennial.'

Coun. Linda Rydholm compared the state of the Muskeg Express to another 1967 project - the Centennial Botanical Conservatory – that was shortchanged in regular maintenance and resulted in a hefty cost to keep functional.

"These projects were not well maintained over the years so now we pay the price," Rydholm said.

## A NEW SPIN ON 50/50! ST. JOSEPH'S FOUNDATION 26 WEEKLY DRAWS

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## Read us online: www.tbnewswatch.com

### Residency not required to run

CITY HALL By Matt VIs - TB Source

Eligible candidates in this year's municipal election will be able to run in any ward, regardless of whether or not they actually live or own property in that part of the city.

For more than 40 years candidates or their spouse had to reside, own or lease property in that ward in order to run in one of the city's seven wards - Current River, McIntyre, McKellar, Neebing, Northwood, Red River and Westfort.

But, as Thunder Bay city council learned Monday night, provincial revisions to the Municipal Elections Act have removed the city's authority to institute those residency requirements, opening the door for any eligible candidate who resides, owns or leases property anywhere in the city to run wherever they choose.

"Just that we understand this fully - I'm using the two extremes of our community a person living in Westfort, now they can actually be a candidate in Current River," Coun. Rebecca Johnson said.

"Most people in Thunder Bay feel the person should reside in the ward they are running in because they're comfortable with that and they understand that's the area.'

The residency requirements were first

enacted in 1975 through an appeal to the Ontario Municipal Board with the restrictions subsequently upheld in 1984.

Deputy city clerk Krista Power said Thunder Bay was the only municipality in Ontario to have the residency requirements for ward councillors. The provincial legislative change specifically overruled the previous Ontario Municipal Board rulings.

"That was certainly done intentionally for the city of Thunder Bay," Power said. "Our understanding from the province is that they were trying to be equitable, that again we were the only municipality who maintained this rule. No other municipality

Coun. Andrew Foulds, one of the seven ward councillors, insisted the change represents a loss of autonomy for the city.

"The feedback I've been getting, generally the citizens are fairly happy with what we have right now in terms of that residency piece," Foulds said.

"I'm not judging whether that's right or wrong. My biggest concern is there is this legislative hammer taken out against the City of Thunder Bay and there's absolutely nothing we can do about it. It does seem like we've been targeted."

Candidates can officially file their nominations for the Oct. 22 vote beginning on May 1.

<u>ANNIVERSARY</u>

**APRIL 15<sup>™</sup> & 22<sup>™</sup>** 

SilverCity Thunder Bay





#### **ADVANCE TICKET SALES**

FIREWEED 182 S. Algoma WOJO'S MOJO 189 S. Algoma online at www.nosfa.ca or at our screenings Membership \$15

Six pack \$36 (with membership) **Gala Party Ticket \$20** 

(no membership needed) single admissions at theatre only: Cash only, ATM available Member \$7 Non-member \$10

www.nosfa.ca

12:20 PM - TULIPANI: LOVE, HONOUR

2:25 PM - BACK TO BURGUNDY 113m

AND A BICYCLE 90m

Screening Schedule April 12th & 15th

North of Superior Association	THEATRE A CAPACITY 230	THEATRE B CAPACITY 351	THEATRE C CAPACITY 242
Thursday April 12th PRELUDE		6:30 PM – THEIR FINEST 117m 8:40 PM – THE DISASTER ARTIST 103m	
Sunday	9:45 AM – NOVITIATE 123m	10:15 AM – BOMBSHELLL THE HEDY LAMARR STORY 90m	9:50 AM – DE PÈRE EN FLIC 117m

12:15 PM - IN THE FADE 106m April 15th:

> 2:35 PM - THE INSULT 112m 4:55 PM - THE MIDWIFE 117m

12:15 PM - A FANTASTIC WOMAN 104m

2:30 PM - FINDING YOUR FEET 111m

5:05 PM - FOXTROT 108m 5:00 PM - LOVING VINCENT 95m

Admission is not guaranteed. Come Early! SCHEDULE READS FROM LEFT TO RIGHT

## DFC students revealing artistic talent

#### By Linda Maehans - TB Source

Once again the students at Dennis Franklin Cromarty High are exhibiting bright bold instincts for art.

Last fall they returned to or perhaps arrived in Thunder Bay for the first time to attend the all-Indigenous secondary

Suffice to say it's a bit of a transition for these young people; in many instances the only mode of transportation in and out of their home communities is by plane. Yet think of all the natural splendour, the lakes, the forest and wildlife in such remote communities; I'm guessing you won't be surprised at how much of that is reflected back to us by these young artists.

Step into the small gallery off the main foyer of Thunder Bay Art Gallery to twenty-seven works placed at eye-level along the walls.

Immediately this art snagged my full attention because it is so vivid. But take



SELF PORTRAIT: The art of 18-year-old student Robyn Chikane is on display this month at the Thunder Bay Art Gallery's DFC 2018 Exhibit.

your time as you gravitate toward the bright and bold; consider where the art is coming from, where the artists are from. Yes, I am sure their creativity is instinc-

The DFC 2018 Exhibit features

acrylics, a few abstracts (latex-oncanvas), one graphite sketch, and expressive photography one achieves by learning about lenses, shutter speeds and composition.

Or switch to the wall of vivid acrylic

paintings: sunsets, sunrises, arresting portraits.

As I stood before a tribute to David Bowie I could hear Bowie's lyrics in my mind: "Blue, blue, electric blue, that's the colour of my room...don't you wonder sometimes 'bout sound and vision..."

A series of spray-paint-and-stencilled canvases along the back wall conjure other-worldly imaginings. Last in this series and in marked contrast we gaze at a lone pale sketch, graphite-on-paper, realistic, of a lion. The work has a clever title: "Leos are Lions".

Eighteen-year old Robyn Chikane's shy soft voice belies her talent with brushes and colourful paint. Nearing the end of her first year at DFC, Robyn will return home to North Caribou Lake, a community of 500 to 600 about two hours north of Thunder Bay, to work over the summer. She doesn't yet know what kind of job she'll be assigned by

I was more interested in her plans for art, as Robyn's two pieces in the exhibit are clear indication of her interest. Her (untitled) acrylic: a mountainous landscape descending to the serene smooth surface of a lake.

Notice the symmetry, the balance of foreground and background. Robyn also has a ghostly self-portrait done with spray paint and stencils.

"I covered the entire canvas in black; then from a photograph taken of me I had help with how I cut the stencils; we layered them (back onto the black canvas) and used other spray paints. Yeah, I'm happy with how it turned out.

I used to draw when I was younger, mostly animals; or landscapes I'd fill in with pencil crayons. But I never painted. This is my first experience with paint. Yeah, I'll be taking more art classes in the fall because I want to learn more. I think I'd like to try selling my paintings in the future."

Her own "sound and vision" down the road; let's see what happens.

The DFC High School Art Exhibit is up until April 29.

## caring for the Caregiver Education Sessions



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Join our weekly education topics

Role of the Caregiver The Medical Community Community Resources Financial Considerations Long Term Care Planning

Stress Management Meal Planning Grief and Loss Legal Considerations Palliative Care

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**6 WEEK PROGRAM EVERY TUESDAY from 1:30 to 3:30 PM** MAY 1 to JUNE 5

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### Make a difference. Become a foster parent.

Our goal is to provide a safe and nurturing home for children who need to come into agency care. Tikinagan provides ongoing support and will work with you every step of the way to ensure a family setting where the child can grow and thrive.

We are looking for Indigenous foster homes, emergency homes, and foster parents for our agency-operated foster homes here in Thunder Bay. All foster parents receive a per-diem rate, training and monthly respite.

Foster Homes: Foster parents open their home for children, ranging from ages 0-18.

**Emergency Homes:** Foster parents open their home up for emergency, short-term foster care.

**Agency-operated Foster Homes:** Foster parent(s) live in a home owned by Tikinagan. Youth come to the home for short-term care.

More information is available at www.tikinagan.org/thunderbayfosters or by calling Intake at 1-800-465-3624



MAMOW OBIKI-AHWAHSOOWIN everyone working together to raise our children

# Welcome to an array of fantastic Thunder Bay Businesses!



Bodystream • Chanterelle on Park • Countdown Rooms • Cranton Wellness Centre Esthetic Academy • Fort William Male Choir • H & H Auto and CRS Auto Michael's Hair Design & Day • Oshki-Pimache-O-Win • Thunder Bay Winery & Brew Shoppe

Stories Written by Doug Diaczuk, Leith Dunick & Matt Vis

### **Bodystream Medical Marijuana Services**

s Medical Marijuana right for you? It Imay be if you, or someone you know, is suffering from pain, anxiety, depression, PTSD, nausea or a number of other medical conditions.

Marijuana, or Cannabis, has been used as a medicine by many cultures for millennia. Recently it has provided an alternative to pharmaceuticals, often without the harsh side effects. There are many varieties of Marijuana and selecting the correct strain is critical to a successful outcome. Many strains provide medical benefit without the psychoactive effect (patients don't need to get high to feel better). Most patients do not smoke Marijuana, instead they take their medicine as an edible oil or gel cap.

Bodystream, Ontario's leading Medical Marijuana clinic network with 20 locations across the province, is proud to be the original clinic supporting Thunder Bay.

Bodystream staff will help you decide if Medical Marijuana is a good option. You will then consult with a Bodystream Doctor and they will issue you a prescription if Marijuana is right for you. Bodystream educators will help you register with a Health Canada approved Licensed Producer and select an appropriate strain. They will also provide you with information on your legal rights and obligations as well as the can then order your medicine directly from

your Licensed Producer and it will arrive at your door. Bodystream staff will follow-up with you as often as is necessary to ensure the best possible outcome.

With low wait times and best in class customer service, you can trust Bodystream Doctors and Educators to help you make informed treatment decisions, provide access to Health Canada approved Medical Marijuana and support you in achieving vour treatment goals. Our services are fully covered by OHIP.



**Brooke Armstrong & Lauren McMaster** 

Come and see us at 1077 Golf Links Road, Unit #5. best ways to manage your medication. You Call us at 807-333-0777 or 1-800-739-8210 or visit us at Bodystream.ca.

### The Chanterelle

hether you are hosting a business meeting, an anniversary party, or celebrating that big day, a new unique and versatile space in the heart of the Waterfront District will help make any gathering one to remember.

The Chanterelle hosted its first event in August 2017 and has seen a steady flow of bookings ever since. Located on the corner of Park Avenue and Cumberland Street, the second floor space includes a ballroom and a lounge that can host 230 people.

Owned by Lindsay and Corby Richmond and co-managed by Maelyn Hurley and Kelly Stover, The Chanterelle offers a beautiful space, high caliber service and top of the line cuisine courtesy of Tomlin Catering.

"We have a really unique team that has come together," said Hurley. "Working with Tomlin Catering, an extension from their restaurant, has been amazing. They are definitely pros and know what they are doing when it comes to the culinary and bar aspect."

What really sets The Chanterelle apart from other venues in the city, is its unique location and style. With many large windows overlooking the heart of the downtown north core, it offers an urban vibe unlike anything available in Thunder Bay.

'A lot of feedback that we've had is people feel like they are not in Thunder Bay anymore, like they are in a different city," Stover said. 'And the food quality and the attention to detail with the cuisine here is incredible."

Stover and Hurley said it is also The

Chanterelle's versatility that makes it the perfect location to host any kind of event. And that versatility is not going unnoticed, with bookings filling up for the 2018 season and plans already being made for 2019 and 2020.

Whatever event you are planning, The Chanterelle will ensure that it is something you will never forget.

"We have a space that we are creating the most memorable moments for people in their lives," Stover said. "Whether it be weddings, anniversaries, birthday parties, engagement parties, client appreciation nights, we are creating these moments for people who are going to remember forever."

For more information on booking an event at The Chanterelle, visit www.thechanterelle.ca



206 Park Ave





## Welcome to an array of fantastic Thunder Bay Businesses!

## Countdown Escape Rooms

I t was a tough sell to get Marcy Audet to give her first escape room a try but it only took that first taste to get hooked.

During a family vacation to Winnipeg it was suggested to try the live, interactive strategy game. While she was reluctant to spend that hour locked in a room, Marcy quickly understood the hype.

That experience inspired Marcy and husband Mario to co-found Countdown Escape Rooms in Thunder Bay, the first of its kind in Northwestern Ontario and the only site between Winnipeg and Sault Ste. Marie.

Their family friendly Roland Street location currently has three game rooms operational — with a goal of getting to five — where players have to find clues to solve puzzles and unlock the mystery of their challenge within one hour.

Some puzzles require precise attention to word puzzles while others demand keen map reading and some call upon a sharp mathematical mind. Teamwork is the name of the game.

"It's more fun together than apart," Marcy says. "I just want you to have a good time. It's how you interact and using your strengths. It's the creative people that you have with you."

The themed rooms – Cabin, Explorer's Room and Escape from 5th Grade – are all conceived, designed and constructed by the Audets and their staff. The 5th Grade room is perfect for younger players, while the Cabin offers a frightful experience for those brave

enough and the Explorer might be the toughest test of all.

Playing countdown games is proving to be a valuable corporate team building exercise.

"Companies that have been doing it really love it. They get a lot out of it," Marcy says. "You see the different potential in your employees."

New developments in the works include the dueling Sabotage Room and the highly anticipated Cabin 2.0.

Bookings can be made by calling (807) 286-7654.





1204 Roland St. (807) 286-7654

## **Thunder Bay Wellness Centre**

**D**r. Alan Cranton is passionate about helping his patients get well and stay well.

The owner of the recently renamed Thunder Bay Wellness Centre, Dr. Cranton has 33 years of practice and has established a rock solid reputation for providing quality care.

"I take a very holistic approach with my patients," he says. "Diet, nutrition and lifestyle all plays a big part in my practice.

His line of work is more than just a job or areer.

The Thunder Bay Wellness Centre includes a suite of services including chiropractic, laser therapy, massage therapy, acupuncture and weight loss.

When it comes to chiropractic treatment, resolving neck and back pain is only the tip of the iceberg.

"You still want to look after and maintain your spine and nervous system," he says. "Your brain and nervous system are the computer that controls everything in your body. What stands to benefit when your nervous system is working better? Everything."

Dr. Cranton takes pride in the comprehensive, thorough experience provided to patients using extensive diagnostics.

"We're using computerized technology to see where conditions of the spine and nervous system are functioning or not functioning," Dr. Cranton says. "Seeing is believing and knowing without guessing benefits the patient."

Dr. Cranton assures he has no immediate plans to retire and the name change was made to better reflect the level of service that is given to residents in the city and region.

Even though he has treated thousands of patients, he is always willing to meet more.

"As people get better then they decrease the amount of care they need. I encourage all my patients to follow a wellness program of care, whether they come in for an adjustment or checkup once a month or once a quarter," he says.

We welcome you, to become your best you today! Call us to set up an appointment.



THUNDER BAY
WELLNESS CENTRE
Chiropractic, Laser Therapy, Weight Loss

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### **Esthetic Academy**

With more than 250 salons and spas across Northwestern Ontario, there is a growing need for estheticians. A new academy that is now the only one in Thunder Bay will help students interested in the beauty industry receive the training and qualifications needed to enter the varied career paths of esthetics.

Esthetic Academy, which will hold its first class in September 2018, has already started accepting applications.

Erika Maki, owner of A Spa for You in the heart of the Westfort Village received approval for the academy as a Private Career College under the Private Career Colleges Act 2005 on November 1, 2017. The academy will provide people of Northwestern Ontario an opportunity to pursue careers in esthetics.

"As there have been many esthetic schools before us - we are not the first but we are certainly the newest and currently the only one in NWO," she said. "The closest one is in Winnipeg or Sault Ste Marie."

The academy can take 10 students per class which will involve 500 hours of theory and 500 hours of practicum.

"They will be fully versed in all aspects of esthetics in a salon and they will receive a diploma in esthetics," Maki said.

Students will also benefit from instructors who have years of experience in the field, including Maki who has more than 20 years in the beauty industry and April Shimkoff who has dental assiting and esthetics.

"We feel we have a lot to offer," Maki said.
"Sharing my knowledge now is a passion of mine as we have the facility, we have the space, so we

thought we would try it."

The academy is located on Frederica Street at A Spa for You. Students will learn everything needed to become a professional in esthetics, including but not limited to: bacteriology and decontamination, human anatomy and physiology, nutrition, facials, hair removal, make-up artistry, manicures/pedicures, and career planning.

Upon successful completion of the academy, students can explore various career options as make-up artists, brand or sales representatives, or work at resorts, cruise ships, or as a beauty writer/blogger and more.

According to Maki, there is no shortage of opportunities for people who want to enter the beauty industry.

"There are 135 salons and spas in Thunder Bay," she said. "Collectively we employ more than 490 people. It is definitely a continuously growing industry."



### Esthetic Academy

For more information, visit the Esthetic Academy at 112 Frederica Street or call 807-475-6977.

## Fort William Male Choir

When you join the Fort William Male Choir, it's like joining a new family.

The camaraderie and friendship ties run that deep, says member Pat Gallagher, who said the organization, which dates back to the 1930s, is always on the hunt for new singing talent to join the fun.

Gallagher says the group, which performs a few shows each year in Thunder Bay and in the region, including communities such as Fort Frances, Atikokan, Dryden and Kenora, has had a few members retire from the choir lately and encourages anyone with an ear for music to audition.

"We're trying to attract peoples' attention who maybe enjoy singing," Gallagher says. "We've been around for many years and we go through this process of people retiring from the choir and we've got some spots open. We'd like to see as many people as we can."

Gallagher said there are plenty of great reasons to consider coming out, and music, of course, it at the top of the list.

"It's an opportunity to sing with like-minded people, if you will, and spend time with guys that are a lot of fun," he says, adding the Fort William Male Choir bond extends to wives and significant others, who often socialize outside of the concert season.

Securing an audition is simple. Contact music director Darlene Chepil Reid at 767-3612. Interested singers can also show up at the Fort William Male Choir's weekly practices, which are held each Tuesday at 7:30 p.m. at the Elks Lodge on North Syndicate Avenue.

Gallagher added the Fort William Male Choir is busy preparing for its Spaghetti Sing-a-Long Supper, an annual event slated for the Slovak Legion on April 27 and April 28 at 6 p.m.

Tickets are available by phoning 356-4633 or emailing tickets@fwmc.ca.



Contact music director Darlene Chepil Reid at 767-3612 Or join us Tuesday at 7:30pm at the Elks Lodge on Syndicate.

## THUNDER BAY'S

Fast and reliable service are two important factors when bringing a vehicle in for maintenance.

With two convenient locations and decades of industry experience, H&H Auto and CRS Auto Centre are the best in the business.

"We are able to perform all maintenance requirements for all makes and models,' said co-owner Robin Hamlin.

H&H, located on Red River Road, and CRS, which now calls North Cumberland Street home, are both locally owned and operated and able to service about 100 vehicles per week. Hamlin, along with co-owner Darin Huston and their technicians, bring more than 75 years of knowledge and expertise.

The two locations allow the mechanics and technicians to work quickly and efficiently, ensuring prompt service and allowing vehicles to come in and out as quickly as possible.

The auto centres have state-of-the-art diagnostic equipment using scanners to troubleshoot warning lights in both domestic and imported vehicles, which translates into exceptional service.

"We have the equipment, mechanics and the availability," Hamlin said. "We're able to take care of it all."

H&H and CRS offer competitive labour rates for trusted quality and are a true dealer alternative.

For customer convenience, the two centres have also recently purchased another tow truck and offer a 24-hour towing service throughout Thunder Bay. They also offer a valet service.

With spring finally here, H&H and CRS are offering a special seasonal package. For \$79.99, their experienced technicians will do a complete conventional oil, lube and filter change, as well as perform a general inspection of the front end, belts, hoses and

If you need expert advice to complete your spring maintenance checklist, H&H and CRS are only one call away.



**H&H Auto** 720 Red River Road • 345-1319

**CRS Auto Centre** 327 Cumberland St. N. • 683-5992

## H&H Auto & CRS Auto Centre | Michael's Hair Design & Day Spa

tting a spectacular haircut or wonderful Jpedicure is just the beginning of the exceptional experience for clients at Michael's Hair Design and Day Spa.

"Everybody wants to go where it's happening. One of the things that makes it that way is our staff," owner Michael Muia

"When you walk into Michael's you're greeted with a warm and friendly smile, offered a choice of refreshments, your stylist/esthetician will consult with you about your service and your take home care products to maintain your new style or skin care needs."

Ongoing advanced training allows the staff to keep up with the most current trends and to be able to offer esthetic and hair services that are new in the city. Quite often educators are flown in so that the whole team can benefit from the teachings.

"For the clients, it's credibility," Muia said. "They go to a place that's on the cutting edge. They're keeping up with the new looks, new colours and styles and people all over the world are responding.'

Started as a hair salon in 1983, Michael's became the first to add a full day spa in 1998. This year will mark their 35th year in business and they are currently renovating to look better for their clients and hosting promotions and giveaways online. In addition to popular services like pedicures and

manicures, the day spa is constantly evolving with innovative services like microblading, tattoo removal and eyelash extensions.

The in-house Laser Plus Clinic offers laser hair removal and Botox injections amongst other services. Very soon they will have five new pedicure thrones that not only will be very luxurious for clients to sit in, but they will have the new pipe-less system that ensures a safe and sanitary pedicure by eliminating internal pipes that recirculate water.

We are always reinventing ourselves in order to provide clients with the most current trends, styles & techniques, says Muia.



2817 Arthur Street East 622-2101 michaelshairdesign.com

Like us on Facebook



### Oshki Pimache-O-Win

mobile training unit designed to bring skilled Atrades education to Indigenous students in Ontario's north should have a major impact on the job prospects of students living across the region.

Gordon Kakegamic, the innovation and Training Co-ordinator at the newly renamed, Oshki-Pimache-O-Win: The Wenjack Education Institute, said the 1,800 square foot trailer will allow students to either study trades in their own communities, or at least closer to home than travelling to larger centres like Thunder Bay or Toronto for their education.

With a serious need for skilled-trade workers across the province, and particularly in the north, it's an invaluable project, Kakegamic

"It can pretty much go anywhere, as long as the roads are accessible," he said. "The idea is to take the trailer directly to communities."

"The next best thing is to deliver the trailer as close to their community as possible at regional

The idea is to create a wealth of workers in six different trades, including millwright, mechanical, welding, carpentry, plumbing and electrical, easily employable sectors that are in much demand in the north, especially with a planned power project set to get under way and the long-promised Ring of Fire project.

'There's a real lack of skilled journeypersons in our communities," said Kakegamic, noting both the Watay Power project and the Ring of Fire are in the heart of Nishnawbe Aski Nation territory, where there are 49 communities served by the governing body behind the Oshki-Pimache-O-Win The Wenjack Education Institute.

The school is working with Training Delivery Agents such as Northern College, who provides the apprenticeship training curriculum for the trailer, which can take in up to 8 students at one time.

The lab inside has all the necessary tools to train the students, in the same way they might attend college in a larger centre.

The trailer is really the tool, but the differencemaker is the actual mobile training model or approach," Kakegamic said. "It's definitely a new way of delivering training.'





3-106 Centennial Square 626-1880 www.oshki-wenjack.ca

## Thunder Bay Winery & Brew Shoppe

here's something really satisfying about making your own wine.

Whether it's the simple sense of accomplishment or the ability to fiddle with flavour to create the perfect vintage for your personal palette, wine-making has long been a popular hobby whose sophistication has continued to grow over the years.

Enter Thunder Bay Winery and Brew Shoppe, a one-stop spot for wine-makers to do the flavour creation and let someone else do most of the work.

"People come in and start their wine. We help them through the process and we take care of all the steps until the wine is ready for them to come back in and bottle" Juanita Bellinger said. "It's a really easy way for them to get a good quality wine at a great price."

While for some it might be easier to purchase a bottle off the shelf, Juanita said there's something about making their own wine that is attractive to a growing number of people these days.

"A lot of people like to customize their own wine. They can choose how much oak goes in, if any and you can also customize the sweetness to taste," she said.

"We also have people come in with a group of friends when they make the wine and again when they bottle it and it's a fun

evening out for everyone."

Thunder Bay Winery and Brew Shoppe has a variety of wine kits in stock and other accessories available for sale, with bottle sanitizing, bottle filling and corking stations set up to make the process quick and

They are located at 667 Beaverhall Place and open Tuesday through Friday from 11 a.m. to 5:30 p.m. and Saturdays from 10 a.m. to 2 p.m.

Off-hour appointments are also available upon request.



Thunder Bay Winery & Brew Shoppe

667 Beaverhall Place 473-8488

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# TB

people | health | home | food | leisure



CHILLING OUT: Dozens of people took part in last Saturday's Polar Plunge at Marina Park in support of Special Olympics and Roots to Harvest.

## Taking a polar plunge

THUNDER BAY
By Doug Diaczuk – TB Source

For 16-year-old Paula Dominguez, who grew up in a small Spanish town on the coast of the Mediterranean Sea, jumping into a hole in the ice of the coldest lake in the world isn't exactly an opportunity that comes along every day.

But try explaining that to her parents.

"My parents were like: are you kidding?" Dominguez said. "My mother said: please, just don't die."

Dominguez, an exchange student at Westgate, was one of 150 brave souls who took the Thunder Bay Polar Bear Plunge at Prince Arthur's Landing on Saturday.

After a year-long hiatus, the plunge was back in full force and this year organizers expect to raise more than \$30,000 for three local charities that include Thunder Bay Special Olympics, the 2020 Special Olympic Games being hosted by Thunder Bay, and Roots to Harvest.

"We had a lot of concern last year when we didn't host it," said event coordinator, Warren Giertuga. "People wanted to do it and wanted to be part of it. It's a fun, carnival like environment. People embrace it, school systems have been great and come and support it, and businesses come out and support it. It demonstrates Thunder Bay's caring attitude toward charities"

And while the water was cold, the temperature above the ice didn't feel any better, with a cold wind whipping off the lake.

"We were hoping it would be a little bit warmer," Giertuga said. "Ice conditions are a little challenging this year. We are still cutting the ice as it is now because it's so thick. But we've overcome those obstacles and we have a nice hole there now."

Erin Beagle, executive director at Roots to Harvest, said fundraisers like the Polar Bear Plunge allow them to expand their core programming while also investing in new programs.

And while donations are down slightly from past years the plunge has been held, Beagle said in true Thunder Bay fashion, people continued to give right up to taking the plunge.

"This is true Thunder Bay style," she said.
"We've had so many donations come in during the last couple of days, people still signing up still, everybody is really getting on heard."

Beagle and the team from Roots to Harvest,

Frozen Peas, were jumping for the first time this year and Beagle said she was feeling a little nervous. For Giertuga, who has jumped many times in the past, it's all about getting the adrenaline pumping.

"It's a little intimidating at first," he said. "But once you get in the water, it's shocking, and then you are out and it's really invigorating. The atmosphere is great. People are out cheering you on and the adrenaline gets going."

For first time jumper, 11-year-old Harrison Petricig, who was part of the Three Amigos team of Carter Viera and Corbin Mozell, it was quite the shock hitting the water.

"When you jumped in you didn't feel anything, but your body just froze," he said.

But getting out of the water and into the wind was even harder.

"It hurt worse," Harrison said.

For Paula, who said she already enjoys the cold weather and snow that Canada has to offer, getting up the nerve to jump took a bit of internal encouragement.

"This morning I was thinking: am I really going to do this?" she said. "I was like: okay, Paula, don't think, just jump. It was cold. But I liked it. I thought it would be worse. But it wasn't that bad."

## The shape of wind on snow surfaces



The winds were fierce, cold, and unrelenting. Too cold to allow the horses to be outside even if the ones most susceptible to the chill were covered in a horse blanket.

So, we decided that the equines should remain in their stalls where they would be warm even though they had already been inside all night. All I had to do was make sure that they had hay and fresh water. They seemed content.

We use wood shavings for stall bedding. We were out. I had called a week before I figured that we'd be without shavings but Sandy, the gent who delivers (and owns the lumber yard that makes the pine shavings), was out of town. I was told that he would be back Friday and perhaps be able to make a delivery. With the wind being so ferocious, I didn't think that he'd be willing to make the long drive from his lumber yard situated north of town to our place southwest of same.

But it was Sandy-to-the-rescue and a big load of beautiful pine, wood shavings arrived to be dumped in front of our shavings shed.

Call me a "wuss" but I didn't feel like doing any outside chores. There was enough wood in the boiler room to "keep the home fires burning". Even Baxter, our pooch, was not inclined to romp and play in the arctic air. Standing by the shed watching Sandy unload the shavings that the stiff wind was blowing all over the

place (It's snowing shavings!), my face was cold.

Back inside Casa Jones and equipped with a mug of hot coffee, I stood in front of our large, picture window and began thinking of how the wind shapes the snow. After a storm that covers the ground, bushes, and trees, one sees great sheets of the white stuff slowly marching across the field having been released from its grip on the pine branches. It is like a sail as it moves above the ground.

Then there is the patterning that the wind does to the snow surface. It scallops the snow leaving beautiful ridges that conform to the shape of the land. You can see the same effect on a lake in the summer where the wave action has performed the same scalloping to the sand under the surface if you are near a beach.

But with the slow melt and/or evaporation that has been taking place

these past weeks, another effect is on view. The winds have caused the snow to be pockmarked. It makes me think of stucco as if some plasterer has stuccoed the ground. Mixed in with this Mediterranean illusion are the different trails traversing the property made by the hungry deer.

Saturday, the wind wasn't quite as fierce as it had been the previous couple of days. We blanketed the mares who are in a paddock that is exposed to the blasting Nor'wester.

"Enough with winter!" I shouted, removed the farm snow-blower from the back of my tractor, Big Red, and attached the blade. Now Red is less lethal when being driven by Farmer ("oops! I hit something again!") Fred.

In previous years when I elected to take the blower off the tractor, the next day we were blasted with a blizzard. It never failed. So, when I mentioned my intention to do the deed, my wife,

Laura, was cautiously dubious as was anyone else I talked to. But, guess what? No blizzard. Nary a flake. Perhaps the curse is broken.

And while we are enduring the ongoing freeze, at least I can see that spring is on the horizon.

Inside Casa Jones, I saw that the dining table had been cleared of table cloth. Daughter Beth and Laura were busy transplanting and planting the second bout of vegetable seeds that are placed in trays to be put up on shelves in front of the picture windows. Sometime in early June, the trays containing the sprouted plants that will have created a jungle blocking any view through those windows, will be carted out to the vegetable garden and gently placed in the earth to create a jungle there.

Optimistic I be as we gain more daylight and a fervent wish for more warmth.



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## Laser therapy for arthritis and injuries



DR. ALAN CRANTON DC, ND (Ret)
ON HEALTH

aser therapy has been used around the world for over 50 years starting in Eastern Europe in the 60's. They use laser therapy because in many cases of arthritis and injured tissues, it works faster and without any side effects compared to prescribed or over the counter pain killers. The laser therapy actually reduces pain, swelling and inflammation as opposed to covering up the condition with drugs.

Rotator Cuff Syndrome. My good friend had a shoulder injury that had been plaguing him for months but had dated back to an injury decades ago. He began laser therapy and within 4 weeks the pain was gone and his range of motion was back to normal and he could reach above his head again!

Neck pain from Whiplash. A female patient of ours had been having neck pain as a result of a car accident for ten years! Chiropractic had helped a lot but there was still residual stiffness and

soreness. She began laser therapy over her neck and the stiffness vanished within a very short time. She was thrilled!

Carpal tunnel syndrome. A heavy equipment mechanic that could hardly hold his tools any longer due to pain and weakness in his hands came to see us. He indeed had arthritis in his wrists and neck from many years of heavy work above his head. We began laser therapy on his hands, wrists and neck and he was able to return to work after 4 weeks of laser therapy. He was surprised because he was told that he was finished and he should be looking at retiring.

Low Back Surgery. John, who I've written about often, had had six back surgeries and was told there was nothing else to do for him except take more medication to help ease the pain. He began laser therapy on his back over the scar tissue and where he was having his back pain for over 40 years and he noticed a difference in his pain that night. Within weeks he was not using his walker or crutches or cane any longer. He has been one of our most staunch supporters referring us many new patients. His friends can't imagine the difference they've seen in him.

Knee Pain. We've had dozens of patients with worn out, decrepit knees with bone rubbing on bone see amazing results. No guarantees, but some of the worst cases are now walking pain free and off all their pain drugs. Some heal faster and some slower. We also encourage our patients to follow an arthritis diet that helps to reduce inflammation and build up cartilage.

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For more information, visit our website at www.crantonwellness.com and friend us on Facebook.

Dr Cranton DC ND(Ret) is a Chiropractor and retired Naturopath practicing in Thunder Bay for over 33 years at the Thunder Bay Wellness Centre/ Cranton Wellness Centre on Memorial Avenue.





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ASHLEY NURMELA COORDINATOR, STAND UP ANURMELA@LAKEHEADU.CA

JODI AFONSO COORDINATOR, SPEAK UP SUCCIPRES@CONFEDERATIONCOLLEGE.CA BROUGHT TO YOU BY





## NO UP Outreach van rolls

**THUNDER BAY** By Leith Dunick - TB Source

t's Ellie to the rescue. Ellie, the name given to Elevate NOW and the Joseph Esquega Health Centre's new colourfully decorated outreach van, has been hitting the streets for the past couple of months, delivering medical care on a weekly basis and snacks, warm clothing and harm-reduction supplies, including naloxone kits, five

Cheryl Everall, the doctor on the physician-led team that journeys around the city each Thursday, said the new initiative is helping deliver care to people who are wary of seeking medical attention in the hospital, but in desperate need of care.

It's their no-questions asked approach that wins over these patients, who are often suffering from serious health issues or avoiding post-surgery treatment for a variety of reasons, including the stigma of their situations or a fear of withdrawal symptoms if they're admitted to hospital.

Everall said they're responding to the thought someone actually cares about their health and well-being.

"We build that trust and we respect them for where they're at," Everall said. "That has enabled us to go from dealing with a severe wound to saying, 'Oh, you've tested positive for Hep C in the past, why don't we get your RNA and have a look and can provide treatment.

It goes beyond medical care she said, noting the team can help patients on the road to things like stable housing and with other social requirements.

"It's about looking at the entire individual. When they feel that connection, that respect, regardless of where they're at, that's where they start to engage," she said.

"And we meet some beautiful people. It's not the way it seems. A lot of people are just in a bad place and you don't know their story."

Jessica Laesser, a registered nurse who works mostly in White Sands First Nation, said the opportunity to do street medicine was too important to pass up, adding it's hard to put into words just how much of a positive impact having Ellie – a surplus, retrofitted ambulance donated to the



van delivering supplies and medical services to the vulnerable.

cause through the City of Thunder Bay – in operation can have on the community.

"The real reality is being able to bridge the gap and having them get some access to quality services that they would never access otherwise," Laesser said.

She estimated they see about five or six patients in one of the buildings they go into each week, but as the distinctive van becomes a more familiar sight around the city, they're getting plenty of walk-up traffic as well.

"While the van's outside, they may see six, eight, 10 people, depending on how busy the street is that day and who is stopping in," Laesser said.

"Then we have another location we stop at and we'll see another lady there and we've been making some connections with other people to let them know we're available. So every time they see us, it's also advertising."

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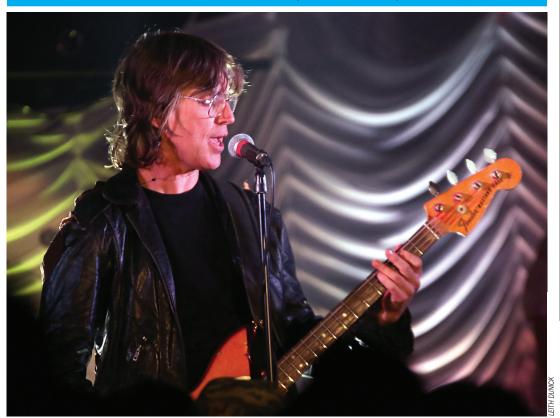
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IF IT FEELS GOOD DO IT: Sloan's Chris Murphy plays last Wednesday at Crock's, the band celebrating 27 years together.

## Sloan still delivers

#### **REVIEW**By Leith Dunick – TB Source

The Nova Scotian in me is pretty darn proud of Sloan. When they burst onto the scene in the early 1990s, music insiders started labeling them as the next big thing, as they stumbled over each other trying to figure out what came next after Nirvana and Grunge. Halifax, it seems, was to be the new Seattle.

It didn't quite work out that way. They didn't take the world by storm and become a global phenomenon.

But that doesn't mean there wasn't plenty of success along the way.

The band, with its interchangeable all-for-one and one-for-all lineup of Chris Murphy, Jay Ferguson, Andrew Scott and Patrick Pentland, has endured for nearly three decades, creating their own brand of Beatles-infused power pop magic, a deep catalogue that still gets plenty of play on rock stations from coast to coast.

On Wednesday night the band returned to Thunder Bay, the second stop on a tour that opened on Tuesday night in Sudbury.

For those in the other 47 cities with scheduled Sloan shows between now and Canada Day, expect a heavy dose of songs from the band's forthcoming album 12 – aptly named because it's their 12th record – a set list light on the radio hits, but jam-packed with plenty of deep cuts dating back to 1992's Smeared, Sloan's first full length album.

Wednesday's set featured 10 of the dozen songs from 12, and opened with the albums first two songs, the

upbeat Spin Our Wheels and the throwback All of the Voices, which several reviewers say pays homage to the heady days of Nirvana and the grunge rock movement.

All four musicians took turns on vocals throughout the night, Murphy jumping back on drums when it was Scott's turn in the spotlight.

That's pretty much been Sloan's modus operandi since they formed in 1991.

It works, so why change now?

The familiar sounds of Who Taught You To Live Like That, from 2006's Never Hear the End Of It, gave the few hundred or so fans who packed the bar a taste of the familiar, followed by 2014's Carried Away and Witch's Wand, from 2008's Parallel Play.

Sloan stuck mainly to its post-20th century catalogue throughout the night, offering up on three songs from before the turn of the century – 1999's Losing California, 1996's The Good In Everyone, the encore finale, and 1992's Sugartune.

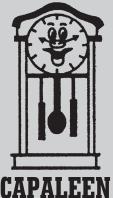
"This one's for the fans, a deep cut," said Murphy, who twice thanked an anonymous cupcake donor who supplied the band with a pre-show sugar rush, as he announced Sugartune.

The band didn't disappoint in their second set, an hour-long frenzy that included six more songs from 12, The Other Man and If It Feels Good Do It, which closed the pre-encore portion of the show. They returned to the stage for a two-song encore than opened with The Rest of My Life, the sing-a-long song the crowd was eagerly anticipating most of the night.

Sloan heads to Winnipeg on Thursday night and will be in St. Paul, Minn. on June 24 at the Turf Club.

## Dennis Caporale is Retiring!

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## The death of an original on-screen idea

f imitation is the sincerest form of flattery, what's wrong with plagia-

Writers of CBS' new crime drama, Instinct are in hot water after a recent episode aired that was just a little too familiar to fans of Bones. The plot focused on an Amish-like teen who moved to the city because he was a secret piano prodigy and wanted to audition for Juilliard without his family's knowledge. Instead, he died and the police investigated - just like an old episode of Bones.

Given our voracious appetite for crime dramas, writers certainly have their hands full finding creative and mysterious ways to end a life. So with a finite number of stories and options available, it's guaranteed that there will be some overlap between shows.

Accordingly, Instinct's showrunner, Michael Rauch immediately stepped up with a mea culpa on Twitter,



claiming the duplication was unintentional and promising he would look into it. He then contacted Bones creator, Hart Hanson on the matter who appeared to accept and support his efforts.

This should have been the end of it. However, a recent side-by-side comparison by one eagle-eyed (eagleeared?) viewer proved that several key scenes and lines of dialogue were copied nearly word-for-word.

So how did this happen? Coincidence? Subconscious memories of a by-gone show?

Actually, the writer of the Instinct episode in question also wrote several episodes of Bones and produced about three dozen others. Consequently, he was intimately familiar with the series, if not the episode that was copied.

However, that episode aired nine years ago. And if Bones weren't so popular in syndication, few would have noticed.

But that argument moves it into "the tree falling in the forest" scenario: If nobody notices, is it really plagiarism?

The fact is there's little that's truly new in television. That's why every network has at one time had a series involving comic books, vampires, time travel, and a singing competition. Every comedy has taken a moment to touch on serious issues such as assault, racism, politics, and death. And every



IMITATION: Instinct, starring Alan Cumming, borrowed a Bones plot.

late night host has discussed Donald Trump. Sometimes with the same joke. It's accepted.

We're also a planet of "monkey see. monkey do-ers." After *Friends* launched in 1994, nearly a third of

North American women were sporting some version of a hairstyle called "The Rachel." Mad Men once had men pulling out their classic sharp suits while Sex in the City had ladies saddling up to the bar in their Manolo Blahniks to order a Cosmopolitan. And in recent years, Britain has seen a spike in its husky population thanks to Game of Thrones.

Thanks to television, generations of students "D'oh!-ed" themselves to a higher education, deemed everything "Legen-wait-for-it-dary," or claimed "No soup for you" on a daily basis.

Television seeps into even the subtlest of nuances in our everyday lives and we openly revel in being a watered down copy of the original. So is recycling a nearly decade-old episode of a now-cancelled show so wrong?

Yes. But really, should we be surprised?

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Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

		2			7	8	4	1
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DIFFICULTY: ★★★☆

#### **WORD SEARCH**

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Asking	Flabby	Paths	Throat
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Authors	Humid	Pundits	Tryouts
Bailing	Juggler	Recipe	Tunes
Balms	Lords	Redone	Uniform
Benefit	Mentors	Sense	Unsound
Carry	Mishap	Sport	Urban

#### NGMA **CRYPTOGRAM**

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "L" = "U"

"BJLFY UJL BORS SJ YJ QLHARMHH BASZ O WMKHJR BZJ BOH 99% ZJRMHS?"

HAYRMU EOYBMY

PREVIOUS SOLUTION: "We must all suffer one of two things: the pain of discipline or the pain of regret or disappointment." - Jim Rohn

### CROSSWORD PUZZL

#### **ACROSS**

Tablespoon (abbr.)

Ironwood 12 Amer. Football League (abbr.) 13 Lower intestine

14 Caviar fish 15 British thermal

unit (abbr.) 16 Skew (2 words)

18 Saga 20 Kernel (pref.) 21 Annoy

23 Atomic

physicists 25 Another (Sp.) 26 Spotted cavy 27 Compass

direction 30 Women's Army Corps (abbr.)

31 Serious 32 Equal opportunity

(abbr.)

#### 33 Ultimate degree 34 N.Z. bird

35 Buddhist female deity

36 Tough 37 Cordage fiber 38 Norwegian king

40 Loudness

measure 41 Yon (2 words) 44 Amer.

Automobile Assn. (abbr.)

47 Jump 48 Project

49 Mountain on Crete

50 Bond movie (2 words)

51 Dear (Fr.) 52 Eye-infesting worm

#### **DOWN**

Flap



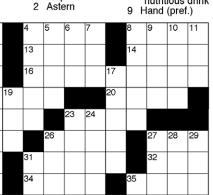
3 Gr author Dominion

Unhappy Brythonic sea

god Saint (Sp.)

Brazilian

nutritious drink



46 Antiaircraft artillery (abbr.)

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A239

49

28 Cold Adriatic wind 29 Wale 31 Bar

35 Uncle (Sp.) 36 Marx brother

11 Gelderland city

17 Mogul emperor

24 Scientific name (suf.) 26 Rain 27 Whelk (2 words)

19 Jap. volcanic

crater 21 Village

22 State (Fr.)

23 Fanatical

37 Cut 38 Remaining 39 Cant

40 Kill (Scot.) 41 Hoary

42 This one (Lat.) 43 Anglo-Saxon letter

45 Bother

#### Thursday, April 12, 2018 19

# local sports news | information | coverage



BEST IN CLASS:Lakehead's Leashja Grant (centre) accepts the female athletes of year award on Saturday, April 7, 2018 from athletic director Tom Warden (left) and David Barnett, the acting provost and vice-president academic.

## **Grant, Palermo reign**

#### UNIVERSITY SPORTS By Leith Dunick - TB Source

Christmas, Lakehead Buniversity's female athlete of the year was all but wrapped up.

Leashja Grant, the Bahamian import brought in with much fanfare over the summer, was living up to her expectations, a record-setting double-double machine who really had no equal in Canada.

Grant led the Thunderwolves into the second round of the OUA playoffs, went on to win the league's most valuable player award and was a first-team all-Canadian.

On Saturday it was her school's turn to recognize her, at the annual athletic awards banquet at the Bora Laskin School of Law.

Grant said she had no expectations of just how great a fit she'd be at Lakehead, having lost out on her NCAA dream when visa problems denied her re-entry into the United States.

"You go everywhere and you just want to fit in. I think that's the ultimate goal is to fit in and to prove yourself," Grant said.

Did she ever.

Grant posted double-doubles in all but one of the 26 regular season and playoffs games she appeared in, led

#### **MAJOR AWARD WINNERS**

Argus Award	Dylan Butler and Rheanna Gelsel
Hank Akervall Award	Jerika Baldin and Mor Menashe
Female Freshman of the Year	Rebekkah Pyle
Male Freshman of the Year	Scott Gall
Female Athlete of the Year	Leashja Grant
Male Athlete of the Year	Marco Palermo

the OUA with 22.3 points per game and averaged 14.1 rebounds, again tops in the league as the Wolves finished 16-8, third in the OUA West.

It's an incredible honour, Grant

"It's a privilege and I'm just grateful for the opportunity because I went up against a lot of other great athletes here in Thunder Bay," said Grant, who listed Jylisa Williams, the 2015 winner of the award, as someone she looks up to with admiration.

"I'm pretty excited."

Thunder Bay's Marco Palermo took home male athlete of the year honours, the wrestler winning on the strength of a silver medal performance at the OUA championship and bronze at the USport championship.

He also captured top spot in the Ontario juniors.

"I didn't really expect it. I had some troubles this year," he said.

Still, it's a special honour from his

hometown school.

"It's great to represent Thunder Bay. Thunder Bay has a great community. The coaches are great, my teammates are great and my friends, it's just awesome," Palermo

Dulan Butlan and Blackma Ociosi

Hockey's Scott Gall earned male rookie of the year honours, after leading the team in scoring as a freshman, scoring 12 times to go with seven assists, dressing for all 28 OUA contests.

He was thrilled to be called up on

"It's a great honour," he said. "It's humbling."

Track and field's Rebekka Pyle grabbed the female freshman of the year trophy.

Other major awards included Dylan Butler and Rheanna Geisel capturing the Argus Award and basketball's Jerika Baldin and Mor Menashe, joint winners of the Hank Akervall Award.

## tbnewswatch.com

## Real Estate Listings

Looking for a new home?

· Browse the top listings from the top real estate agents in Thunder Bay; With the click of a button literally - link directly to those agents and their websites to see even more listings

• Check out what homes are scheduled for open houses at a glance with the Open House ticker

 Browse listings at work, home or on the run: Real Estate Listings support desktop, tablet and mobile





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Our Kids Count is pleased to announce Bowl for Kids Sake in support of their Big Brothers Big Sisters Program. This year the event is taking on a new look. We are encouraging families with children to come and have a fun-filled afternoon while teaching their children the importance of helping those in need.

May 5, 2018 **Galaxy Lanes** ~ 3:00 pm - 7:00pm

Teams of 4-6

Bring the family

**Dinner, Prizes, Penny Auction AND MORE!!** 



For more information or to donate to a team visit www.ourkidscount.ca or contact Kaitlin at 623-0292 ext. 240

## Churchill's Basalyga headed to Waterloo

FOOTBALL
By Leith Dunick - TB Source

The legacy of the Sir Winston Churchill Trojans football program will live on for at least another four years.

Standout wide receiver James Basalyga on Saturday signed a letter of intent to continue his gridiron career at the University of Waterloo at a ceremony held during a break at a coaching clinic put on jointly by Thunder Bay Minor Football and the Warriors coaching staff.

#### Top performer

Basalyga, who caught three touchdowns and ran a fumble recovery in for another major in the Trojans 37-26 Superior Secondary Schools Athletic Association senior championship last November, can't wait to take his game to the next level.

"It's a big step. I'm really excited, honestly. I feel like Waterloo is going to be a great fit for both sets of skills I feel I have, both academic and athletic," Basalyga said, moments after trying on the golden Warriors jersey, complete with his trademark No. 81, for the first time.

"I'm really looking forward to that and really looking forward to growing with the team and with the school."

Keeping that Trojan football light glowing is equally important, he added, even though the school is closing for good in June, the students headed to Westgate next fall.

"I feel like it's a great opportunity to keep the tradition going. Obviously with that great season we had, you want to follow it up next season and be great as well. That's what my plans are and that's what my expectations are for myself.'

Even though the Warriors were a middle of the pack team in the OUA last fall, finishing 4-4 and just missing the playoffs, Basalyga knows it's a steep learning curve from the high school game to the university game.

He also thinks he's up to the task.

"A lot of it's going to be mindset, I think, being able to keep up all the time, 24/7, keep working. That's really how you get ahead, get the edge in this kind of sport," said Basalyga, who only took up football three seasons ago.

"I feel like I was already doing that this season, so maybe just ramp it up a bit"

The team has asked him to work on his overall football sense, something he's still developing because of his late start in the game.

"But the way I've been progressing

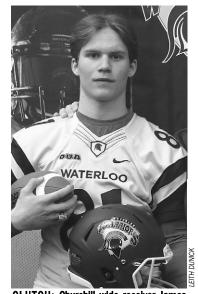
the last three years I should be fine. The main thing I should work on right now is I've got to get my route running down perfect and get the receiver aspect of my game just a little sharper so I can keep up and be an all-star on the next stage as well."

#### Great receiver

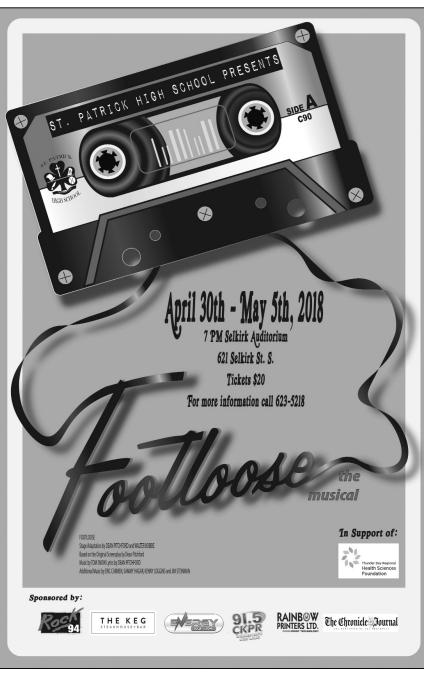
Mike Doromko, who coached Basalyga with the senior Trojans, says his former star will bring a lot to the Waterloo offence at the wide receiver position.

"He's got speed. He's got hands. He's got athletic ability," Doromko said. "And the kid works his tail off every single day and he hates to lose. That's everything you want in an athlete."

Basalyga is one of five players with local ties heading to USports schools in 2018.



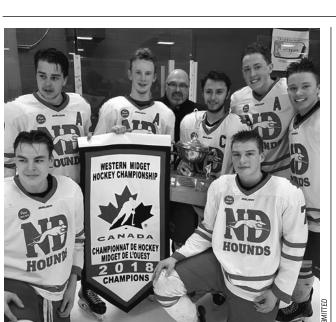
CLUTCH: Churchill wide receiver James Basalyga was a scoring machine last year.







#### sports NEWS



MIDGET MUSCLE: Saskatchewan's Notre Dame Hounds are the 2018 Telus Cup West Regional champions, downing Winnipeg 5-2 in Sunday's final.

# Hounds take midget title

#### **HOCKEY**By Tom Annelin – Special to TB Source

The Notre Dame Hounds picked up a pair of goals from Luke Mylymok while Cordel Larson tallied once and doled out two assists to help lead their side to a 5-2 victory over Winnipeg Wild in the championship game Sunday of the Telus Cup West Regional, presented by Windsor Plywood, held at Fort William First Nation Arena in Thunder Bay.

With the win, the Hounds will now move on to represent the West Region at the 2018 TELUS Cup Canadian National Midget Championship, April 23 to April 29, in Sudbury.

Picking up the afternoon's initial power play, the Hounds were quick to strike as regional most valuable player Mylymok banged one in past Winnipeg starter Miles Minor.

Notre Dame then went up by a pair as Mylymok notched his second of the stanza at 15:02.

Regrouping, the Wild countered with two tallies of their own before the session was complete.

Zach Falck fired one from the right side that eluded Riley Kohonick in the Notre Dame net at 16:38.

Two shifts later, Winnipeg drew level as Kyle Bettens wired one from the slot to knot the affair at 2-2.

Moving on to the second stanza, Notre Dame regained the lead at 7:41 as Nolan Renwick one-timed a Larson feed that flew past Minor to give the Hounds the edge heading into the third.

A fast-paced final frame saw both sides earn quality chances to add to the scoring.

A late man advantage offered the Wild one more chance to try and knot the affair and force overtime.

However, with their goalkeeper pulled to give them two extra skaters, a bouncing puck off a face-off skipped over the stick of the Winnipeg defender and allowed Larson to sail down the right side before sliding an insurance marker into an empty net.

Brad Morrissey added one more empty netter in the final seconds to round out the scoring and give the Hounds their record seventh West Regional title.

Defenceman Quinn Schmiemann dished out two assists to aid the Notre Dame cause.

Shots on goal favoured the Saskatchewan side 41-17 with Kohonick picking up the victory while Minor suffered the season-ending setback.

The Kings went 1-2 for the tournament, while Kenora was 0-3.

SPORTS IN BRIEF

### Two Kings taken in OHL Priority Selection

t wasn't expected to be a deep OHL Priority Selection draft for the Thunder Bay Kings, and that's how it played out on Saturday.

Just two players off the minor midget team heard their names called, defenceman Matthew Halushak, who was grabbed in the ninth round, 180th overall, by the Sault Ste. Marie Greyhounds, and forward Michael Stubbs, who went four rounds later, 248th overall, to Mississauga.

Halushak, who stands 6-foot-3 at 15, had one assist in 11 games with the Kings, and was held off the scoresheet during the OHL Cup.

Stubbs, a 5-foot-8 centre, had 12 goals and eight assists in 17 league games, adding one goal in three OHL Cup appearances.

Ear Falls' Dylan Winsor was the top Northwestern Ontario player to get drafted, going in the eighth round to the Kitchener Rangers. Winsor, playing for the Thistles at the Telus Cup Western Regional in Thunder Bay, had 20 goals and 30 assists in 48 games this season.

York-Simcoe Express centre Quinton Byfield, who played last year in Thunder Bay during the All-Ontario Bantam Championship, was the top choice, taken by the Sudbury Wolves No. 1 overall.

#### Stars advance to final

The Thunder Bay North Stars are headed back to the Superior International Junior Hockey League final for the first time in eight years.

Ryan Mignault scored the series-clinching goal on Monday night at 11:36 of overtime, handing the Stars a 3-2 Game 5 win over the second-seeded Thief River Falls Norskies, earning them a 4-1 series triumph.

The win also assures them a berth at the Dudley Hewitt Cup, as their championship round opponent, the Dryden Ice Dogs, are already in as hosts.

Cody Aarvig spotted the Norskies a 1-0 lead on the power play at 14:39 of the first, the lone goal of the opening two periods.

Keighan Gerrie netted his sixth of the year at 9:03 of the third to tie the score, with Kyle Auger vaulting Thunder Bay in front on the power play with 3:29 to go in regulation.

But the Norskies kept up the fight and Connor Bowery tied it at the 18:20 mark.

Thunder Bay outshot Thief River Falls 40-29, Brandon Bodnar picking the win with a 27-save effort.

Despite the series loss, Thief River Falls fans raised more than US\$7,000 for the Humboldt Broncos, who lost 15 members of their organization in a tragic bus accident last Friday.

## Municipality of Shuniah Class Environmental Assessment Replacement of the Scott Drive Culvert Notice of Completion

To address flooding and roadway washouts the Municipality of Shuniah is proposing to replace the existing Scott Drive culvert with a new steel, multi-plate arch culvert on concrete footings. This project is being planned under **Schedule B** of the **Municipal Class Environmental Assessment**. Subject to comments received as a result of this Notice, and the receipt of necessary approvals, the Municipality of Shuniah intends to proceed with the design and construction of this project, to be completed by late 2018.

To obtain the Pre-Design Report for this project, and for any additional information, please contact:

JML Engineering Ltd. Dustyn Farrow, P.Eng. Phone: (807) 345-1131

Phone: (807) 345-1131 Email: dustyn@jmleng.com



Interested persons should provide written comment on the proposal to the above contact within 30 calendar days from the date of this Notice.

If concerns arise regarding this project, which cannot be resolved in discussion with the municipality, a person or party may request that the Minister of the Environment make an order for the project to comply with Part II of the Environmental Assessment Act (referred to as a Part II Order), which addresses individual environment assessments. Requests must be received by the Minister at the address below within 30 calendar days of this Notice. A copy of the request must also be sent to the above contact at JML Engineering. If there is no request received by May 12, 2018, the replacement of the culvert will proceed to design and construction.

Address for requesting Part II Orders:

The Ministry/Minister of the Environment and Climate Change 77 Wellesley St. West, 11<sup>th</sup> Floor Toronto, ON M7A 2T5 Fax 416-314-8452

This Notice issued April 12, 2018.

Thursday April 12, 2018

**REAL ESTATE** 

22

- 02. Rural Homes
- 03 Mobile Homes
- 04. Lots / Acreage
- 05. Condos For Sale 06. Cottages
- 07. Commercial for Sale
- 08. Investment Property
- 09. Out of Town
- 10. Real Estate Wanted

#### **FOR RENT**

- 11. Houses
- 12. Apartments
- 13 Rooms 14. Room & Board
- 15. Shared Accommodations
- 16. Cottages
- 17 Commercial
- 18. Storage/Space
- 19. Wanted
- 20. Condos
- 21. Miscellaneous

#### **MERCHANDISE**

- 22. Bargain corner 23. Misc. For Sale
- 24. Antiques
- 25. Music
- 26. Office Equip.
- 27. Machinery 28. Pets & Livestock
- 29. Food
- 30. Misc. Wanted

#### **VEHICLES FOR SALE**

- 32. Trucks
- 33. Vans
- 34 Motorcycles/ATV's
- 35. Campers/Trailers
- 36. Motor Homes
- 37. Marine Equip
- 38. Snowmobiles
- 39. Parts & Repairs

#### YARD SALES

- 40. Current River
- 41. Northward
- 42. Southward 43. Westfort
- 44. Rural

#### MISCELLANEOUS. NOTICES, TENDERS 45. Auctions 46. Health

- 47. Travel
- 48. Financial
- 49. Lost & Found
- 50. Personal
- 51 Notices 52. Tenders

#### **BUSINESS & SERVICES**

- 53. General Services 54. Home Improvements
- 55. Bus. Opportunities
- 56. Training Courses

#### **EMPLOYMENT**

#### 57. Help Wanted

- 58. Careers
- 59. Child Care
- 60. Health Care
- 61. Employment Wanted
- 62. Students For Hire

#### **ANNOUNCEMENTS**

- 63. Coming Events64. Craft & Flea Markets
- 65. Happy Ads
- 66. Cards of Thanks 67. In Memoriam
- 68. Death/Funerals

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to determine page locations.

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the rtisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written

### b Classifieds PHONE 346-2600 EMAIL classifieds @ **EMAIL classifieds@dougallmedia.com**

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Mon. - Fri. 8:30a.m. - 5:00p.m.

#### 11. HOUSES FOR RENT

ADDITIONAL •

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Additional words 25¢.

\*Must be run in consecutive weeks. No additions to ads.

Does not apply to Bargain Corner ads.



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#### 12. APARTMENTS FOR RENT

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#### 18. STORAGE/SPACE

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#### 23. MISC. FOR SALE

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#### 24. ANTIQUES

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**57. HELP WANTED** 

50. PERSONAL

**57. HELP WANTED** 



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FAX: 1-807-345-6499

IN PERSON: DOUGALL MEDIA 87 N. HILL STREET - RECEPTION DESK ATT: MARIJUANA PALACE - BOX 22

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50. PERSONAL

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#### 48. CLASSES

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BUSINESS DIRECTORY

#### 51. LEGAL SERVICES

Anyone having claim against the ESTATE OF PAMELA CLARKE, also known as PAMELA DALE CLARKE, late of the City of Thunder Bay, in the District of Thunder Bay, deceased, who died on the 21st day of June, 2017, is required on or before the 31st day of May, 2018, to file with the undersigned solicitors particulars of their claim duly verified, after which date the ESTATE OF PAMELA CLARKE, also known as PAMELA DALE CLARKE, will be distributed having regard only to those claims of which Notice shall then have been given.

**NOTICE TO CREDITORS** 

DATED the 5th day of April, 2018.

BUSET LLP Barristers and Solicitors Attention: Richard J. Buset 1121 Barton Street Thunder Bay, ON P7B 5N3 Solicitors for the Estate Trustees

EVERY SATURDAY from 10am-3pm. Beginning February 17th ENJOY A NEW MARKET in Downtown FW. Located in The Hub Bazaar 507 Victoria Ave. E. Live Music, free hot chocolate, a kids craft table, and over 25 vendors weekly! Free admission. Vendors welcome \$29.00 +HST, or book any 6 Saturdays for \$100 +HST. 632-3881 or loriiparas@gmail.com

#### 64. CRAFT & FLEA MARKETS

"SPRING YARD & CRAFT SALE" Saturday, April 28, 10:00am-1:00pm. Held indoors at HMCS GRIFFON, 125 N Algoma Street. Admission is \$2. Shop at over 60 tables! This event is open to the general public. A fundraiser for the Thunder Bay Military Family Resource Centre. Call 345-5116 for more informa-



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#### **ANSWERS TO THIS WEEK'S**

3 5



5 9 2 6 3 7 8 4 3 4 8 5 2 1 9 7 6 8 3 4 1 5 6 1 6 9 2 7 8 4 3 5 2 7 5 4 9 3 6 1 8 4 8 1 7 6 5 2 9 3 9 5 7 3 8 2 1 6 4 6 2 3 9 1 4 5 8

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