

Thunder Bay

# source



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THURSDAY, JULY 12, 2018

YOUR COMMUNITY NEWSPAPER

Canadian Publications Agreement No. 0662445 Vol.15 No. 28

**INSIDE BUSES CANCELLED**



**Greyhound to end routes west of Sudbury /5**

**HEARING ENDS**



**Thunder Bay mayor's case winds through court /2**

**BOBBY IS BACK**



**Legendary NHLer kicks off Staal Open week /15**

# Music magic

Record crowds turn out to take in the Thunder Bay Blues Festival /12-13



**SURPRISE DUET:** Sheryl Crow (right) joined Sarah McLachlan on stage last Saturday night at the Thunder Bay Blues Festival.

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**LOCAL NEWS**

# Preliminary hearing concludes

Judge expected to render decision in late August on whether charges will proceed to trial

**COURT**  
By Matt Vis - TB Source

**M**ayor Keith Hobbs and his wife expect to learn in nearly two months whether the criminal case against them will continue.

Closing submissions were delivered at the Thunder Bay Courthouse on Friday, concluding a two-week preliminary hearing for Keith and Marisa Hobbs, each charged with extortion and obstructing justice, and Mary Voss, who is facing one count of extortion.

The couple are alleged to have been involved in attempting to coerce Sandy Zaitzeff to purchase a house for Voss and then interfering in the subsequent investigation.

All three were present in court on Friday. The purpose of a preliminary hearing is to determine whether the case will proceed to trial. The allegations have not been tested in court.

Ontario Court Justice David Gibson is expected to return with a decision in late August.

Charges were laid against the accused last July by provincial police with the initial court indictment accusing them of using



**HEARING CONCLUDES:** Hobbs and his wife Marissa were first charged last July by the OPP.

“threats, accusations or menace of disclosing criminal allegations to the police” against Zaitzeff in an effort to force him to purchase a house for Voss to live.

Thunder Bay Police Service chief J.P. Levesque had earlier been charged with breach of trust and obstructing justice for disclosing to the mayor that he was the

subject of an RCMP criminal investigation. The charges against Levesque were dismissed in January.

Zaitzeff earlier this year pleaded guilty to four offences, including one count of invitation to sexual touching, and was sentenced to 15 months probation after receiving credit for six months of pre-trial custody.

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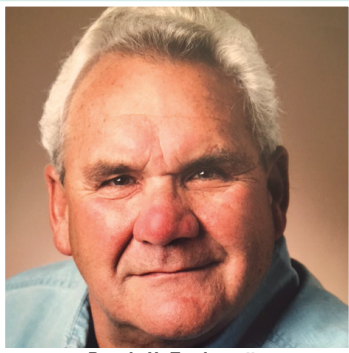
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# LOCAL NEWS



DOUG DIACZUK

**SHOWING SUPPORT:** National Unifor president, Jerry Dias, walked into the Port Arthur Health Centre to speak with doctors during a rally in support of striking clinic workers last Monday.

## Dias backs clinic staff

Jerry Dias, National Unifor president, called the use of replacement workers by doctors at the Port Arthur Health Centre a shameful act

**THUNDER BAY**  
By Doug Diaczuk - TB Source

Upon walking into the Port Arthur Health Centre, National Unifor president, Jerry Dias, described what he saw as shameful and disgusting.

"They have kids working here if you can imagine," Dias said to Unifor members who followed him inside. "There are confidential medical files all over the place and you have teenagers working here. What kind of doctor would have their kid acting as a scab over the summer?"

Dias was greeted with chants of 'shame on the scabs' and 'do no harm' by Unifor Local 229 members before leaving the clinic without incident after the Thunder Bay Police were called.

The impromptu march inside the Port Arthur Health Centre was part of a larger solidarity rally on Monday in support of 65 staff members working as appointment secretaries, medical aids, and medical records personnel who

have been walking the picket line since Apr. 9.

"This is a classic example of the needy and the greedy," Dias said. "You have doctors making hundreds of thousands of dollars a year and paying their employees, some of them over 30 years, \$14 an hour. This is absolutely disgusting. There's no rhyme or reason for it."

The workers, all women, are also calling for more stable working hours, more health benefits for all workers, and recognizing workers who work full-time hours as full-time employees rather than casual.

"These are incredibly, deeply principled women who know they got the short end of the economic stick here," Dias said. "People are frustrated for sure. But people are also determined. The workers are saying this is about fairness."

Lori Salmi, union chair at the Port Arthur Health Centre, said it is very important for the national Unifor president to come and support the striking workers in Thunder Bay, because not only does it show how much support they have, it also

helps raise moral on the picket line.

"The women here are sticking to their guns," she said. "They feel that they have to step up."

Salmi said since the strike started back in April, the doctors have refused to meet with the workers, despite being approached several times by the union.

"July 17 will be day 100 on the line if nothing comes to fruition and it's a long time to be on the line and a long time for the doctors to keep us out here," Salmi continued.

But the impact of the strike goes beyond the workers on the picket line, Salmi said, it also affects the people of Thunder Bay. There are concerns that replacement workers at the clinic may not be qualified to properly undertake the duties of the striking staff, such as sterilizing equipment and handling confidential medical records.

"The scabs they have working there are friends and family, so obviously they do need workers in there right? So why don't they have the right workers in there?" Salmi said.



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Risk of strong thunderstorms Probability of Precipitation: 80% HIGH 27 LOW 18	Mainly sunny Probability of Precipitation: 20% HIGH 28 LOW 20	Mainly sunny Probability of Precipitation: 10% HIGH 27 LOW 16	Chance of a shower Probability of Precipitation: 40% HIGH 27 LOW 15	Mainly sunny Probability of Precipitation: 20% HIGH 22 LOW 12	A mix of sun and clouds Probability of Precipitation: 20% HIGH 21 LOW 14



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9:30 p.m. Doug And The Slugs

**SATURDAY**  
6:00 p.m. Rynestone Magician  
7:30 p.m. Terrance B (Hypnotist)  
9:30 p.m. Boom

**SUNDAY**  
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9:30 p.m. Prism

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## LOCAL NEWS

# A new mental health service

Psychiatric stabilization unit added to E.R. department

### HEALTH CARE

By Matt Vls - TB Source

Facing one of the highest numbers of mental health and addictions related emergency department visits in Ontario, the regional hospital is considering significant changes that could improve treatment and reduce length of stay.

The Thunder Bay Regional Health Sciences Centre is in the midst of the planning stages for a mental health emergency service, which would provide a separate space for those patients to be assessed and receive care from a specialized professional team.

Dr. Peter Voros, hospital executive vice president of in-patient programs, said last year there were 6,300 emergency department visits related to mental health and substance use, an 11 per cent increase from the previous year. Those visits account for as much as six per cent of all emergency department patients.

"This upward trend has continued for quite some time," Voros said. "Really, that's a big part of realizing we have to do things differently. When our emergency was originally built, it wasn't built to manage that number of people attending with the kinds of needs they are."

Currently, patients presenting with mental health and substance use issues in the emergency department are either left to wait in limited hallway space or admitted to the adult mental health unit.

### Needs are different

Voros acknowledged the needs of mental health patients are much different than those who are at the hospital for physical injuries or illness.

"When you're in a state of crisis what you need is calm, quiet and support," Voros said.

The planned changes, which would include what Voros described as a small build along with the renovation of existing space, would be noticeable for any patient when they first enter the emergency department.

"Part of this redesign is to hopefully change our triage space altogether to really make it more focused for all patients when they come, not just patients with mental health and substance use issues," Voros said.

Patients triaged as needing mental health or addictions treatment would be directed to the new mental health emergency service, which would have a separate waiting room and specialized interdisciplinary team.

The redesign would increase the current mental health space "threefold," Voros said.

Another component of the overhaul would be the creation of a new psychiatric stabilization unit, where patients could stay for up to



**CHANGES:** Peter Voros, the Thunder Bay Regional Health Sciences Centre executive vice president of in-patient services.

48 hours under the care of staff while plans are developed for their release.

That unit would be located adjacent to the adult mental health unit on the second floor with the conversion of existing office space.

"There's a large number of patients who may not need a full admission to hospital but need some time to stabilize, to be assessed and for us to help get them to the community connections they need," Voros said.

"Many of them need a crisis intervention that is more short-term, really to stabilize and assess whether they need to be admitted for a longer period of time and get them connected to community resources they either may not be connected to now or they may have lost connection with. That short period of time is really that opportunity for us to do that."

### More staff required

Voros said the enhanced mental health services would require additional nursing staff, likely an addictions clinician specialist and continued psychiatry recruiting.

The process has already involved a full functional program analysis of the emergency space and preliminary architectural designs. Hospital staff are expecting to meet with the North West Local Health Integration Network to discuss operational dollars and an eventual application would be made to the Ministry of Health and Long-Term Care for capital funding.



# LOCAL NEWS



FILE

END OF THE LINE: The Greyhound bus terminal in Thunder Bay.

## Greyhound axes Northwest service

Cancellation is part of downsizing taking place across the country

**THUNDER BAY**  
By Gary Rinne - TB Source

Thunder Bay MP Patty Hajdu plans to look into what, if anything, the federal government might do as a result of Greyhound's decision to stop providing intercity bus service through much of Northern Ontario.

In what it called a downsizing of its operations, Greyhound announced on Monday that it is exiting the market between Sudbury and the west coast.

Service in Northern Ontario west of Sudbury, and in the provinces of Manitoba, Saskatchewan, Alberta and B.C. will be terminated on Oct. 31, 2018.

The company cited "a challenging transportation environment" including declining ridership in rural communities, increased competition from subsidized national and inter-regional transportation services, the entry of ultra-low-cost carriers, and regulatory constraints.

"Despite best efforts over several years, ridership

has dropped nearly 41% across the country since 2010...Simply put, we can no longer operate unsustainable routes," said senior vice-president Stuart Kendrick.

The cuts will leave about two million passengers with one fewer option for travel and is expected to cost about 415 people their jobs.

Greyhound operates a terminal on Fort William Road in Thunder Bay.

Hajdu, the minister responsible for Employment, Workforce Development and Labour, told Tbnnews in an interview that she had just learned about Greyhound's announcement.

"Obviously this is a big blow for our region. We rely on Greyhound to connect many of our smaller communities because of the fact we don't have train transportation, because of the fact that air travel is so expensive in the north," Hajdu said.

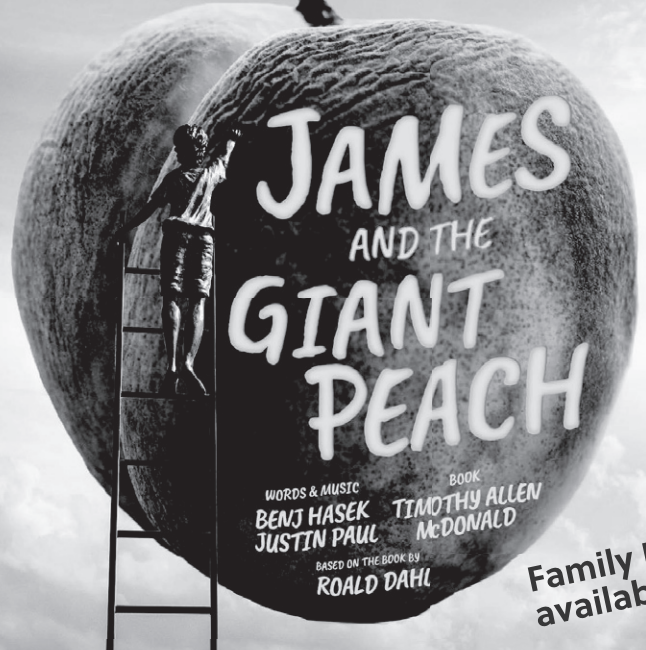
She said she will go back to her colleagues in Ottawa to find out what if any interventions the government might be able to make.

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# Editorial

## EDITORIAL

# Staal Open a big hit

The Staal Foundation Open returns to Thunder Bay this week for the fifth straight summer.

What an event it has become.

Since it arrived in at Whitewater Golf Club in 2014, dozens of golfers who took part have gone on to play on the PGA Tour.

No other team or sporting event in town can boast such a success rate.

The Thunder Bay Border Cats – who are looking great so far in the second half – have sent about half-a-dozen players to the majors in 16 seasons.

The Thunder Bay Chill have sent a couple of players to the MLS, while the Thunder Bay North Stars have two notable graduates, NHLers Robert Bortuzzo and Carter Hutton.

These are the top up-and-coming golfers in the world.

J.J. Spaun won more than a million dollars last year. Mackenzie Hughes has a tour win and played in The Masters.

Corey Connors has shown plenty of promise on the PGA Tour this year, after finishing second and third in 2016 and 2015, respectively, at the Staal Foundation Open.

The event is a well-run machine, with hundreds of volunteers ensuring it is regarded as one of the top tournaments in the country each and every summer.

Oh, and Bobby Orr and the Saal brothers stop by to hang out every year.

Check it out. You will not be disappointed.

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## Crowd was terrible

To the editor:

I have now experienced my first (and last) Thunder Bay Blues Festival. I am from southern Ontario and in my younger years experienced many outdoor concerts.

As much as I love living in Thunder Bay, I will go elsewhere to experience outdoor concerts.

I purchased my tickets two months in advance since my all time favourite band, Big Wreck, was playing. As soon as my wife and I passed through the entry gates, my heart sank: Lawn chairs? Really? As far as the eye can see? Is this “Summers in the park” or a concert? I was confused.

From that moment on, I realized that this is no place for a young “concert enthusiast”. My hopes of getting to the front to see Big Wreck were dashed.

We settled on watching from the Superior Hearing tent to the side of the stage (this was the only place you could really stand without getting harassed by people sitting in lawn chairs and security).

Well, this is lame, I thought.

Big Wreck took the stage at 8 p.m., and the first words that came out of Ian Thornley’s mouth were “Wow, you all look really cozy.” (Which really means, wow, this is lame; the last time I played in front of an audience sitting down was probably 30 years ago at church).

They began to play, and their lack of energy on stage mirrored the drowsy looking crowd seated comfortably in their lawn chairs as some older folks worked away at their crocheting.

I am not even joking, I saw a lady crocheting while Big Wreck was playing, clearly uninterested in the music.

To the organizers of Blues Fest: please don’t schedule good rock bands like Big Wreck and the Arkells who are currently releasing albums and touring the world.

It must be insulting to play to a crowd of people who are apathetic and sitting in their chairs.

It is also false advertising in a sense; young people get sucked in to spending way too much money on tickets that are for the whole weekend (what about day passes?).

I think my biggest fear is that Big Wreck would never want to come back to Thunder Bay again, and I don’t blame them.

If you want a younger generation of people to come to bluesfest, there needs to be a place where people can stand and watch at the front.

Blues Fest was overcrowded, overpriced, and failed to promote Thunder Bay as a destination for

## LETTERS TO THE EDITOR



good bands to come perform.

Alex Polci,  
Southern Ontario

## Union busting tactics

To the editor:

In 1974, employees working at the Port Arthur Clinic decided that they deserved fair compensation and working conditions and realized that by joining together as a union they would be able to express to their employer, the doctors who own the clinic, their desire to improve their lot in life.

The doctors fought this move and the staff went out on strike for months and in the end the doctors were able to destroy the workers morale and they abandoned their quest for a Union.

The doctors have for some reason been able to keep their employees even though they have been under paid and have for the most part been working in part time and casual work positions.

These employees have shown their dedication to these doctors by staying with the Clinic for years, some for over 30 years.

A number of years ago the doctors turned over day to day operation of the Health Centre to a management

team.

This management team under the leadership of one John Morello and I assume with the approval of the doctors is now trying to again destroy the union by forcing these dedicated workers to strike for a wage that would still leave them below the low-income level as established by the provincial government.

These workers represent the working poor and are suffering at the hands of professional people who have sworn a Hippocratic Oath that includes the phrase “I will remember that I remain a member of society, with special obligations to all my fellow human beings, those sound of mind and body as well as the infirm”.

It is time for these purveyors of health care and believers in the Hippocratic Oath to follow through on their obligations to their fellow human beings and provide proper employment opportunities and payment to those human beings that have spent all those years serving them.

It is time for the doctors to do the proper thing and instruct their management team to meet with the employees and settle this strike.

Jules Tupker,  
Thunder Bay

## More parking needed

To the editor:

The City of Thunder Bay should look into acquiring the North American Lumber property for additional parking for the Fort William Gardens.

A couple of years ago city taxpayers shelled out a lot of money to consultant Conrad Boychuk with regard to repurposing the Fort William Gardens in the event a new facility was built.

It would appear the Fort William Gardens in one form or another will be here for a long time.

Many patrons of this facility have expressed concern about acquiring more parking.

The Fort William Curling Club would also benefit if more parking was acquired. The curling club that is attached to the Fort William Gardens has over 30 years left on their lease with the City of Thunder Bay.

The city might also entertain acquiring or leasing a portion of the Mckellar Park School ground as this too would be a good acquisition.

Ray Smith,  
Thunder Bay



# Perspective

# The risk takers

## OPINION

By J.R. Shermack  
Special to TB Source

This spine-tingling story about risk takers is enough to give soccer moms everywhere the heebie-jeebies.

If you might be trapped deep underground, alone in the dark, waiting to either freeze to death or drown, would you take that risk?

I think most people would pass but there are some bold individuals who seem compelled to risk their lives needlessly.

Many do it repeatedly until the odds catch up with them and they finally die a horrible death.

The Cascade cave system on Vancouver Island is over a kilometer long and descends to 338 feet underground.

The cave's location is kept secret between cavers and the entrance is blocked by a locked, steel-reinforced door.

Anyone brave enough to enter (some say foolhardy enough) must sign a waiver because, you know, it's a stupid decision.

Jason Storie signed the waiver and soon after, he found himself stuck in an hourglass section of the Cascades known as "Bastard's Crawl".

He was wedged in tight and as icy water flooded the cave he found himself gasping for air and fighting for his life.

His fellow caver pulled him out and they waited 14 hours for rescue, battling hypothermia on a small ledge sloped into a frigid

waterfall.

Their rescuers signed no waiver – they were forced to risk their own lives to save the two "adventurers" from themselves.

I'm glad they got out alive, especially since Mr. Storie's cave-mate was (and still is) the new father of his six-month old daughter, Juniper.

That made his decision to sign the waiver incredibly selfish as well as stupid, which leads me to the point of this troubling episode.

As a wise, old man once said, "Never underestimate the power of human stupidity" - here is another example happening right now.

When I heard about the twelve boys and their soccer coach trapped four kilometers inside a watery cave in Thailand, I was astounded.

Who signed the waiver for these young boys to risk their lives on this "fun excursion" after practice?

Was it the same decision-making process that led Jason Storie and Juniper's father to risk their lives and those of their rescuers?

It broke my heart to think about the boys, their families and the rescuers as the grim facts emerged and hope was faint.

I was captivated by the emotion and compelled to follow the rescue along with millions of others worldwide, waiting for

good news.

After a week they were found, horrified and huddled in the dark on a small ledge, their escape blocked by torrents of water.

But they were still alive – I was encouraged by the international response to the plight of the trapped soccer team and their families.

Until then they were just twelve boys between eleven and sixteen years old, and their coach, slowly starving in a cave, waiting to die.

Now they were found but their rescuers still faced near-impossible challenges – rising flood water, monsoon rains and a life-threatening, 4 km. swim.

After two weeks underground the boys and their coach were hungry, cold, weak and horrified.

They still had to face the physical and psychological nightmare of the long, underwater escape through

the cave.

As I write this, the rescue is under way and more than half the boys are already out – hopefully they will all be out safely and soon.

Those who escape will likely avoid caves from now on – not so for Juniper's dad.

It wasn't long before he was once again descending to Bastard's Crawl – he said he needed closure and I guess he'll risk everything to get it.

I wonder what Juniper thinks.

**"They still had to face the physical and psychological nightmare."**

## A SPECIAL GIFT



**SOMETHING TO SAY THANK YOU** Eric Staal accepts a piece of art work made by six-year-old Chase Bolen during the unveiling of new renovations at the George Jeffrey Children's Centre.

DOUG DIACZUK

## A look back in history:

### Black Bay Bridge

In 1990 the Local Architectural Conservation Advisory Committee designated the Black Bay Bridge as an historically significant structure. It was designed by Joachim Antonisen in 1911.



## HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

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# your VOICE

VOICE YOUR OPINION ABOUT THINGS THAT MATTER MOST.

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Do you think you will ride the Muskeg Express this summer now that the Centennial Park mini-train is back in operation?

**TOTAL VOTES: 482**

**YES**  
49.7%

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## LOCAL NEWS

### IN BRIEF

# Swimmer drowns in Kam River

The body of a 21-year-old swimmer who went missing on the Kaministiquia River has been found.

Ontario Provincial Police say Duy Le was swimming last Thursday night when he went under the water and did not resurface.

Officers from the Conmee Fire Department, the OPP and Thunder Bay Fire Rescue attended the scene and were later assisted by the OPP's underwater search and rescue unit.

Divers recovered the body last Saturday afternoon.

## Police say alcohol a factor in collision

A 47-year-old male driver has been charged and police say alcohol was a factor in a collision that saw the driver strike another vehicle and a light standard.

Thunder Bay Police, in a release issued last Monday night, said the incident occurred at the intersection of John Street and Memorial Avenue at about 8:18 p.m.

There were no serious injuries. The nature of the charges was not released by police.

## Missing swimmers found in Kenora

The bodies of two swimmers who were announced missing last Thursday have been recovered.

Police have confirmed the identity of 19-year-old Arwinder Brar, and 20-year-old Pawan Preet Brar of Winnipeg as the two deceased individuals.

Last Thursday at approximately 1:30 p.m., Kenora OPP received a report of two swimmers in distress in the water at McLeod Park on Lake of the Woods.

The OPP Underwater Search and Recovery Unit began to search the waterways Friday and discovered the bodies in the evening, according to media release.

A post-mortem is expected to take place on Monday in Kenora.

## OPP recover body

Ontario Provincial Police have identified a man whose body was recovered from a lake north of Kenora.

He was 27-year-old Desmond Boyd of the WhiteDog First Nation.

OPP say emergency responders were dispatched on Friday, July 6 to investigate a report that a male had entered the water at Goshawk Lake landing in the territory of the WhiteDog First Nation, and had failed to surface.

Boyd was located and taken to hospital where he was pronounced dead.

## REVIEW

### Review of Draft Contingency Plan: Dog River-Matawin Forest 2019-2021 Contingency Plan

The Ontario **Ministry of Natural Resources and Forestry (MNRF)**, **Resolute FP** and the **Dog River-Matawin Citizens' Advisory Committee (LCC)** invite you to review and comment on the 2019-2021 Draft Contingency Plan for the **Dog River-Matawin Forest**.

#### Why is a Contingency Plan Required?

The approved 2009-2019 Dog River-Matawin Forest Management Plan will expire March 31, 2019. Delays have been experienced in planning the next 10 year FMP; as such, a Contingency Plan is required. A two year Contingency Plan will enable the implementation of forest operations until the ten year 2021-2031 FMP is approved.

The purpose of this notice is to:

- Invite you to review and comment on the draft Contingency Plan at the locations and times listed below, and
- Request contributions to the background information to be used in planning.

Comments will be considered in revisions to the draft Contingency Plan.

#### How to Get Involved

The Draft Contingency Plan will be available on the Ontario Government website at [www.ontario.ca/forestplans](http://www.ontario.ca/forestplans), at the Resolute FP office and the MNRF Thunder Bay District Office at the locations noted below, by appointment during normal office hours for a period of 30 days **August 17, 2018 – September 17, 2018**. Comments on the Draft Contingency Plan for the Dog River-Matawin Forest must be received by Peter Wiltsey at the MNRF Thunder Bay District Office, by **September 17, 2018**.

The following information will be available:

- Draft Contingency Plan, including supplementary documentation;
- MNRF's preliminary list of required alterations.

Meetings with representatives of the planning team and the Dog River-Matawin Citizens' Advisory Committee (LCC) can be requested at any time during the planning process. Reasonable opportunities to meet planning team members during non-business hours will be provided upon request. If you require more information or wish to discuss your interests with a planning team member, please contact one of the individuals listed below:

**Peter Wiltsey, R.P.F.**  
MNRF  
Thunder Bay District Office  
435 James St. South, Suite B001  
Thunder Bay, ON P7E 6S7  
tel: 807-475-1145  
e-mail: [peter.wiltsey@ontario.ca](mailto:peter.wiltsey@ontario.ca)

**Beau Johnson, R.P.F.**  
Resolute Forest Products  
2001 Neebing Ave.  
Thunder Bay, ON P7E 6S3  
tel: 807-475-2030  
e-mail: [beau.johnson@resolutefp.com](mailto:beau.johnson@resolutefp.com)

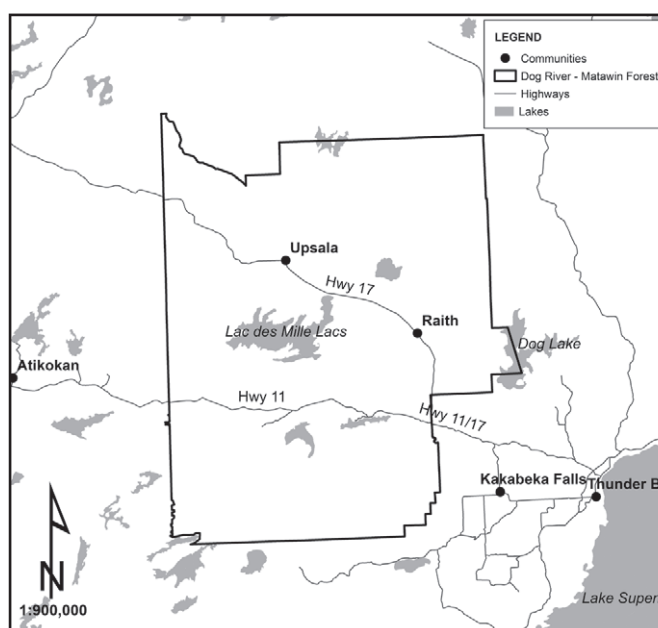
**Don Barnes**  
Dog River-Matawin Citizens' Advisory Committee (LCC)  
c/o Peter Wiltsey  
MNRF Thunder Bay District Office  
tel: 807-475-1145

During the planning process there is an opportunity to make a written request to seek resolution of issues with the MNRF District Manager or the Regional Director using a process described in the *Forest Management Planning Manual (2017)*. The last possible date to seek issue resolution with the MNRF Regional Director is **October 16, 2018**.

#### Stay Involved

An opportunity to inspect the approved Contingency Plan before it is implemented will take place during the inspection of the MNRF-approved Contingency Plan, which is tentatively scheduled for **November 6, 2018 – November 20, 2018**.

The Ministry of Natural Resources and Forestry is collecting your personal information and comments under the authority of the *Crown Forest Sustainability Act*. Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the *Freedom of Information and Protection of Privacy Act*; however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by the Ministry of Natural Resources and Forestry to send you further information related to this forest management planning exercise. If you have questions about the use of your personal information, please contact Alyson Dupuis at 807-475-1145.





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MICHAEL CHARLEBOIS

**CROSSING TOGETHER:** A group of competitors cross the finish line at the Matterhorn Madness at Mount Baldy last Saturday.

## Fitness enthusiasts flock to Matterhorn Madness

The trail marathon challenge raised upwards of \$7,000 for local charity Roots to Harvest

**THUNDER BAY**  
By Michael Charlebois - TB Source

An extremely humid Saturday only made things better for the fitness junkies who came out to the Matterhorn Madness challenge at Mount Baldy.

"It's a sickness," said Michael O'Connor who spent two-and-a-half hours running up and down Mount Baldy.

The race is in its fourth year, and acts as a fundraiser for local charity Roots to Harvest.

The challenge: race up and down Mount Baldy twelve times, for a total of 1,600 metres, in four hours.

The race can be completed in teams or individually. As long as the magic number 12 is reached.

"That's the equivalent distance from the base of the Matterhorn to the peak," explained executive director of Roots to

Harvest Erin Beagle, referring to the 4,478-metre mountain located in the Swiss Alps.

O'Connor did it all by himself on Saturday.

"It's a world of hurt," O'Connor, who runs in the Lakehead Masters club said. "I run trail marathons, so this develops some mental fortitude, and gets your head around mental fortitude."

Shelly Brown isn't a marathon runner, but she is surrounded by like-minded friends who believe in the importance of fitness.

Brown competed with Six Pack and Team Limitless, a group of women aged 50-and-over. Living proof that age is only a number, the oldest competitor on Saturday was 78 years old.

"We are limitless... we are. We can do anything."

Six of the competitors are testing that theory when they travel to Peru to climb Machu Picchu later this year.

For now, Mount Baldy will act as the preliminary.

"It's something that's totally different," said Beagle. "It's not a trail run, it's not a running race... It's something that doesn't exist in the same place anywhere else. So people that want a challenge or something different, do it."

"You're out in nature," O'Connor said. "There's camaraderie, you aren't just on the road with your headphones on."

And for a great cause.

The event is expected to raise between \$7- to 8-thousand dollars for Roots to Harvest.

**"It's something that doesn't exist in the same place anywhere else."**  
ERIN BEAGLE



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TBLife

# Muskeg Express back on track

## THUNDER BAY

By Matt Vis - TB Source

The Muskeg Express is rolling full steam ahead.

The 50-year-old Centennial Park amusement ride was back on track on Wednesday after repairs and upgrades were completed to allow the mini-train to meet safety standards.

"It was part of the original plan to create a park that captured the logging community theme," said Cory Halvorsen, the city's manager of parks and open spaces. "It's been part of the park for a long time and it's a unique attraction that people missed when it wasn't here."

Prior to Wednesday, the train had not been operational since 2016 after the track was found to have deficiencies that needed to be addressed. A railway maintenance contractor was hired to check the alignment along the length of the track



**STEAMING AHEAD: The Muskeg Express ran for the first time since 2016.**

for width and elevation, made corrections and replaced some of the rail ties.

Council in April had approved a request for \$50,000 from reserve funds to complete the work. Halvorsen said the project came in under that budget.

The ride generated \$3,400 in the last year it was operational. That amount would mean a minimum of 1,200 people hopped aboard, assuming they all would have paid the adult fee rather than the discounted child rate.

"Kids get really excited about it but it's appropriate for all ages. It's a really good attraction for families," Halvorsen said.

"It's a different way to experience the park space instead of walking or biking through you get to take a ride on an amusement ride that has some history to it."

The train operates weather permitting from noon to 4 p.m. Wednesday through Sunday until the Labour Day weekend. The fare is \$2.75 for adults and \$1 for children between six and 14 while younger kids ride for free.

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## Golf injuries and cold laser therapy



**DR. ALAN CRANTON**  
DC, ND (Ref)

ON HEALTH

Golfers, true golfers, are passionate about their sport and will do anything to continue to play the game. The top three injuries in golf whether amateur or pro, are backs, necks and forearms- elbows and wrists. Yes, the knees and shoulders come up in the top five as well.

"Bill", not his real name, came to see me about two conditions that were interfering with his golf game. Recently retired, he'd really gotten into the game the past few years. At the beginning of the season he was doing so well, but his back was interfering with his drives, and his neck and shoulder were affecting his short game- the putting.

We did an examination of both areas and after seeing his x-rays, we determined he had arthritis there. Medication bothered his stomach and his thinking, so he was looking for something natural and that worked. I recommended cold laser therapy for his neck and shoulder first, as this was the worst of his pains and the

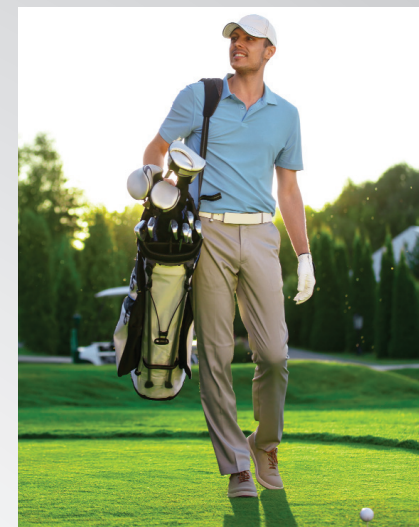
lower back to follow once his neck improved. Like a true golfer, he said "if this works, then why are we not doing both areas at the same time?" So we booked him two appointments back to back, three times a week for a month.

After two weeks he was doing so well that his game improved dramatically. He gained twenty five yards on his drives without hurting his back and shaved off many putts on the green. He claims his flexibility has improved without the pain and he feels stronger and younger than he's felt in years.

We've also been using gentle chiropractic adjustments on his back and neck and shoulder areas and he feels terrific. I haven't seen a more positive guy in a long time. The best part? He got a hole in one at Northern Lights! Too bad his regular crew wasn't there to witness the miracle.

Bill continues to receive chiropractic care because he says that he feels stronger, more flexible and looser while out golfing and he's never golfed this much- almost every day-in his entire golf history. His game is the best it's ever been in his life. Still not a single digit handicap yet. Or maybe he's just sandbagging till a fun tournament comes along.

If you know a golfer suffering because they can't get out and play the game, pass this article on to them and tell them to



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# Laura versus the Dutch wheelbarrow

An unfortunate incident with a Dutch-made wheelbarrow resulted in a trip to the emergency room for Laura and Fred

It wasn't me. Wait, didn't I begin last week's column the same way? I did, but, again, t'warn't me. Laura's black and bloodied eye was not my doing. The culprit? A wheelbarrow.

Regular readers now know that Farmer Fred, the Unhandy Handyman, Wrecker of Barn Doors and Machinery, Repeat Offender for getting tractor stuck (none of these offences done deliberately), Charter Member of the Klutz Club, on a semi-regular basis messes up. Not this time.

## A new story

I wrote about my wife, Laura, The Gardener, getting the rototiller royally enmeshed in the page wire fence that surround the vegetable garden and how it was Fred-To-The-Rescue (for a change). Not a big

deal.

Friday night, we were in the barn mucking out horse stalls. The barn is on our summer schedule. Because of the heat, the ferocious biting bugs that torment equines, they are brought into a covered shelter (their stalls) during the day away from said torment. The temperature had cooled down such that the horses could be sent out to their respective paddocks for the night to graze.

Once the manure cart is filled with stall leavings, we bring in wood shavings in wheelbarrows for bedding. Straw can be expensive but more importantly, Laura is very allergic to the dust in straw, hence the use of shavings.

These wheelbarrows are two-wheeled, very sturdy, very large (we've had them for twenty years



**FRED JONES**

RURAL ROOTS

without any breakage) with a metal frame and a seemingly indestructible, moulded body. When they are stood on end, they are taller than my wife. Dutch-made, excellent, expensive, but worth it.

## Standard chore

So, Laura, for the past twenty years, has emptied the wheelbarrows full of shavings into the now-mucked stalls in preparation for the next day's habitation without incident. Until Friday night.

I was filling water pails when I heard Laura scream in pain. I rushed out to see her holding her left eye. Apparently when she dumped the shavings, the wheelbarrow bounced back and the left handle crashed down upon her glasses shattering the left lens that cut her face just above and below her eye. Being a facial wound, it bled a lot. Laura immediately ran for the tack room where we have a First Aid kit and a sink. Son, Doug and I inspected the area where the incident took place and found a large piece of the broken lens. Laura headed into the house and I followed. After close inspection, we decided that late though it was, and Friday night though it was,

we'd better drive to emergency.

It being Friday night, the doctor didn't get around to seeing Laura for two-and-a-half hours. There

were quite a few more serious cases before her. The doctor at first wasn't sure that her wound needed stitches until he cleaned it and then realized that a couple were required so as not to allow for scarring. We got home at three am. Luckily, the broken lens didn't hit her eye.

Laura's face now looks like someone punched her. Not someone, but someone

thing done it.

The kids and I took a vote: until Laura's wound heals, she is not allowed to play with Dutch-made wheelbarrows.

**Laura, for the past twenty years, has emptied the wheelbarrows without incident. Until Friday night.**



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# IN THE bay

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## Blues Fest thrills crowd

Record crowds flock to Marina Park for this year's three-day event

### MUSIC

By Leith Dunick - TB Source

**T**he rain may have fallen early in the day and returned during Pat Benatar's closing set, but it couldn't dampen the spirit of the city's music-loving crowd.

Thunder Bay Blues Festival-goers weren't about to let a little inclement weather spoil the final day of the three-day event, donning makeshift ponchos or ducking under umbrellas until the sun returned.

Meanwhile the music played on.

That suited Vicky Lalonde, a first-timer who made the trip from Timmins to attend Blues Festival, just fine.

"I've met many, many people who were wonderful people, and the music is just fantastic," said Lalonde, in town to visit her friend Ines Migliazza.

"Where I'm from in Timmins, we don't really have a blue fest. So I really enjoyed the blues music, which is why I thought I'd maybe come and attend this event. I've loved it from Day 1."

Lalonde said Sheryl Crow, who played on Saturday night, was her personal favourite on the bill, but she thought organizers did a fantastic job recruiting Thunder Bay talent to round out the lineup.

"I do like the local talent as well, some of the local bands," she said.

Migliazza said there was something to suit her tastes all three days of the festival, music that got her out of her seat and dancing along.

"Today it was Blackburn and Chrissie and Dave opening up with their bands, The Chain and Southern Comfort," Migliazza said. "It always touches home for me."

Like her friend, it was Sheryl Crow who proved to be the show stopper this weekend.

"She was amazing yesterday. Sarah McLachlan, she has a voice that's angelic. Then on Friday, Melissa Etheridge really rocked the crowd here," Migliazza said.

Chris Benz said he and his family have been away from Thunder Bay for about seven years and Blues Festival was a great chance for him to bond with his young son, Mason.

"I wanted to bring the little guy out and start exposing him to the great events we have in Thunder Bay and enjoy the weather and the great music. It's been fantastic," Benz said.

"He's loving it, dancing up a storm and enjoying his time."



**BEST SHOT:** Rocker Pat Benatar closed out Sunday's final day of the Thunder Bay Blues Festival.



**HIT AGAIN:** Fan favourite Alan Doyle returned.

It was the Arkells who drew him to Marina Park.

"They put on a heck of a show for us in Thunder Bay," Benz said, two days after catching them in Sudbury.

Sunday's lineup included the likes of

Mary Bridget Davies and Newfoundlander Alan Doyle, the former front-man of Great Big Sea who has become somewhat of a regular at the Blues Festival, performing a rip-roaring mixture of his solo stuff along with top hits from his former band.

Magpie Salute introduced themselves to Thunder Bay, evolving out of the ashes of the Black Crowes.

"We're a new band that came from an old band," said guitarist Rich Robinson, his band playing a mixture of original material along with several deep cuts from the Black Crowes.

The evening came to a close with Benatar and husband Neil Giraldo taking the stage, racing through a collection of hits that made her one of the most successful singers of the 1970s and 1980s, closing with her 1984 hit *Love is a Battlefield*, the 7,000 or so in attendance singing along to every note.

"This is really phenomenal, the support we've received from the ticket buyers in the community, sponsors and everybody. It's just hard to even describe. It's really just been really incredible," said organizer Trevor Hurtig.



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# IN THE bay



**ALL I WANNA DO:** Sheryl Crow brought the house down at Blues Fest on Saturday night.



**PIC TIME:** James Mirabelli meets Sass Jordan.



**DOUBLE TROUBLE:** Mary Walker of The Angles (right) was hauled up on stage by Arkell's lead singer Max Kerman last Saturday on Day 2 of the sold-out Thunder Bay Blues Festival.

PHOTOS BY LEITH DUNICK

**GUITAR GOD:** Rich Robinson of the Magpie Salute played last Sunday.

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# BACK IN 59

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# Television - serial killer or life-saver?

Is sitting in front of a television screen really killing us, or has the way we watch TV changed with our lifestyles?

**A** new study is making headlines that suggest television is killing us. More than 13,200 adults were studied for eight years in Spain. At the beginning of the study, they were 37 years of age and college graduates. By the end, 97 were dead.

Dum-dum-dum. Fade to black. According to the study, those who watched three or more hours of TV were twice as likely to die as those who watched less. The researchers considered in all kinds of contributing factors including gender, calories consumed, physical activity level, diet, and snacking habits. The results were conclusive: TV is killing us.

They also noticed that participants'



with **FIONA GARDINER**

time spent sitting – a rather passive, inactive activity – also added flame to the fire. In other words, if they spent a lot of time outside of their television-viewing doing other seated activities such as working at a computer or driving a car, they were as good as dead.

But is television really the

problem? Did they look at how people are watching TV? Did they consider the health benefits?

Most gyms have large screen TV's set up by the equipment so people stay on them longer and don't get bored. Half my screen time is covered while on my treadmill at home. So apparently, a portion of those hours of deadly television consumption are not done in a sedentary manner.

We're a generation of multitaskers. As much fun as it seems, we don't watch TV every night with a tub of Haagen Dazs. We're texting and fine-tuning our fine motor skills. We're talking and laughing on the phone; thus, improving our cardio.

We're watching our shows on our

phones, laptops, and iPads while using public transportation. This allows us to ignore fellow passengers and avoid eye contact which could lead to potentially life-threatening interactions that end up on CNN that night.

Alternatively, being up to date on the latest episode of *Big Brother* or *Game of Thrones* will allow one to make acceptable small talk and avoid crippling silences in social settings. This could dramatically improve one's career trajectory or alternatively, one's romantic life. Not to mention the possibility of talking down a violent stranger on said public transportation – as long as one does not forego the all-important spoiler alert. One should never

ever forego a spoiler alert. That's just bad manners.

And of course, without TV, how would we know about all the new products available to keep us healthy? It's through television that we are inspired to loose weight, paint our walls, get that funny looking mole checked, and give up our plans for world domination. (After all, Sherlock Holmes and those NCIS agents always find their man.)

No, despite the study's initial radical claims, at this point, there is only an "association" between television and early death. They cannot prove a thing.

And until then, I've got my PVR locked and loaded.

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## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

	6	8						
4				1			5	
2				9			6	7
			9				7	1
	2	5					9	6
	9		7	2				
	1			7	8			
6				8				
	8						4	9

DIFFICULTY: ★★★★★

### WORD SEARCH

Q Y E K N J S U U E U G K R Y  
A D H Z R C K R O W E R E S M  
U E T C O E A L U T X W G N M  
N W A P V G W P O C S H S O U  
N O E S N A E J E N E E E I G  
E R R M K D A A A R C R I T R  
C D B E G N I C I T N E T C E  
E S N E G W L T S F U W I I I  
S S S S F A H E T O O I N D P  
S D T H R O B D T O R T A A M  
A A R U R T R Y V P T H F R U  
R E E N P O I E Q S O A O T B  
I N E T A N R A C N I L R N G  
L K T W G T I S H R U G P O I  
Y O G U R T R A Y S G L F C I

- |                |             |        |               |
|----------------|-------------|--------|---------------|
| Acted          | Fairy       | Recurs | Thom          |
| Angst          | Gummy       | Rework | Throb         |
| Answer         | Iciest      | Rowed  | Trays         |
| Before         | Incarnate   | Scope  | Trounces      |
| Breathe        | Inputs      | Sects  | Tying         |
| Bumper         | Jeans       | Seems  | Unnecessarily |
| Caper          | Knead       | Shrug  | Wakens        |
| Contradictions | Neural      | Shunt  | Wherewithal   |
| Ditto          | Overt       | Spoof  | Words         |
| Enticing       | Profanities | Street | Yogurt        |

### ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "E" = "N"

"ACRXVJGEJ RVAEPARYFM CGH, GEK  
COMJ, TF AEBYFQATYF."

-GTVGLGC YAEPXYE

PREVIOUS SOLUTION: "A smooth sea never made a skilled mariner." — English proverb

## CROSSWORD PUZZLE

**ACROSS**

- 1 Two-horse chariot
- 5 Accomplished
- 8 Brow of a hill (Scot.)
- 12 Norse giant
- 13 Adopted son of Mohammed
- 14 Consort of Siva
- 15 Got
- 17 Ship of the Argonauts
- 18 Spelling contest
- 19 Corset
- 21 Mulberry of India
- 22 Exclamation
- 23 Stone hammer
- 25 Heb. teacher
- 28 Brief
- 31 Monitor lizard
- 32 His (Fr.)
- 33 Range
- 34 Wine
- 36 Rom. author
- 37 "Dies \_\_\_\_\_"
- 38 Allow

**DOWN**

- 1 Bring your own bottle (abbr.)
- 2 Cordage fiber
- 3 Lodging place (Fr.)
- 4 Military macaw
- 5 S.A. tapir
- 6 Lower intestine
- 7 One of the Apostles
- 8 Jamaican dance music
- 9 4th incarnation

**ANSWER TO PREVIOUS PUZZLE**

M	A	B	N	A	C	L	B	A	A	L
O	M	A	B	B	A	E	M	I	T	
H	O	L	D	B	A	C	K	N	A	R
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			G	A	N	G	T	H	A	R
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A	A	A	U	S	U	A	L	E	D	E
I	S	H	N	I	D	I	I	D	E	M
S	T	E	E	D	A	D	A			
			P	O	D		L	Y	D	I
S	T	A	R	A	G	A	L	L	O	C
D	E	M	O	L	O	B	E	C	H	A
O	G	A	M	E	A	R	N	S	O	B

39 Corporal (abbr.)	24 Blue color
41 Refute	25 Liquor
43 Afr. worm	26 Orinoco tributary
46 Hole	27 Myth. lizard
48 Ram (2 words)	28 Grasp
50 Russ. range	29 Kidney (pref.)
51 Yale student	30 About so
52 Cubitus	32 Secret agent
53 Ten (pref.)	35 Science class
54 Bosh	36 Look narrowly
55 Keg	38 Lawful
	39 Dressed
	40 Wan
	42 New sugarcane shoot
	43 "Cavallera Rusticana" heroine
	44 Possesses
	45 Biblical giants
	47 Inlet
	49 Duke (Fr.)

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
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50					51			52		
53					54			55		



# Sports

local sports news | information | coverage



**SOMETHING'S BRUIN:** NHL legend Bobby Orr returned this week for the celebrity pro-am at the Staal Foundation Open.

## Staal Open kicks off

### GOLF

By Leith Dunick – TB Source

With Robert Bortuzzo in goal, it was clear the Fountain Tire Summer Hockey Classic score didn't really matter.

Normally a bruising defenceman for the St. Louis Blues, Bortuzzo on Monday volunteered to don the pads and stare down the likes of Jordan Staal, Trevor Letowski and Patrick Sharp, all in the name of a good cause to kick off the festivities on Day 1 of the Mackenzie Tour-PGA Tour Canada's Staal Foundation Open.

Bortuzzo was victimized seven times in a 7-2 Team Green loss to Team White, but no one was really counting.

"I thought he'd be better," said former teammate and newly signed Buffalo Sabres goaltender Carter Hutton, who decided to play forward for the event.

"Because all he really does in the season is block shots for me. But he was great. We didn't have a goalie and he was the first guy to jump up and have some fun. I think (he's) one of those guys when he sees those young kids coming he makes sure the five-hole is open to make sure they get a goal. What a fun event."

Sharp, who recently announced his retirement from the Chicago Blackhawks, also found the back of the net for Team White, and said he was more than happy to spend the day playing road hockey and in the celebrity pro-am taking place on Monday afternoon.

"To support a family like the Staals is a no-brainer. They've done so much for the City of Thunder Bay and they've represented us well at different levels of hockey," said Sharp, who walks away from the game with three Stanley Cup titles and one Olympic gold medal under his belt.

"It's fun to be back. It's great people here and I'm having a good time."

Eric Staal, whose family foundation is the title sponsor of the tournament, called the tournament and all of its associated fundraisers a great way to give back to the community.

"The fact that it's been embraced over the last number of

### FIVE TO WATCH

Five players to keep an eye on at this week's Staal Foundation Open.

● **ZACH WRIGHT:** Leads the Order of Merit and has made 112 birdies in 20 rounds. his worst finish is a T8.

● **TAYLOR PENDRITH:** Canadian Finished tied for fourth last week in Windsor.

● **JARED DU TOIT:** Canadian was in fourth heading into last year's final round.

● **GEORGE CUNNINGHAM:** Has a win and a T4 on his 2018 resume already, second on Order of Merit.

● **MARK ANGUIANO:** Four rounds under 70 last week in Windsor. He's on fire.

years and that we're inching up to a million dollars raised and given back to local charities is phenomenal," the Minnesota Wild forward said.

"That definitely is the main focus and impactful thing we're glad we're a part of – and it's fun. It's always a fun event. You get to catch up with people you don't see all the time and it's well run. People do a phenomenal job and put a lot of effort into it."

Once again NHL legend Bobby Orr was at the helm of Team White, leading them to yet another victory in the third annual road hockey game.

While he doesn't do a lot of events, Thunder Bay and the Staal family have always had a soft spot in his heart.

"The work that the Staal family does here, the work that the volunteers do, this is an unbelievable event," Orr said. "This is something else. I've never seen anything like this. They work hard."

Of course, the day was all about the kids, and eight-year-old Vito Minnella was one of the stars, scoring on a penalty shot.

It felt pretty good, said the youngster, who's been waiting a long time to suit up alongside his hero Eric Staal.

"I've been waiting to turn eight to play with the Staals and I've always really wanted to play with them," he said.



## Good Reasons to Recycle

Recycling saves energy **Recycling uses less space in landfills** Recycling saves trees **Recycling helps climate change** Recycling reduces pollution **Recycling saves money** Recycling creates jobs.



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# Hutton sees Sabres as a perfect fit

Goaltender says team is ready to win soon

**NHL**  
By Leith Dunick - TB Source

Carter Hutton put himself in the best possible spot heading into free agency this past off-season.

The Thunder Bay goaltender led the National Hockey League in goals against average (2.09) and save percentage (.931) and essentially stole the No. 1 spot with the St. Louis Blues away from Jake Allen.

Hutton, who spent two seasons in St. Louis, was clearly one of the top two goaltenders on the market this summer, giving him the opportunity to sit back and field the offers coming in.

The 32-year-old ultimately chose the Buffalo Sabres, who jettisoned Robin Lehner and Chad Johnson, as the team retooled around star forward Jack Eichel and No. 1 overall draft pick, defenceman

Rasmus Dahlin.

Hutton signed a three-year, 8.25-million contract with the Sabres, and is expected to be the team's top choice between the pipes, earning the majority of the playing time with Linus Ullmark serving in a back-up role.

It was a pretty easy choice, Hutton said on Monday, after taking part in the Summer Hockey Classic to kick off the fifth-annual Staal Foundation Open.

"All of a sudden you have a great year and you sit back and you start analyzing the market. I sat down with my family and my agent and tried to assess where we were at," Hutton said. "We had a lot of options. So from there we kind of created a list of things that needed to get done for it to work and Buffalo was one of those teams that just hit every box.

"For me it's a great opportunity. I want to play more minutes. I want to compete.

I have that competitive nature, so it's going to be a great fit."

Hutton, who didn't arrive in the NHL until he was 27, has put together a stellar career as a solid back-up, first to Pekka Rinne in Nashville, then to Allen the past two seasons in St. Louis.

Over six seasons, he's posted a 63-39-17 record with 11 shutouts and a 2.42 goals against average in 138 career games.

There's lots to like about the Sabres, he said, calling it a good young team.

"There's a lot of buzz in the city right now. You have (Dahlin) and a player like Jack Eichel. He's a superstar. We have some really good players and it's a market that's ready to win and I'm just excited to join in and just do what I do best," Hutton said.

Next month, Hutton will host his second golf tournament in support of the George Jeffrey Children's Foundation.

**"For me it's a great opportunity."**

CARTER HUTTON



STELLAR: Carter Hutton led the NHL in save percentage and goals against average.

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For more information call 623-6050 or visit [georgejeffreyfoundation.com](http://georgejeffreyfoundation.com)

In the event that Carter Hutton signs with a new team the prize package will be honoured to the destination of his new team. 5,000 tickets available. Tickets cannot be purchased by, for, or behalf of anyone under the age of 18. Cut-off dates for Early Bird Draws are June 11, 2018 and July 9, 2018. Grand Prize Value \$5,300. Lottery Licence #M806948.

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# Patrick Sharp retiring with no regrets

## NHL

By Leith Dunick - TB Source

Patrick Sharp says he knows it was the right time to walk away.

After 15 NHL seasons, three Stanley Cup wins with the Chicago Blackhawks and a 2014 Olympic gold medal, the Thunder Bay forward announced his retirement earlier this year, after a season that saw him score just 10 goals and 21 points, his team missing for the second straight spring.

Now 36 and four seasons removed from his fourth and final 30-goal campaign, with the aging Blackhawks on a downward spiral after capturing three championships in a six-season span, Sharp said he's OK with retirement – even if it doesn't necessarily mean putting the game in his rear-view mirror forever.

"I think it's time to move on to new things. I'm very lucky and fortunate to be a part of a great organization in Chicago and play on some great teams

### NHL STATISTICS

YEAR	TM	GP	G	A	PTS	PIM
2002-03	PHI	3	0	0	0	2
2003-04	PHI	41	5	2	7	55
2005-06	PHI	22	5	3	8	10
2005-06	CHI	50	9	14	23	36
2006-07	CHI	80	20	15	35	74
2007-08	CHI	80	36	26	62	55
2008-09	CHI	61	26	18	44	41
2009-10	CHI	82	25	41	66	28
2010-11	CHI	74	34	37	71	38
2011-12	CHI	74	33	36	69	38
2012-13	CHI	28	6	14	20	14
2013-14	CHI	82	34	44	78	40
2014-15	CHI	68	16	27	43	33
2015-16	DAL	76	20	35	55	27
2016-17	DAL	48	8	10	18	31
2017-18	CHI	70	10	11	21	14
TOTALS		939	287	333	620	536

and have some experiences that not every player gets to have," Sharp said on Monday, before teeing it up in the Staal Foundation Open celebrity pro-am tournament.

"I know it's time to walk away and to do other things. There are brighter days

ahead and I can walk away with my health and I'm looking to do other stuff."

First and foremost Sharp, who now calls Connecticut home, said he wants to focus on being a father.

"I don't think I'm going to be a professional golfer," he joked. "But I'll be spending a lot of time on the golf course. And I've got two little girls who are six and four. They're starting school and it's nice to be home next year and not going on the road as much and being involved more in their day-to-day lives."

It doesn't mean he's leaving hockey behind for good.

Sharp, a popular figure in Chicago throughout his playing days, spent time in the broadcast booth during the recent NHL playoffs, and received mostly positive reviews for his efforts.

A return to television could be part of his future, he said.

"I'm not sure if that's something I'm going to continue. Maybe I'll get involved with management down the road, but right now I'm just enjoying my

time off and trying to stay in shape. I'm not training as hard as when I was playing," said Sharp, who finished his career with 287 goals and 620 points in 939 regular season games, adding another 47 goals and 87 points in 142 playoff appearances.

"We'll just take it day by day and week by week and we'll see what happens."

Drafted by Philadelphia in the third round, 95th overall in 2001 out of the University of Vermont, Sharp spent parts of three seasons with the Flyers before finding his game with Chicago after arriving in a trade during the 2005-06 season. He was part of Cup-winning teams in 2010, 2013 and 2015 before heading to Dallas for two seasons.

He returned to Chicago for one final campaign, and said he was glad to retire with the Blackhawks.

"There's no question that Chicago was home for me – not just the city and the fans that are there, but my friends on the team, the people in the organization," he said.



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HALF DAY JULY 16-20

FULL DAY JULY 16-20

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FULL DAY JULY 23-27

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WEEK #1 July 16-20

WEEK #2 July 23-27

TIMES: 8:30am-12:30pm

AGES: 4-7 Male/Female

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WEEK #2 July 23-27

TIMES: 8:30am-3:30pm

AGES: 8-14 Male/Female

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P7G1Y5

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GENDER: MALE  FEMALE  D.O.B.: \_\_\_\_/\_\_\_\_/\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PROV: \_\_\_\_\_ P/C: \_\_\_\_\_

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**50. PERSONAL**  
 Couple looking for other couples, or single female for friendship and maybe more. Send reply to Box #23 87 N Hill St Thunder Bay, ON, P7A 5V6

SWM 63, 6ft, blonde, green eyed, semi-retired, and fun loving. Seeking kind, confident woman between 50 and 70. Looking for a partner to share life with. Please introduce yourself! Box #4 87 N Hill St. Thunder Bay, ON, P7A 5V6.

**53. GENERAL SERVICES**

**Looking for Tree Removal?**  
  
**Fast, Safe & Efficient**  
 With Our Unique 34" wide 100ft reach man-lift, we cut higher than anybody in town.  
**626-3542**

**53. GENERAL SERVICES**  
 #1 AFFORDABLE TREE REMOVAL, CEDARS, SHRUBS, etc. Dump runs. Low rates. Senior discounts. Call Brian at 622-7888.  
 #1-A Dump runs, Lawn Cutting Clean-ups yard, apartments houses etc. Cut/remove small trees, hedges, tear down/repair old sheds and fences! Odd Jobs. Frank 628-5919 or 767-0995

**53. GENERAL SERVICES**  
 #1 INCOME TAX SERVICES. \$40 per simple return. E-filed for faster returns. Pick-up and delivery available. Call Lorraine 767-5161 or 628-9590 Mon-Sun (9am-9pm)

#1 YARD CLEAN-UPS Grass cutting, garbage dump runs. Have riding lawnmower. Phone Brian 768-9849 or 474-8870.

Call Rob for Spring yard & garden clean-up, rototilling, pruning, weeding, hedge/tree trimming, dump runs Eaves trough cleaning/repair. Clean exterior surfaces siding deck etc. Residential and commercial window cleaning up to 4 storeys, and high interior windows. Insured! Serving Thunder Bay and Area. RJC WINDOW CLEANING & PROPERTY MAINTENANCE 632-2161

Christina's Home and Garden, landscaping, grass cutting, yard clean-up, flowerbeds, trimming, reno's, handyman, siding, drywall, painting, flooring, fences, decks, quality work & great customer service: 621-1505

Falling Behind on your credit card debt or bills? Thinking of filing bankruptcy? Don't Do it. Let us help you pay off your credit card debts with low interest rates from 3.1%! Bad credit ok. Call 1-800-790-9905

Fences, decks, sheds, skid-steer work, or any outside project built for you by Octagon Contracting. Call 633-4488 for quick services.

Norm's Northern Auto Body and Paint, 903 Northern Avenue. Pricing between 11am-4pm MON-FRI! All work done on hoists For better coverage on all lower areas! 632-3323.

SUMMER CLEAN-UP! Large trailer for rubbish. WE RECYCLE! No items too big or small! Yard & interior maintenance. Eavestrough cleanout, repairs, and new installation. Building Exterior power washing, Parging & cement repairs. Tree and shrub removal! General Handyman Services. We are Seniors Helping Seniors! 472-6371, [gapace@lakeheadu.ca](mailto:gapace@lakeheadu.ca)  
 TREE REMOVAL SERVICES. In town, rural, at the cottage. ++ experience, insured, very reasonable rates, free estimates, and seniors discounts. Call 345-4363

**54. HOME IMPROVEMENTS**  
 #1A CWR CONTRACTING INC. Quality you can Count On! Now offering wide range of professional Services including custom modular homes, steel buildings, and renovations. Call us for a quote today! 577-0068 and visit us online at [www.cwrcontracting.ca](http://www.cwrcontracting.ca) French and English services available!

Flooring: laminate, ceramic, hardwood, competitively priced and installed by Octagon Contracting. Call 633-4488 for your free quote.

**50. PERSONAL** | **50. PERSONAL**

**ATTENTION**  
**SEXUAL ENHANCEMENT SUPPLEMENTS AND ERECTILE DIFFICULTY SUPPLEMENTS ARE ALWAYS AVAILABLE AT EXXXXTACY SUPERSTORE**  
**A GREAT SUBSTITUTE AND ALTERNATIVE TO VIAGRA, CIALIS AND EXTENZE**  
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**For anything you require, we've got it all!!!**  
**A DIVISION OF EXXXXTACY SUPERSTORE**  
**79 MACHAR AVE. 345-5558**  
 MUST BE 18 YEARS OF AGE OR OLDER TO ENTER. PHOTO I.D. MAY BE REQUIRED. MUST BE 19 YEARS OF AGE OR OLDER TO USE CANNABIS.



**54. HOME IMPROVEMENTS**

Renovations: Working Carpenters/Partners with extensive renovation experience. We're reasonable and reliable. PC Construction. 252-9114

Renovations: bathroom, kitchen, basement or any part of your home or cottage, drywall and tile installation. Call Octagon Contracting at 633-4488 for your free quote.

Wash your house. We will clean your gutters, wash and pressure wash your house, then clean your windows. Best for vinyl or aluminum siding. Call 622-7994 for free estimate.

**ANSWERS TO THIS WEEK'S PUZZLES**

B	I	G	A	D	I	D	S	N	A	B	
Y	M	I	R	A	L	I	K	A	L	I	
O	B	T	A	I	N	E	D	A	R	G	O
B	E	E	S	T	A	Y	S	A	A	L	
			A	H	A	M	A	S	H		
R	A	B	B	I	S	U	M	M	A	R	Y
U	R	A	N	S	E	S	A	R	E	A	
M	O	S	E	L	L	E	P	L	I	N	Y
			I	R	A	E	L	E	T		
C	P	L	B	E	L	I	E	L	O	A	
L	A	I	R	P	A	C	K	D	O	W	N
A	L	S	I	E	L	I	U	L	N	A	
D	E	K	A	R	O	T	C	A	S	K	

9	6	8	5	7	3	1	2	4
4	7	3	2	1	6	9	5	8
2	5	1	4	8	9	3	6	7
8	3	6	9	5	4	2	7	1
7	2	5	8	3	1	4	9	6
1	9	4	7	6	2	5	8	3
5	1	9	6	4	7	8	3	2
6	4	2	3	9	8	7	1	5
3	8	7	1	2	5	6	4	9

Q	Y	E	K	N	S	U	E	U	G	K	R	Y	
A	D	H	Z	R	C	R	O	W	E	R	E	M	
U	E	T	C	O	E	A	D	U	T	M	G	N	
N	W	A	P	V	G	P	O	S	S	O	U	G	
N	O	E	S	N	A	E	J	E	N	S	K	I	G
E	R	R	M	K	O	A	A	C	A	L	I	T	R
C	D	E	K	C	N	C	L	T	N	D	I	C	E
E	S	N	C	M	D	S	F	U	W	I	N	I	
S	S	S	E	L	E	T	O	I	N	D	A	M	P
S	D	T	F	O	O	D	T	O	R	T	A	A	M
A	A	R	R	A	P	O	T	H	F	R	U	B	
R	E	E	P	O	E	S	O	A	O	T	T	B	
I	N	E	T	A	R	A	C	N	D	G	R	N	G
L	K	T	W	G	A	T	S	R	U	G	P	O	I
V	O	G	U	R	T	R	A	V	S	G	L	F	C

PREVIOUS SOLUTION:  
"Important principles may, and must, be inflexible."  
— Abraham Lincoln

**BUSINESS DIRECTORY**

**51. LEGAL NOTICES**

**NOTICE TO CREDITORS & OTHERS**

Anyone having a claim against the Estate of Patricia Mary Richmond, late of the City of Thunder Bay, District of Thunder Bay who died on the 30 day of September, 2017, is required on or before the 26 day of July, 2018, to file with the undersigned solicitors particulars of their claim duly verified, after which date the Estate will be distributed having regard only to those claims of which Notice shall then have been given.

DATED: June 28, 2018

Johanna L. Maki  
**CARREL+Partners LLP**  
Barristers & Solicitors  
1100 Roland Street, Suite 1  
THUNDER BAY, Ontario  
P7B 5M4

**NOTICE TO CREDITORS & OTHERS**

Anyone having a claim against the Estate of JAMES BRUCE MINORE, late of the City of Thunder Bay, District of Thunder Bay who died on the 30 day of May, 2018, is required on or before the 9 day of August, 2018, to file with the undersigned solicitors particulars of their claim duly verified, after which date the Estate will be distributed having regard only to those claims of which Notice shall then have been given.

DATED: July 12, 2018

Johanna L. Maki  
**CARREL+Partners LLP**  
Barristers & Solicitors  
1100 Roland Street, Suite 1  
THUNDER BAY, Ontario  
P7B 5M4

**BUSINESS DIRECTORY**

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Barristers & Solicitors  
1100 Roland Street, Suite 1  
THUNDER BAY, Ontario  
P7B 5M4

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**73. CONTEST**

**WIN a** **91.5 CKPR** THUNDER BAY'S BEST MUSIC

**Backyard BBQ PARTY**

Listen for your Bar B QUE to call.  
Call 346-CKPR (2577) and we could be...

**BRINGING THE PARTY TO YOUR BACKYARD!**

NEW BBQ from **MAIER HARDWARE**  
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WARRANTY

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SEA-DOO



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