

Thunder Bay

# source



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YOUR COMMUNITY NEWSPAPER

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FLAME BROILED: Four Canadian ribbers spent last weekend cooking ribs and chicken for hordes of hungry Thunder Bay crowds.

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LOCAL NEWS

# Casino added into Waterfront BIA

**CITY HALL**  
By Doug Diaczuk – TB Source

The Waterfront District Business Improvement Area is expanding by welcoming the largest business in the area into the fold in the hopes of further improving the downtown north core.

On Monday night, Thunder Bay city council approved a request by the BIA to expand its boundary to now include Gateway Casino.

Jim Comuzzi, chair of the Waterfront District BIA, said there is a great sense of community in the neighbourhood and expanding it to include the Casino will only increase that sense of community.

“From the BIA’s perspective, I believe Gateway can be the cornerstone of our BIA,” he said. “They are the biggest employer, they are the

biggest property owner and I am more excited for them to be on board than they are to be on board.”

Membership in the Waterfront District BIA already includes 136 businesses and 54 property owners. During the deputation to city council, Comuzzi said the area has been expanding in recent years, adding 17 new members in 2017, and the addition of the Casino will allow for more improvements to the area.

“We want to initiate a better crime and security portfolio in the BIA, increase our tourism profile in the BIA with the help of Tourism Thunder Bay, and we also want to increase our beautification program that we have started in the last two or three years,” he said.

Officials with the Gateway Casino were at the council meeting to support the motion. Jordi Psikla, general

manager of Gateway Casino, said joining the BIA is something the casino has been interested in for years.

“The BIA has been doing fantastic work in our downtown core for many years,” he said. “Historically the OLG property has been a partner with the BIA where we are able to contribute. Now that we are part of Gateway Entertainment, a greater opportunity presented itself to us to participate with the BIA.”

Psikla said now that the casino is a member, it will allow for more opportunities to contribute to the growth of the Waterfront district.

“The growth and expansion that is currently happening down at the waterfront is phenomenal and we want to be as active a part of that as possible to help grow the community,” he said.

“We have some ideas in mind



next few weeks and few months we will sit down with them and see where it will all fit together and how we can bring this forward with some expediency.”

There are plans for future expansion of the Waterfront District BIA, but Comuzzi said it is something they want to take slowly.

“There is a cost factor and not everybody at this present time can afford the extra tax levy that is put on by the BIA or has a need for the expansion plans that we have in their particular businesses,” he said.

The tax levy is based on the assessed value of the property to a maximum of \$2,000.

City council voted unanimously in favour of supporting the motion. Council has the authority over business improvement area boundaries through the Municipal Act.

**EXPANDING:** Jim Comuzzi, chair of the Waterfront District BIA, speaks to council.

already for certain parts of our downtown that would work well with the casino,” Comuzzi added. “In the

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LOCAL NEWS

# Death ruled murder

Amelia Corrie Sainnawap identified as homicide victim

**CRIME**  
By Matt Vis - TB Source

The death of a woman whose body was found in the laneway of a south-side neighbourhood has been confirmed as a homicide.

Thunder Bay police on Friday afternoon identified the victim as 31-year-old Amelia Corrie Sainnawap, two days after she was discovered dead in the area of the 100 block of Cumming Street early Wednesday morning.

Det. Insp. Ryan Hughes said the case was initially being treated as a suspicious death before the determination was made that it was the result of foul play.

"We can't say it's a homicide until we have more evidence pointing toward that direction. If we say it's a homicide and it's not a homicide, then it looks bad on the part of the police," Hughes said.

"Through working with the pathologist, the coroner's office and the investigators doing their investigation, evidence that has been obtained through searches, through interviews, we can say that it's a homicide."

Hughes said he does not believe there is an ongoing threat to public safety, but would not elaborate on particular reasons.

The detective would not answer questions about the cause of death or whether police have identified any persons of interest, responding that the case remains an ongoing investigation. Police said a heavy presence will remain in the area until further notice.

Police released a photo of Sainnawap and are asking anyone who saw her in the past week to come forward.

"We're hoping that any passersby, residents that weren't home when the police did their canvass or residents maybe too nervous to go forward to police, we're reaching out for any assistance through



**TRAGIC:** The body of Amelia Corrie Sainnawap was found on Cumming Street.

Crime Stoppers, through anonymous phone calls, through contacting the front desk to provide any information to us to further our

investigation and to help this family of the victim."

It's the third murder of 2018 in Thunder Bay.

BEAR WISE NEWS

## Bears are ready for berry season



Bears gorge on berries to pack on weight before they hibernate for the winter.

**Report from the Ministry of Natural Resources and Forestry**

**Why do bears come into neighbourhoods?**

When bears can't get enough natural foods in the wild, they will go wherever they can to find an easy meal. Bears can eat up to 20,000 calories a day when they are fattening up for hibernation. Among other things, they love a sweet treat.

Leaving ripe fruit on your property is an open invitation for bears to visit your neighbourhood. They especially enjoy blueberries and can eat up to 30,000 of them in a day. They also eat raspberries, cherries and crabapples.

**What can you do?**

Don't give bears a reason to come to your neighbourhood. Pick all ripe and fallen fruit from trees and shrubs on your property and ask your neighbours to pick fruit on their properties as early as possible. Plant non-fruit-bearing trees and shrubs. Remember to stay alert when out berry picking or gardening. To learn more, visit [ontario.ca/bearwise](http://ontario.ca/bearwise).

It takes everyone in a community working together to prevent encounters with bears.



Always call 911 in an emergency  
Call 1-866-514-2327 to report a sighting

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## Weather Forecast

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Mainly sunny	Risk of a thunderstorm	Mainly sunny	Sunny	Sunny	Showers
Probability of Precipitation: 10% HIGH 21 LOW 14	Probability of Precipitation: 80% HIGH 21 LOW 16	Probability of Precipitation: 20% HIGH 24 LOW 13	Probability of Precipitation: 10% HIGH 24 LOW 15	Probability of Precipitation: 20% HIGH 22 LOW 15	Probability of Precipitation: 70% HIGH 21 LOW 14

LOCALNEWS

# Standoff ends, one man in custody

**CRIME**  
By Leith Dunick – TB Source

City police say a standoff at a Windsor Street housing complex came to a peaceful conclusion just before 3 a.m. on Sunday.

The incident, which lasted more than 26 hours, led to the arrest of a 36-year-old Toronto-area man. Kurt Downer was taken into custody on a number of Criminal Code offences alleged to have been committed in Thunder Bay, as well as several outstanding arrest warrants issued by police in the GTA.

The suspect, who police believed to be armed, is expected to appear in court on Sunday.

Police say the incident began at 12:20 a.m. on Saturday, when officers recognized a man they believed to be wanted in the Toronto area. They attempted to apprehend the suspect, but he fled and police followed him to the housing

complex, located at 288 Windsor Street.

The male refused to surrender and police, fearing for public safety, cordoned off the area, evacuated nearby residents and set up an incident command centre with negotiators, the emergency task force unit, containment and uniformed patrol officers and other support units.

Police used tactical devices to attempt to force a surrender, but with no success.

Thunder Bay Police Service was later joined by the OPP's emergency response team and tactics and rescue units from a number of Northwestern Ontario detachments, as well as one from southern Ontario.

The incident finally came to an end at 2:50 a.m. on Sunday, when the suspect surrendered to the OPP-TRU after they entered the residence where he'd holed up.

Police have since released the site.



MICHAEL CHARLEBOIS

**LENGTHY:** A standoff lasted more than 26 hours, after a suspect wanted on outstanding warrants fled to a Windsor Street residence.

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**Closed at Pitch Creek Culvert: August 27nd, 2018 – September 17th, 2018**

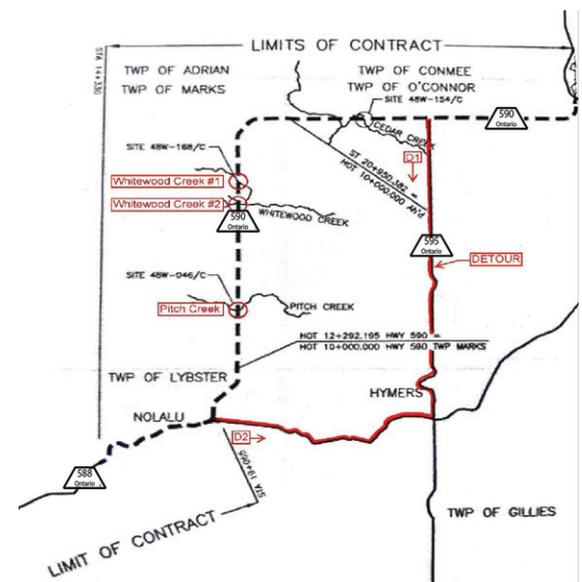
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LOCAL NEWS

# At-risk youth program receives \$5.6 million

Funding is in response to recommendations of the Seven Youth Inquest

**THUNDER BAY**  
By Doug Diaczuk - TB Source

A new project aimed at supporting vulnerable and at-risk youth in the city of Thunder Bay received more than \$5 million in funding from the federal government.

"This is the culmination of a whole lot of time and effort and dedication to something we really believe is critical to our community - providing opportunities to youth so they are safe and so they can thrive," said Lee-Ann Chevrette, Crime Prevention Council coordinator with the city of Thunder Bay.

The Youth Inclusion Program will receive \$5.6 million in funding over five years as part of the National Crime Prevention Strategy. The funding comes in response to the recommendations of the Seven Youth Inquest to examine the deaths of seven Indigenous youth from remote First Nation communities between 2000 and 2011.

With more than 20 partnering organizations involved, the project will help youth between the ages of 12 and 24-years-old connect with programming and services in the city to reduce crime and victimization, with a special focus on Indigenous youth.

Three program sites have been chosen, which include the Simpson/Ogden area, the Windsor/Picton/Blucher area, and the Vale/Limbrick area. It will also include two school sites at Dennis Franklin Cromarty High School and the Matawa Learning Centre and a mobile unit.

The funding will be used over five years to hire full and part-time staff to be present at specific sites to connect youth to opportunities and services, hiring youth navigators, engaging youth in recreational and cultural programming, increasing knowledge and skills, making connections to youth in remote northern communities, and reducing interactions with the justice system.



DOUG DIACZUK

**INVESTING IN YOUTH: Minister Patty Hajdu said the \$5.6 million will help youth feel included in the city of Thunder Bay.**

"The vision ultimately is to keep all youth in Thunder Bay safe and connected to a diverse range of opportunities for them to thrive," Chevrette said.

Minister Patty Hajdu said the funding is in response to the Seven Youth Inquest that specifically talked about the need for better youth supports in the city, particularly for Indigenous youth.

"This is a very specific response to a very specific call," she said. "There is no one size fits all solution to this, but making sure we have flexibility in the programming that meets the needs of kids as the needs evolve."

According to Chevrette, hiring of staff and preparing elements of the Youth Inclusion Program will be ongoing for the next four or five months, with the launch of the first site expected to take place in January.



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# Editorial

## EDITORIAL

### Gangs are a big problem

One nearby resident recently described the area surrounding a housing complex on Windsor Street as a war zone.

It's starting to seem that way, and it's time Thunder Bay Police and the City of Thunder Bay did something to clean the area up.

Earlier this month there was a reported stabbing at the corner of Picton and Windsor Street.

Later that same day, police reported shots fired in the area.

It happened again later that week.

Then, this past weekend, police, including OPP from southern Ontario, were involved in a 26-hour standoff with a man wanted on numerous charges in the Greater Toronto Area.

It was learned that three of the units in the complex were connected by tunnels in the attic, allowing drug gang members to move at will.

If it wasn't serious before, it is now. We've seen kidnappings and murders linked to these gangs, who originate in Toronto, Montreal and Ottawa.

They're becoming more and more brazen, clearly not all that concerned about being caught.

Premier Doug Ford has invested \$25 million to help clean the streets of Toronto from guns and gangs. Mr. Premier, how about sending some of that money this direction to help local law enforcement nip our growing gang problem in the bud?

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### Caboose vandalized

To the editor:

There's such disrespect nowadays. It was probably young kids or young adults who have no respect for other people's property.

They just find it a joke and funny, obviously their parents either raised them wrong or the the parents could not control them.

Hopefully they will be found and be made to pay for damages and also do work on fixing it up.

Janice Valois,  
Thunder Bay  
Via Facebook

### Lake Nipigon furor

To the editor:

The MNR manages fisheries and resources based on hard facts. If we trust the government in how they perform studies and manage these resources there should be no interference from outside sources based on personal gain or opinions that aren't based on the cold hard facts or the biology of the natural resources in question.

Regardless what that group or organization is. Public input is important during decision making but making the decisions themselves should be left up to the proper authorities.

Stephen Piche,  
Thunder Bay  
Via Facebook

## LETTERS TO THE EDITOR



# Back-to-school can be affordable

As summer winds down and September approaches, our thoughts move towards the 'back-to-school' season.

Whether a student decides to go to university or enter the trades, gaining work experience and skills are critical for finding the jobs they want.

Getting the proper training and education can be both time-consuming and expensive, but there are a number of federal initiatives and programs available to assist along the way.

Apprenticeships provide invaluable insight and experience into a number of work fields and sectors. Recognizing the important role the skilled trades play, we are investing \$20 million starting in 2018-19, to support an Apprenticeship Incentive Grant for Women. This is a five year pilot project where women in male-



**BOB NAULT**  
FROM THE HILL

dominated Red Seal trades could receive a new grant of \$3,000 for each of their first two years of training. This grant, in combination with the existing Apprenticeship Completion Grant of \$2,000 adds up to \$8,000 in support for training.

To help cover the costs of education, the Canada Student Grants, which never have to be paid back, have been increased by 50%, putting approximately \$4,000 back in the pockets of students. It is expected that up to 46,000 students across the country

will benefit from this program. In addition, the threshold for the Repayment Assistance Plan has also increased, which means that students don't need to start repaying their loan until they find a job and are making at least \$25,000 per year. This is all great news for our students and families living in the North.

Young adults are not the only ones looking to further their education and training. There is a new program called SkillsBoost, which is designed to help adult learners by providing the support they need through a \$1,600 per year Canada Student Grant. There have also been changes to Employment Insurance which makes going back to school easier for adults who have been out of school for 10 years or longer.

Once training and education ends, it

is important to find a job in your chosen field. To help get students into the workforce, up to 60,000 new student work placements will be created over the next five years, including more co-op placements for students in science, technology, engineering, mathematics, and business programs.

We know that the nature of the work force is ever-changing, especially as technology continues to advance. In order to be best prepared for these changes, Northerners can take advantage of available programs and grants to help them further their education and training. An investment in education is an investment in your future.

Education works, so I encourage you to take advantage of these new programs for you and your children.

**Bob Naault is the Liberal MP for Kenora.**

# Perspective

## New and improved

Paper bags and mousetraps are tough to make better

### OPINION

By J.R. Shermack  
Special to TB Source

They sure don't make things like they used to but there are a few timeless inventions that have never been changed.

Manufactured goods are in constant flux and even our favorite gizmos and gadgets are regularly "new and improved".

If you are savvy enough to remember paper bags (bags made of paper) you may recall when a better bag made of plastic was invented.

Now we hate plastic and yearn for paper bags once more as consumers finally understand that polypropylene wasn't really an improvement.

Not only that, paper bags are one of those timeless inventions that will never be "new and improved" – they're perfect the way they are.

They are still made exactly the same way, a low tech solution to millions of small but crucial daily tasks.

New consumers are re-embracing paper grocery bags – bulkier items are carried in their portly cousins, oversized paper shopping bags.

As a kid I always liked it when Auntie Lena came to visit because she always had a shopping bag full of knitting for her and treats for us.

Now a new generation can experience that joy and anticipation when their favourite, paper bag-toting relative arrives.

Stretchy plastic just doesn't have the personality, the cachet or the unique, crumply magic of old-fashioned paper bags.

They are just one of many eternally handy inventions that have endured over time – not new and improved but definitely tried and true.

Just as paper bags have never been improved, nobody has ever invented a mousetrap better than the one patented in 1894.

Once those mousey, little vermin were recognized as a threat to health, children and the food supply, the spring-loaded mousetrap was invented.

That same, flawless design remains in use today and mice all around the world are still unable to resist a properly deployed trap.

Other options like live traps or sticky paper are available, but will never match the simple, merciful effectiveness of the bait and snap.

Another minor marvel of engineering remains in use today, unchanged and unaltered since its invention in the early 1900s – the paper clip.

The quest for the perfect paper fastener led to such wild, innovative designs as swirl, wing, triangle and pretzel clips.

The familiar paper clip we know today was the only configuration to catch on after more than fifty others were rejected.

The classic "Gem" design emerged the winner, invented and named for the Gem Company in

England over a century ago, and still clipping.

Pesky houseflies motivated another simple invention when the "Fly Killer" was patented in 1900, much to the dismay of all flies.

Fly swatters became popular during a public health campaign and they remain the enduring remedy of choice for the swatting public.

I suspect that another favourite, Kleenex, may have been invented to clean up the splats.

The list of un-improvable inventions includes zippers, string and cardboard boxes, the most indispensable and under-appreciated of all containers.

In 1820 humanity was blessed with what some call the world's most ubiquitous invention, the rubber band.

They are my go-to choice for many simple tasks like bundling, holding rolled-up posters and especially, securing partially eaten bags of chips.

Like I said, indispensable.

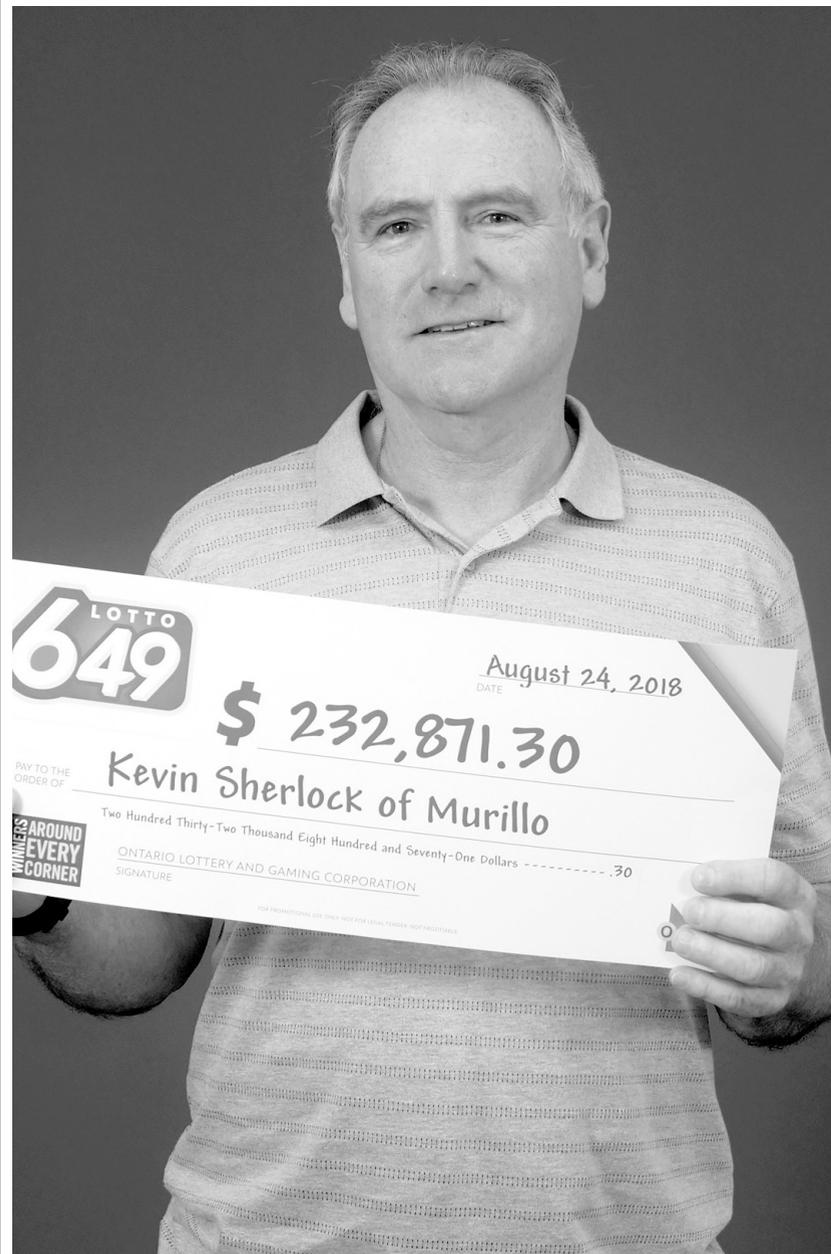
In fact, in the desks of world leaders, scientific geniuses or technical wizards, dollars to donuts you would find some rubber bands.

Also, paper clips, a folded paper bag, a small cardboard box and maybe a bit of string – all things that can never be replaced.

I don't shun progress, but I am wary of modern technology.

Because clearly, some essential low-tech innovations can never be new or improved.

### LOTTO LUCK



**BIG WINNER:** Murillo's Kevin Sherlock won \$232,871 in the July 11 Lotto 6/49 draw.

## A look back in history: Walsh fire

In the basement of the Walsh Block just before 8 a.m., fire belched from the furnace room and quickly spread. The Port Arthur Fire Department battled the blaze for nearly five hours in temperatures at minus 30 degrees Celsius. The two-storey brick veneer building housed four stores, three offices and apartments. It was built and owned by local coal and fuel merchant Louis Walsh. The damage was estimated at \$125,000.



January 4, 1916



### HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

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### THIS WEEK'S POLL QUESTION:

**your VOICE**

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TO SHARE YOUR IDEAS AND VIEWS ABOUT OUR WEEKLY POLL QUESTION.

**TOTAL VOTES: 711**

YES 29.82%  NO 67.09%  NO OPINION 3.09%

LOCAL NEWS

# Chopper tours begin on waterfront

**BUSINESS**  
By Doug Dlazuk – TB Source

People living and visiting the city will soon have an opportunity to see some of Thunder Bay's most iconic landmarks from a very unique perspective.

Northwest Heli-tours and Adventures was getting ready to take off from the Pool 6 site last Friday afternoon, offering tours from the air of landmarks throughout the city and surrounding area.

"We have a number of different options, anywhere from a view of the waterfront, we can go out to Sleeping Giant, we can make it all the way up the Kam River to Kakabeka Falls, we can do custom tours," said Liam Dowds, lead with Northwest Heli-tours and Adventures. "We can pretty much tailor anything you want as long as it is within the Canadian Aviation Regulations."

The Pool 6 site is currently undergoing some landscaping and cleanup work and was inspected by city officials last Friday morning. Northwest Heli-tours was cleared to take off Friday afternoon in time for Ribfest



**FLYING HIGH:** Liam Dowds, lead and pilot with Northwest Heli-tours and Adventures.

last weekend.

A three-year temporary use bylaw was granted by Thunder Bay city council in the spring to allow the helicopter touring company to fly out of

the Pool 6 site on the waterfront.

Dowds said it has taken a lot of work to get to this point and there have been roadblocks and a lot of questions, but he added that council

and administration have been very helpful in bringing this new service to the city.

"It feels great to finally have the deal in place and we hope the inspection on Friday goes well and we can operate and get going out of there," he said. "We are really excited to show everybody the city of Thunder Bay and the surrounding area."

Tours have already been offered out of the Thunder Bay International Airport, and last weekend, Dowds was at the Murillo Fair providing trips around the area.

"The feedback was fantastic," he said. "We did probably more than 50 tours over the weekend. It was great to see kids, parents, first time fliers out having a lot of fun."

Tours can range from an eight minute helicopter experience, to trips out to the Porphyry Lighthouse for a picnic. Passengers will be taken up in a Robinson R44 Clipper, which is fitted with floats.

"We can fly straight out over the water," Dowds said. "It lets us get to

places like Porphyry Island and the Sleeping Giant without flying along the shore."

Dowds said he is planning to fly between five and eight hours a day, providing five to six tours an hour. And while there is only one aircraft, Dowds said if the interest is there, he hopes to see the tour company expand in the future.

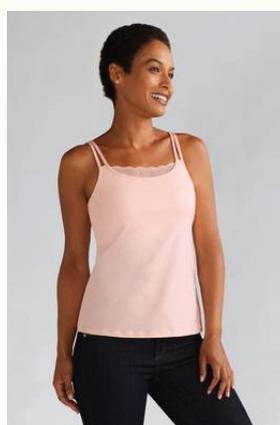
Northwest Heli-tours will operate year round, with only weather, darkness, and temperatures below -20 C keeping the helicopter grounded.

For more information and to book a tour, visit the Northwest Heli-tours and Adventures website. Dowds said it is an opportunity to see the city of Thunder Bay and area like you never have before.

"The other day we were flying north of Murillo and there are beautiful waterfalls, seeing Kakabeka Falls from above is unbelievable," he said. "When you go out and fly along the Sleeping Giant and see what is on the Sleeping Giant is amazing. Going out to the light house is fantastic."

**"We are really excited to show everybody the city of Thunder Bay..."**  
**LIAM DOWDS**

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## LOCAL NEWS



SUBMITTED

**SENSELESS:** Someone kicked out the caboose's 90-year-old door.

# Caboose hit by vandals

**THUNDER BAY**  
By Gary Rinne - TB Source

It will take volunteers an estimated 40 hours to repair damages to the historic CNR caboose parked at Marina Park.

Someone broke into the caboose Friday night or early Saturday, then broke his way back out again.

Items inside the caboose are of historical value only, and none of them were stolen.

Craig Symington, president of the Thunder Bay Railway Historical Society (TBRHS), calls the incident "terribly disappointing."

The culprit got inside by climbing onto the roof and smashing a window in the cupola, then exited by kicking out the door.

The door sustained severe damage and will require a custom rebuild, as it's the caboose's original door, installed in 1928.

Symington said a broken window in the cupola also dates back to the same period.

"The sad thing is, they broke all the mullions [vertical bars between panes of glass] in it. I had stripped all the old paint off it. It's definitely from 1929," he said, explaining that the railway used to stamp identifying numbers on various car parts.

Symington called the incident "totally senseless," noting that the volunteer group has spent thousands of hours on the restoration.

TBRHS vice-president James Tocker added in a Facebook post that "this really hurt."

Tocker is asking anyone with information about the incident to contact Thunder Bay Police.

Up to this point, there has been no video surveillance on the caboose, but Symington said it will be installed as a result of the break-in.

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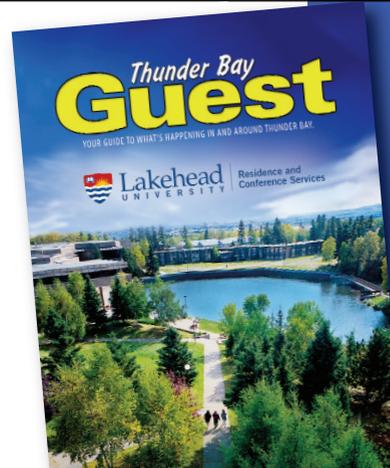
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**Kelly Mental Health ~ Kelly's Nutrition Centre ~ Michael's Hair Design & Day Spa  
Phelpsgroup Inc. ~ Regional Food Distribution Association ~ Zorya Dance Ensemble**

Stories Written by Doug Diaczuk and Leith Dunick

## Kelly Mental Health

### Let's talk

**K**elly Mental Health is passionate about guiding their clients to their peak state of well-being. Always getting better is their team philosophy.

Executive Director and founder Linda Kelly believes in sincere conversations, listening and understanding client situations, and implementing deliberate steps to help lead a better and happy life.

"Mental health is the field I chose because it made sense to me at a very early age to learn a deeper understanding of how our mind impacts our actions."

Learning how people connect with each other, what makes people function, and understanding that when one person can make a positive change it's really a driving force for everyone around them.

The nine member Kelly Mental Health team which includes psychotherapists Kristen Sohlman, Seija Grant, Elizabeth Perzan, Jennifer Robinson and Kelly Graham endorses taking a unique approach to suit the needs of each and every client.

### We are all different.

As we live our lives, we all struggle from time to time with situations that come up. The Kelly Mental Health team has a unique method of teaching the application of coping skills.

"Every success story is what makes all of this worthwhile," Linda says.

Kelly Mental Health is so fortunate to be in the position of working with loyal clients through their life cycle, watching them grow and flourish, and as a result of believing in themselves, they share these tools and they empower everyone around them.



To book an appointment at  
Kelly Mental Health  
Call us at 767-3888.

We are located at  
1216 A Dawson Road or  
visit [www.kellymentalhealth.com](http://www.kellymentalhealth.com)  
or visit our face book page

## Phelpsgroup

**W**hether you are looking to fill a position or looking for the job that is just right for you, Phelpsgroup has been specializing in matching jobs to people for the last 31 years.

One of Canada's leading recruitment and executive search firms, Phelpsgroup opened its Thunder Bay office in 1986. Since that time, it has continued to expand and now has a location in Toronto specializing in executive searches.

"More than ever people are turning to staffing solutions companies for work," said Jacob Doyle, a research and marketing associate at Phelpsgroup. "It's a highly under accessed resource in this town."

The Thunder Bay location focuses primarily on helping companies and clients fill office and administration positions such as receptionists, data entry, finance and accounting.

Being one of the only firms specializing in this kind of recruitment and searches in Northwestern Ontario, the Phelpsgroup prides itself on finding the right person for the right job right away.

"I think a huge benefit to Phelpsgroup, especially in this town, is you can get work very, very fast," Doyle said.

Jason Whatley, a research associate with Phelpsgroup, said companies are often looking for contract work to fill positions left vacant during holidays or sick leave. By having people available to fill these positions, clients gain experience, and

companies are not overwhelmed by workloads.

"There are companies that will reach out to us first and will ask for support on filling these key roles and we will have the people available for them right away while matching their skill set with what the client needs," Whatley said.

Phelpsgroup continues to expand its client pool and anyone interested in taking advantage of this unique service in Thunder Bay can visit [phelpsgroup.ca](http://phelpsgroup.ca).

"There is no other firm like this in Thunder Bay," Doyle said. "Our flexibility and speed is incomparable."



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**Phelpsgroup**  
PEOPLE BRIDGING PEOPLE





# Welcome to an array of fantastic Thunder Bay Businesses!



## Kelly's Nutrition Centre

For more than 20 years Kelly's Nutrition Centre and Bar has been Thunder Bay's largest health food store in Northwestern Ontario, offering customers quality selections of vitamins, herbs, groceries, and cosmetic items.

The friendly and knowledgeable staff go above and beyond to help pick out the right product for you and those who seek answers on nutrition, fitness, lifestyle, and supplements! We are here to help educate people to undertake more responsibility for their health by adopting a healthy lifestyle at any age.

Come to Kelly's Nutrition for prompt and up to date information about the choices you decide to make! We are constantly updating our shelves with the latest and greatest products to satisfy our customers.

Kelly's offers a wide variety of gluten free and sugar free products as well as keto and paleo products, which include Primal Kitchen and Walden Farms items. Kelly's is also proud to carry many local products like Heartbeat Hot Sauce and Soup Mama and Buff Bakery Soups! We also offer freshly made salads, delicious hummus, and a variety of energy balls!

The store carries a large variety of trusted quality brand names such as Natural Factors, Organika, Flora, Bell, New Roots, and of course, all of Gifford Jones Products and our premium exclusive brand, Health First! Kelly's also has a wide selection of personal care products, including unscented items and

Burts Bees brand new make-up line, which is very reasonably priced, as well as local moisturizers from Tina Panetta and Orysi Products.

For a limited time only, come in and fill out a ballot to win a VEG TRUG or a blender!

Kelly's Nutrition Staff wants to ensure your highest satisfaction so drop in and enjoy one of our refreshing protein shakes or fruit/veggie juices and have a look around. It is always a great value with our two-for-one sales and many flyer specials, which run throughout the year.

Be healthy and be happy!



*Kelly's* nutrition centre  
**820 Red River Rd. • 345-1333**  
[www.kellysnutritioncentre.com](http://www.kellysnutritioncentre.com)

## Michael's Hair Design & Day Spa

Getting a spectacular haircut or wonderful pedicure is just the beginning of the exceptional experience for clients at Michael's Hair Design and Day Spa.

"Everybody wants to go where it's happening. One of the things that makes it that way is our staff," owner Michael Muia says.

"When you walk into Michael's you're greeted with a warm and friendly smile, offered a choice of refreshments, your stylist/esthetician will consult with you about your service and your take home care products to maintain your new style or skin care needs."

Ongoing advanced training allows the staff to keep up with the most current trends and to be able to offer esthetic and hair services that are new in the city. Quite often educators are flown in so that the whole team can benefit from the teachings.

"For the clients, it's credibility," Muia said. "They go to a place that's on the cutting edge. They're keeping up with the new looks, new colours and styles and people all over the world are responding because of Instagram, Facebook, and Twitter."

Started as a hair salon in 1983, Michael's became the first to add a full day spa in 1998. To mark their 35th year in business Michael's has recently renovated the entire salon to stay current and to provide a fresh modern facility for all of their guests to visit. In addition to popular services like pedicures and manicures, the day spa is constantly evolving with

innovative services like microblading, Philbrows and Phiremoval, tattoo removal, and eyelash extensions.

The in-house Laser Plus Clinic offers laser hair removal and Botox injections amongst other services. Michael's has also added five new pedicure thrones that are not only very luxurious for clients to sit in, but have the new pipe-less system that ensures a safe and sanitary pedicure by eliminating internal pipes that recirculate water.

We are always reinventing ourselves in order to provide clients with the most current trends, styles & techniques, says Muia.



**2817 Arthur Street East**  
**622-2101**

[michaelshairdesign.com](http://michaelshairdesign.com)  
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## Regional Food Distribution Association

A new refrigeration and freezer system is ushering in a healthy new era at the Regional Food Distribution Association.

While the organization, which supplies food banks throughout the Thunder Bay District, will still accept non-perishable foods, the new equipment means they can also start collecting perishable goods like meats, vegetables and produce and dairy.

It makes for exciting times, says RFDA executive director Volker Kromm.

But it also brings a new set of challenges. Kromm says one solution is to ask the public to jump on board and lend a green thumb or two to help the cause.

"We're appealing to the community about partaking in our Share-a-Garden program," Kromm said. "Some people like to have a garden and they don't like to put a lot of work into it. We're there to help out."

Staff and volunteers from the RFDA will help plant and maintain gardens in people's yards and share in some of the harvest.

"The gardeners will be able to get something for their table and donate the rest to the food bank," Kromm said.

He admits the change is taking time to get used to, as the organization must change the way it accepts food.

But a recent perishable food drive in conjunction with Shelter House proved successful, so it gets less worrisome by the day.

Kromm says the change is an important step on the road to better nutrition for some of the area's most vulnerable people, who

often find it too expensive to try to eat a healthy diet and avoid pre-packaged, processed food that contains little or no nutritional value.

"We want everyone to have access to healthy food," he says. "We're all part of that." Kromm adds fall is usually the time when gardens are plotted out for the following spring, and asks that anyone thinking about taking part in the Share-a-Garden project or donating excess produce at summer's end next year take that into consideration now.

For more information, visit the RFDA website at <http://www.foodbanksnorthwest.ca>



**rfda** REGIONAL FOOD DISTRIBUTION ASSOCIATION  
**570 Syndicate Ave. S. • 622-7440**

## Zorya Dance Ensemble

For centuries, dancing has kept the world entertained and in tip-top shape.

The Ukrainians have perfected it. Their traditional style of folk-dance, featuring colourful costumes and fast-paced routines, is instantly recognizable around the planet.

In Thunder Bay, thanks to the Zorya Ukrainian Dance Association, whose dancers have performed in Toronto, Chicago, Texas, Minneapolis and Vancouver over the years, dozens of participants are keeping an important part of the country's culture alive.

It's a lot of fun, says studio Dance school co-ordinator Alice Chony.

"It's very vibrant and it's very athletic," she says. "That's why it attracts males and females. We start every class with a certain amount of stretching and a ballet workout to make sure you create the strength."

It's an activity that is perfect for people of all ages, with classes offered for students as young as four, with three generations of some families taking part.

Classes are divided into age groups and skill levels and neither experience nor having Ukrainian heritage is a necessity.

"We're open to everyone," Alice says, proudly. Dance students are taught a variety of different dances from throughout Ukraine during the year, which wraps up in May with a show at the Thunder Bay Community Auditorium.

"We teach them dances from many regions of Ukraine," Alice says. "Every region has its own dances and its own costumes and its own music."

Students are featured in performances

throughout the school year, at local schools and seniors' homes and teachers often spend time in schools teaching about Ukrainian dance and culture during two-hour workshops.

Zorya students, some of whom will travel to perform next summer in Ukraine, also learn Ukrainian songs.

"It's a full cultural experience," Alice says.

Registration takes place on Aug. 28 and Sept. 6 from 6:30 p.m. to 8 p.m. at the school, which is located at 716 Pacific Ave. in the city's East End. Registration closes on Oct. 31.

Contact Eric at 629-4067 or Alice at 355-1945 for more details, or visit their website at [www.zorya.ca](http://www.zorya.ca).



Ukrainian Dance Association  
**Zorya**  
**716 Pacific Ave.**

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## 2018/2019 Welcome!

Schools will be open for information and registration beginning on Monday, August 27, 2018 during regular school hours.

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Parent(s)/Guardian(s) will receive the Gentle Entry Plan information directly from the school.

The first day of school for students will be:

<b>SK</b> Senior Kindergarten Year Two   Kindergarten	All Students	Wednesday, September 5, 2018	Full Day
<b>Grades 1-8</b>	All Students	Wednesday, September 5, 2018	Full Day
<b>Grade 9</b>	All Students	Wednesday, September 5, 2018 Orientation Regular Classes Begin	Full Day
<b>Grades 10-12</b>	All Students	Wednesday, September 5, 2018 Locate and Proceed to Home Room Regular Classes Begin	Full Day



September 5 (School Start)  
Busing will follow regular pick up and drop off schedules.

For Transportation Information, visit the Student Transportation Services Thunder Bay website at [www.ststb.ca](http://www.ststb.ca)

### Lakehead Adult Education Centre

Lakehead Adult Education Centre will be open for information and registration Tuesdays, Wednesdays, and Thursdays from 10:00 a.m. to 12:00 p.m. & 1:00 p.m. to 4:00 p.m. beginning on Tuesday, August 28, 2018. Extended hours for information and registration are available on Wednesdays from 5:00 p.m. - 7:00 p.m.

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## LOCAL NEWS



MICHAEL CHARLEBOLS

**HUGE ROLE:** Kiiwetinoong NDP MPP Sol Mamakwa is the Opposition critic for Indigenous relations and reconciliation.

# MPPs get critic roles

## POLITICS

By Michael Charlebols – TB Source

Two first-time legislators in the region are eager to get to work with their new roles.

On Thursday, Opposition Leader Andrea Horwath handed out the New Democratic Party's critic roles.

Local MPP Judith Monteith-Farrell is the new critic of natural resources and forestry, while Sol Mamakwa of the brand new Kiiwetinoong riding is in charge of Indigenous relations and reconciliation.

Monteith-Farrell has spent most of her career working as a union representative representing workers from various fields, most notably health care. She says she's confident in her new position.

"I have a good knowledge on that area, and it's always been one that's interested me," she said. "I'm a lifelong resident of this area, and I have connections in those ministries and in forestry."

Monteith-Farrell alluded to the fact that the current forestry minister, Jeff Yurek, worked as a pharmacist in London.

"I think I can handle it for sure," she said.

Monteith-Farrell's top priority is settling in, and getting to work on one of her other jobs. She's sitting on the standing committee for estimates where she will be analyzing the province's budget.

"They haven't come up with a budget and the [current one] is frozen, so I'm going to analyze how that's working in the present. When they come up with something, hopefully we can make it fit best for Northern Ontario."

"For sheer numbers alone, we need to be seen," said Monteith-Farrell in regards to Horwath's decision to give all 39 MPPs a critic's role.

"It's always been a strong focus for our party to represent the North and ensure it's not forgotten... so filling those jobs are important."

Mamakwa said he's also on the learning curve with his new job.

"It's an honour to be appointed," he said. "In the short time I've been to Queen's Park, I've learned the significance of my role."

He's the first elected member of the Kiiwetinoong riding - a riding that is home to 26 fly-in First Nation communities, and is 68 per cent Indigenous.

"You have to understand, the original policies and processes are under a colonial government, and we are a colonized people," he said.

Mamakwa expressed concern from the Conservative party when they consolidated the ministry of Indigenous affairs into a joint ministry with energy, and northern development and mines. Under the former government, the roles were assigned to three different ministers, while under the current - Kenora-Rainy River MPP Greg Rickford is in charge.

"A part-time minister is not good enough for me," Mamakwa told tbnewswatch in July. "It's a very big file, and I don't think he'll have time to address those key items."

Mamakwa also spoke to the importance of the word "reconciliation" being within his title.

"I believe the NDP caucus put it there because we need to go back to reconciliation,"

Mamakwa said. "It means bringing back the responsibility, accountability, and resource allocation to the First Nation communities."

Mamakwa also wrote to the Minister of Education recently, criticizing the Ford government for abruptly cancelling a curriculum program based around reconciliation, and introduction to Indigenous languages.

The government has not responded.

"Even when there are questions posed during Question Period, it's basically been non-answers," he said.

Mamakwa said he's yet to sit down to discuss political matters with Rickford, but is hoping he can develop a working relationship with him.

**"For sheer numbers alone, we need to be seen."**

JUDITH MONTEITH-FARRELL

LOCAL NEWS

# Locals leaders pleased with province

**POLITICS**  
By Matt Vis - TB Source

City leaders are returning home pleasantly surprised with their first interactions with the new Ontario government at a provincial conference earlier this week.

The four member Thunder Bay delegation travelled to Ottawa for the Association of Municipalities of Ontario conference, where they secured meetings with 12 members of the new government and brought 18 community issues to their attention.

Coun. Joe Virdiramo, a member of the city's intergovernmental affairs committee who was joined by Mayor Keith Hobbs, Coun. Iain Angus and city manager Norm Gale, said the new ministers and parliamentary assistants listened intently and seemed knowledgeable of issues, despite being new to their roles.

"It was a very good exchange of conversations with them in relation to our needs and our city. We felt that we were being listened to and they were taking many notes in relation to the

issues being presented," Virdiramo said.

After having two city representatives – Thunder Bay-Superior North MPP Michael Gravelle and former Thunder Bay-Atikokan MPP Bill Mauro – within the Liberal government during the party's 15 years in power, Thunder Bay is now on the outside with no representation at the Progressive Conservative caucus table.

Virdiramo said the delegation discussed not having that voice within the government but was assured local interests would receive attention.

Those first meetings are primarily introductory and include a lot of listening, Angus said.

"They were well informed of the issues, were quite knowledgeable and asked the right kinds of questions but it will take them some time," Angus

said of the new government.

"The previous government we had been working with them for 15 years. We had a one-on-one relationship with a number of the ministers, with the premier, so it's going to take us time to build that level of not only relationship but trust in that we're not going to snow

**"It was a good exchange of ideas with them in relation to our needs in the city."**

**JOE VIRDIRAMO**



**IN THE KNOW:** Iain Angus praised the provincial Conservatives for being well-informed.

them and come with our hand out but we're going to provide solutions that make sense for the Northwest, for us in Thunder Bay as well as the people we serve."

Premier Doug Ford addressed the conference last Monday but did not

participate in meetings with the local delegations.

Though they didn't have any face time with the new premier, Ford's words gives municipal politicians an idea of how to present ideas to the new government, Virdiramo said.

"We want to get a yes answer and the way to get that is to support what the government is trying to do and support us in the goals they have. If our goals are the same, I think we'll be successful," Virdiramo said.

"The premier said they want return on investment. What is it going to cost? What is it going to save us and how are we going to do it?"

The delegation met with Robin Martin, the parliamentary assistant to Health Minister Christine Elliott, and discussed the alternate level of care challenges in the local health care system and its impact on hospital gridlock.

"One of the things we suggested was to provide more training for people to become (personal support workers) and to have services in place," Virdiramo said. "If we have people coming into the community, targeting specific jobs and specific skills we need in the community, that would help us."

Virdiramo said a session with Community Safety and Correctional Services Minister Michael Tibollo indicates a replacement for the Thunder Bay District Jail, first promised by the former Liberal government, is on track to go ahead.

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LOCAL NEWS

# OIPRD review has taken two years

**POLICE**  
By Gary Rinne – TB Source

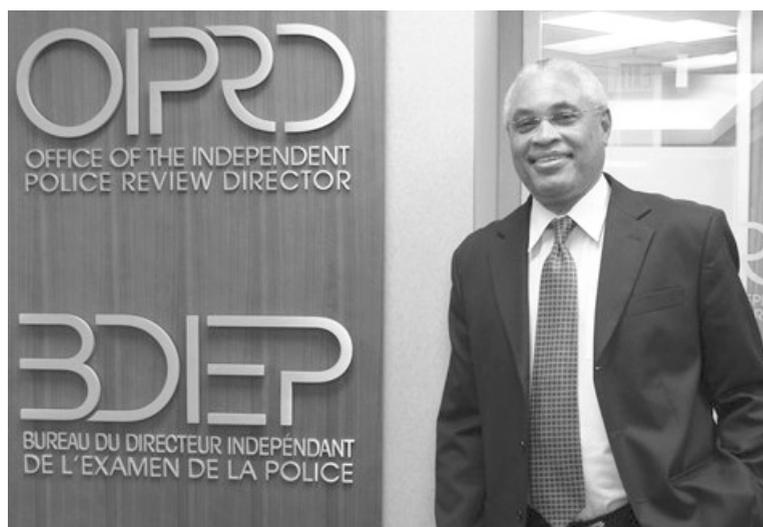
The Office of the Independent Police Review Director is now expected to release the results of its investigation into Thunder Bay Police at a news conference this fall.

This will be about two years since the systemic review of the police service's practices for policing Indigenous people was announced on November 3, 2016.

The OIPRD has changed the projected dates for completion of its work, as reported in the media, several times: from March 2018 to June, then to August.

A spokesperson says the latest date is the end of September, with the public release of the findings likely to occur in October.

Rosemary Parker, OIPRD's manager of strategic initiatives and systemic reviews, said the organization's "very small staff," the scope of the review



TOP COP WATCHER: OIPRD director Gerry McNelly is looking at the Thunder Bay Police.

and its other ongoing provincial priorities have combined to extend the timeline.

A systemic investigation, she told TbnnewsWatch in an interview

Tuesday, involves "a lot of research, analysis, writing, editing, projection, all of that."

Aside from its massive 2012 report on shortcomings in policing at the

G20 Summit in Toronto two years earlier, Parker said, the Thunder Bay investigation is among the most extensive probes the OIPRD has undertaken.

"We need to take the time to ensure it's done right...The director (Gerry McNeilly) is placing a lot of importance on the Thunder Bay systemic review," she said.

According to Parker, the final steps in producing the Thunder Bay report include the mandated requirement to translate it into French.

The OIPRD, she said, is also "hopeful" that it has the budget to provide an executive summary translated into one or all of the Ojibwe, Oji-Cree and Cree languages.

Meantime, a separate but parallel investigation into the Thunder Bay Police Services Board is set to conclude next week.

Senator Murray Sinclair was appointed by the Ontario Civilian Police Commission after Indigenous

leaders questioned the board's ability to oversee effective policing.

Sinclair—the former chair of the Truth and Reconciliation Commission—issued an interim report in November 2017.

His final report was scheduled for delivery by March 31, 2018, but he received an extension to Aug. 31.

At the time, the OIPC said the extension would allow Sinclair to consider the findings of the OIPRD investigation, and take into account legislation and/or regulatory changes around police oversight resulting from the introduction of the Safer Ontario Act.

The legislation includes provisions for stronger civilian oversight of police, and a new office of Inspector General to oversee police services and receive and review complaints about chiefs of police and police boards.

Spokeswoman Silvia Cheng says the OIPC expects to release Sinclair's report to the public "in the fall."

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# NEWS

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READY FOR CLASS: Carlee Otway and Carla Santin of Santin Chiropractic, and Lee-Ann Skirving of the Boys and Girls Club, with donated school supplies.

## Pack to school a success

**THUNDER BAY**  
By Leith Dunick - TB Source

With school just around the corner, many students have already started back-to-school shopping, looking for the hottest school supplies on the market.

That's not the reality for some youngsters in Thunder Bay, whose parents simply can't afford to buy a new backpack, notebooks or coloured pencils.

Thanks to the Thunder Bay Boys and Girls Club, Scholars Education and Santin Chiropractic, it's one less thing they'll have to worry about when September rolls around.

Carla Santin, who operates Santin Chiropractic, and her staff set a goal to collect supplies to fill at least 30 backpacks to distribute to students who

otherwise might go without.

They met that and more, she said. "Our goal was to fill 30 backpacks, that we bought as a practice. Our practice members and patients were to fill those bags with the supplies. We collected cash donations, probably close to \$800 and we reached our goal," Santin said.

"So we filled our 30 packs and then some." It was important to both Santin and her staff and their clients to help out children in need.

"We feel fortunate. When my kids go back to school they don't think twice about the backpack they have to buy. But we know there are so many kids in need and there will be kids that show up to school, not only without a lunch, but they don't have a bag to bring supplies with,"

Santin said.

"We just feel it's something easy that we can do to help those kids."

Lee-Ann Skirving, a program director at the Thunder Bay Boys and Girls Club, said the donation is simply amazing.

"It means so much to the kids and to the families - especially to the families who don't have the money to go out and buy brand new school supplies and backpacks," Skirving said. "Those are the families that we really give these to and that really, really appreciate it."

It's one less burden for the families at the start of the school year, she added.

The backpacks will be doled out to students during the Boys and Girls Club's annual open house next week, with any extras dropped off at local area schools.

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**FOOD SHORTAGE:**Thunder Bay Shelter House development officer, Amber Prairie, sorts through the storage room at the George Street facility that has seen fewer items on the shelves this summer.

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# RFDA, Shelter House worried about stocks

Dwindling food supplies cause concern for both organizations

**THUNDER BAY**  
By Doug Dlaczuk – TB Source

With summer nearing an end, local charitable organizations are feeling the slowdown that comes with the season and turning to the public to help replenish food stocks quickly dwindling.

"This year has been probably the worst we ever had," he said. "June and July were so bleak. But that is kind of reflective with what is happening right across the country."

In order to ensure that no one goes hungry, the RFDA is looking to partner with producers and farmers to find larger donations of food.

Kromm added that every summer can be challenging with many people on vacation and not necessarily thinking about donating food or money to local charities. But he expects that to change soon as the giving season nears.

"That is what we expect, but for the rest of us during the summer months when people are not thinking about food or away on vacation, this really hurts us," he said. "That is why we always say open up your gardens, open up your cupboards and see what you can do to help."

**"In the summertime we do decrease in volunteers and we decrease in donations."**  
AMBER PRAIRIE

There are food banks right across the city here, so there are a lot of people who are hurting."

Shelter House will be hosting a fall food drive on September 29 and 30. Donations are accepted at the Thunder Bay Shelter House at 420 George Street and the RFDA office at 570 Syndicate Ave. South. For more information, visit the Thunder Bay Shelter House and RFDA websites.

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### (SUNDAY & MONDAY)

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- Bingo & Cash Draw
- Barns (Cattle, Sheep, Swine, Goats, Poultry, Rabbits)
- Craft demonstrations
- Oldest person on the Fairgrounds
- Couple Married the Longest
- Grandparent with most grandchildren on the Fairgrounds
- Person travelling greatest distance to the Fair
- Most recently married couple on the Fairgrounds
- Youngest Baby on the Fairgrounds
- Nail Driving Contest (all ages)
- Children's Sports (Races & Contests)
- Sunflower and Zucchini Contests
- Entertainment on 2 stages
- Children's Playground
- Cowboy / Cowgirl Contest
- Apple Identification Clinic - Bring an apple or two to learn variety

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## SUNDAY EVENTS

- 8-10 a.m. - Pancake Breakfast \$5.00
- 9:00 a.m. - Hunter Jumper Show
- 10:00 a.m. - Quilting Workshop in Dining Hall
- Scarecrow Contest - enter your own!
- 1:00 p.m. - Small Animals Judging
- 1:30 p.m. - Beef Show
- 2:00 p.m. - Baby Show (up to 24 mo.)
- 3:00 p.m. - Opening Ceremonies
- 3:30 p.m. - Best Dressed Cowboy/Cowgirl Contest
- 3:30 p.m. - Mutt Show

## MONDAY EVENTS

- 8-10 a.m. - Pancake Breakfast \$5.00
- 9:00 a.m. - Fun Horse Show & Games
- 11:00 a.m. - Dairy Cattle Show and Milking Demonstration
- 3:30 p.m. - Best Dressed Cowboy/Cowgirl Contest
- 3:30 p.m. - Mutt Show

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- ♦ Thunder Bay Community Auditorium 11:20 a.m.
- ♦ Arthur Street Marketplace 11:35 a.m.
- ♦ Daily departure from Fair: SUNDAY-5:30 MONDAY-4:30 p.m.

## TB Life



**GIVING BACK:** Performance Kia's Bruno Niederer (left) and the RFDA's Volker Kromm on Kia's Drive Change Day last week.

# Kia is continuing to drive change locally

Annual food drive a huge success for past eight years

## BUSINESS

By Doug Diaczuk - TB Source

**F**or the last eight years, one local car dealership has been helping to drive change in the community by improving the lives of people in need.

Last Tuesday, Performance Kia hosted its Drive Change fundraiser in support of the Regional Food Distribution Association and United Way of Thunder Bay.

"This is very important for us," said Bruno Niederer, retired dealer principal at Performance Kia. "We have been supporting the RFDA for many years now toward their goals, like a big freezer, soup kettles, and dishwashers. We hope to finish the project and make it better for the region, not just Thunder Bay, but all of Northwestern Ontario."

The goal this year is to raise between \$25,000 and \$30,000 for the RFDA and the United Way. According to Volker Kromm, executive director of the RFDA, Drive Change has continually grown over the last eight years.

"Every year they have surpassed the amount," he said. "It was \$15,000 and we have now doubled that amount. It's been significant. Bruno and Kevin (French) never cease to amaze us with what they have accomplished."

"It's a corporate commitment back to the community and it helps us with budgeting and planning and knowing we have that strong affiliation with Performance Kia helps us a lot in our planning."

Kromm said the fundraiser has allowed the RFDA to purchase a trailer for moving food around the city, as well as a large freezer that is about to be installed.

"It's really an important event for us because it has helped us move in another direction and we are coming to a conclusion of a very large project which the Performance Kia people have been very gracious and helped us along and helped us develop into a food hub," Kromm said.

"I think it's important we look after our community and people who are in need and don't have enough food on their table," Niederer added.

**"This is very important for us."**

**BRUNO NIEDERER**

TB Life

# Harvesting and Hymers



**FRED JONES**  
RURAL ROOTS

hamburgers on the Sunday and then pancakes followed by 'burgers on the Monday.

Food is in abundance at the Fair. There is the dining hall that offers a roast beef/ BBQ'd potato meal on the Sunday and a turkey dinner on the Monday. There are also two, long-standing food booths offering different edibles and lately, more exotic food stuffs such as Tai cooking, fudge, Elephant Ears, and ice cream, of course. But each year something new appears.

Then there is the Market Building in which local arts and crafts, food stuffs such as homemade jams and jellies, maple candy, syrup, and baked goods, and freshly harvested vegetables are for sale. Of course, there is entertainment with two stages.

I love wandering around meeting neighbours and friends from town, taking in the Fair. I especially like entering the Craft Building where the judged baked goods, crafts, and vegetables await inspection. Last year my wife, Laura, entered the results of her hard-won harvest and took several first prizes. This year she is preparing more entries and has given strict instructions not to 'mess' with the stuff she has carefully put aside.

It certainly is harvest time. We have been eating carrots, beans and beets, cauliflowers and cabbages, broccoli, potatoes, along with herbs. The dill need not have been planted. It is a weed. Every year we discover 'rogue' dill that sprouts up in unexpected places. We have

been eating ripe tomatoes for a month now. Laura, the Gardener, tells me that this summer is the earliest the tomatoes have ripened on the vine. And there will be lots.

Increasingly, Laura is exiting and re-entering Casa Jones with large bowls laden with harvested veggies. This past weekend, she made a scrummy borshst all from our garden. Ingredients for salads are also from the garden. We've been eating salads containing our veggies since June.

And the pickles. Good grief but there has been a huge crop. And zucchini! No longer a dreaded thing, I now enjoy all the different ways of preparing them; and even then, Laura has been giving them away.

The harvest has come on gang-busters seemingly everything ripening all at once.

By the time you read this column, our corn will be ready to shuck and smear with butter.

I was in the garden the other day and spied lurking beneath the large leaves, four, giant Blue Hubbard gourds. They have not grown this big for a couple of years. Even quartering them, they are hard to squeeze into a pan and then into the oven. And somewhere in the corn patch, there are pumpkins still green but as September unfolds, they will morph into their characteristic orange. Ah, then it is pie season.

So, if you were waffling about coming to the Fair, I hope that I might have changed your mind. You won't regret it. I never do.

And so, it begins: a new season, the end of summer, the beginning of Fall (although not officially until Sept 21), and to herald this change, The Hymers Fall Fair.

The Fair falls each year on the Labour Day weekend. It is an agricultural fair that has been doing so, with one interruption during the Second World War, for over 100 years. The agricultural element is still a very important part.

In addition to horse and cattle shows, a main component is the judging of crafts, flowers, vegetables, and baked goodies. All of the aforementioned are judged on the Saturday and readied for display on the Sunday, the first day of the Fair open to the public. Friday night is when the craft/veggie/baked goods are submitted for judging that takes place the next day, Saturday.

The fair is a volunteer-run endeavour. I have occasionally offered my services first as a money/coffee/water runner for those folks staffing the entrance gates. That was back in the early '80s. Last year I wound up flipping

Do you have an opinion to share?

E-mail the editor at

[ldunick@dougallmedia.com](mailto:ldunick@dougallmedia.com)

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NOT BACK ON TRACK: A derailment earlier this month led the city to make the decision to close the Muskeg Express for the summer.

# Muskeg Express shut for summer

**THUNDER BAY**  
By Michael Charlebols – TB Source

The Muskeg Express is closed for the remainder of the season after an engine issue closed the rail on the August long weekend.

After the city set aside \$50,000 for maintenance to get the Centennial Park amusement ride operational after sitting idle last year, the mini-train operated for just three weeks.

Cory Halvorsen, the city's manager of parks and open spaces, said the issue is due to the engine's inability to stay on the rail.

The problem is independent of the initial \$50,000 investment, which was dedicated to rail alignment and rail tie replacement, according to Halvorsen.

"The main issue we addressed prior

to operating was the track alignment," said Halvorsen. "We went through and aligned the [width and length] of the track."

During the three weeks of operation the engine came off of the rails twice - both times with passengers on board.

"Now that we've seen two examples, we're able to get into the problem-solving side, and that's essentially where we're at," Halvorsen said. "That's why it's been removed from service. In the interest of safety... we need to get to the bottom of this."

Halvorsen said there's no estimate on the time or cost it will take to repair the ride.

"At this point, we're committed. It's become clear over the last year that there's a demand and appreciation for the ride," he said.

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THINK RECYCLE

## Thunder Bay & District Labour Council Annual Labour Day Picnic

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(Rain Date: September 4 from 5:00pm-9:00pm)

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# Clinic offers drug amnesty day

**THUNDER BAY**  
By Doug Dlaczuk – TB Source

In an effort to keep medication out of the wrong hands and out of the water table, a local clinic is offering an opportunity for people to dispose of unwanted drugs, no questions asked.

For the first time, the NorWest Community Health Centre, along with Superior North EMS, Superior Points, Thunder Bay Police Service, and Janzen's Pharmacy will be holding a Drug Amnesty day on Aug. 30 at the clinic on Simpson Street.

### Lots on the shelves

"The idea is that many of us have medicine cabinets that have things in them that we are not still taking or that are expired and it's really easy for them to get into the wrong hands or for people to flush them down the toilet,"

said Michelle Kolobutin, health promoter at NorWest Community Health Centre.

People are welcomed to bring in expired prescription and over the counter medications, cold and flu medicine, cough syrup, vitamin and mineral supplements, as well as illicit drugs or drug paraphernalia.

"We want to dispose of them safely," Kolobutin said. "We are encouraging everyone to bring that to us in confidence. There are no questions asked about why you have this or how much of it you have. We just want people to bring it to us to dispose of safely."

According to Kolobutin, drugs need to be disposed of properly because they take a long time to break down and if they are flushed down the

toilet or thrown in the garbage, they can leach into the soil or water table.

Another significant concern is medication ending up in the hands of someone it is not meant for or someone who no longer needs to be taking it.

"People who shouldn't take them end up taking them because they are available to them," Kolobutin said.

Drug Amnesty Day will be taking place one day before Overdose Awareness Day on Aug. 31.

Kolobutin said it is important to get the message out to the community that overdoses can happen anywhere and to anyone.

"In Thunder Bay, in 2017, we had 26 overdose and three suspected overdoses," she said. "The idea around

this is to really make people aware about overdose. Overdoses are not something that just happen at the street level. There are pills everywhere, there are pills in everyone's house."

### Happens Thursday

Drug Amnesty Day will be held on Thursday, Aug. 30 from 10 a.m. to 4 p.m. at the NorWest Community Health Centre at 525 Simpson Street in the Shoemaker's Garden. If you are not able to attend the Amnesty, pharmacies will accept medication for disposal, but not drug paraphernalia.

"We really want to try and get those medicine cabinets cleaned out and to let the community know that you don't need to be someone using street drugs to overdose," Kolobutin said.

"You can overdose on prescribed medication as well."



**WARNING: Expired medications and pills can be a danger in the wrong hands.**

**"There are pills everywhere, there are pills in everyone's house."**  
MICHELLE KOLOBUTIN

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# IN THE bay

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## Meat and greet

Rib Fest draws hungry crowds to the Waterfront District

**THUNDER BAY**  
By Matt Vis - TB Source

The grills were fired up and the aroma of smoky barbecue filled the air in the north downtown core.

Rib Fest, which has become one of Thunder Bay's favourite late August traditions, brought its mouth-watering wares to the Waterfront District last weekend, to the delight of huge crowds, despite less-than-ideal weather on Day 1.

The three-day feast brings as many as 30,000 people down to the Gateway Casino Thunder Bay parking lot over the course of the weekend. While the hungry customers were looking forward to the event all summer, those serving up the meaty treats are just as excited to be here.

Gus Sakellis, president of Rib Fest operations for Ribs Royale BBQ, said the people are a big reason why their outfit keeps coming back.

"The community here supports the event since its inception six years ago," he said. "Our Kids Count does a phenomenal job of hosting a great event for everyone involved for the community and for the ribbers."

Sakellis and his crew arrived in Thunder Bay last week after spending the previous weekend at a festival in Montreal.

For them, summers are largely spent on the road and every weekend means a new city.

"Barbecuing for a living keeps us going. This being your front-office window, I don't think it can beat this," Sakellis said. "Being in different cities every weekend is a plus and knowing that it's going to a good cause is also another plus."

Sean McQuiggan, the head manager of Route 55, said they expected to serve thousands of racks of ribs.

"It's always pretty crazy in Thunder Bay. A lot of people come out, the crowd is always good. It's always fun up here," McQuiggan said.

Gladys Berringer, the event chair and executive director of Our Kids Count, said there were more food options than just the four travelling ribbers.

"We have the professional ribbers here showcasing what they do and they have all our local vendors as well," Berringer said. "We have a nice combination of the local and the professional. It's a little change up so Thunder Bay gets to experience something from out of town but also to support our local



**TO THE BONE:** There's no question the ribs were the highlight of last weekend's Rib Fest event.

people."

The weekend festivities included a Cross Fit Challenge and Strong Man competition on Saturday, followed by the Red River Rumble and Kub Car children's races on Sunday.

The organization, which counts on Rib Fest as its largest annual fundraiser, receives the

proceeds from the 50-50 draw and will be selling non-alcoholic beverages and running a corn booth.

"We do have a lot of activity going on to support Our Kids Count," Berringer said. "Our peer leaders, the people who participate in our programs, are actually running our corn booth this weekend."

IN THE bay

# Concert honours murdered teenager

Sandra Johnson loved music, sister says

**MUSIC**  
By Michael Charlebois - TB Source

**S**andra Johnson enjoyed music. Twenty-six years after Sandra was killed, Sharon Johnson thought it was time to turn to music to honour her late sister's memory.

The first annual memorial concert for missing and murdered Indigenous women and girls was held under sunny skies last Thursday afternoon at the Waverley Park pavilion.

"I think music is a good way to honour the women, to honour them in a positive way," Johnson said.

"(Sandra) liked her music and she was learning to play drums for my brother's band when she was



MICHAEL CHARLEBOIS

**IN MEMORY:** A women's hand drum performs at a concert for missing and murdered Indigenous women at the Waverley Park pavilion.

murdered. Music has always been in my family. I know of other concerts that are happening and people who

are doing this for the same cause. I just always thought it was a cool idea."

The concert began with a pair of women hand drummers and included local musicians, as well as performers

who travelled from Sioux Lookout and Nipigon.

The 18-year-old Sandra was found dead on the ice-covered Neebing-McIntyre Floodway on the morning of Feb. 13, 1992. Her murder remains unsolved.

Sharon, the volunteer organizer of the concert, founded a memorial walk held every Valentine's Day for the past decade. She also organizes the annual Full Moon Memory Walk held in the fall, which will take place for the 14th year on Sept. 24.

Though this year's event was organized on a last-minute whim, Johnson would like to see it become an annual tradition.

"It's important to do these awareness-raising events because Indigenous women are continuing to go missing. The problem is not going away," Johnson said.

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Photo, courtesy of Greg Malo Photography

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IN THE bay



**NEWSWORTHY SHOW:** Bang Bang cast (from left): Andrew Ceco, Tarick Glancy, Jenni Burke, Paul Dunn and Meghan Swaby. The show opens on Sept. 6 at Magnus Theatre.

## Bang Bang offers a real-life shocker

### THEATRE

By Linda Maehans - TB Source

For anyone tuning into mainstream news nowadays, hardly a week passes where the lead story isn't about an urban shooting fuelled by racial strife and hyped commentary on what the police did or did not do.

For anyone who wants live theatre-with-edge, does Magnus have the show for you.

Their 2018-2019 season opens with a contemporary drama within a drama: a playwright's version of a real-life shocker; except as said, nowadays it's no longer much of a shock.

Based on news of a police officer shooting an unarmed black youth, the play prompts Hollywood to turn the story into a movie. Add another layer, another version of a version of a version of the truth; together with the sharp quick wit of author Kat Sandler, and you'll get the gist of what *Bang Bang* might be about. Relevant. Timely. Like a lit fuse for theatre audiences all too used to the latest short blast of explosive-in-the-news.

I walked into preview interviews for *Bang Bang* completely unprepared for the pair of actors I was about to meet.

In character from the get-go, Tarick Glancy as Jackie Savage-movie-star, and Andrew Ceco as Tony Cappello-bodyguard, had me spinning. I imagine that's how things are in Hollywood: always spinning.

Immediately the bodyguard's eyes tell me he isn't kidding when he says he'll have to frisk me for weapons. Nervousness all around. Next instant in bounds the "star", a wiry dark guy with a big white smile and artwork tattoos; and too much

energy for any one person to absorb. Asked what it's like to be a star, Jackie Savage's smile inflates him a notch or two.

"It's a good thing, ya know? I get to travel the world, I get to meet beautiful people like yourself." He leans in. "I've been to Tokyo, I've been to Mexico; where else I been, Tone?" Jackie shoots a look at his bodyguard; without missing a beat Tony pipes up from his sideline "pretty much any country that ends in 'o'. How 'bout Honduro, or Alamo!" Laughter all around

How does Jackie Savage prepare for his roles? "I been actin' for a long time. When I made my transition from the deebz, my coach told me I should just take things, off the page, ya know; also to see the character as part of myself, as part of...what's the word I'm lookin' for, Tone?" Snap of fingers. "Uh, journey?" suggests Tony-the-bodyguard. As in travelling. Makes sense.

When asked how he got started in his line of work, now Tony's eyes are sincere. "I used to be a cop. I quit being a cop when one of our guys on the force was in the movies as a stunt-guy." A short shuddery intake of breath. Suddenly I'm thinking of Brando in *The Godfather*, and others.

"They heard Jackie was lookin' for somebody; I threw my stuff in; and we just hit it off.

Will any of this be funny for an audience? The way I look at things, the way I was raised: the best way to deal with tragedy is makin' people laugh. Makes it hit home harder."

**Bang Bang runs from Sept. 6 to Sept. 22 and is recommended for adult audiences.**

**"I been actin' for a long time."  
JACKIE SAVAGE**

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IN THE bay

# Red River Rumble revs up Rib Fest

**THUNDER BAY**  
By Doug Dlazuk - TB Source

Despite our long and cold winters that can keep classic cars and hotrods cooped up in a garage for six months of the year, that limited time out on the road might make us love them even more.

"I think when you only get a small amount of time and you are waiting all year and when the weather is nice, you finally get to take your car out, it's special," said Kevin Mack of History Channel's hit show, Counting Cars. "We are spoiled. When we do it, it's not that big of a deal. These people only get so much time to enjoy their vehicles and I think you get more out of it because of that."

There were nearly 150 cars out and on display this weekend at the Red River Rumble. Now in its fourth year and held alongside Ribfest, organizers say it isn't the biggest show, but it is an important



**YOU AUTO KNOW:** The Red River Rumble was a hit with those who attended.

one. "It's certainly not the largest show in Thunder Bay, but I think people like being able to park on the street, bring

back memories of the 50s and 60s," said John Trevisanutto, a volunteer with Our Kids Count. "And the other thing is they really love supporting Our Kids Count

and we really appreciate that."

Trevisanutto said he expects this year both the Red River Rumble and Ribfest will bring in more than \$40,000 for Our Kids Count, which goes toward supporting programs such as the community kitchen, the children's centre, and the parenting centre.

"Ribfest is the largest fundraiser that Our Kids Count has," he said. "A lot of people come down for the ribs, get to see some cars, and it's a great way to support a great cause."

And there definitely was no shortage of cars, with 140 cars on display this year. Car lovers also had an opportunity to meet one of the biggest car enthusiasts, Kevin Mack, who was this year's special guest and he certainly took note of what Thunder Bay and the surrounding area have to offer.

"It's beautiful," Mack said. "I've seen some cars here that I've never seen before. That's what's so neat about going

to different car events. You see stuff you've never seen before. It's what people love to build and what they have a love affair with. You just never know what you're going to see."

For Mack, building or restoring a classic car is about more than just working in the garage—it's about family, something everyone can do together. But he admits he is a little worried that classic cars, which already roll out of history, could be a thing of the past.

"The one thing that scares a lot of us car people is that we get older, the kids aren't into them like we are," he said. "What worries me, is in 20 years from now, are there going to be any classic cars around?"

But he was impressed to see young and old taking in the many cars and motorcycles on display and he believes that there are more young people in Canada who are interested in classic cars and bringing those four wheels back on the road.

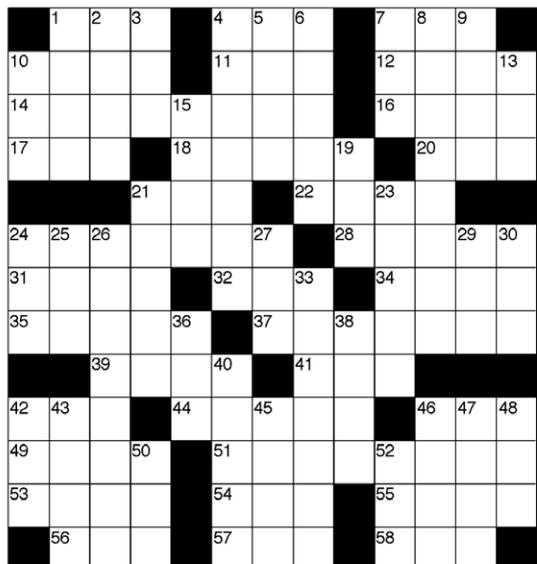
## CROSSWORD PUZZLE

- ACROSS**
- Legume
  - Snow (Scot.)
  - Manuscripts (abbr.)
  - Errand boy
  - Pronoun
  - Tamarisk salt tree
  - Roomy
  - Odyssey beggar
  - Adjective-forming (suf.)
  - Shinto shrine gateway
  - Presidential nickname
  - Sup
  - Sluggish
  - Alit
  - Lohan
  - Pale brown
  - Jewish scholar
  - Apiece
  - Town (Ger.)
  - Boat race
  - Calf meat
- DOWN**
- Family member
  - Equal (Fr.)
  - Atomic Energy Commission (abbr.)
  - Marble
  - Nerve (pref.)
  - Opposite of thesis
  - Fr. month
  - Baku (2 words)

**ANSWER TO PREVIOUS PUZZLE**

C	O	N	J	C	A	M	S	O	R	B
A	L	A	E	A	S	A	O	B	E	Y
D	O	R	R	P	A	C	L	E	E	R
E	R	E	B	U	S	R	A	D	D	L
			O	N	T	O	D	A		
R	A	M	A	D	A	N	O	T	A	R
A	A	R		N	O	R		L	I	E
T	A	U	P	E		D	E	F	I	A
		A	E	R		D	A	B		
S	P	E	N	C	E		O	D	E	S
A	L	O	E		T	H		R	A	A
P	A	U	L		E	B		I	A	N
A	N	S	A		M	O	T		A	R

- Yarn lump
- Greek letter
- Compass direction
- Italic (abbr.)
- Bantu language
- Musical practice exercise
- Mountain nymph
- His (Fr.)
- Outer (pref.)
- Cross
- Daughters of the American Revolution (abbr.)
- Deed
- Arabic letter
- Denote
- Touch lightly
- Hereditary factor
- Marsh
- Summer (Fr.)
- Two
- Assam hills
- 57 (Rom. numeral)
- Wine (pref.)
- Argentina (abbr.)
- Morass
- Electric unit



## WORD SEARCH

S Y Y V A E Q R K A D S D Q W  
 D E L L E F E O G R A B M E R  
 S L L E B T G P E H A L V E S  
 R A A D S N S T E L B A T C H  
 N W N Y I H D K X B T T D A O  
 D F O V O S N N T C D H E P W  
 I U I R Q B E C O M E S S E S  
 D L T U D D L M R E X B U S A  
 Z O A A D I B E T T A L N F L  
 K D N E K E N Y E E L A U F W  
 S W R A D H D G D D E N P U A  
 O O E S C I T A M A R D T R Y  
 B R T L X N W T O O R P U G S  
 W O N M A T R O N L S E R A F  
 W H I F F S J Q W S M U N N E

- |         |                 |         |         |
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| Becomes | Extorted        | Matron  | Squads  |
| Bells   | Fares           | Messes  | Tablets |
| Bland   | Felled          | Meted   | Unused  |
| Bleed   | Gruffs          | Octave  | Uproot  |
| Blends  | Halves          | Oyster  | Upturn  |
| Bored   | Hints           | Redden  | Whiffs  |
| Capes   | Internationally | Relaxed | Wording |
| Combed  | Lawful          | Short   | Wreak   |

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		8				1		4
7			9	4		8		
		4		7	2	9		
	8				5			
1	2							
	3						2	
	7	5	8					3
8						7		

# Sports

local sports news | information | coverage



## Good Reasons to Recycle

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Recycling reduces pollution

**Recycling saves money**

Recycling creates jobs.



**GLOBAL OPPORTUNITY:** Jacob Luczak, working out at Leading Edge Gym, will represent Canada at the World Wrestling Championship in October in Hungary.

# Luczak earns spot at worlds

Thunderwolves wrestler gains last-minute entry, will compete in memory of his father

## WRESTLING

By Leith Dunick – TB Source

**J**acob Luczak says he's out to shock the world and put Thunder Bay on the wrestling map.

A last-minute addition to the Team Canada squad heading to the Senior World Wrestling Championships in Budapest, Hungary, the Lakehead Thunderwolves star said nothing less than a podium finish is the expectations he's taking overseas.

"I've always been someone who steps up to new levels and this is just another level I'm going to have to step to. I'm going to do the work that it takes. I'm hoping to podium. I'd like a medal. I'd like a gold medal," said Luczak, who captured silver at last spring's U-Sport Canadian wrestling championships.

"It's a very long shot to win a match at the world championships, with the short notice that I have and just the experience that I don't have under my belt so far. Most people don't think I have a shot in the world, but I'm out to prove people wrong."

Luczak, who has been wrestling since he was six, won't have his No. 1 fan with him in Budapest. Sadly, his father Jacek, who was diagnosed last year with terminal cancer, died in May at 59, a few months before Jacob found out he'd been added to Team Canada, after the top wrestler in his weight category decided to forgo the opportunity.

The 24-year-old wrestler, who told his father the day before he died that he was going to make the world championships, plans to lean on those memories of his father for inspiration

when he steps onto the mat in Hungary.

He added it was wrestling that helped him deal with the reality his family was facing.

"I knew that when I heard the news that my father was diagnosed with terminal cancer, that I needed to be wrestling. I needed that space to really go and be with myself, be with my body, challenge myself and just try to optimize my performances," said Luczak, who last year returned home from Saskatchewan to spend more time with his father.

"Having this whole past season to experience that with my father – he loved me competing, loved following my career, so I feel this is a lot beyond me. It's bigger than me and I'm just trying to ride the wave and see what happens."

He knows his dad will be watching, somehow, somehow.

"He said he's going to be there, so I'm just going there to put a show on for my dad," Luczak said.

Getting himself prepared to wrestle on the world stage is going to take a lot of effort, with just two months to go.

It's also going to be expensive, Luczak estimating it will cost in the range of \$15,000 for transportation and training purposes, including time at the national training centre to compete with elite-level wrestlers like those he'll face in Budapest.

He's turning to the public to help offset the costs, through a Go-Fund-Me-style fundraising campaign at the Make A Champ website. To donate, visit [www.makeachamp.com/jacobl](http://www.makeachamp.com/jacobl), or contact him directly at 306-807-0057 or [jacobwrestling@outlook.com](mailto:jacobwrestling@outlook.com).

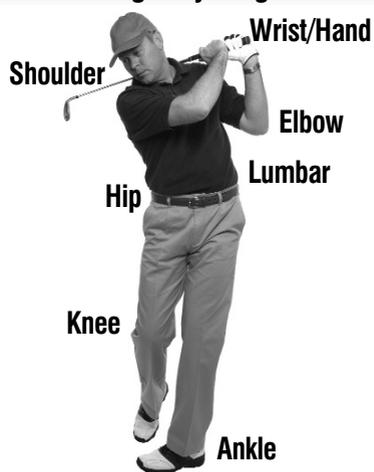
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# Pyatt avoids controversies in Ottawa

Veteran forward is heading into his free-agency year

**NHL**  
By Leith Dunick -TB Source

Two years ago, Tom Pyatt wasn't sure he'd ever skate in the National Hockey League again.

Coming off a second season in Switzerland, he was OK with the idea of playing a few more seasons overseas before hanging up his blades for good.

But then the Ottawa Senators came a-calling.

It was just the resurrection Pyatt's career needed.

Now 31, the veteran forward played in 163 of the 164 games played the past two campaigns, eclipsing the 20-point mark both years, the only two times he's managed the feat in an NHL career that dates back to 2009-10, when he broke into the league with Montreal.

"I was never sure if I was going to be back in the NHL," the soft-spoken Pyatt said.

"I was OK with that. Playing in Europe was a great thing. I went over there with a great attitude knowing I wanted to come back to the NHL. The Senators gave me that opportunity and I was very grateful for that."

He's likely one of the few players happy to be in the nation's capital, where turmoil on and off the ice surrounded the team from Day 1 last season.

Whether it was owner Eugene Melnyk threatening to move the franchise – comments he later walked back – the controversy surrounding former teammate Mike Hoffman and all-star defenceman Erik Karlsson, the ongoing Karlsson trade rumours, or the Sens finishing with the second-worst record in the NHL, it wasn't easy playing

in Ottawa.

He found a way to deal with it.

"It can be tough, but you have to avoid the news articles," Pyatt said, choosing his words carefully.

"Obviously you're going to hear about some things. There's not much I can control. I just have to be prepared for next year and be professional and try to help out the team to have a better year next year.

"No one wants to go through that again. We didn't have a lot of wins and it was a long, gruelling season too. We just want to get on the winning side again and just be more consistent."

Signed to a two-year, \$2.2-million contract prior to the 2017-18 campaign, Pyatt is heading toward unrestricted free agency in 2019 and knows he needs a good season to convince either the Senators or another team to extend his NHL career.

"It's a big year for me. I'd like to play a few more years in the NHL and professional hockey too. I've got to perform and show them I can still play at a high level. I have a lot to play for and I'm ready for the season."

Pyatt, whose father Nelson and older brother Taylor also played in the NHL, says he's yet to begin any contract talks with Ottawa, and hopes a strong start can spur discussions along.

For his career he has 43 goals and 99 points in 408 appearances.

**"It's a big year for me."**  
TOM PYATT



ROLE PLAYER: Tom Pyatt had seven goals and 22 points with the Senators last season.

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## sports NEWS



MICHAEL CHARLEBOIS

ONE OF MANY: Ottawa's Kevin Ndahiro is one of 11 new players brought in by Thunderwolves coach Ryan Thomson this year.

# New-look Wolves hit court as camp opens

Men's basketball team boasts 11 new faces this season

### BASKETBALL

By Michael Charlebois – TB Source

There's nowhere to go but up for the Lakehead Thunderwolves. After posting a province-worst 2-22 OUA record, the Thunderwolves will line up an entirely different squad for the 2018-19 campaign.

Eleven new faces – seven of whom are freshman, with four recruited via transfer – will round out the roster, which completed its first week of training camp last Friday.

"A lot of hard work," said one of Lakehead's high-profile recruits Isaiah Traylor. "It's about what I expected."

Traylor is a 6-foot-4 guard from Tupelo, Miss., who played NCAA Division 1 basketball as recently as 2017.

As one of the 11 new faces, Traylor is trying to get a feel for a roster and culture overhaul that's being ushered in by coach Ryan Thomson.

"I love the offence, and defence. It's very professional-like, and I like that about (Coach Thomson)," Traylor said. "I base my game around threes and spacing the floor, and defending."

It's no surprise that Thomson's system is influenced by a professional style of play. In his few years of coaching experience, he's worked with players in the NBA's Boston Celtics organization and the National Basketball League's Saint John Riptide.

"With a whole new system, you see we had to bring some guys in who fit how we wanted to play," Thomson said.

Fast-paced, up-tempo, three-pointers, and shots at the rim: that's the plan headed into the season.

Thomson also tried to construct a roster that can rely on length and athleticism to help them defensively.

"Bringing in length was a big factor. Last year we were a little small on the glass, so hopefully that's a need we addressed," Thomson said.

Ottawa native Kevin Ndahiro will offer a long, six-foot-nine frame that should help the Thunderwolves address some of the problems they faced last season.

"(Camp) has been great. I'm really expanding my game, working on my shot, ball handling, reading screens ... Just a lot more stuff to add to my game."

Ndahiro, too, seems to have faith in his new head coach's system.

"Thomson's system is definitely going to work because we're pushing the pace, we're setting ball screens, and always moving. Defensively, we're a lot longer than last year."

Thomson's 2-12 record in his first year doesn't look too bad considering the 0-10 record he inherited when he replaced Manny Furtado.

Now with a fresh start, Thomson is optimistic he can provide winning results.

"I think right now, guys know what's expected of them," he said. "Once we start playing it will sort of click, and we'll hopefully see how we

can best help each other."

Nick Burke will enter his fifth year as the longest-tenured player on the roster. He said he's ready to lead a new group to more victories.

"I just have to work by being more vocal, leading by example, and doing the little stuff."

Burke also thinks the Thunderwolves are poised to improve and even contend.

"I think defensively and with our outside shooting, we definitely got a lot better with our recruiting class."

**"With a whole new system ... we had to bring some guys in who fit how we wanted to play."**

RYAN THOMSON

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sports NEWS

# Hockey stars teach kids

**HOCKEY**  
By Leith Dunick - TB Source

Getting to the NHL means training hard, whether you're a sure-fire, first-round phenom like Connor McDavid or a late-round hopeful like Thunder Bay's Tom Pyatt.

Thousands of hours of hard work and sacrifice are the key ingredients to successfully navigate down the professional hockey path.

On Wednesday, about 50 local youths had the chance to see just what it takes, joined by NHLers Robert Bortuzzo of the St. Louis Blues, Carter Hutton of the Buffalo Sabres, Pyatt, a forward with the Ottawa Senators, and Toronto Furies goaltender Amanda Makela at Lakehead's Hangar for the annual Training with a Pro event in support of PRO Kids.

The 31-year-old Pyatt, who spent parts of three seasons in the minor leagues before seeing his first NHL action in 2009 with the Montreal Canadiens, said it was the cause and the chance to give back to the community that drew his attention.

PRO Kids is a longstanding organization that provides children who otherwise couldn't afford it the chance to take part in sporting and recreational activity, including hockey.



**HELPING OUT:** Robert Bortuzzo, Carter Hutton, Taylor Pyatt and Amanda Makela took part in last week's Training With A Pro session, held at the Lakehead University Hangar.

"It's obviously a great thing," said Pyatt, who has 99 points in 408 career NHL games.

"It's expensive for families to put their kids into sport. I've kind of experienced that. I saw my parents raise three boys playing hockey it adds up and it's pretty demanding. So it's obviously a great thing to have, that

financial help for families. I was happy to be a part of it tonight."

Makela, a former Thunder Bay Queens star, said she jumped when the opportunity arose.

"It's really important to give back to your community and helping kids as well," she said. "PRO Kids is a great organization and I'm just happy to be

here to help out."

Bortuzzo, who enjoyed a breakout season on the St. Louis Blues blue-line, said he had a blast helping the children – who each raised at least \$50 to take part in the event – learn what it takes to make it in the world of professional hockey.

"All four of us definitely enjoy spending time around kids and giving back to the community. It's definitely an easy event to get behind and the kids are the ones who make it so enjoyable. They're all smiling and having a good time. We had a blast today and the kids did a lot of good stuff for a good cause."

Now entering his fifth season with the Blues, the seven-year veteran said he saw plenty of high-level talent in the two-hour dry-land training session.

"There were some great athletes today, some kids who you can just tell were very co-ordinated and you can tell they can do some great things in sports," Bortuzzo said.

"There were some young girls who I would say blew away a lot of the guys today. They were very motivated and really into what we were doing today, so it made it that much more fun."

To donate to PRO Kids, visit their website at <https://www.thunderbay.ca/en/recreation/donate.aspx>

# Wolves ink D prospect

**UNIVERSITY HOCKEY**  
By Leith Dunick - TB Source

The Lakehead Thunderwolves have tentatively agreed to bring former major junior rearguard Chase Stewart back to Northwestern Ontario.

Stewart, who spent the past two seasons with Saint John and Rimouski of the Quebec Major Junior Hockey League, has promised to join the team if he's unsuccessful landing a contract with the Ottawa Senators organization next month.

The Marathon, Ont.-born Stewart will choose the professional route if he happens to land a spot with either the Senators or their American Hockey League farm team in Belleville.

At 6-foot-2 and 225 pounds, the 21-year-old Stewart would bring plenty of size and leadership to the Thunderwolves.

He had five goals and 29 points in 54 games with Rimouski in 2017-18.

He also spent two seasons with the Ontario Hockey League's Saginaw Spirit and parts of two seasons with the Thunder Bay North Stars.

"I'm excited to make the commitment to Lakehead," Stewart said.

"I would be proud to be represent the Thunderwolves."

# THUNDERWOLVES



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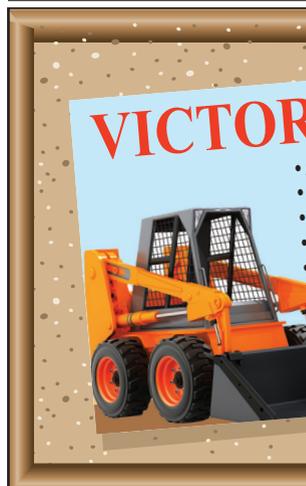
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