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THURSDAY, SEPTEMBER 12, 2019

YOUR COMMUNITY NEWSPAPER

Teen arrested

Police take 14-year-old into custody after shooting threat shared on social media /10



CAUGHT ON A SNAP: Several police cruisers were called to Westgate Collegiate and Vocational Institute after an alleged social media threat.







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having sex with minor /5



Mayor cautions agencies looking for cash /3

HIGH HOPES



Despite losing top stars, Wolves still confident / 16

Dementia support – we're in it together

Kat Lyzun - Board Member Alzheimer Society of Thunder Bay



By Ian Pattison

When Kat Lyzun's grandmother was diagnosed with Alzheimer's disease in 2010, the family was feeling overwhelmed, unsure about where to turn for answers.

"Not knowing what to expect or what options were available to my grandparents as the disease progressed, my family reached out to the Alzheimer Society of Thunder Bay. After meeting with a social worker, we had much more information and knew what supports were available to my grandmother and her care partners." says Kat (short for Kathryn) who now serves as secretary to the board of the society.

Kat was becoming more aware of the society when the board approached her five years ago, seeking someone with her background in communications. She jumped at the opportunity, eager to help make Thunder Bay more aware of the many programs and services available to those with dementia and their caregivers.

Aside from providing strategic advice and direction to the society, the board is keenly focused on ways



to raise the half of the society's annual budget not provided by the province. Kat calls the staff incredible and with her board colleagues she wants to support them in their work with clients and educating the public about Alzheimer's disease and other dementias.

She quickly joined the organizing committee of the annual Walk for Alzheimer's which this year raised a record \$70,000. She is also involved with the annual Alzheimer Rendezvous which this year (Oct. 2) will see a change to a casual cocktails-and-jazz format to encourage participants to mingle and share their experiences.

A testament to the board's success in raising awareness of dementia is the fact that its members are often approached by organizations anxious to host events like golf tournaments. "People who have been touched by Alzheimer's are eager to give back to the society" that helped them, says Kat.

Volunteer opportunities abound, from selling 50/50 tickets to volunteering at the office and with events. The Alzheimer Society also offers clients opportunities to socialize with other clients and their caregivers

"I feel fortunate when I see how our services impact families." through programs like the Minds in Motion exercise group and the Dementia Café at Urban Abbey. Here, Kat says, it's not necessary to talk about the disease but instead, to simply know there will be others there with dementia experience. "It's a place to just be with folks in a relaxed, comfortable setting."

Public awareness of the society's work is evident in the growth of extended caregiving in families touched by Alzheimer's disease and other dementias. A spouse, son or daughter is often no longer the sole support for patients. "Their disease is a family disease," says Kat. "The stigma is diminishing. We teach families how to still be with the person you love and care for but who is perhaps not the same as you remember."

With a lot of non-profits competing for public support, the Alzheimer Society relies a great deal on its dedicated base of volunteers and on sponsors like Tbaytel, "a local corporation that is about giving back to the community."

Visit alzheimer.ca/thunderbay for more information about their services, to donate and to purchase tickets to the upcoming Alzheimer Rendezvous: Cocktails & Jazz taking place on October 2nd

tbaytel for good.stories



ISSUES CAUTION: Mayor Bill Mauro said the city doesn't have an endless slush fund for agencies affected by provincial cuts.

Mauro warns boards about funding asks

Mayor warns city can't pick up funding shortfalls from cuts

"The other

member

communities

are literally in

the same

boat as we

are."

KRISTEN OLIVER

CITY HALL By Matt Vis - TB Source

funding cuts.

ayor Bill Mauro is calling on three outside boards whose funding models have been affected by changes made by the Progressive Conservative provincial government to not pass added costs onto municipal

Thunder Bay city council on Monday night approved directing city administration to engage with the Thunder Bay District Board of Health, Thunder Bay District Social Services Administration Board and the Lakehead Region Conservation Authority ahead of next year's budget, along with sending a letter from the mayor to the three organizations urging them to not use municipal taxpayers to fill the gaps made by potential

"If one of these boards makes the decision to maintain all of the programming they have previously before the cut, that additional cost would come to our municipal tax payers because the provincial portion has shrunk. The municipal portion would then have to go up," Mauro said.

"I would hope that it's not automatically assumed that municipal tax payers will backfill – as I see it – the cuts that are coming at us."

Mixed things up

The provincial government has changed the cost sharing formula for public health units, lowering its proportion to 70 per cent from the previous 75 per cent, requiring municipalities to take on the additional proportion. That adjustment, which initially would have been applied retroactively earlier this year, is now expected to go into effect in 2020.

For social services boards, municipalities will be required to pay for 20 per cent of new child care spaces, which had previously been completely provincially funded. Additional administrative child care costs resulting from provincial funding cuts are expected to be

Conservation authorities last month received a letter from Environment Minister Jeff Yurek, encouraging them to review their programs and services to ensure that they remain within their core mandate.

Coun. Andrew Foulds (Current River), who serves as a city representative on both the conservation authority and social services boards, said he appreciated the spirit of Mauro's advocacy but was concerned about how it might be received.

"I'm worried that this is the City of Thunder Bay going into these other boards and telling them what to do, at least maybe being perceived as this," Foulds said. "I'm very concerned about what the messaging could be to some of our smaller municipalities."

Voted against

Foulds and At-Large Coun. Trevor Giertuga were the only two dissenting votes.

Coun. Kristen Oliver (Westfort), who is a city representative on the board of health, said she agreed that the boards need to look at improving delivery, especially for their nonmandated and non-financed programs.

"The other member communities are literally in the same boat as we are. Their levies will be going up as well and it's going to be very taxing, especially for a lot of the smaller

communities where a one per cent tax increase generates very, very little for them," Oliver said.

City manager Norm Gale said the extent of any financial impact is not yet known as the boards have not yet submitted their budgets. He added while there hasn't yet been a specific ask for an increase, he can't rule it

In a July report, administration projected that the impact of the added public health costs could amount to \$1.4 million for Thunder Bay.

City administration will be tasked on reporting back to council by the end of November.

Weather Foreca THURSDAY **FRIDAY**

Cloudy with showers

Probability of Precipitation: 40% HIGH 12 LOW 11

Probability of Precipitation: 70% HIGH 17 LOW 10



A mix of sun and clouds

Probability of Precipitation: 30% HIGH 17 LOW 11

SUNDAY MONDAY



A mix of sun and clouds

Probability of Precipitation: 30% HIGH 19 LOW 13

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Probability of Precipitation: 10% HIGH 21 LOW 16



A mix of sun and clouds

Probability of Precipitation: 30% HIGH 23 LOW 17





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NEW ROLE: Carmen Felice has been hired as general manager of Goal Sports Centre II.

Sports bubble begins

Developers clearing land on Golf Links Road for new facility

THUNDER BAY By Leith Dunick - TB Source

he Thunder Bay soccer community may have an indoor facility to call home much sooner than they think.

A group of investors, led by developer Robert Zanette, has started clearing land off Golf Links Road and plans to build an indoor turf facility under a bubble.

The project, once completed, would consist of two 90- by 150-foot soccer fields, though the facility could host any number of indoor sports.

The project will also include a companion hotel.

Carmen Felice, general manager of the yet-to-be-built Goal Sports Centre II, said Thunder Bay is in desperate need of an indoor sports facility, which is why they're fast-tracking the project, ambitiously hoping to open in as few as three months.

"We're going to open it up to not just the soccer groups, but to as many users as we can accommodate. Obviously the priority will go toward the youth and any of the youth programs," Felice said on Monday, taking stock of the progress that's been made already on the property, located next to the Iron Range Bus yard.

"That's the future of any of the sports."

The structure, once built, would help fill a major gap in the city's sports infrastructure. It would be a replacement for the former Sports Dome, which collapsed in November 2016 at the Canadian Lakehead Exhibition grounds, and the sports bubble at Confederation College, which is scheduled for demolition in the near

Felice said the new bubble will likely be able to work in conjunction with a proposed city-built \$30-million indoor turf facility that is in the initial stages of the approval process at city

"We are willing to work with all the user groups and the City of Thunder Bay for the best of all the sports," he said, adding without an indoor turf facility, he's concerned many youth sports will decline in membership for lack of a place to play.

The bubble would be open to outside groups, including trade shows, auto shows, senior walkers, elementary school day programs as well as international student actitivies and events.

A spokesman for Soccer Northwest said they support the facility, while still planning to push the city to build a permanent indoor structure. Felice stressed the bubble is also a permanent



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GIANT PUMPKIN GROWERS



GUILTY: A supporter of Albert Kozlowski helps him hide from cameras after he was convicted of sexual assault against a minor.

Senior guilty of sexual assaulting female minor

Albert Kozlowski, 67, will be sentenced for repeated incidents

"I am

convinced

beyond a

resaonable

doubt about

the guilt of

the

accused."

BONNIE WARKENTIN

COURT

By Doug Diaczuk - TB Source

The survivor of rape at the hands of a 67-year-old man wept when he entered the courtroom, and when she learned that he had been found guilty the tears continued and she gripped the hands of weeping family members and supporters.

In a full Thunder Bay Courtroom on Thursday, Justice Bonnie Warkentin found 67-year-old Albert Kozlowski of Oliver Paipoonge guilty of sexual interference and sexual assault.

"I am convinced beyond a reasonable doubt about the guilt of the accused," Warkentin said in court.

Kozlowski was first charged in August 2017 after the complainant came forward earlier that spring, saying Kozlowski had raped her on several occasions during a period between October 2008 and December 2014 when she was between the ages of seven and 13-years-old.

A publication ban is in place to protect the identity of the complainant.

The three-day trial was held in June and Crown attorney, Tiffany Boisvert, called three witnesses to testify, including the complainant.

During the testimony, the complainant described five separate incidents during which she was sexually assaulted and raped by Kozlowski, though recalled there could have been as many as 20 incidents of inappropriate touching and assault.

Kozlowski testified in his own defense and he denied all the allegations of the complainant. Defense

attorney, Neil McCartney, said during his closing arguments at the trial that the complainant's testimony was 'too hard to believe' and that Kozlowski should be given the benefit of the doubt.

Warkentin disagreed and while reading her verdict she said she had no reason to question the credibility of the complainant.

Warkentin said she disagreed with McCartney's argument that the complainant lacked credibility because she did not remember the exact order of incidents correctly or that she did not come forward with the allegations sooner.

To assess the complainant's credibility on those arguments would be to generalize or stereotype victims of sexual assault, Warkentin said.

"Her testimony was not shaken during cross-examination or the testimony of others," Warkentin said. "Her credibility was enhanced by the testimony of others, including the accused."

Kozlowski was also charged with invitation to sexual touching and forcible confinement and was acquitted on those charges.

Kozlowski remains out on bail with the added condition that he cannot leave the Thunder Bay District.

Following the conviction, people walking with Kozlowski attempted to block members of the media from taking pictures by aggressively obstructing the view and using offensive language. They were also laughing and smiling as they walked away.

A sentencing date will be determined at the end of the month.

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Editorial

EDITORIAL

Election a tight race

By the time this newspaper hits your hands, odds are the federal writ has been issued and the country is officially into the 2019 election campaign.

On Oct. 21, Canadians will have to decide whether or not to give Prime Minister Justin Trudeau a second chance.

Has the gaffe-prone Liberal leader done enough to build the country's economy, create jobs and make Canadians proud on the international stage.

China might have a thing or two to say about that.

His biggest challenge, based on the polls, looks to be Conservative Andrew Scheer, who not surprisingly is presenting himself as the party of the little guy - despite longstanding Conservative traditions of standing up for big business first.

The two appear to be neck-and-neck, but if 2015 taught us anything, the election campaign can sway voters.

That's good news for the NDP and The Green Party, who appear to be fighting it out for distant third.

However, NDP Leader Jagmeet Singh and the Green's Elizabeth May could have a lot riding on the 2019 election.

A minority government is a distinct possibility and either party could hold the balance of power and wield plenty of power, with a chance to have a portion of their vision for the country realized over the next four years.

Take the time to get to know the parties, then make an informed vote of your own.

CONTACT US:

87 North Hill Street, Thunder Bay, Ontario P7A 5V6 Ph: 807-346-2600

Editor: Leith Dunick 346-2650 ldunick@dougallmedia.com

Reporter: Doug Diaczuk 346-2622 ddiaczuk@dougallmedia.com

> Sales Manager: Kathy Harris 346-2510 kharris@dougallmedia.com

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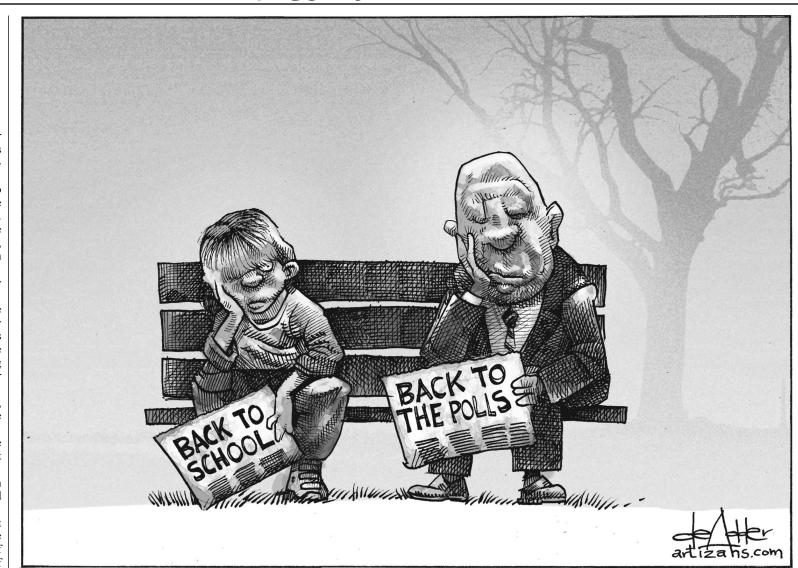
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Firefighters get hands-on skills

THUNDER BAY By Leith Dunick - TB Source

ost out-of-towners come to Thunder Bay to visit family, stare at the Sleeping Giant, or to

Not Ashley Siemens.

A volunteer firefighter for the past two years in Emo, Ont., she comes to Thunder Bay to learn how to become a better firefighter, to take those skills back to her community and keep herself and the public safer while she's on the job.

Siemens was one of about 250 firefighters from throughout the region taking part in this year's three-day FireCon exercise, which combines classroom learning with hands-on training that helps refresh their skills and keep them up-to-date on the latest firefighting techniques and equipment.

It's vital learning, she said last week.

"We don't have this where I live. I live in rural, Northwestern Ontario. It's all random little fire departments in little towns. We don't have trainers who are willing to travel that far, due to their schedules or the cost for us," Siemens said on Friday morning at Thunder Bay Fire Rescue's fire training centre on Hammond Avenue.

"It's a huge opportunity."

Siemens was most excited at the chance to fight a fire in a burning building, something she's not had

TRUE HOSER: A firefighter practices water techniques.

the opportunity to do in her brief career as a volunteer at her hometown department.

"If you go an entire winter and you don't have

any house fires, and all you have is vehicle issues, then you're a little bit out of practice for structure fires," she said. "We get to come here and we get to renew all that information and the training that we've taken, and put it to work here and get some extra information from other departments and other skills.'

Thunder Bay Fire Rescue Deputy Chief Greg Hankkio said the annual event, now in its 29th year, covers everything from leadership to live fire, automobile extrications, firefighter survival and search and rescue training.

"One of the main goals and purposes of this is firefighter safety and community safety. It serves both of those purposes and ultimately it gives our firefighters in the area the skills they need to serve the communities they live in," Hankkio said.

He added the vast majority of the firefighters taking part in the training are volunteers, which means they aren't solely focused on their department obligations.

"They have jobs as well, so they're dedicating their time to the service on a volunteer basis. If you think about that, in order for them to train once a week or a couple of times a week, with everything else they have going on in their lives, this is a really good opportunity for them to spend two or three days training to enhance their skills,' Hankkio said.

Dorian a sign of things to come

Latest Category 5 hurricane laid waste to the Bahamas and toppled a construction crane in Halifax

OPINION By J.R. Shermack **Special to TB Source**

was thinking of W. H. Drummond last week, especially the last verse of his poem, The Wreck of the Julie

To paraphrase - The wind, she blew like hurricane, the wind she blew some more; the safest place on Lac St Pierre was sitting on the shore.

Here on the shore of Lake Superior we complain about the weather but we have never suffered a major, catastrophic weather disaster.

We cope with occasional floods, forest fires and heavy snow but certainly nothing in the magnitude and power of Hurricane Dorian.

Natural calamity is part of Mother Nature's plan but global warming has added fuel and power to the storms that leave us bruised and battered.

Watched it unfold

We all witnessed the destruction (from the comfort of our homes) and saw the horrified expressions worn by survivors of Category 5 Dorian.

It was a wild ride for the last two weeks and even though Northwestern Ontario was a long way from the storm, many of us had loved ones in harm's way.

As I write this we are waiting to hear from relatives in Nova Scotia who are in the path of what was downgraded to post-tropical cyclone Dorian.

The former hurricane made landfall near Halifax with sustained winds of 155 km per hour and soon left almost



TIMBER!: Trees were uprooted this past Saturday after Hurricane Dorlan made landfall in Hallfax, the Nova Scotla capital.

350,000 homes without electricity.

When the news began to emerge from Halifax we saw uprooted trees bent over snapping power lines as the rising and turbulent surf crashed on the shore.

Planks and timbers along the boardwalk were twisted apart, broken and scattered by the waves.

We watched a construction crane as it came crashing down on an adjacent building, bent and blown over like a rag doll in the wind.

We were glad the storm was finally weakening but it was still generating hurricane force winds.

There was considerable damage but no casualties on Canadian shores -

Dorian was a forceful and impressive reminder of the power of nature.

Happily we received news from Nova Scotia that family was safe and well although in the dark for the foreseeable future.

But the surrounding garden, shrubbery and trees were unprotected and bore the full brunt of the storm.

The big willow was uprooted, other big trees were damaged but still standing and all flowering plants and vegetables were scoured away.

The flotsam and jetsam of Hurricane Dorian was scattered up and down the east coast of North America by torrential rain and enormous storm surges.

Dorian will eventually fizzle out somewhere in the North Atlantic but if you trace the storm's path back to the Bahamas, you will see total destruc-

Back when Hurricane Dorian first began to rumble and roll in tropical seas it stalled over the Bahamas for two agonizing, category five days.

On some islands there is nothing left only 70,000 homeless people and an unknown number of fatalities.

What the future has in store

This is a harsh and unpleasant reality, our new normal.

It is suggested that global warming increases the number, size and intensity of hurricanes.

Well, let's see - officially, from 1924 to 2019 there were only 35 Category 5 hurricanes in the Atlantic Ocean

Five of them occurred in the last four years and research shows that trend will likely continue, probably due to global warming.

Here in Northwestern Ontario we have little to fear from hurricanes, or so I thought until Dorian zeroed in on loved ones in Nova Scotia.

All due respect to W.H. Drummond, but you are not safe from climate change even if you're sitting on the shore of Lake Superior.



stipulation that the park be a memoriam for her late husband John Joseph Vickers. THUNDER BAY

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etters to the editor are most welcome. Those kept to 350 words or less

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WEEK'S POLL QUESTION:

Will Bianca Andreescu defeat Serena

Williams in tomorrow's U.S. Open final?

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TO SHARE YOUR IDEAS AND VIEWS ABOUT OUR WEEKLY POLL QUESTION.

TOTAL VOTES: 512

OYES 64.84%

35.16%

Bushby pleads not-guilty in murder case

By Doug Diaczuk - TB Source

fter being charged with second-degree Amurder more than two years ago for his alleged role in the death of Barbara Kentner, Brayden Bushby has entered a plea of not

Bushby, 20, was arraigned in a Thunder Bay Courtroom on Monday during the opening of pre-trial motions, which are scheduled to take

degree murder and aggravated assault, Bushby entered a plea of not guilty.

The charges date back to an incident on the night of January 28, 2017, when it is alleged that Bushby threw a metal trailer hitch from a moving vehicle that struck Kentner in the abdomen while she was walking in the Cameron Street area.

Kentner later died in hospital in July 2017 at

Bushby was first charged with aggravated

second-degree murder following a review of the case by the Crown and Thunder Bay Police Service with the assistance of the Regional Coroner's Office.

Last January, a judge ruled following a preliminary hearing that there was enough evidence to proceed to trial on the charge of second-degree murder. Defense counsel filed a certiorari application arguing the preliminary hearing judge erred in his ruling and Bushby should have been committed to stand trial on the charge of manslaughter.



IN BRIEF

Police officer was assaulted

23-year-old Thunder Bay man is facing assault charges Aafter allegedly striking a city police officer early Saturday

Police, in a release issued on Monday, said they arrived at a parking lot in the 1000 block of Dawson road at about 7:30 p.m. on the night in question, after receiving a call from a concerned citizen. Upon arrival they found a male who they believed to be heavily intoxicated.

Paramedics then arrived on scene and suggested the man should be medically assessed. The suspect was agreeable at first, but became increasingly combative and allegedly struck one of the police officers arriving at the scene.

He was subsequently charged with assaulting a peace officer. Police have not named the man, saying just that he was released with a promise to appear for a future court date.

Witnesses spot car-hopper

An alleged north-side car-hopper was nabbed thanks to some eagle-eyed passersby.

Police, in a release issued on Monday, said officers in the Water Street area were flagged down at about 8:45 p.m. on Friday by witnesses who had been standing on the rear porch of a nearby restaurant and said they saw a male bicyclist going from vehicle to vehicle trying to open car doors.

One of the witnesses approached the man after he successfully gained access to a vehicle and was allegedly rummaging through its contents.

The suspect then fled on his bicycle.

Police soon located a man matching the description, identified him and allegedly found a number of items believed to have been stolen from vehicles.

Police returned the items, including a passport, to the owners.

A 30-year-old Thunder Bay man was charged with theft under \$5,000, possession of property obtained by crime under \$5,000 and two counts of breach of probation.

He was released with a promise to appear at a future court date.

Police warned the public to protect themselves by locking vehicle doors and keeping valuables out of sight, reminding them that car-hopping is a crime of opportunity.

Disturbance call results in busts

City police have arrested six people in the latest drug raid. In a release issued this past Saturday, police say they were called to a Cumming Stret residence following reports of a dispute just before 5 a.m. last Friday.

Upon arrival they saw a quanity of drugs, including pills and a substance believed to be crack cocaine, as well as paraphernalia consistent with drug trafficking.

Officers also observed other occupants of the residence tending to an overflowing toilet, having heard the toilet flushing multiple times after being invited into the residence.

During the arrest, police say two of the accused were also found to be in possession of about \$12,000 in Canadian

Thunder Bay's Tabatha Papassay, 27, Melissa Delia McKay, 45, and Nikita Elvira Chickekoo, 22, Toronto's Negus Tafari Perry, 21 and Raheem Ranger-Hall, 20 and Innsville, Ont.'s Melbert Alberto Hall, 22, have been charged with possession of a Schedule 1 substance for the purpose of trafficking and possession of property obtained by crime over \$5,000.

All six appeared in custody last Saturday and were remanded into custody with future court appearances.

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Mid-body complaints from spinal and rib pain in the upper back and fibromyalgia have responded very well with cold laser therapy. We've helped a gentleman with broken ribs from a fall that was suffering for months after a fall in a matter of 12-15 treatments. Fibromyalgia also responded well with laser therapy, exercises and dietary changes.

Low back pain, hip arthritis, knee pain and injuries, plantar fasciitis and other foot complaints all can benefit from cold laser therapy.

The moniker that I've always used that if there is **Pain, Inflammation or Swelling**, the cold laser can probably help. The important thing to remember is that healing takes time and you must be committed to taking the time to heal. The laser will add the necessary light energy into the tissues to speed up the healing. If in doubt, book a free consultation with our certified laser therapist, Jody, to come in and discuss your condition and find out how you will benefit from cold laser therapy.

There will be a Free Cold Laser Therapy workshop on Wednesday September 18, 2019 from 7-8pm. Call 343-7932 to reserve a seat for you and a guest. We have limited seating so call now. All in attendance will be invited to a free consultation or to begin care right away.

For more information, find us on Facebook "Cold Laser Therapy Thunder Bay" or our website has a ton of info at www.thunderbaywellness.com. Dr Alan Cranton DC has been practicing as a chiropractor for 34 years at the Thunder Bay Wellness Centre (formerly Cranton Wellness Centre)



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Teen arrested after Westgate threat

By Doug Diaczuk - TB Source

14-year-old youth has been arrested in connection with an alleged threat that appeared to target Westgate Collegiate and Vocational Institute.

Students and staff at the school were placed under a hold-and-secure protocol on Monday and police were dispatched to the school at about 11:30 a.m. Several cruisers and at least two unmarked cars were seen at the south-side school.

According to police, a post to social media featured a photograph of what appeared to be a firearm.

A copy of the photo, which was posted to Snapchat, has been obtained by Thunder Bay Source. The caption reads, "Watch out Westgate. WTFFFFF. Can't wait to go shootin."

The 14-year male was arrested shortly after 12 p.m. and is facing charges of uttering threats and is scheduled to appear in court on Tuesday. He cannot



SHOOTING THREAT: Several police cruisers descended on Westgate on Monday.

be named under the Youth Criminal Justice Act.

Thunder Bay Police said this is the second incident this school year in which social media posts have caused others to believe a school was being threatened with violence.

Police are asking parents to have frank conversations with their school-aged children about responsible use of social media, adding that vague posts, jokes and pranks can easily be taken out of context and cause serious harm.

"We are trying to get the message out to students and parents that anything done on social media, be it a joke or a message sent to someone because they are too afraid to face them in person, is going to be looked at by police if it's any threatening manner," said Const. Frank Tropea, school resource officer with the Thunder Bay Police. "We take it seri-

Last year, Hammarskjold High School closed more than a dozen times following repeated anonymous threats directed at the school, and Lakehead Public School Board Officials said they were pleased the situation at Westgate was resovled so quickly.

"After going through the experience last year, which was a prolonged experienced, we were very pleased that within 40 minutes this was resolved," said Lakehead Board communications officer, Bruce Nugent.

Nugent added that the school board

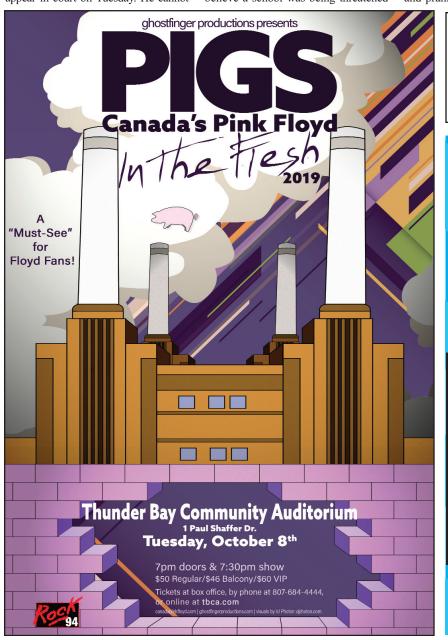
will not change how it handles threats in the future and will continue to put the safety of staff and students first and foremost.

There was a minor issue today with the text messages sent to parents, with some messages being delayed, and Nugent said the school board is working to resolve the issue.

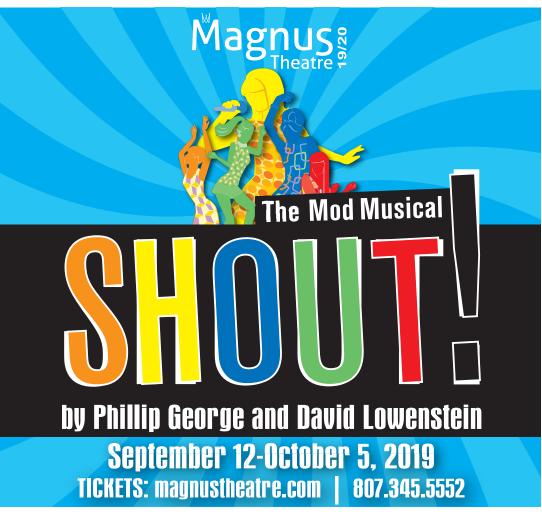
Students were also the ones to contact police regarding the posts on social media and Nugent said that shows students are worried about a repeat of last year and don't want to see their academic year disrupted.

But with an arrest in less than an hour of police being contacted, Nugent hopes that sends a message to anyone wanting to threaten a school in the future.

"All you need to do is look back to last year and what occurred today," he said. "I believe situtations like this will never be unresolved. They will be resolved. You will be caught if you decide to do something like that."







LITE

people | health | home | food | leisure



HEALING DANCE: The fourth Annual Missing and Murdered Indigenous Women and Girls Powwow was held last Sunday.

Powwow honours MMIWG

THUNDER BAY

By Doug Diaczuk - TB Source

or the past three years, the Ontario Native Woman's Association has hosted a powwow to honour the memory of missing and murdered Indigenous women and girls who have been taken too soon, and now that the national inquiry has wrapped up and handed down 231 calls to justice, this year it is also serving as a reminder that action is still needed.

"This is really a gathering to become part of that call to action, looking at those recommendations, and how we can take them from high level inquiry recommendations and put them into something that is actionable," said ONWA president, Dawn Lavell-Harvard.

The fourth Annual Missing and Murdered Indigenous Women and Girls Powwow was held on Sunday at the local office grounds. Hundreds of people gathered to honour those who have been lost with healing

The powwow was first started four years ago to remember the sisters, daughters, grandmothers, nieces, aunts, and mothers who have been the victims of violent crime in the country for decades.

"Those missing and murdered Indigenous

women and girls who have been taken far too soon, taken from our lives, from our families, to let them know that they are not forgotten even though they have moved on to the spirit world," Lavell-Harvard said.

The national inquiry was completed

earlier this summer with the release of the report, Reclaiming Power and Place, and included 231 calls to justice.

Coralee McGuire-Cyrette, executive director at ONWA Thunder Bay, said the inquiry was never meant to solve any of the crimes or murders or bring the people back, but to pave a way forward to protect Indigenous women and

"Indigenous women are leading the way and creating an action plan for safety to begin to move beyond

actions and the calls to justice," she said. "We are already beginning this work as an organization. We are already creating our next long-term strategic plan for the next 10 years on how we will do this work and what is needed in communities across Ontario."

Women also coordinated the powwow and women drummers from Grassy Narrows also performed on the big drum for many of the songs.

But organizations like ONWA cannot do it alone, McGuire-Cyrette said, it will take an entire community effort to create change and make communities safer, and the powwow is one of the ways to start that

"It brings our entire community together, whether you are Indigenous or non-Indigenous, so "We have we can be in the same circle and come to a focus on healing together as a community because that is where place now a change will come," McGuirewhere we can Cyrette said. move forward

together."

DAWN LAVELL-

HARVARD

McGuire-Cyrette knows the pain so many families across the country have gone through, having lost her cousin, Jamie McGuire, who was murdered in Winnipeg.

"From my families perspective, it's also about moving beyond her death and toward healing and acknowledging her children, and her grandchildren, and her sisters, and her mother who are still here," she said. "We as a family continue to focus in our future generations and that we create places of safety for our children."

"Events like today continue to bring her to the forefront so that she is not forgotten and neither are her children."

Do you have an opinion to share? E-mail the editor at

ldunick@dougallmedia.com

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A harvest moon and harvesting time

There was a threat of frost. My wife, Laura, announced that we had to harvest as much as we could from the vegetable garden and cover the rest. We did.

I have already said that this time of year is my favourite. I love the change of colours on the trees, the cooler nights that might require a fire, especially when I first get up in the mornings, to crackle in the fireplace while I make coffee, and as every available counter space gets covered with bowls and boxes of harvested goodies from the garden.

The full moon is this weekend and since it is closest to the Autumn Equinox on the 23rd, it is the Harvest Moon. How appropriate since that is what we will have been doing – harvesting. Farmers have been harvesting their crops – wheat, corn, oats, and barley.

In our garden, it is the perishables that get plucked off of the vine or out of the ground first. Tomatoes need not be ripe since if still green, we gather them in boxes lined with newspaper in layers and



pack them away to be checked regularly for ripeness or rot that occasionally can happen. Vegetables like pole beans that seem to gather strength to produce more on the vine, we cover so that the frost doesn't do them in. Frost-hardy veggies get left in the ground like carrots, turnip, parsnips, beets.

In fact, the frost can make the edibles sweeter, the cold allowing some kind of conversion from starch to sugar.

I walk into the feed room in our barn and am assailed by the sweet aroma of apples. A neighbour who has apple trees brings them as treats for our horses. Trouble is, horses can only eat apples once-in-a-while otherwise they can get sick. Carrots? Give 'em as many as they wish. Apples? Just a few and not often. But the lush smell of those apples is definitely autumnal for me.

Speaking of apples, my favourite is the McIntosh. The "Mac" as it is fondly called, was discovered by accident by John McIntosh who had been clearing a homestead in the Dundela area in south eastern Ontario.

He discovered some strange apple seeds, planted them, nurtured them, but only one grew into a tree producing the Mac. This was way back in 1811. Wasn't long before he had an orchard of the Mcintosh apples. I did not know that they are considered to be Canada's national apple.

The other day I was talking with the manager of one of the feed stores we frequent who hinted that the "Mac" apple may be phased out. What!?! Sacrilege! Blasphemy!! Not my favourite apple? Why? Apparently,

people now prefer the sweeter varieties that are appearing in supermarket shelves. You're kidding. I find that hard to believe. Sure, the occasional Gala, Fuji, and some other varieties new to the grocery bins may be coming up on the inside of the taste race but my mainstay is the Mac! Best apple for making pies and crumbles. Hope it is just an ugly rumour.

On Sunday, Laura presented me with two fat carrots she had harvested from the garden.

"Holy cow!" I exclaimed, "Which carrot patch did these come from?"

"The second one," Laura said.

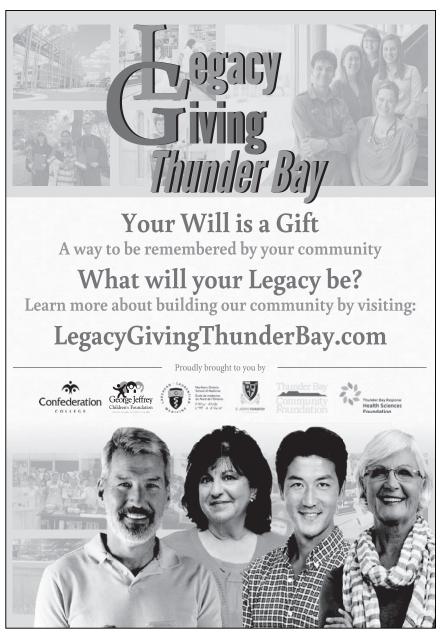
Oh. Forgot that she had planted a second carrot patch and with a different variety too. The one in which I had been rummaging in the carrots were quite a bit smaller. The ones she presented to me would make an entire meal!

She told me that she learned how each harvest season is different. Some summers are cold and wet and certain

vegetables do much better than others. This summer is the Summer of the Carrot. An abundant crop no matter what variety. Nothing like a fresh plucked carrot, rinsed and slowly munched. So sweet as compared with the ones we get in the store. Storing them is a bit of a trick.

The best way is in sand in a cool environment. They keep their shape and moisture for months at a time. That is what the old-timers did before refrigeration: they dug roots cellars, built wooden shelves, filled them with sand, and shoved in the carrots. They were still eating them by the next summer. Unfortunately, we possess neither sand or a root cellar. So, we store them in the vegetable drawers in a 'fridge in the basement.

I checked the supermarket to see if the new crop of Macs were in. Not yet. But soon, Fred, soon. Nothing like the first bight into a new Mac apple, another autumnal ritual.







Dementia workshop begins on Sept. 22

1EALTHCARE By Leith Dunick - TB Source

James Berry has been living with dementia for the past decade.

But the 74-year-old says by keeping active and taking his medication, he's been able to stabilize the situation and his Alzheimer's disease has stopped progressing.

He wants to share his journey with others who have recently been diagnosed or might be displaying signs of early onset dementia.

Berry will get his chance later this month at a two-day seminar, Living Well With Dementia: Creating Dialogues of Hope, which is scheduled to begin on Sept. 22 at the Urban Abbey from 2 p.m. to 4 p.m., with a barbecue to follow, then continues the following day with keynote speaker Roger Marple, a dementia survivor, at the Best Wesern Plus Nor'Wester Hotel.

"For me, I think it's keeping active, being affiliated with the Alzheimer's Society and CERAH. The art program to me is very important. That's one of the few times that people with dementia gather together and have good times," said Berry, who said the disease has had a major impact on his life, but he's been able to make do.

"The conference, to me, can show to the public that dementia isn't a killing disease. You can live with it and live well with it."

Susan Bithrey knows the journey all too well.

Her husband, Reg, died four years ago, after living with dementia for a number of years.

She wants to share her story and teach them ways to live better, but more importantly, to find hope.

"I have experience as a caregiver and kind of went through the war," she said. "I feel I may have some things to share."

First and foremost is acceptance.

When her husband was initially diagnosed, the couple joked about it and refused to attend support group

Nisha Sutherland, a research advocate with Lakehead



MAKING CHANGE: Suan Bithrey, who cared for her husband who suffered with dementia before dying four years ago, James Berry, who is living with Alzheimer's Disease, and Nisha Sutherland, a research advocate with CERAH.

University's Centre for Educations and Research on Aging and Health, said the conference is for people living with dementia and their caregivers, both in Thunder Bay and out in the region.

What makes this conference a little different is that the programming, in large part, was inspired by those same

"They are a part of a lot of the presentations. They're going to be talking about their experiences, about stigma and how they have risen to the challenge. And it's also to raise awareness, that just because you have a diagnosis with dementia, you can still be an active part of the community.'

Travel and accommodation subsidies are available for people living outside of Thunder Bay. Registration, which closes on Sept. 16, is \$25 and includes all workshop materials and refreshments over the two days.

Visit www.cerah.lakeheadu.ca/events or contact Ruth Wilford at 807-766-7298 for more information.

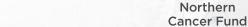
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IN THE Day arts entertainment culture



TEEING IT UP: On the Links president Chris Ferguson says he got the inspiration for the business from a trip to Windsor, Ont., five years ago.

From groceries to golf

Sports bar to open at former Quality Market location on Golf Links Road

By Michael Charlebols - TB Source

former grocery store on Golf Links Road Ais the site of Thunder Bay's next golf

On The Links Virtual Golf & Sports Bar is set to open in the fall after local entrepreneur Chris Ferguson leased one half of the building for his new business venture.

"I think it's going to be a big draw because there's so many golfers here. You can't do this anywhere else with the golf, food, and drink all in a sports bar setting," Ferguson said.

The first-of-its-kind recreational restaurant comes nearly seven years after Quality Market announced it was closing its Golf Links Road location, and its second location in Centennial Square.

The ill-fated Golf Links Road location was only open for about one year after it was constructed. It has been

unoccupied since. Now, the building will feature four golf simulators, with the option to play historic

courses like Pebble Beach or Augusta

National, all while enjoying a drink.

The inspiration behind the idea came to Ferguson during a wintertime trip to Windsor roughly five years ago. He and a group of friends visited an indoor golf simulator which featured the option to eat and drink.

"We had that experience of playing golf, watching the Montreal Canadiens, and eating and drinking. It was just a great combination,

"You can't do

this anywhere

else with the

golf, food and

drink all in a

sports bar

setting."

CHRIS FERGUSON

it was a lot of fun," he said. That's when Ferguson decided

to contact Hank Wilke, president of Thunder Bay Golf Association, and pitch the idea.

"We've always hoped for a facility that junior golfers can come work at their game so they can be more competitive during the summer," Wilke said.

"These simulators are very, very accurate. It's a good tool for everybody to use to help improve their game."

Wilke said golfers had limited options to work on their game during the winter, especially after the Sports Dome - which featured a driving range and simulator - collapsed in 2016.

The goal of the facility will be to serve multiple functions. Competitive golfers can use the facility during non-peak restaurant hours, while casual golfers can work on their game at night while enjoying food, drink, and a sporting event.

"A lot of my friends do shift work, so they'd maybe come in the morning. Others that are nine-to-five maybe they'll come out in the evening and have a drink and enjoy some food," Ferguson said.

Ferguson says he anticipates the bar will host tournaments, men's nights, and ladies' nights just as regular golf courses do.

"I believe there's going to be a lot of excitement with this facility," Wilke said. "It can work as a lounge and sports bar, and also a place to play a round of golf on one of the major golf courses you've never seen before.'

Only one half of the building will be occupied by On The Links, while Ferguson is hoping to attract other businesses to occupy the empty space.

The bar will be open for seven days a week when it first opens.

Construction is expected to be completed in the fall, according to Ferguson.

Breaking up with shows hard to do

After 14 years of people coming back from the dead again and again and again, Supernatural is heading into its final season. The end. And this time, they mean it.

Supernatural follows Sam and Dean Winchester as they battle demons to save the world. While the concept is dark, the show has also had its fair share of fun, quirky, and downright hilarious characters and episodes. Dean mind-melded with dogs and went after a mailman. They entered an alternate universe in which they are actors playing demon-fighting brothers for a TV show. (Hmm.)

I've travelled "the road so far" with Sam and Dean since the beginning. But in the last few seasons, the show – and the brothers – have lost their joie de vivre. Those moments of light that make you want to go on.

So why do I keep watching? Why can't I let them go?

playwright

35 Mineral deposit

aminobenzoic

36 Alaska (abbr.)

47 Muslim ship's

48 Crimean river

52 John brown's

captain

49 Water (Fr.)

50 Look slvlv 51 Two (pref.)

37 Called

acid

40 Sprint

41 Kneel

44 Price

38 Para-



Because, as we all know, breaking up is hard to do.

I don't have a lot of free time to dedicate to a relationship that isn't giving back the way it once did. But I've invested 14 seasons of love and loyalty for the boys.

I've loved them young and innocent and learning about different kinds of demons and how to kill them. I've loved them possessed by angels,

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ANSWER TO PREVIOUS PUZZLE

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22 Eucalyptus

23 Medley

secretion

24 Bowling alley

other self

Mounted

Samuel

Automobile Assn. (abbr.)

Police (abbr.)

26 Wool (Lat.)

27 Rain dauge

SEERNBE

losing their souls, and fighting faeries. But after all this time, they've changed. And maybe, so have I.

The same thing happened with *Suits*. I was intrigued by the drama about a young man who never attended law school but used his eidetic (or photographic) memory to con his way into a job at a top law firm so he could fight for the little guy. The show was clever, fast-paced, and showed the behind-the-scenes drama and maneuverings of the law.

But nine seasons later, that lawyer has left the firm and the company has changed its letterhead nine times. The remaining attorneys argue in-house politics and scream "Fix it!" at each other but doing little actual lawyering. It's a drag.

And yet, my yearning for a happy ending brings me back every week in its final season.

These shows are past their "sell by"

date. It's sadly become a trend for studios to keep the once guaranteed money-makers in their schedule to balance out riskier new shows.

So Arrow's getting an eighth and final season this fall. But with "Olicity" no more, who cares?

Marvel's Agents of Shield saved us from the end of everything last season. What's left for next summer's series finale?

NBC's afterlife comedy, The Good Life is ending after season four. But there is no end in the afterlife. So ...?

Meanwhile, season six marks the end for both Madam Secretary and How to Get Away With Murder. But the first is now the president and the other, frankly, should just go to jail.

And there are a lot more shows that are ending this season.

Thankfully. Because despite the unhealthy nature of these relationships, I can't seem to quit them.



FINAL SEASON: Supernatural is ending its run after 14 seasons on the air.

CROSSWORD PUZZLE

ACRO

SEIR

ELLA

7 Devon river

49

HOUSETOP

ACROSS

- "Faerie Queene" ladv Walk through Indian groom
- 13 Amer. Stock Exchange (abbr.) 14 Fringe benefit

12 Interdict

- 15 Feminine (suf.) 16 Cisco (2 words) 18 Pronoun
- contraction 20 Ger. John 21 Talent
- 23 Weaver's reed 25 Berne's river 26 Rich soil
- 27 Television band 30 Cistern
- 31 Velvetlike cloth 32 Change color 33 Environmental
- Protection Agency (abbr.)
- 34 "Bus Stop"
- **DOWN** Where (Lat.) Bobbsey twins Dropsy Australian horse

- **Atomize** Time period 10 Odyssey beggar 11 Sanskrit (abbr.) 17 Essay
- 21 Gooseberry
- 28 Dr. Jekyll's Love (Lat.) Ten (pref.) 29 Nourish 31 Rice dish 35 Shellac 36 Vituperate 37 Of birth 38 Wampum 39 Indigo plant 40 Royal Canadian 41 Gross (abbr.) 42 Male person 43 Teacher of 46 Fellow

WORD SEARCH GEONESERUSSA

TCHGG D Ε D D A N С Ε D G S V Ω T A D D W IERAD A B O D E S Τ

Accompaniments Assures Efficient Bills Fasten Calves Climes Gallons Clones Gilded Clutch Hastie Dawdle Hired

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Infects

Abodes

Desists

ENIGMA CRYPTOGRAM

TM Enigma cryptograms are created from quotations stands for another letter. Hint: "T" = "N

Melody

Moors

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Nestled

Operas

Pigeon

Plodded

Quote

Radium

Relent

Saddle

Smocks

Soiled

Stupid

Surfs

Things

Wider

Subdivisions

"BQW TJB ISKSH GIQX XCJN HSRWANR VQTS QY BQWH JVNDQIR, FWN DY BQW MQ IQNCDIO, NCSHS XDAA FS IQ

HSRWANR." - TJCJNTJ OJIMCD PREVIOUS SOLUTION: "I have seen gross intolerance shown in support of tolerance." - Samuel Taylor Coleridge ©2019 Satori Publishing

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Halushak joins Greyhounds

HOCKEY

16

By Leith Dunick - TB Source

he Thunder Bay North Stars have another hole to fill on their blue-line

The Stars, who enter the 2019-20 season ranked 12th in the Canadian Junior Hockey League, on Wednesday learned defenceman Matthew Halushak won't return this fall, having graduated to the Ontario Hockey League's Sault Ste. Marie Greyhounds.

The 17-year-old Thunder Bay native showed Greyhound team officials he belonged during the pre-season, convincing them to give him a spot on the roster.

"Matthew made an impression on the staff each and every day throughout training camp and looks to be ready to build on his successful season with the Thunder Bay North Stars. We are excited to add Matthew to our blue line for the upcoming season and to see him develop in the red and white," said Greyhounds general manager Kyle Raftis in a release issued by the OHL club.

A ninth-round pick in 2018, Halushak had three goals and 31 assists for the North Stars, helping them to a Bill Salonen Cup championship.

"I'm very excited to officially sign with the Greyhounds and I want to thank them for believing in me. The works starts now, and I'm enthusiastic to get started," said the 6-foot-3 Halushak.





PLAYMAKERS: Sofia Lluch (left) looks for a way past guards Nikki Ylagan (centre) and Tianna Warwick-Dawkins.

Wolves moving on

OUA club must fill holes left by Grant and Kajorinne

BASKETBALL

By Leith Dunick -TB Source

on Kreiner has two very big holes to fill on a basketball team that does not want to take a step backward.

The Lakehead Thunderwolves coach has to replace twotime reigning OUA most valuable player Leishja Grant, who led the league in both scoring and rebounds.

That alone would be tough enough for the veteran coach, entering his 17th season with the Thunderwolves program.

Add in the loss of guard Karissa Kajorinne, the second-leading three-point shooter in the OUA, whose 13.5 points a night ranked 12th in the league, and it's easy to see the women's basketball team will need someone on this year's squad to step up their game.

Kreiner said the good news is there are plenty of candidates who have expressed a desire to be those players.

It's why he's not too concerned, as training camp got under way earlier this month.

"I honestly feel it's going to be the team overall," said Kreiner, who guided his team to a 20-4 record last season. "I think this is one of the deepest teams that I've had here and I truly believe that even though we've got 16 kids out there, that any one of them can step on the floor and play."

Obvious choices

Two he singled out were American import Lily Gruber-Schulz, who battled injury woes last season, and guard Tiffany Reynolds, one of the top defenders in the OUA.

"They want to step in and take on a bit more of a role then they've had maybe last year on the team," Kreiner

Others who he'll be counting on are fourth-year guard Nikki Ylagan, a three-point threat on any given night, and

second-year guard Sofia Lluch, fresh off a stint winning gold for Team Meorca at the Natwest Island Games in Gibraltar.

Ylagan led the OUA with 71 made three-pointers and said she's ready to take on even more of a lead scoring role in 2019-20 on a team that will be forced to play more of a run-and-gun style with Grant and Kajorinne moving on.

It'll take time, but they're getting close as the preseason nears.

"I think our chemistry is building," Ylagan said.

"I'm super excited and very motivated to help coach get us to where we need to be."

Returns confident

Lluch, one of the best playmakers the team has seen in years, said this season she won't need to adjust quite as much to the university game, and enters the campaign on a high.

"This year everyone is going to have to do – not everything by themselves – but if everyone gives a little bit more, one per cent better in one hundred different ways \dots if we do that, we'll be a great team," Lluch said.

The expectations are just as high as they were last year, when the Wolves lost out in the OUA semifinal, falling 68-60 to Ottawa.

"Hopefully we go to nationals. We have work to do. This year we're going to change our style of play. We're going to be more of a running team. I'm excited for that," Lluch said.

Court shots: Top recruit Kaylah Lewis, from Colorado's Brighton High, says she hopes to be back on the court in time for the start of regular-season play, after tearing her ACL last January ... The Wolves will host Calgary on Sept. 27 and 28 at the C.J. Sanders Fieldhouse in exhibition play.

Wolves ready to take next steps

BASKETBALL By Michael Charlebois - TB Source

The seeds of something special have The seeds of sometting special been planted at Lakehead after qualifying for the OUA playoffs in Ryan Thomson's first full season as head coach.

After a 2-10 start in conference play, the men's basketball team rallied to close the season winning seven of their final 10

What began as a chaotic blend of new faces with undetermined roles, quickly shaped into one of the OUA West's most exciting and competitive teams.

The season ended with a four-point loss to Brock in the first round of the OUA playoffs.

In Thomson's first full season as head coach, the team improved their conference record by eight games, and saw the team return to the playoffs for the first time in two years.

"We weren't necessarily clear on the roles right away. I think once we kind of figured that out, that's when we started to have our success," he said.

The learning curve was steep for Thomson after bringing in seven new faces, and overhauling the system the remaining players had learned.

From the cracks emerged the former Division-I NCAA guard Isaiah Traylor. Traylor became the de facto leader, and leading scorer as the season progressed.

"It was the start of something special. New coaches, new players, new system,"

Wants to be an example

For his final year, Traylor is doubling down as a leader and buying into his role.

"Stick to the game plan. No selfmotives," he said. "I was brought here to score the ball, but I mainly just want to get other guys in the right spot. Let other guys get the feel of the game."

Leadership, like any year, will be important in getting the five new players accustomed.

Thomson's recruiting class features Quebec guard Laoui Msambaya; Jamani Barrett and Chume Nwige - two transfers from a junior college in Texas; Toronto guard Rayshawn Scarlett, and Spanish big man Eric Gonzalez.

"It's been a long time without basketball games and I really miss it," said Gonzalez, who arrived in Canada for the first time last week.

Gonzalez played on the Spanish national team as a teenager, before coming overseas to play in the U.S., but was forced to redshirt due to an injury.

"I was trying to stay in the U.S., but (Thomson) talked to me about the league, about Canada and I really liked what he



TOP PRODUCER: Isaiah Traylor led Lakehead in scoring last season with 16.5 points per game.

said. It was the most stable decision for

The coaching staff expects Gonzalez to make an immediate impact, citing his length and shooting ability as an area where Lakehead is looking to improve.

Last season's emergence of a reliable backcourt helped propel Lakehead to a postseason spot. The three-man combo of Nick Burke, Alston Harris, and Blake Anderson shared the backcourt and paced a high-energy style of play.

Filling a hole

With Burke gone, the pair are ready to

"It was really hard to mesh (last year), so we did whatever we had to do," Harris said. "It's going to be more fluid. Last year, even coach was trying to figure out what guys can do."

Harris, a feisty guard from Ottawa is expected to take a leap as a scorer and facilitator. Just one week into training camp, he was making his presence felt by shouting at teammates to step up to the

"There's no point of babying them. We're here to compete at a high level, so like, that's what I expect out of people every day," Harris said.

"At the end of the day, as a team, we all know it's love," Anderson added. "We can yell at each other in practice, but off the court we know we have each others backs."







YOUR PREFAB GARAGE SPECIALISTS

All different sizes available.



20' x 24' \$**8,988**

26' x 30'

FLOORING SAVINGS



BUY ST49 Sq.ft.

Dreamfloor Plus 12.3mm Laminate 5 colours available. Reg. \$2.99 sq. ft.

sq.ft.

Foam Underlay White, 200 sq. ft.

Barrair 2x2 Subfloor panels

BUILDING CENTRE

OPEN: Monday - Friday 8:00 am to 5:30 pm, Saturday 8:30 am to 5:00 pm

540 S. Syndicate Avenue 623-5114

REAL ESTATE

- 02. Rural Homes 03 Mobile Homes
- 04. Lots / Acreage 05. Condos For Sale
- 06. Cottages
- 07. Commercial for Sale
- 08. Investment Property
- 09. Out of Town 10. Real Estate Wanted

FOR RENT

- 11. Houses
- 12. Apartments 13 Rooms
- 14. Room & Board
- Shared Accommodations
- 16. Cottages
- 17 Commercial
- 18. Storage/Space 19. Wanted
- 20. Condos
- 21. Miscellaneous

MERCHANDISE

- 22. Bargain corner 23. Misc. For Sale
- 24. Antiques
- 25. Music
- 26. Office Equip.
- 27. Machinery 28. Pets & Livestock
- 29. Food 30. Misc. Wanted

VEHICLES FOR SALE

- 32. Trucks
- 33. Vans
- 34 Motorcycles/ATV's
- 35. Campers/Trailers
- 36. Motor Homes
- 37. Marine Equip
- 38. Snowmobiles
- 39. Parts & Repairs

YARD SALES

- 40. Current River 41. Northward
- 42. Southward
- 43. Westfort
- 44. Rural
- MISCELLANEOUS. NOTICES, TENDERS 45. Auctions
- 46. Health 47 Travel
- 48. Financial
- 49. Lost & Found
- 50. Personal 51 Notices
- 52. Tenders

BUSINESS & SERVICES

- 53. General Services 54. Home Improvements
- 55. Bus. Opportunities
- 56. Training Courses

EMPLOYMENT

- 57. Help Wanted
- 58. Careers
- 59. Child Care 60. Health Care
- 61. Employment Wanted
- 62. Students For Hire

ANNOUNCEMENTS

- 63. Coming Events64. Craft & Flea Markets
- 65. Happy Ads
- 66. Cards of Thanks
- 67. In Memoriam
- 68. Death/Funerals

determine page locations.

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the ertisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written

DCIassified SPHONE 346-2600 EMAIL classifieds@dougallmedia.com

BARGAIN CORNER

15 words max. for items under \$500. Must contain price.

ONLY

DEADLINE

Classified Word Ads: MONDAY @ 4:00p.m. Display & Photo Ads: MONDAY @ Noon

Visit our office @

87 N. Hill Street, Thunder Bay, ON P7A 5V6 or online at https:shop.dougallmedia.com

Office Hours: Mon. - Fri. 8:30a.m. - 5:00p.m.

4. LOTS/ACREAGE

SEASON ENDING CLEARANCE! Lakefront Lot. \$49.800 OBO. 412ft waterfrontage, 2.6 acres, trailer/building site ready. Lac area Tomlinson Lake 75min from city, peaceful and quiet. Phone 623-

AD RATES

Additional words 25¢.

*Must be run in consecutive weeks. No additions to ads.

Does not apply to Bargain Corner ads.

ADDITIONAL 1/2 PRI

Up to 20 words

12. APARTMENTS FOR RENT



Inquires

Mon-Fri 9am - 5pm call **346-9222** or visit www.dawsonprop.com

12. APARTMENTS FOR RENT

1 bedroom Bachelor apartment, fully furnished. Parking at door, private entrance. No pets/non-smoking only. For working person or one older person. \$985/month, first and last, heat & hydro included. Call for details, 622-1903.

ROOMS: Fully Furnished, kitchen use, parking, bedding, dishes, all utilities. Clean older mature people only. Nonsmokers, no pets. References required. Phone: 622-1903

22. BARGAIN CORNER

18 foot square-back fibreglass freighter canoe. \$250 or OBO. Phone: 768-0057

23. MISC. FOR SALE

FALL PERENNIAL PLANT SALE! Cash only! 5pm Thursday September 19th. In parking lot at Oliver Rd Community Centre. By the Thunder Bay Horticultural Society. General Meeting at 7pm.

30. MISC. WANTED





On the spot for your scrap cars, trucks, vans and SUV's. Same day pick-up with CASH.

Call Marcel 624-7242 or 626-0161

Norm's Northern Auto Body and Paint, Since 1984, 903 Northern Avenue. Now offering professional 3m cut polishing and top coat waxing to restore your existing paint. Keep your investment fresh with spot repairs and a fresh wax without having to repaint the whole vehicle! Call to book your appointment 632-3323

Norm's Northern Auto Body and Paint, Since 1984, 903 Northern Avenue. Rust repair specialists, minor collisions, solid repairs for safety check. Mask & spray, any year any make! Tri-coat Specialists 1 part, or 2 part paints! And Antique restoration. Very reasonable rates! All work done on hoists. OR bring your old paint back to life with an industrial 3m cut polish. Come now and beat the rush! Will work weekends! After hours quote appointments available call to book 632-

39. PARTS & REPAIRS

Norm's Northern Auto Body and Paint. Since 1984, 903 Northern Avenue. Now offering professional 3m cut polishing and top coat waxing to restore your existing paint. Keep your investment fresh with spot repairs and a fresh wax without having to repaint the whole vehicle! Call to book your appointment 632-

41. YARD SALES - NORTHWARD

YARD SALE & BBQ, Postal Plant, Alloy Dr., SATURDAY September 14th 9-2. Rain or shine. Miscellaneous items with proceeds going to support our Food Drive for the RFDA and the Dew Drop Inn

44. YARD SALES - RURAI

Thousands of items: Cars, boats, antiques, and collectibles, tires, etc. Sale runs to the middle of September. Come to the corner of Mapleward and John any day, weather permitting. Call for information: 622-1903/626-9119.

50. PERSONAL

Single male 55 is looking for new friends for fun and discreet good times or just friends. Call 357-9686

53. GENERAL SERVICES

#1 AFFORDABLE TREE REMOVAL, CEDARS, SHRUBS, etc. Dump runs. Low rates. Senior discounts. Call Brian at 622-7888.

53. GENERAL SERVICES

Looking for Tree Removal?

Fast, Safe & Efficient

With Our Unique 34" wide 100ft reach man-lift, we cut higher than anybody in town.

#1 INCOME TAX SERVICES. \$40 per simple return. E-filed for faster returns. days a week 9am-9pm! Call LORRAINE 767-5161 or 628-9590

#1-A Dump Runs, Junk removal, yard clean-ups, cut small trees remove, trim hedges, tear-down sheds fences etc. all kinds of general services. Frank 628-5919 or 767-0995

#A1 DUMP RUNS YARD CLEAN-UPS! Grass Cutting, Dump runs, and Leaf raking. Phone Brian 768-9849 OR 474

Call Rob for Spring yard & garden cleanrototilling, pruning, weeding, hedge/tree trimming, dump runs Eaves trough cleaning/repair. Clean exterior surfaces siding deck etc. Residential and commercial window cleaning up to 4 storeys, and high interior windows. Insured! Serving Thunder Bay and Area RJC WINDOW CLEANING & PROPERTY MAINTENANCE 632-2161

CHRISTINA'S HOME AND GARDEN. landscaping, yard maintenance, grass cutting, flower bed weeding, hedges, tree trimming, shrubs, planting, much more, call us for great customer & friendly staff 621-1505

Norm's Northern Auto Body and Paint Since 1984, 903 Northern Avenue. Rust repair specialists, minor collisions, solid repairs for safety check. Mask & spray, any year any make! Tri-coat Specialists 1 part, or 2 part paints! And Antique restoration. Very reasonable rates! All work done on hoists. OR bring your old paint back to life with an industrial 3m cut polish. Come now and beat the rush! Will work weekends! After hours quote appointments available call to book 632 3323



ONE DAY ONI SALE STARTS AT 11 A.M. SHARP

BUY ANY ITEM AT REGULAR PRICE, GET ANY 2nd ITEM FOR JUST \$0.13. Some conditions apply

FRIDAY, SEPT. 13th, 2019

MIX & MATCH SALE

CHOOSE FROM ANY GLASS ITEMS **OR** ADULT TOY ITEMS IN THE STORE.

ALL 2nd ITEMS ARE ONLY \$0.13.

NO CATCH ~ NO GIMMICKS THIS SALE ONLY COMES **ONCE A YEAR**

EXXXXTACY_SUPERSTORE



MARIJUANA ★PALACE

MACHAR AVE. 345-5558

MUST BE 18 YEARS OF AGE OR OLDER TO ENTER. PHOTO I.D. MAY BE REQUIRED. MUST BE 19 YEARS OF AGE OR OLDER TO USE CANNABIS.

Fences, decks, sheds, skid-steer work or any outside project built for you by Octagon Contracting. Call 633-4488 for quick services

SUNSHINE LAWN MAINTENANCE. Quieter cleaner battery powered cutting, trimming, pruning, leaf/debris blowing, windows, eaves, doggy doo, composter install/build, compostables take-away, garden establishment, bundled kindling delivery, shed demo, thrift pick-up, Seniors chore help/rates. Experienced reasonable, fast, friendly, FREE QUOTES! contact Mark 475-5403

TREE REMOVAL SERVICES. In town, rural, at the cottage. ++experience Man-lift, insured, very reasonable rates free estimates, and seniors discounts Call 345-4363

<u>54. Home improvements</u>

Flooring: laminate, ceramic, hardwood, competitively priced and installed by Octagon Contracting. Call 633-4488 for

Renovations: bathroom, kitchen, basement or any part of your home or cottage, drywall and tile installation. Call Octagon Contracting at 633-4488 for

68. DEATH/FUNERALS



A Gift In Remembrance www.sjftb.net/memorial 768-4411





55. BUS. OPPORTUNITIES

55. BUS. OPPORTUNITIES

Native Inmate Liaison Officer (NILO)

The Ministry of the Solicitor General (the "Ministry") is actively seeking a service provider (the "Applicant") to provide Native Inmate Liaison Officer (NILO) services to Indigenous men and women in custody at the Thunder Bay Correctional Centre. The Applicant will be expected to provide 2 NILO's (1 dedicated to male clients and 1 dedicated to female clients) Monday to Friday from 8:30 am to 5:00 pm for a total of 40 hours per week per NILO. Orientation will be provided to the NILO's by the Ministry.

The NILO's will provide necessary cultural and spiritual resources required to deliver healing and wellness activities. Services include: counselling for First Nations, Métis, Inuit and those who self-identify as Indigenous; provide Indigenous men's cultural programming (i.e. Eastern Door, Turning Full Circle); provide Indigenous women's cultural programming (i.e. the Understanding the Journey), facilitate the provision of traditional ceremonies and traditional teachings.

Closing Date: October 3, 2019

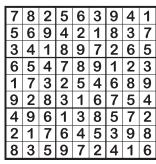
Applications must be received by 4:00 p.m. on the closing date.

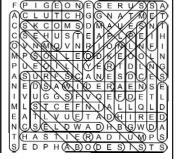
Please contact Chris Ossandon Deputy of Programs at 475-8401 ext. 251 to obtain an application or information on the position and process.



ANSWERS TO THIS WEEK'S PUZZLES

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PREVIOUS SOLUTION: "You may never know what results come of your actions, but if you do nothing, there will be no results." - Mahatma Gandhi

SAVE \$70

DAVE KNIGHT OPTICAL 906 E. VICTORIA AVE. (Corner McKellar) 622-0311

OFF DESIGNERS

You must see and you can't

miss this Stunning Collection

of Stylish Enhancing

Colour in Eyewear.



73. INFORMATION

73. INFORMATION

ST. JOSEPH'S FOUNDATION OF THUNDER BAY



\$50,000 to be WON!

\$1,000 DRAWN DAILY **NOVEMBER 1 - 30, 2019**

Tickets available at the Foundation Office, Heritage Front Desk, and St. Joseph's Hospital & HRM Business Offices

By Phone: 768-4440 • Fax: 768-8820 Download an order form at siftb.net

Tickets Qualify for All Draws!

\$5,000 IN EARLY **BIRD DRAWS!**

Two \$500 Draws • September 17 2019

Two \$500 Draws • September 24, 2019 One \$1,000 Draw • October 1, 2019

One \$1,000 Draw • October 8, 2019 One \$1,000 Draw • October 15, 2019

IN SUPPORT OF:

Winner Hot Line 768-4444



SUPPORTED BY





All draws at St. Joseph's Heritage, 63 Carrie Street at 4:00pm. Tickets for all draws must be purchased by 4pm one day prior to the draw date. Last day to purchase tickets i October 31, 2019. Winners announced it 4:45pm on 915 CVPR. Proceeds to St. Joseph's Foundation of Thunder Bay, Winner notified immediately after each drawn. Tickets account be purchased by/ficin or on behalf of, persons under the age of 18. 1500 Tickets Printed Printing by Lackheded Printing, Design by Korkola Design. Licence No.NB07366

\$15,000 GRAND PRIZE DRAW, NOVEMBER 30, 2019



BUSINESS DIRECTORY



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based on a new 2019 Kicks S at 2.9% lease APR for 60 months equals monthly payments of \$256 with \$0 down payment, and \$0 security deposit. Lease based on a maximum of 20,000 km/year with excess charged at \$0.10/km. Total lease obligation is \$14,830. \(\textit{A}\) Models shown \$25,340 selling price for a new 2019 Kicks SR (AA00), All Pricing includes Freight and PDE charges (\$1,815) air-conditioning levy (\$100), applicable fees, tire tax, manufacturer's rebate plus tax and license. Free set of winter tires on the purchase/lease of a 2019 Kicks S, SV or SR model delivered by Sept. 30/19. Rims, installation, balancing and taxes not included. See your participating Nissan dealer for complete details. Certain conditions apply. ©2019 Nissan Canada Inc.

