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YOUR COMMUNITY NEWSPAPER

Canadian Publications Agreement No. 0662445 Vol.16 No. 41

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# Northern promises

NDP leader Jagmeet Singh won't accept any more boil-water excuses from Ottawa /2



**RALLY TIME: NDP Leader Jagmeet Singh visited Thunder Bay last Friday night for a campaign stop at the Lakehead University Study.**

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LOCAL NEWS

# Singh vows to help people in North

**FEDERAL ELECTION**  
By Doug Dlaczuk – TB Source

From clean drinking water for Indigenous communities, jobs in the north, to affordable living, NDP Leader Jagmeet Singh said his party's platform will put people first, including those living in Northern Ontario.

Singh made a campaign stop in Thunder Bay Friday evening and spoke in front of hundreds of supporters at the Study Coffeehouse at Lakehead University.

After a brief campaign speech vowing to reduce barriers on education by forgiving interest on student loans and offering free tuition, increasing access to health care for all Canadians, as well as ensuring the wealthiest in the country pay their fair share, Singh took questions from media and addressed local issues.

When asked about boil water advisories in Indigenous communities, Singh said he would not accept any excuses from previous governments on why this issue has not been addressed.

"I believe we need to immediately move to address the injustice that has been happening across this country, particularly in Northern Ontario, immediately ensure that everyone, every



**ON THE TRAIL:** NDP Leader Jagmeet Singh rallies support from local voters last Friday.

Indigenous person has access to clean drinking water," Singh said. "I don't accept any excuse that says otherwise. I know it can be done. We will get it done."

Singh also addressed the East-West Tie energy connection and said one of the

commitments in his party's climate bank, which will be funded with a \$3 billion investment, is to make sure clean energy produced in Manitoba, B.C., and Quebec, will be connected to the rest of Canada.

"We also want to make sure with any

project that there has to be a community benefit and it has to speak to Indigenous communities as equal partners, not as a top down approach, as equal partners, nation to nation, we have to build that kind of relationship," he said.

Earlier this summer, Singh was in Thunder Bay following the announcement of more than 500 layoffs at the local Bombardier plant.

While he was in the city meeting with workers, he announced the NDP would make changes to policies involving Canadian content regulations and he once again announced his party's intention to ensure that takes place to protect Canadian jobs.

"One of the things we are not doing is Canadian content," he said. "I made an announcement at the Bombardier worksite and said a New Democratic Party will use money for procurement that requires Canadian content."

Singh once again used the example of a VIA Rail contract going to a German based company.

"I think that's wrong that we are spending public money on public procurement for something that we own, not on supporting Canadian manufacturers," he said. "This is a clear example of how we can create Canadian jobs by

requiring that if we are spending our own money, there has to be a procurement process that requires Canadian content."

Singh added that the NDP will also invest more money in public transportation as part of its plan to tackle climate change.

"We need to tackle the climate crisis, one of the ways we can do that is by investing massively in public transit," he said. "Our commitment at the federal level is to invest massively in electrifying public transit and building public transit. That will create jobs for Bombardier."

As for Northern Ontario's need to attract more immigrants to the region, Singh said the NDP's new deal for Northern Ontario makes sure that the opportunities that exist in the region are connected to new people arriving in the country.

"There are great opportunities here. We've got plans to make investments in the north," he said. "We want to invest in making sure people have an opportunity to live and grow and expand our country. There is a way to make sure we connect the people who come to Canada with the opportunities and that hasn't been done and we are making a commitment to making that happen."

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# LOCAL NEWS

## MEET THE CANDIDATES: TB-RAINY RIVER

# Riding a Green wave

**FEDERAL ELECTION**  
By Leith Dunick - TB Source

Climate change is playing a huge role in the 2019 federal election campaign, which suits Green Party candidate Amanda Moddejonge just fine.

With a background in public relations, environmental sciences, emergency management and Aboriginal issues, the Thunder Bay-Rainy River hopeful says she's got the hands-on scientific experience that gives her an edge when looking at how to tackle climate change at the national level.

"Most notably, I was working with OPG during coal cessation, when they were closing all the coal-fired power generation stations in Ontario. I helped close the plants and helped close the dumps that were associated with them," she said.

Moddejonge said if she's elected to replace outgoing Liberal MP Don Rusnak, she wants to help Northwestern Ontario transition from its traditional way of doing things, in particular the job market.

"The jobs that they've implemented here historically have caused an awful lot of pollution in the area," she said.

"You can see this in particular in places like Grassy Narrows. We have an awful problem with mercury and



**GOING GREEN:** Amanda Moddejonge ran provincially for the Greens last year.

the people living in these areas are literally dying. This has to stop. We've had an awful lot of attention over the four years that we've had this government in, but nothing's being done."

It's not enough to make promises, Moddejonge said.

"I actually care and I understand the issues that are going on here," she added. "I want to make real change in this area and I want to bring permanent, sustainable jobs here."

Moddejonge is hoping to ride what appears to be a Green Party swell sweeping the nation. Several polls have them ahead of the NDP nationwide and ready to become a political force from coast to coast.

"What's been happening, ever since Elizabeth May took office, is all of the other parties have noticed and they've actually been held to account as to what they've been doing that's harming people. The Liberal Party right now is so excited about the Green platform, that if you look at their emblem, it's green," Moddejonge said.

She also wants to be a champion of Indigenous issues, saying she's absolutely beside herself looking at the policies and actions of both the Liberals and the Conservatives on the all-important file.

"When I actually moved here, one of the things I recognized is you have two very good institutions in Thunder Bay for teaching people about what the actual issues are here," said the mother of one.

"I've actually gone back to Confederation College and I've gone to Lakehead and I've been educated by community leaders as to what the issues are here and these are major Indigenous leaders, who aren't going to sugar-coat either the history, the laws or what needs to happen going forward."

# PPC's Hartnell says change wanted

**FEDERAL ELECTION**  
By Leith Dunick - TB Source

Andrew Hartnell says he was quite happy representing residents of Rainy River, Ont. on town council.

But as the 2019 federal election neared, so too did his desire to make a difference at the national level. Taking up the Thunder Bay-Rainy River nomination for People's Party of Canada seemed like the next logical step.

"I feel people are ready for a change and I think they're tired of the same old, same old back-and-forth of the main parties. I agreed with everything that (Leader) Maxime Bernier was saying and I agreed with the party platform.

"The country needs a change and another party to help the country move forward," Hartnell said in a recent interview with Thunder Bay Television.

Hartnell said reaction to the newly formed party, which broke free from the Conservatives and is delivering an even further right party platform, is

mixed.

Some like what they've heard, others are afraid of change, Hartnell said, firmly standing on his local political record.

"We're still trying to get our name out there, so people aren't as familiar with it as they are with the other parties," he said.

"I feel it's been a pretty good response. I'm pretty well known in the area and people know who I am and what I've done for the town and the area ... Our platform is starting to make a lot of sense to people.

Hartnell, the lone candidate who doesn't live in Thunder Bay, said that makes things a bit more challenging, but it's nothing that can't be overcome.

"I do have my team out there trying to spread the word," he said.

Hartnell believes there's plenty to like in the PPC platform in Northwestern Ontario, especially its

focus on Canadian jobs and values, as well as ending corporate welfare and government handouts, while cutting back on foreign aid to give taxpayers a break.

"I think this area, with the job losses at Bombardier and big places like that, it shows that corporate welfare doesn't work, because Bombardier has been getting all the corporate handouts and corporate welfare and they still lay off jobs and they still lay off people," Hartnell said.

"It just goes to show you right now the government is more concerned with the CEOs than they are about the workers in the factory."

Hartnell said the PPC should not be taken lightly this election, noting the party has more than 300 candidates and thousands of volunteers from coast-to-coast-to-coast.

"What we're doing is obviously working, because people want to be a part of it."



**ANDREW HARTNELL**

# Weather Forecast

<p><b>THURSDAY</b></p> <p><b>A mix of sun and clouds</b></p> <p>Probability of Precipitation: 30% HIGH 15 LOW 12</p>	<p><b>FRIDAY</b></p> <p><b>Rain</b></p> <p>Probability of Precipitation: 100% HIGH 13 LOW 7</p>	<p><b>SATURDAY</b></p> <p><b>Cloudy with showers</b></p> <p>Probability of Precipitation: 70% HIGH 7 LOW 4</p>
<p><b>SUNDAY</b></p> <p><b>Light rain</b></p> <p>Probability of Precipitation: 60% HIGH 7 LOW 3</p>	<p><b>MONDAY</b></p> <p><b>A mix of sun and clouds</b></p> <p>Probability of Precipitation: 30% HIGH 8 LOW 4</p>	<p><b>TUESDAY</b></p> <p><b>Cloudy with showers</b></p> <p>Probability of Precipitation: 40% HIGH 8 LOW 5</p>

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**LOCAL NEWS**

**MEET THE CANDIDATES: THUNDER BAY-RAINY RIVER**



READY TO RUN: Marcus Powlowski has medical and law degrees in his educational background.

**Powlowski wants to solve problems**

**FEDERAL ELECTION**  
By Leith Dunlick - TB Source

Marcus Powlowski has been a lot of things in his life.

In his younger days, he was a political activist, fighting for what he believed would make the world a better place for everyone.

Educated at Harvard and Georgetown universities, Powlowski has a law degree and has spent the last 34 years as an emergency-room physician, dealing with both the best and worst society has to offer.

Now he's got his eye on Ottawa. He took his first step toward that goal earlier this year, surprising many by capturing the Liberal nomination in Thunder Bay-Rainy River, looking to hold onto a seat taken from the NDP in 2015 by fellow Liberal Don Rusnak, who decided to step aside after one term in the House of Commons.

"As a doctor, at times you feel a little bit inadequate," he said of his decision to put a temporary halt to his medical career in order to serve the people of Northwestern Ontario.

"You're not really dealing with the underlying problems that cause people's illness. The real problems are often societal and can only be dealt with on a societal level. Who has the power to change things in society? Who makes the rules in society? To some extent it's the courts and the legislatures, so the lawyers and the politicians."

It's for that reason he decided to hopefully add Member of Parliament to his extensive resume.

"I guess if I didn't have five kids, it would be a little easier to ignore politics. But elections matter and there are potentially a lot of implications of this election on all of us. I think it's important that you have good people

running," he said.

"Really, for the sake of my kids, but for the sake of many good people I've met during this campaign, that you want someone with the degree of education and the depth of life experience to really do a good job representing their interests."

While there are a lot of issues requiring a broad depth of knowledge to solve in Northwestern Ontario, Powlowski said his top one has to be preserving a long-term future for Thunder Bay's Bombardier plant.

The company's employees are facing up to 550 layoffs once rail-car contracts are filled and he thinks Ottawa can help.

"I know the money is there from the federal government to build more rail cars. You know

they're going to want more rail cars in southern Ontario, whether it's the TTC, MetroLinx, Go Transit. It's a matter of the provincial government getting in the proposals," Powlowski said, adding his priority would be to help hurry up the process from the federal level.

Another top issue he'd like to tackle is ending violence and substance abuse in the region, something he sees on a regular basis at the hospital, a problem that

has plagued communities throughout Northwestern Ontario for years.

"There's no quick fix to this problem, but I think it's really something the three levels of government have to work together to try to solve. It's affecting a lot of people in this community."

Other issues he's looking to include climate change, improving the lives of seniors and Indigenous peoples and employment, not only in Thunder Bay, but communities like Atikokan and Fort Frances, where mill closures have hurt.

**"I think it's important that you have good people running."**

**MARCUS POWLOWSKI**

LOCAL NEWS

MEET THE CANDIDATES: THUNDER BAY-RAINY RIVER

# Rydhholm touts experience in first federal run

**FEDERAL ELECTION**  
By Leith Dunick - TB Source

If political experience matters in federal elections, Linda Rydhholm should probably take Thunder Bay-Rainy River running away.

Rydhholm spent 18 years representing Neebing ward on Thunder Bay city council, and also spent a number of years as a Lakehead Public Schools board trustee.

Add in 12 years on the board of the Federation of Canadian Municipalities and the Conservative says she's the easy choice to take over the Thunder Bay-Rainy River riding after Oct. 21.

"It puts me in a unique position to understand how things are going on and happening or not happening in Ottawa, and also how the policies and finances affect us throughout our communities and as individuals," Rydhholm said.

"I have that background and I will put it to good use as a Member of

Parliament."

Rydhholm, who was defeated a year ago in the municipal election, said she received a phone call this past January by the Conservative party asking her to consider running.

It didn't take her long to say yes.

"I am genuinely concerned about our country. The country's finance, the country's ethics, the presentation out in the world and our social well-being," Rydhholm said.

"We need to make a change."

Affordability is a big issue she's hearing on the campaign trail, something Rydhholm says only the Conservatives can truly tackle over the next four years.

Concerns over health care, the environment and immigration are also issues the voting public wants handled better than the current Liberal government is managing, she said.

"Overall, they want to ensure a good lifestyle for themselves, but also for their children and their grandchildren,"



SEASONED: Linda Rydhholm spent 18 years as a member of Thunder Bay city council.

said Rydhholm, who was born in Fort Frances, raised in Atikokan and has spent time as a chiropractor, dairy farmer and community activist.

She's convinced she's the best candidate to help make it happen.

"I'm at a time in my life where I have the time to do the job well," Rydhholm said. "Anyone who knows me, knows when I take on any project, I work very hard, so people can count on four years of hard work from me."

"I also have the ability and the experience. I've been in Ottawa for the past 12 years on behalf of the national board for city councils. I know my way around. I will get things done, not only for our communities here in Northwestern Ontario, but for our country."

Now is the time to make the change to the Conservative way of life, Rydhholm added, knowing the party has not elected a Member of Parliament in either Thunder Bay riding in decades.

"It is 2019. If people vote Liberal, we'll have the same things happening, which is not a lot in Thunder Bay-Rainy River. We haven't seen a lot in the last four years. We haven't had great representation," she said.

"If people choose to vote for a member from the other socialist parties, they have already said they will probably prop up the current prime minister. If you vote red, orange, green, you have what we've got right now."

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# Editorial

## EDITORIAL

### Singh sings great tune

NDP Leader Jagmeet Singh may not have a hope of forming government.

That almost certainly lies with either Liberal Leader Justin Trudeau or Conservative Leader Andrew Scheer.

But with the polls showing a minority either way is the likely outcome of the Oct. 21 federal election, Singh could play a pivotal role moving forward, especially if the NDP hold the balance of power.

On Monday night, he showed he might be a lot worthier of the task than many voters gave him credit for.

While Scheer and Trudeau focused on each other, trading pot shots amid the shout-fest the poorly organized debate became, Singh managed to endear himself to the electorate with his personality and ability to poke fun at himself.

Singh, who stopped in the city last Friday, promised to take immediate action to end boil-water advisories in Northern Indigenous communities, something the Liberal government has tackled, but not nearly fast enough.

He also traveled to Sioux Lookout and Grassy Narrows, something most leaders do not do on the campaign trail.

If the NDP does manage to hold the balance of power, and Singh sticks to his guns, the federal government might finally start to recognize the injustices that have been done to the people of the North and actually do something about it. Here's hoping.

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### Pullia a man of action

To the editor:

I'm Frank Pullia your Conservative candidate for Thunder Bay-Superior North (TBSN). To date, we have knocked on over two-thirds of the doors in the riding and wanted to thank you for the kind hospitality received.

This experience has given me the chance to meet and talk with people about what is important to them and their families. If there are recurring issues that are coming up at the door in this election, it is that life is becoming too expensive and our citizens are looking for more integrity in government.

Our plan is to put more money in your pockets. We will do this by instituting our universal tax credit, cutting the carbon tax, re-instituting kids arts, sports and music tax credit, increases in educational saving plan limits and taking the federal portion of HST off home heating.

Seniors will get a \$1,000 increase in tax credits and new parents will enjoy up to \$4,215 in tax free maternal and paternal benefits.

Climate change and protecting the environment are also important. People want to do something to ensure we meet our Paris Accord commitments in 2030.

We have proposed re-instituting the public transit tax credit and will bring in a two-year tax credit for green improvements to homes with savings of up to \$3,800.

Cutting edge Canadian green technology will provide Canadian jobs and will help us meet our targets for Canada, and the world.

There are still many job opportunities in resource-based projects in our region.

These industries are vital to the economic development of Thunder Bay-Superior North. Bill C-69, which took effect on Aug. 28, known as the Impact Assessment Act, is the Liberal government's move to impose new "environmental assessment" measures on Canada's resource sector.

This bill is totally wrong for us and will discourage resource investment in our region.

It will further delay and discourage investment in Canadian mines, forestry projects, pipelines, and other resource infrastructure.

It imposes a one sided "green agenda", new layers of bureaucracy, higher costs, longer delays and increased uncertainty on Canada's resource sector. Nobody in our region is against tough, fair and clear-minded resource regulation. But that's not what they get in C-69.

It is for that reason that a Conservative government will repeal or thoroughly re-write C-69 incorporating many of the recommendations made by the Senate but rejected by the Liberals.

## LETTERS TO THE EDITOR



In the end we want to form a government that remembers why they are there...to serve you, and to help you get ahead. In short, to stand up for you! Killing resource investment or allowing huge rail transportation projects that could have been done in the region by Bombardier to go to Siemens in California will not help you get ahead.

We also now know the Trudeau Liberal government did not support the opportunity for a Great-Lakes based shipyard with a Thunder Bay facility to join the national ship building strategy team and bid on ship-building contracts.

Let us also not forget the misguided attempts at controlling the gun problems in the big cities by penalizing the law-abiding citizens and gun owners like hunters in rural areas.

To close I would like to say that I am in favour of a government that remembers who we are working for...you. We vow to treat spending your money with the same respect that you would apply. We have waited too long for Ottawa to remember us. If elected as your MP I will work with the province, Indigenous leaders, municipalities and regional organizations to bring the kind of growth, jobs and prosperity that leaves no one behind, protects the environment, but more than anything else allows you to get ahead.

Frank Pullia,  
Conservative candidate,  
Thunder Bay-Superior North

## Hamilton found in conflict of interest

### CITY HALL

By Doug Diaczuk - TB Source

A Thunder Bay city councillor has been found to be in conflict of interest when voting on the designated truck route bylaw, the future of which will not be decided until a later date.

According to a report prepared by the Integrity Commissioner for the City of Thunder Bay, which was made public on Monday, McKellar Coun. Brian Hamilton was found to be in conflict of interest when voting on the designated truck route during the June 17 meeting that would have formalized and implemented the bylaw.

The decision to institute a designated truck route was passed last January and ratified in March, both by a vote of 7-6.

Hamilton originally voted in favour of ratifying the designated truck route, but changed his vote during the June 17 meeting and came out against it.

At-large Coun. Trevor Giertuga filed a complaint with the Integrity Commissioner on July 10 regarding

concerns about Hamilton's participation in the June 17 vote and that it breached the Municipal Conflict of Interest Act because of Hamilton's pecuniary interests as a business owner.

"In discussions with Coun. Giertuga he stated that during the proceedings

he had a discussion with Coun. Hamilton about a possible conflict of interest and advised him he thought he was in a conflict and should not participate, but that it was his decision," the report from the Integrity Commission reads. "When Coun. Hamilton went on to participate in the vote on the bylaw, he felt it was clearly a conflict of interest

and breached the Municipal Conflict of Interest Act."

Giertuga said he approached Hamilton advising him of his potential conflict of interest after Hamilton met with Thunder Bay Chamber of Commerce president, Charla Robinson, who advised him that his business could be impacted if the designated truck route was implemented.



BRIAN HAMILTON

# Perspective

## Today's kids paint a different future path

Looking ahead, it's hard for youngsters to pick a career

### OPINION

By J.R. Shermack  
Special to TB Source

Thinking back to my school days I can remember sitting in art class one day contemplating my future and searching for meaningful work.

Teacher asked us to paint a picture of what we wanted to be when we grew up.

Sitting there in front of a blank page with a brush in my hand and six tempera blocks, I was baffled by the assignment.

Some of my classmates had already chosen an occupation for themselves, good jobs like doctor, farmer, fire fighter and truck driver.

They were busy painting their own futures but as for me, I had no idea I was supposed to be looking for work. I didn't even have a current resume.

### Tough question

Naïve pre-teens in art class should never be confronted by such existential questions as, "What will you be?"

It was a tough assignment for an unemployed fourth grader and I had to give it some serious thought.

So I put on my thinking cap and out of desperation I eventually came up with an idea of something to paint.

But I felt pressured into making a hasty decision – how was I supposed to know what I was going to be?

If kids in art class today were given the same assignment I wonder what

futures they would paint for themselves.

Career planning is even more difficult now – many traditional jobs are already obsolete and many existing jobs soon will be gone.

To put things in perspective consider some essential services and jobs that disappeared in the 20th century.

There used to be people called "knocker-uppers" you could hire to tap on your door or window in the morning to wake you up.

This was a quaint custom for a simpler time – in 2019 these window tappers would be quickly hauled away and locked up.

Last century in my younger days I knew a guy who was a movie theatre projectionist back when they still used carbon arc lamps.

He gave us a tour of the projection booth and showed us how the lamps burned, a thrilling and dazzling display of hi-tech.

My friend and his obsolete skills have long since been replaced by digital technology.

Speaking of outdated hi-tech, during WW II so-called "human computers" were used to perform complex mathematical equations.

Real people were also employed by NASA after the war but alas, these living, breathing calculators were replaced by...you guessed it, real computers.

That scenario continues today and

a recent report predicts 800 million more job losses to automation by 2030.

What will today's students choose to be when they grow up – how do they know the job they pick will still be a job when they get there?

Many of today's pre-teens will end up doing jobs that don't yet exist in fields they can't even imagine doing things they never dreamed of.

### Looking to the future

Jobs like Mind Transfer Specialist, someone who can upload a human mind to a computer or vice versa.

Jobs like Extinct Species Revivalist, who recreate already extinct creatures and reintegrate them back into their natural environment.

Or an Organ/Body Part Creator using a 3D printer to create organs on demand or a Commercial Space Pilot or many other soon-to-be careers.

Back in my boyhood art class I finally painted the only thing I could think of to be when I grew up – a milkman.

Not exciting but it was honest work and you got to drive a truck – unfortunately, when I did grow up I never actively pursued a job in dairy delivery.

I guess that's what happens when you pressure a pre-teen into making a premature career choice.

### GETTING MOUTHY



**TOOTHY GRIN:** Westgate Collegiate and Vocational Institute student Phillycia Fenton takes part in the Thunder Bay District Health Unit's Get Mouthy campaign, aimed at teaching teens about the importance of oral health care and the toll activities can take on their teeth.

LEITH DUNICK

## A look back in history:

### Riot aftermath

The McTavish police station in Fort William's East End. The coal dock station was the scene of a full-blown riot, resulting indirectly from a rather bitter transit strike. Police arrived and arrested a man and the mob of several hundred men followed and attacked the station with rocks and bricks. One man was killed, another wounded, with dozens bruised and battered as the mob was dispersed.



May 11, 1913



### HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

### Address them to:

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### THIS WEEK'S POLL QUESTION:

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YES 45.03%  NO 52.95%  DON'T KNOW 2.02%

# LOCAL NEWS

## MEET THE CANDIDATES: THUNDER BAY-RAINY RIVER

### TB-RAINY RIVER CANDIDATES

- **GREEN PARTY:** Amanda Moddejonge
  - **PEOPLE'S PARTY:** Andrew Hartnell
  - **LIBERALS:** Marcus Powlowski
  - **CONSERVATIVES:** Linda Rydholm
  - **NDP:** Yuk-Sem Won
- Canada's federal Election Day is scheduled for Monday, Oct. 21, 2019, with advance polls taking place at your assigned polling station from Friday, Oct. 11 through Monday, Oct. 14.



**KNOWS THE REGION:** Yuk-Sem Won has been a teacher and a labour activist in her career.

# NDP hopeful wants region not ignored

**FEDERAL ELECTION**  
By Leith Dunick – TB Source

**Y**uk-Sem Won says she's tired of seeing Northwestern Ontario put on the political backburner.

It's time someone stood up and fought for the region, said the first-time candidate, seeking to return Thunder Bay-Rainy River to the NDP, after the late John Rafferty was ousted by Liberal Don Rusnak in the 2015 federal election.

"The NDP presence is sorely missed," Won said. "To be able to build on John's legacy and be the next candidate that has been something that's been an aspiration for a number of years, through my life of advocacy and really bringing my voice for the people, this is just a natural next step for me."

A former teacher, labour litigator and college instructor, Won has been in Thunder Bay for the past two decades and is passionate about the region and its culture, saying she's deeply connected to her Chinese, French and British heritage.

Being the next MP for Thunder Bay-Rainy River means building on the connections she's made throughout the region since arriving in Northwestern Ontario.

"You can't just be an MP sitting in an office in Thunder Bay," she said. "You really have to be out there and be a part of the community and I think that's my strength. That's what I offer and that's what I've been doing over the summer and that's what I want to do over the next four years, to be able to bring forward their issues, be able to be there with the people to really be a part of what's going on in their realities, the good times and the bad."

There are plenty of issues that need to be dealt with, most importantly access, Won said, in particular northern Indigenous communities.

"It's the access to health care, access to education, access to transportation and access to basic human rights that we see are so severe and underfunded and under-represented in what we see in the government today," she said.

**Talking transportation**  
Won said the region sorely needs a bus service to help people in far flung communities travel throughout the region, particularly to access the above-mentioned services in larger centres like Thunder Bay.

She said she also wants to work hard to improve the lives of the area's Indigenous population, who often live in poverty and third-world conditions.

The NDP have promised to end all boil-water advisories by 2021.

She's already started building relationships with Indigenous leaders.

"It's about trust and it's about continued involvement. With 10 First Nations in the riding, it was important for me to go and meet with chiefs and council and meet with the people, knock on doors and see what their reality is like," Won said.

"They have so many issues that have been ignored."  
Won is also willing to cross party lines and work with either a Liberal or Conservative government to secure what's best for Northern Ontario residents.

"It's about collaboration, being able to put your ego aside and to be able to say what's best for the people you're serving. And I think we need more of that in government."



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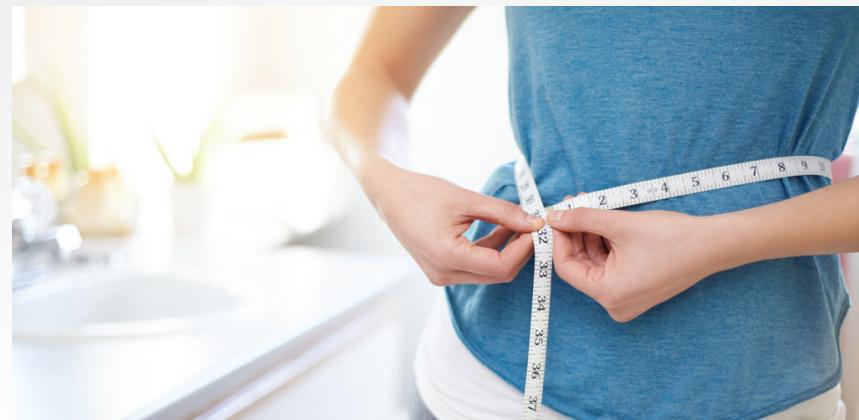
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# TB Life

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## Cancer survivor shares story

**THUNDER BAY**  
By Leith Dunick - TB Source

**T**welve years ago Kathy Ball was 43 years old, fit and healthy, with not a care in the world.

Cancer was something that happened to other people.

Imagine her surprise when she found a lump in her breast that turned out to be cancerous. It led to a double mastectomy, but a dozen years later, she's not only survived, she's found a new lease on life, training for a marathon and taking up cycling, a sport that's taken her from coast to coast and even to Europe.

Ball on Friday was the keynote speaker at the 27th annual Luncheon of Hope fundraiser for local breast cancer treatment and research.

"I went through the gamut of all the tests and everything else, surgery and a double mastectomy, one at a time, they decided, and chemo and radiation," Ball said.

"Chemo was a little harder than I thought it would be. Losing my hair was probably the most traumatic thing. But it all grows back. Hair grows back and life goes on. Radiation was a little difficult, but what got me through at the end was my dad was diagnosed with cancer."

His diagnosis, which occurred the day she finished her own chemotherapy sessions, allowed Ball to focus on his treatment, and put her own cancer journey in the past.

"It was really hard watching him go through what he went through, but it allowed me to just move on and forget about all the trauma that I'd just been through," she said.

Don't give up and make the most of your



**BEATING CANCER:** Survivor Kathy Ball and Susan Dubinsky attend last Friday's Luncheon of Hope.

life, Ball said.

"My message is we live each day to the fullest. Tomorrow is not promised. We've heard that before, but it really isn't promised. We don't know what tomorrow is going to bring, so enjoy the day, enjoy the sunrise and the beautiful fall colours that are out there today and when tomorrow happens, you deal with it and don't worry about it because you can't do anything about it," Ball said.

Susan Dubinsky, a member of the Luncheon of Hope organizing committee, said the event was not begun as a fundraiser,

but over the years it evolved and has raised more than \$427,000, with another \$35,000 or so expected in 2019.

But more importantly, it really is a beacon of hope for anyone diagnosed with breast cancer, or who might be down the road, to know it doesn't have to be a death sentence.

"One in eight women are statistically shown will get breast cancer in their lifetime. Knowing that we have such world-class facilities, wonderful physicians and such a great support system here in Thunder Bay is really encouraging and helps give others strength and hope," Dubinsky said.

## Students help build crossing guard huts

**THUNDER BAY**  
By Leith Dunick - TB Source

**C**olin Nagy says it feels great playing a part in keeping the city's crossing guards warm and off their feet during the school year.

The 17-year-old Grade 12 student and his Superior Collegiate Vocational Institute classmates have spent the past month or so building six crossing-guard huts, which on Friday were turned over to the city-run program for distribution throughout Thunder Bay.

"It feels great. Even if one (hut) is really and you have to repair it, it's a good feeling," Nagy said. "There's that one crossing guard hut that you've driven by for years and you've seen the same man sitting in it for years and it's all run down and he doesn't look happy in it anymore, so it's great to bring a smile back



**COMPLETE:** Colin Nagy in a hut he helped build.

to his face when you build him a brand new crossing hut that will last him way longer."

It was also a great learning experience, the

teen said.

"This was a great project for us to learn and for us to test out our skills, because there are many angles when you are making these huts," Nagy said.

"It's a great experience and perfect for everyone's skill levels."

Classmate Alana Hunter, 17, said it was a pretty cool project.

"It was a good experience. I enjoyed building the crossing guard huts," she said.

Measuring precise cuts was the biggest challenge she faced.

"Getting the right pieces to fit," she said, adding she's happy with the finished product, which still need to be painted and shingled before heading out into active duty.

"It does give me a sense of pride. It just makes me happy that we're able to help out with the community," she said.

# Plenty of local adventuring to enjoy

A few weeks ago I celebrated another birthday. I'm definitely not thrilled about getting older and the idea of truly making the most of every day has really been on my mind lately.

So, I decided to make the most of my birthday weekend and spent Friday evening putting a plan together. Without much effort or expense, I was able to do a Black Sheep mountain bike race with my daughters on Saturday, follow that up with a romantic evening at the lake with my wife, and then head out early Sunday morning on a fishing trip for wild coho salmon on a river east of town.

The weekend was amazing and, as I drove back to Thunder Bay with a couple fresh salmon in the cooler, I had some time to reflect on it all and really appreciate just how good life can be for those of us living in Northwestern Ontario.

Thinking back to all the adventures I have been able to enjoy over the past



**KEITH AILEY**

THE GOOD LIFE

year or so, I am always amazed by the quality and the variety of the opportunities all around us, and how it is all made possible because we are fortunate enough to live in Thunder Bay.

As I was driving back from Nipigon on that birthday weekend, I replayed all the experiences our region has offered us.

For angling adventures, I've had the chance to chase wild steelhead on north shore streams, salmon in Lake Superior, crappie on Lake of the Woods, walleye in isolated lakes and world-class brookies on the Nipigon River.

Along with fishing, most of my free



**FISH FUN:** Fishing for wild steelhead in north shore streams is always challenging.

time is spent riding and racing bikes and I've had the good fortune to ride the local single track trails of Shuniah Mines, get lost on the gravel roads of northern Minnesota while racing the Heck of the North, and do the fat bike

loppet at Sleeping Giant Park among countless other cool and unique races and rides.

Beyond fishing and riding, I have been able to enjoy kayaking on Lake Superior, running the Kamview half

marathon, hiking to the top of the Sleeping Giant, skiing Ontario Cup races in Lappe, racing the XTERRA triathlon at Sibley, climbing both ice and rock cliffs around town, and spending many evenings on my stand-up paddle board as the sun sets at Silver Islet.

Most of these adventures have been with my family, but some are solo expeditions and many involve the good friends I've made through a shared love of the outdoors. Considering the variety of stories I have to tell about these adventures, and the ones I continue to enjoy each weekend, it would be selfish to not share the experiences I've been fortunate enough to get out and enjoy.

So, this new weekly column for *Thunder Bay Source* will be called *The Good Life*, and I truly hope that it inspires many readers to get outside to explore, play and enjoy all the different outdoor opportunities that lie just beyond our doorstep.



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TB Life

# Snow pushes up winter preparations



**FRED JONES**  
RURAL ROOTS

the university and I cautioned him saying that probably the highways would simply be wet rather than snowy-slippery. I had to head to town later in the morning and my prediction proved true. But it made me think about getting ready for the change in season. Winter tires – when should they be put on? Most folk wait until the first serious snow. Traditionally, this area gets the first blast around Nov. 1.

Last year, it came a lot earlier. I've known winters where the snow didn't arrive until just before Christmas.

This year? I'm betting that it will more or less be a repeat of last year.

That first teaser from Ol' Man Winter, as it were, made me realize that I didn't have a windshield scraper in the vehicle. Yet another thing to consider to be prepared for snow and/or ice-covered windshields.

We've been experimenting with peat

moss as stall bedding for our horses. Result? Experiment failed. Though we had heard that the Brits use peat moss quite successfully as horse-stall bedding, we have found it far too dusty, coating everything with its fine dust.

You can see it collecting in the horse water pails. It is also difficult to sweep up in the barn aisle as the dust rises with each pass of the broom. If one has breathing issues, then this is definitely not the stuff to use for stall bedding.

We had experimented once before when we ran a riding business but my wife, Laura, reminded me that it was in winter and the bales of peat moss would freeze requiring an ice pick to break apart. So, we thought that during the summer using the peat moss wouldn't be an issue. Wrong! The plus though is that peat moss mixed with horse poop and stray hay when collected and regularly turned over will make a fantastic soil for

the garden next year. Tis a trade-off.

This past weekend we each agreed to go back to using wood shavings for the stall bedding. As I have mentioned before, wood shavings take five years to break down into usable soil.

And my problem is that my ancient tractor, Big Red, is not four-wheel drive and easily gets stuck in the soft mountain of stall-leavings that we've been building up for many years. Rats!

Since it was evident that the inside of the stalls – walls, floor, ceiling – were now covered with this fine, brown dust, Laura decided to clean the barn. This operation involved the hauling of all apparatus being stored in standing stalls no longer being used to house horses somewhere where it wouldn't get soaked. We moved the four horses to the west end while Laura blasted stall walls, floor, and ceiling with a pressure washer (works really well!) after removing all of

the peat moss bedding. Once done, the horses get moved back into the east side stalls now with wood shavings instead of the moss, and Laura blasts away in the western stalls.

It is not only the peat moss and the dust that was the last straw (no pun intended) pushing us to clean the barn. Over time walls get dirty thanks to the equines. Also, the ceiling gets filthy with dead fly corpses and cobwebs. The pressure washer takes care of that. Already the east end sparkles reminding me of what the barn looked like when first built.

Hah! As a break from the pressure washing, Laura just announced (at time of writing) that we need to get into the garden to harvest more veggies and begin turning over beds so that she can plant the garlic that should be done at this time of year. Oh, OK.

I'm the laziest lump; my wife is the Little Engine That Could.

Woke up last week to large, fluffy flakes of the white stuff slowly descending from the heavens. I looked out the kitchen window as I prepared the morning coffee to see the vehicles being consumed by this early October phenomenon. What the...? I thought of writing a stern letter to Ol' Man Winter but by the time I managed to sit at my desk, I could see that this aberration wasn't staying. Phew! Not ready for staying snow.

Son, Doug, was headed out to drive to

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## Save a Heart

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Presented by **MNP**

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**BIGTOTAL:** Mayor Bill Mauro (from left), parent Melanie Tibishkogijig and PRO Kids' Laura Daniele on Monday.

## Mayor's Mulligan raises \$15.6K

**THUNDER BAY**  
By Leith Dunick – TB Source

**R**ainy weather and cool temperatures last month did not dampen the generosity of those taking part in the annual Mayor's Mulligan Golf Tournament.

Participants raised \$15,694, money which will be used to support PRO Kids, a city-run organization that provides sporting opportunities and equipment to children who might otherwise not be able to afford to take part in organized athletic activities outside school.

Melanie Tibishkogijig had two children and four grandchildren benefit from PRO Kids over the years and said they wouldn't have been able to play many of the sports, especially Canada's national pastime.

"Hockey is really expensive and I have four that are in hockey, so it's helped with that. It's also helped with lacrosse, dance, gymnastics and baseball," she said.

"It's been so helpful, especially with a single-income

family, I wouldn't be able to afford to be able to put them into sports, especially sports like hockey. It has helped a lot, not only me financially, but especially my kids. It has helped my babies be more confident within themselves to build that self-esteem and to have something to look forward to every week."

Mayor Bill Mauro, who took over the tradition begun by then mayor Lynn Peterson and continued by her successor, Keith Hobbs, said it's a great cause and equally great to see such a big number on the over-sized cheque presented on Monday morning at city hall.

"A lot of people came out. The committee worked very hard and the staff within the City of Thunder Bay worked very hard and I'm sure they've already begun planning for next year," Mauro said. "The numbers are really remarkable ... I think over a thousand kids on average for years seem to be benefiting through this through PRO Kids.

"It really is impactful in the community and that's what it's all about."

**"Hockey is really expensive and I have four that are in hockey..."**  
**MELANIE TIBISHKOGIJIG**



# Five things to do this week

## Friday

**Boom: A British Invasion and Psychedelic Revolution:** Described as a six-piece of local heavy hitters, they'll be doing all your favourite '60s hippie hits. The music starts at 10:30 p.m. at Black Pirates Pub. Admission is \$5 and it's a 19+ event.

## Saturday

**Sugar Shakedown:** Hosted by Miss Temperance and DJ Luv, the Shakedown crew will have you dancing all night long, starting at 10 p.m. on Saturday night at the Black Pirates Pub. Admission is \$5, and it's a 19+ event.

## Friday and Saturday

**SIJHL hockey:** The Red Lake Miners are the fourth-ranked team in the nation and the host Thunder Bay North Stars are the reigning SIJHL champions who have won four of five games to start the 2019-20 season. Something has to give in this battle of the titans, scheduled for 7:30 p.m. on Friday and Saturday nights at the venerable old Fort William Gardens.

## Saturday

**October Cooking Class, First Harvest:** The cooking class season is back and A Fine Fit Catering and Consulting is bringing a decidedly northern flair, with locally sourced garden treats and some mouth-watering trout on the menu, that includes a kale salad, roasted corn chowder and apple galettes with maple caramel sauce and yogurt cream. The class begins at 6 p.m. at A Fine Fit Catering and Consulting, located at 144 Evans St. See their Facebook page for ticket information.

## Saturday

**Symphony Drag:** Thorgy Thor slayed the symphony pops audience in Halifax last year and is joining the Thunder Bay Symphony Orchestra, bringing a dose of outrageous fashion, razor-sharp wit and virtuoso chops on violin, viola and cello. Thorgy was featured on two seasons of RuPaul's Drag Race and has played Carnegie Hall. Daniel Bartholomew-Poyser conducts. The curtain is set to rise at 7:30 p.m. at the Community Auditorium. Tickets range from \$12 to \$52.50.



**GOOD FOR YOU:** Fiona Robinson of Blissful Bowls offers samples of vegan pizza during the city's first VegFest.

# VegFest a first of its kind for Thunder Bay

## Benefits of vegetarian and vegan lifestyles highlighted

### THUNDER BAY

By Doug Dlaczuk – TB Source

There are many benefits to living a healthy lifestyle and for those who may not know how or where to start, a new event in the city promises to provide information on all the tasty options that are out there in the community.

"A lot of people are becoming more and more health conscious," said Prashant Jani. "People are going through various websites and come to know about the importance of lifestyle and disease. I think people are much more health conscious than before."

There were a lot of healthy choices on the menu during VegFest, the city's very first healthy living expo. Organized by Jani, the one-day expo on Sunday offered a variety of vendors and workshops on vegetarian food and healthy products.

"That's why I wanted to put on VegFest so people can explore and experience alternate options for eating," Jani said. "They can understand the importance of diet and disease through workshops and exhibits."

Various businesses and organizations were offering samples of foods and information, including gluten free pizza, cooking demonstrations, and yoga sessions.

According to Jani, there is a strong appetite in the city of Thunder Bay for alternative and healthier eating options and no expo like this has been held in Northwestern Ontario before.

"We sold more than 300 tickets as of today," he said. "This is more than what I expected. We are expecting

more than 500 people today."

Choosing vegetarian meals has many benefits including reducing environmental impacts, but it is also closely related to physical and mental health.

"As I work in the Cancer Centre at the hospital, I see a lot of cancer patients and many patients of heart disease and high blood pressure and diabetes and through my studies I have come to know that diet has a strong relationship with all diseases," Jani said. "If we change our lifestyle and change our diet, we can prevent a lot of diseases."

For Fiona Robinson of Blissful Bowls, who was serving up samples of gluten free vegan pizza, VegFest is a welcomed addition to the city.

"It's very exciting," she said. "I had no idea so many people were so conscious of what they were eating. It's really nice to see and be part of that community."

Robinson added that she sees a lot more people making a conscious effort to choose healthier options when it comes to food.

"A lot of people do it because they feel better emotionally, knowing they are being kinder to their communities, their bodies, and their environment," she said. "There are a lot of nutrients in plant based foods."

Jani said he hopes people enjoy VegFest and if the support continues to grow, it could become a yearly event.

"At this time I have invested all the money from my own pocket just for the desire to do something good for the community," he said. "If we get good support I would like to see it happen every year. I hope people love it and will make it happen again."

**"If we change our lifestyle and change our diet, we can prevent a lot of diseases."**

PRASHANT JANI



**Have fun while learning how to be "Head Safe" at a free event for families with Scouts Canada and Hydro One – October 19**

**WHAT:** Concussions represent more than one in five Ontario student injuries treated by a doctor or nurse, but despite this, half of Canadians have little knowledge of what a concussion is. That's why Scouts Canada and Hydro One are holding a free head safety awareness event for families to launch Head Safe – an initiative that will provide Canadian youth and families with resources and hands-on instruction to prevent, identify and respond to head injuries like concussions.

Free to attend with registration at [headsafethunderbay.eventbrite.ca](https://headsafethunderbay.eventbrite.ca), the event offers a variety of fun, age appropriate, hands-on activities and games with educational foundations designed for youth ages five to 12 and their parents. Interactive activities include a concussion simulation obstacle course, an egg drop game, role playing real-life scenarios and head injury first aid awareness. Participants will discover important safety measures to protect against head injuries, how to recognize the early symptoms of a concussion, what to do if they suspect they have one, and the six steps of when it is safe to return to play, with appropriate medical clearance. A free barbecue lunch will be provided.

**WHEN:** Saturday, October 19 from 9:30 am – 1:00 pm

**WHERE:** Bora Laskin Building Gymnasium  
Northeast edge of Lakehead University Campus  
955 Oliver Rd.  
Thunder Bay, ON

**TO REGISTER:** <https://headsafethunderbay.eventbrite.ca>

**WEBSITE:** [scouts.ca/playsafe](http://scouts.ca/playsafe)

# Jeopardy's Trebek takes cancer public

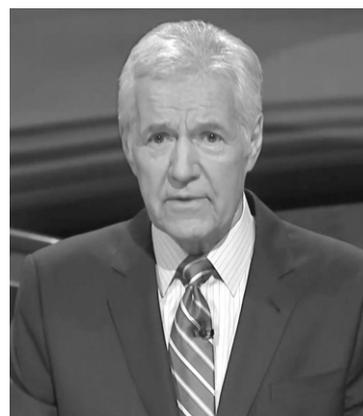
TV host, Alex Trebek has been open and honest with the public about his health. In March, he revealed he had Stage 4 pancreatic cancer. This is the same cancer that killed other beloved stars like Hollywood's favourite dancer, Patrick Swayze and television's favourite dad, Michael Landon.

Now the cancer that has a less than 10 percent survival rate also has its hooks in television's favourite game show host. For 35 years, he's been asking questions on *Jeopardy!* – the game that turns nerdy brainiacs into superstars. And he's Canadian-born, so we've got skin in the game, too.

Trebek also shared his progress during treatment. And he seemed to be beating the odds when he announced this summer that not only had his tumors shrunk, but he was in "near remission." The joyful news spread through the media like light-



with FIONA GARDINER



TV SHOWS FOR \$200: Alex Trebek has starred on Jeopardy! for the past 35 years.

ning. After all, this was especially good news for others battling the same disease. Some said it provided hope. Others called it "Miraculous." But what exactly did "near remission" mean? Not much apparently. According to toxicologists and oncologists, "tumor shrinkage does not always correlate with longer life." It's "a long way from a cure." And worse yet,

"advanced stage pancreatic cancer [like Trebek's] is basically incurable." So it's little surprise that after returning for the fall season of *Jeopardy!*, Trebek went public with his

most recent news: his latest tests were not good and he was back in chemo.

He's also been honest about the side effects from this most recent treatment. It's causing sores on the inside of his mouth which occasionally make him slur his words on the show. (He thinks he'll be stepping down from *Jeopardy!* soon.) He's also tired and has experienced "surges of deep, deep sadness."

How selfless for Trebek to share his journey with fans and offer solace to others fighting similar medical battles.

But is it really necessary? Or helping?

Celebrities like Trebek often use their public platforms to inspire and inform the public. However, as his initial "good news" showed, their stories are often ill-informed and biased.

They can be misinterpreted or erroneously applied to other situations.

Furthermore, sharing one's personal

journey as it happens is short-sighted. Even they, themselves, don't have the full story yet. And they're going to impart it as helpful information to others at risk?

Trebek has also started to regret his outspokenness. In a recent TV interview, he said it has encouraged people to lean on him for strength and optimism. But at this point, he just can't take on their pain in the midst of his own.

And why should he? He's a 79-year-old man fighting for his life. He shouldn't need the strength for others too.

Not to mention, having to reassure upset fans that he's okay with dying.

I respect his decision to share his experience. As a public figure, he may not have had much choice.

But when it's all said and done, what will anyone gain from knowing the personal tragedy of Alex Trebek?

## CROSSWORD PUZZLE

- ACROSS**
- Amer. Automobile Assn. (abbr.)
  - Advantage
  - Polish border river
  - Delirium tremens (abbr.)
  - Son of Adam
  - Midianite king
  - Scad
  - Economy (abbr.)
  - Part of QED
  - Lament
  - North Amer. Air Defense Command (abbr.)
  - Sudan lake
  - Mangle
  - Ancient Gr. city
  - Sub (pref.)
  - Fr. medieval tale
  - Before (Fr.)
- DOWN**
- Aid to Dependent Children
  - Gold (Sp.)
  - Long ago
  - Heed
  - Clarinet (abbr.)
  - Wife of Shakespeare
  - Jump
  - Order
  - Misplaced
  - Winglike
  - Caustic
  - North Atlantic Treaty Org. (abbr.)
  - Cordage fiber
  - Edible root
  - Fabian Society member
  - Verb-forming (suf.)
  - Jack in cribbage
  - Luzon people
  - Minor planet
  - Meal course
  - Meet
  - Hashish
  - Like a red deer
  - Mountain nymph
  - Tenth part
  - Black
  - Harangue
  - Irish island
  - Shoe form
  - Victory site of Nelson
  - Verbal
  - Franciscan nun
  - Disappear gradually
  - Answer
  - Russ. range
  - Separate
  - Skin eruption
  - Money
  - Wooden shaft
  - Your (Fr.)
  - In (Fr.)
  - King of Israel
  - Down (pref.)
  - Secular
  - Kind of lettuce
  - Noncommissioned officer (abbr.)
  - Prate

### ANSWER TO PREVIOUS PUZZLE



## WORD SEARCH

S E Z O D D E F E R S D A G H  
 L F R E P E E W S B E S N C Y  
 Y L D A E D T X K N S I T S V  
 N C M A K E R S I D L O H E W  
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 G G N I T O O L S U I L C U R  
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 O V A T I O N P Y P Y P L W W

- |                 |         |           |          |
|-----------------|---------|-----------|----------|
| Adding          | Defers  | Gives     | Render   |
| Allergy         | Denial  | Gleans    | Rereads  |
| Anthropological | Dozes   | Looting   | Sanctity |
| Bends           | Figment | Magnifies | Shears   |
| Botch           | Filch   | Makers    | Sweeper  |
| Boxes           | Final   | Obnoxious | Tasted   |
| Brewed          | Fishes  | Outlook   | Vessel   |
| Cashing         | Fixed   | Ovation   | Waltzed  |
| Cavern          | Fling   | Pillar    | Worship  |
| Deadly          | French  | Pined     | Wreck    |

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 BKWBGJBTQB JD HONH JH IJFF GBWBNH  
 HOB FBDDAT JP MAE PFETU HOB PJGDH  
 HJZB." – NEHOAG ETUTAIT

PREVIOUS SOLUTION: "Real knowledge is to know the extent of one's ignorance." – Confucius

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3				8				
		1				6		
							4	
2		4			3		5	6
		5	4	1		8		
			3					1
			8					2
	1		7					5

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# Sports

local sports news | information | coverage

## Nor'Westers magical run

Lakehead's 1969-70 men's basketball narrowly missed NAIA tourney

### BASKETBALL

By Leith Dunick - TB Source

Jerry Hemmings says it's hard to believe it's been 50 years since the Lakehead Nor'Westers took a 23-2 run through the 1969-70 basketball season and came within a whisker of reaching the NAIA tournament.

It was a magical season, said Hemmings, who went on to coach the Brandon Bobcats for more than three decades, winning three straight national titles from 1987 to 1989.

The team lost out in the NAIA playoffs to St. Thomas in Minneapolis, missing a chance to advance to the NAIA championship in Kansas City.

It hasn't dampened their memories five decades later.

Hemmings and several of his teammates were back in Thunder Bay last week, the milestone honoured last week at the biennial wall of fame induction ceremony at the Lakehead University Hangar.

### Looking back

Fifty years ago, the Nor'Westers, as they were named at the time, only played two other Canadian universities, the rest of their schedule being made up of teams from south of the border, mainly Wisconsin and Minnesota.

Hemmings said that makes their accomplishment that much greater, but it all came down to the make-up of the team.

"We had great chemistry," Hemmings said of the George Berger-coached team. "We were a fast team, we had very good transition, we had good guards, in Joe Parks and Shelton Bellamy. We had a good forward in Bob Jackson who was an NAIA all-district that year for us.



**TALENTED TEAM:** The Lakehead Nor'Westers finished a remarkable 23-2 in 1969-70.

"And I was a pretty good inside player. I led the team in scoring with a little over 19 points a game. We kind of gelled together."

Parks was also back for the reunion and said while the team was tight-knit on the court, it was even tighter off the court – and remains so to this day, with all but one member of the team still alive 50 years later.

"We had a great camaraderie," Park said, during halftime of the Thunderwolves non-conference tilt last Thursday against the Winnipeg Wesmen.

"I'm still in touch with a lot of the guys. Jerry coached at Brandon for a number of years and I recruited kids from the States to send up for him. We vacation together. We play golf together. It was just a great group of guys at the time," said Parks, who calls Alexandria, Va. home these days.

On the court, they could do it all, he added. "We really played together. We had no superstar. I think the starting five, four of the guys averaged double figures," Park said.

"I was a slasher, driver and coach Berger would always put me on the top offensive player. I was a pretty good defensive player. I led the team in assists that year and in one game, and I still might have the record, I got 16 assists."

Charles Tallack, who landed at Lakehead from Sault Ste. Marie, said he was a sixth or seventh guy off the bench in 1969-70, and called the season a lot of fun.

"We were a close group. We really bonded and the teamwork we had, it's nice to carry it on," said Tallack. "We're 70 now and whatever and it's great to still keep that bond."

## Newhouse caught in overage numbers game



LEITH  
DUNICK

SPORTS SHOTS

The latest casualty of the Canadian Junior Hockey League's lowering of the number of 20-year-olds allowed on Junior A rosters is Thunder Bay North Stars goaltender Dougie Newhouse. The veteran was cut last week by the SIJHL club after the team acquired former Thunder Bay Kings forward Cody Bruchkowski, giving the Stars nine over-agers.

It was a numbers game for coach Rob

DeGagne. Looking at the roster, the only other player who could have realistically been let go was gritty forward Evan Nicholas. But given the intangibles Nicholas brings to the team, combined with Newhouse's not-so-great playoffs last year and a slow start to the season and Newhouse was the odd man out. Seth McKay will back-up Jordan Smith.

By the 2020-21 season, CJHL clubs will only be allowed to carry six over-age players, evening the playing field across the country.

Still no word on whether or not Thunder Bay will host the 2021 Scotties Tournament of Hearts. Organizer John Cameron said the Canadian Curling

Association is still reviewing applications to host the women's curling championship. Thunder Bay last hosted the event in 1996.

Former North Stars forward Keighan Gerrie was held off the score sheet in his first two games with the USHL's Waterloo Black Hawks.

Lakehead University wrestler Marco Palermo will hit the international mat later this month at the U23 Senior World Championships, being staged in Budapest, Hungary. Palermo is the school's two-time reigning male athlete of the year.

Sticking with LU wrestling, the Thunderwolves will host a dual meet against Algoma on Oct. 26.

# Harris leads LU to win

## BASKETBALL

By Leith Dunick - TB Source

Auston Harris is looking to build off his solid rookie campaign of a year ago.

Austin Burchat wants a chance to prove he belongs in the lineup.

Both players passed the test last Friday.

Harris, who hails from the nation's capital, poured in a game-high 28 points to lead the Lakehead

Thunderwolves to a convincing 105-85 win over the visiting Winnipeg Wesmen at the C.J. Sanders Fieldhouse.

Burchat, a 6-foot-9 St. Ignatius graduate who sat out last season as a red shirt, made the most of his limited minutes, scoring eight points and handing out a pair of assists in his Thunderwolves debut.

Both players were pleased with their performance.

"My teammates found me in good spots and I was just making the adjustments that my coaches were telling me to do," said Harris.

"It was easy to do. But my teammates were finding me in the spots

so I could have success."

Harris also found success from beyond the arc against the Wesmen, dropping three of four three-point chances, something he was less likely to attempt in his freshman campaign.

For Burchat, the long wait was over.

"It feels good," he said. "We've been working really hard and it's been a while since I last played, so I was excited to get out."

It wasn't easy watching from the sidelines, but he said he made the most of his time.

"I've constantly been learning. We have great coaches and I have really good coaches who have been pushing me all the way. Our chemistry is really getting there and I'm excited to win more games," Burchat said.

Seeing that first bucket fall was the icing on the cake, he added.

"It was a nice pass from one of my teammates and it set me up nicely," Burchat said.

Coach Ryan Thomson said Harris is a guy he'll be counting on this season and it's great to see him off to a good start in the early going.

"He was great. He was here all

summer working camps for us and then we were on the court for an hour or two. He certainly earned that improvement. It's great to see and him making threes is sort of the next step for him," Thomson said.

"Last year he didn't shoot the ball particularly well, but tonight he was 2-for-4 and that's the next jump for him to take."

As for Burchat, colour Thomson impressed.

"He did a great job tonight. He's always going to play hard. He's always going to talk. He might be in the wrong spot every once in a while, but tonight he was exactly where he needed to be and he's just super competitive."

The Wolves, playing in front of a sold-out school-day crowd, trailed 23-19 at the half, but outscored Winnipeg 30-19 in the second to go up 49-42. It was all Thunderwolves in the third as they stretched their lead to 21 and the team coasted home from there.

Rookie Jamani Barrett impressed with a 12-point, five-board outing, while Isaiah Traylor, who was 0-for-7 the night before from three-point territory, made 3-of-8 in the rematch and finished with 10 points.

Don Davrit led Winnipeg with 24 points.



HELPING HANDS: Tbaytel's Dan Topatigh, Games manager Doug Henry and curler Krista McCarville help launch a volunteer search for the 2020 Special Olympics Canada Games in Thunder Bay.

# McCarville signs on to help Games

## Call for Special Olympics volunteers launched

### THUNDER BAY

By Leith Dunick - TB Source

Seven-time provincial women's curling champion Krista McCarville has been named the honorary chair of the 2020 Special Olympics Canada Winter Games.

Last Thursday she officially accepted the role and as her first duty, challenged 799 more people living in Thunder Bay and other surrounding communities to step up and volunteer for the event, which takes place from Feb. 25 to Feb. 29.

McCarville, the runner up at the 2016 Scotties Tournament of Hearts, said it's exciting for the city to play host to such a great event, adding she wants to lend her experience as an elite-level curler to help the 900 or so athletes expected in Thunder Bay for next year's Games.

"I'm an athlete in the curling world. I know some of the athletes do know me and I want to do whatever I can to support them. Throughout my time curling I always had those dreams and those goals of representing my province and representing Canada," McCarville said.

"They're at the point where they're representing their province. So if I can assist in helping them achieve their dreams, that's what I'm here for."

Games manager Doug Henry said landing someone as well known and well respected as McCarville can only boost the Games' profile, not only in Thunder Bay, but throughout the country.

"If anybody's watched Krista curl at the Scotties, she brings a great deal of respect and sportsmanship and dignity. She's a really great representative for us to be a part of the

Special Olympics," Henry said.

Both McCarville and Henry are hopeful Thunder Bay's well-known volunteer community are ready to step up once again to ensure the Games are a success.

"To have all of these athletes and their families come to our city, why wouldn't you want to volunteer?" asked McCarville, also a Grade 5 teacher at Holy Family School.

"It will be super exciting. I hope we get a lot of children out from the schools, with their parents to just cheer them on."

Henry did say he expects their volunteer complement won't have vacancies for long.

"If you'd like to volunteer for the Games, I suggest you do it early, because I think we're going to be full really early," he said.

Volunteer duties could include anything from time-keeping to marshalling to set-up and tear-down for the eight different sports featured at the five-day event.

"But then there are all kinds of needs for hospitality, drivers, opening and closing ceremonies. There are a lot of moving parts to this event and there are a lot of

different kinds of opportunities for people to be involved," Henry said.

Also announced at Thursday's media conference was Tbaytel's confirmation as the volunteer sponsor.

President and CEO Dan Topatigh said the company is always looking for events that make Thunder Bay a stronger, more vibrant community.

"Without question, this is one of those events," he said.

To volunteer, visit [www.specialolympics-2020.com](http://www.specialolympics-2020.com).

**"If I can assist in helping them achieve their dreams, that's what I'm here for."**

**KRISTA MCCARVILLE**



AUSTIN BURCHAT



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50. Personal
51. Notices
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Model 77 - Winchester 22 Semi-Auto \$300. 270 Weatherby Mag. with Leupold 3-9 \$1800. PAL Required 767-2848

### 28. PETS & LIVESTOCK

WANTED: Looking for MINITURE POODLE, or BISCHON. Phone calls only 285-8909

small ads can  
**CATCH ATTENTION**  
call the tbSOURCE  
at 346-2600

### 30. MISC. WANTED

## WANTED

\$ TOP DOLLAR PAID \$  
For Scrap Vehicles  
**DAN'S EMERGENCY ROAD SERVICE**  
**767-3818**

## \$CASH\$

On the spot for your scrap cars, trucks, vans and SUV's. Same day pick-up with CASH.

Call Marcel

624-7242 or 626-0161

### 31. CARS

Norm's Northern Auto Body and Paint, Since 1984, 903 Northern Avenue. Rust repair specialists, minor collisions, solid repairs for safety check. Any year any make! Tri-coat Specialists 1 part, or 2 part paints! And Antique restoration. Very reasonable rates! All work done on hoists. OR bring your old paint back to life with an industrial 3m cut polish. Will work weekends! 632-3323.

### 42. YARD SALES - SOUTHWARD

HUGE YARD SALE!! 146 HUMBER CR (off Conestoga). Collectibles, records, DVD's CD's, clothing, something for everyone! Saturday October 12, 10am-2pm.

### 50. PERSONAL

Single male 55 is looking for new friends for fun and discreet good times or just friends. Call 357-9686

### 53. GENERAL SERVICES

#1-A Dump Runs, Junk removal, yard clean-ups, cut small trees remove, trim hedges, tear-down sheds fences etc. all kinds of general services. Frank 628-5919 or 767-0995

Call CHRISTINA'S HOME AND GARDEN, Fall clean up, trimming, weeding, hedges, etc. all handyman services, painting, and much more, great customer service & quality work, 621-1505

Call Rob for Spring yard & garden clean-up, rototilling, pruning, weeding, hedge/tree trimming, dump runs Eaves trough cleaning/repair. Clean exterior surfaces siding deck etc. Residential and commercial window cleaning up to 4 storeys, and high interior windows. Insured! Serving Thunder Bay and Area. RJC WINDOW CLEANING & PROPERTY MAINTENANCE 632-2161

FALL CLEAN-UP & Odd Jobs, with low rates! For more info call James 623-8829

### 53. GENERAL SERVICES

## Looking for Tree Removal?



Fast, Safe &amp; Efficient

With Our Unique 34" wide 100ft reach man-lift, we cut higher than anybody in town.

## 626-3542

### 53. GENERAL SERVICES

FALL CLEAN-UP - Large trailer for rubbish, WE RECYCLE! No items too big or small! Building power wash, cement and foundation repairs/parging. Eavestrough repair/new installation. Tree and brush cutting/trimming, and removal available. General Handyman Services. We are Seniors helping Seniors. 472-6371 [gapace@lakeheadu.ca](mailto:gapace@lakeheadu.ca)

Fences, decks, sheds, skid-steer work, or any outside project built for you by Octagon Contracting. Call 633-4488 for quick services.

Norm's Northern Auto Body and Paint, Since 1984, 903 Northern Avenue. Rust repair specialists, minor collisions, solid repairs for safety check. Any year any make! Tri-coat Specialists 1 part, or 2 part paints! And Antique restoration. Very reasonable rates! All work done on hoists. OR bring your old paint back to life with an industrial 3m cut polish. Will work weekends! 632-3323.

SUNSHINE LAWN MAINTENANCE. All lawn and yard work, cutting, trimming raking, brushing, blowing, garden, rototilling, windows, eaves, shed demolition, fall clean-up, deadheading etc...Seniors help/chores. Experienced reasonable, fast, friendly, FREE QUOTES! contact KAL 475-5403.

TREE REMOVAL SERVICES. In town, rural, at the cottage. ++experience, Man-lift, insured, very reasonable rates, free estimates, and seniors discounts. Call 345-4363

### 54. HOME IMPROVEMENTS

CARPENTER FOR HIRE! Drywall, Renovations, Repairs. No Job too small! Reasonable rates. Call Stan 621-5427.

### 54. HOME IMPROVEMENTS

Flooring: laminate, ceramic, hardwood, competitively priced and installed by Octagon Contracting. Call 633-4488 for your free quote.

Renovations: bathroom, kitchen, basement or any part of your home or cottage, drywall and tile installation. Call Octagon Contracting at 633-4488 for your free quote.

### 64. BAZAAR & FLEA MARKETS

**ST. DOMINIC'S CWL AUTUMNBURST BAZAAR**  
Church Hall, 130 Redwood Ave.

Sunday, October 20, 2019  
12:30 - 3:30pm,

Sandwiches, and Dainties  
Bake Table, Penny Auction,  
Lotteries, Knitting

Adults \$6, Children (5 - 10) \$4  
Children 4 and under - FREE

### 68. DEATH/FUNERALS



A Gift In Remembrance  
[www.sjftb.net/memorial](http://www.sjftb.net/memorial)  
**768-4411**



**REUSE  
REDUCE  
RECYCLE**

Make your  
**Word Ads**  
come alive  
with a  
**picture!**

Call Today!  
**346-2600**

Thunder Bay  
**source**  
Your Community Newspaper

We are now offering the opportunity for ALL CLASSIFIED WORD AD CATEGORIES to have A PICTURE INCLUDED! COST? Same as a HAPPY AD!

**\$19.99 + 40 Words** HST EXTRA  
Each Consecutive Week will be Half Price!

DEADLINE: Classified Word Ads: MONDAY @ 4:00p.m.

73. INFORMATION

73. INFORMATION

73. INFORMATION

73. INFORMATION

73. INFORMATION

73. INFORMATION

**Looking for Bargains**



Check us out  
Thunder Bay  
**source**  
Your Community Newspaper  
Classifieds



If the  
Thunder Bay  
**source**  
Your Community Newspaper  
you're reading didn't  
come to your door.  
call 346-2600  
for home delivery.

**NOTICE**  
**Thanksgiving Day Deadline**  
Thunder Bay  
**source**  
Your Community Newspaper

**Deadline is Friday, October 11**

Display and Photo Ads 12:00  
Classified Word Ads 4:00pm

**OUR OFFICE IS CLOSED**  
Monday, October 14, 2019

**THE TONY® & GRAMMY® AWARD-WINNING BEST MUSICAL**

**JERSEY BOYS**

**November 5-7**  
**Thunder Bay Community Auditorium**  
**www.tbca.com • 807-684-4444**



**THINK RECYCLE**

**ANSWERS TO THIS WEEK'S PUZZLES**

AAA	SAKE	ODER	8	9	6	1	4	2	5	7	3	SEZODDEFERSDACH
DTS	ABEL	REBA	3	5	7	6	8	9	2	1	4	LFREPEEWSBESICY
CATALUFA	ECON		4	2	1	5	3	7	6	9	8	YLDAEDYXNSITSV
ERAT	PLAINT		1	6	3	2	5	8	7	4	9	NCLMAKEPSLOHERXRE
NORAD	CHAD		2	8	4	9	7	3	1	5	6	CLEIIPSDOAFBGRHWRE
IRON	ELIS	SUS	9	7	5	4	1	6	8	3	2	NASHHEARSDMNGPBCB
LAI	AVANT	ORO	7	4	8	3	2	5	9	6	1	EINSBREXEDDINGROMIK
ELD	CARE	CLAR	5	3	9	8	6	1	4	2	7	RISHRIMWOKAELIOXIP
	ANNE	VAULT	6	1	2	7	9	4	3	8	5	FEVULGAREANLGIHISO
DEGREE	LOST											SEIFXGAMZOLGIIHISO
ALAR	SCATHING											HAGFNTGLVLIQIORSO
NATO	COIR	OCA										GGNITOODLSUTLZASO
SHAW	ESCE	NOB										ESIRTTIGICITZASO
												OVATIONDYPYPVW

PREVIOUS SOLUTION: "One thing about the school of experience is that it will repeat the lesson if you flunk the first time." — Author Unknown

BUSINESS DIRECTORY

BUSINESS DIRECTORY

BUSINESS DIRECTORY

BUSINESS DIRECTORY

BUSINESS DIRECTORY

BUSINESS DIRECTORY



**RENT OUR HALL!**  
**CASTLEGREEN COMMUNITY CENTRE**  
213 Castlegreen Dr.  
Thunder Bay, ON P7A 7W4  
Phone: 807-767-6214 Email: [clerk@castlegreen.on.ca](mailto:clerk@castlegreen.on.ca)  
[www.castlegreen.on.ca](http://www.castlegreen.on.ca)  
Weddings, shags, birthday parties, large family dinners,  
bridal or baby showers, indoor yard sale. Affordable Rates!!

**SAVE \$70 OFF DESIGNERS**

Before Choosing Your Glasses  
don't miss seeing a Stunning  
Collection of Stylish Enhancing  
Colour of Eyewear.

**DAVE KNIGHT OPTICAL**  
906 E. VICTORIA AVE. (Corner McKellar) 622-0311  
Hours: Mon. to Thurs. 9am to 5pm. Closed Friday.

**Regalia Collection Laminate**  
12mm AC4  
35 year warranty  
laminate flooring -  
6 colours available  
**Special \$2.29 sq ft**

**784 Memorial Ave. (Next to McDonalds) 344-0784**

Worth Doing? Worth Dulux  
**Dulux Paints**  
**Paint - Wallpaper - Blinds - Flooring**  
**New Arrivals - Giftware/Home Décor.**  
Locally owned & operated to better serve you



Innovation that excites

# CLEAROUT SALES EVENT



THE CLOCK IS TICKING ON 2019s

ENDS OCTOBER 31



## ROGUE

FINANCE A 2019 ROGUE SV AWD AT #N9325

**0%** FOR **60** MONTHS  
ALL-IN SELLING PRICE IS \$33,843

OWN FOR **\$199** **1.9%** **\$0**  
BI-WEEKLY +HST APR FOR 84 MONTHS DOWN

PLUS GET A **\$750** WINTER TIRE CREDIT



## QASHQAI

FINANCE A QASHQAI S FWD AT #N1023

**0%** FOR **60** MONTHS  
ALL-IN SELLING PRICE IS \$26,542

OWN FOR **\$159** **2.5%** **\$0**  
BI-WEEKLY +HST APR FOR 84 MONTHS DOWN

PLUS GET A **\$600** WINTER TIRE CREDIT



## KICKS

FINANCE A 2019 KICKS S AT #NC1144

**0.9%** APR FOR **48** MONTHS  
ALL-IN SELLING PRICE IS \$21,041

OWN FOR **\$128** **2.9%** **\$0**  
BI-WEEKLY +HST APR FOR 84 MONTHS DOWN

PLUS GET A **\$750** WINTER TIRE CREDIT



## MURANO

FINANCE A 2019 MURANO SV AWD #NC1081

**0%** FOR **60** MONTHS  
ALL-IN SELLING PRICE IS \$41,547

OWN FOR **\$249** **2.5%** **\$0**  
BI-WEEKLY +HST APR FOR 84 MONTHS DOWN

PLUS GET A **\$750** WINTER TIRE CREDIT



No charge set of winter tires on the purchase/lease of any remaining 2019 Nissan model and select 2020 Nissan models. Installation, balancing and taxes not included. Conditions apply, include maximum tire set values Representative finance example based on \$20,000 @ 0%/1.9%/2.5%/2.9%/3.9% for 84 months equals \$238/\$254/\$260/\$263/\$272 per month. Total interest \$0/\$1,336/\$1,840/\$2,092/\$2,848. Total obligation \$20,000/\$21,336/\$21,840/\$22,092/\$22,848. HST and License extra. Offers end October 31, 2019.